# REGULARITY PROPERTIES OF $H$-CONVEX SETS 

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#### Abstract

We study the first- and second-order regularity properties of the boundary of $H$-convex sets in the setting of a real vector space endowed with a suitable group structure: our starting point is indeed a step two Carnot group. We prove that, locally, the noncharacteristic part of the boundary has the intrinsic cone property and that it is foliated by intrinsic Lipschitz continous curves that are twice differentiable almost everywhere.


## 1. Introduction

We study the first- and second-order regularity properties of the boundary of H convex sets in the setting of a real vector space endowed with a non-commutative group law. Our interest is motivated by the recent theory of $H$-convex functions in Carnot groups. We prove that, locally, the noncharacteristic part of the boundary of $H$-convex sets has the intrinsic cone property and that it is "foliated" by intrinsic Lipschitz continuous curves that are twice differentiable almost everywhere.

We fix our geometric framework. Let $Z$ and $T$ be two real vector spaces and let $G=Z \times T$ be the product space. We let $p=(z, t)$ denote a generic point of $G$ with $z \in Z$ and $t \in T$. Let $\langle\cdot, \cdot\rangle$ be an inner product on $G$ that makes $Z$ and $T$ orthogonal and let $|\cdot|$ denote the corresponding norm. Let $Q: Z \times Z \rightarrow T$ be a mapping satisfying the following axioms:
(Q1) $Q$ is bilinear and continuous;
(Q2) $Q$ is skew-symmetric, i.e. $Q(z, \zeta)=-Q(\zeta, z)$ for all $z, \zeta \in Z$;
(Q3) for all $t \in T$ and $z \in Z, z \neq 0$, there exists a $\zeta \in Z$ such that $Q(z, \zeta)=t$.

[^0]Up to a normalization of the quadratic form $Q$, we can assume that we have

$$
\begin{equation*}
|Q(z, \zeta)| \leq|z \||\zeta|, \quad \text { for all } z, \zeta \in Z \tag{1.1}
\end{equation*}
$$

We introduce the binary operation $\cdot: G \times G \rightarrow G$

$$
\begin{equation*}
(z, t) \cdot(\zeta, \tau)=(z+\zeta, t+\tau+Q(z, \zeta)) \tag{1.2}
\end{equation*}
$$

By the axioms (Q1) and (Q2), the operation • is a group law. The associativity property is a consequence of (Q1). By (Q2), the identity element is $0 \in G$ and the inverse of $p=(z, t)$ is $p^{-1}=(-z,-t)$. In general, the group is non-commutative. An example where all the axioms (Q1)-(Q3) are satisfied is the $n$-th Heisenberg group $\mathbb{H}^{n}=\mathbb{C}^{n} \times \mathbb{R}, n \in \mathbb{N}$, with

$$
Q(z, \zeta)=\operatorname{Im}(z \bar{\zeta}), \quad z, \zeta \in \mathbb{C}^{n}
$$

where $z \bar{\zeta}=z_{1} \bar{\zeta}_{1}+\ldots+z_{n} \bar{\zeta}_{n}$. In the setting of Lie algebras, the Axioms (Q1)-(Q3) identify the Métivier's algebras.

The left translation by the element $p \in G$ is the map $\tau_{p}: G \rightarrow G, \tau_{p}(q)=p \cdot q$. It is an affine map of $G$ onto itself as a vector space, i.e., it is the composition of a translation w.r.t. the sum operation and a linear mapping.

We define the horizontal plane at $p=0$ as the linear subspace $Z_{0}:=Z \times\{0\} \subset G$, and the horizontal plane at $p \in G$ as the affine subspace $Z_{p}:=\tau_{p}\left(Z_{0}\right)=p \cdot Z_{0}$. A horizontal line through $0 \in G$ is a 1-dimensional linear subspace of $Z_{0}$. A horizontal line through $p \in G$ is an affine line through $p$ contained in $Z_{p}$, i.e., a line of the form $r:=\tau_{p}(s)=p \cdot s$ for some horizontal line $s$ through 0 . We denote by $\mathcal{R}_{p}$ the set of all horizontal lines through $p$ and by $\mathcal{R}=\bigcup_{p \in G} \mathcal{R}_{p}$ the set of all horizontal lines in $G$. Finally, we say that two points $p, q \in G$ are horizontally aligned if there exists an $r \in \mathcal{R}$ such that $p, q \in r$.
Definition 1.1 ( $H$-convex set). A set $C \subset G$ is $H$-convex if $(1-\lambda) p+\lambda q \in C$ for any pair of horizontally aligned points $p, q \in C$ and for any $0 \leq \lambda \leq 1$.

Equivalently, a set $C \subset G$ is $H$-convex if and only if the set $C \cap Z_{p}$ is star-shaped with respect to $p$, for any $p \in C$.

The family of mappings $\left\{\delta_{\lambda}\right\}_{\lambda>0}, \delta_{\lambda}(z, t)=\left(\lambda z, \lambda^{2} t\right)$, is a one parameter group of automorphisms of $G$. We call these automorphisms of $G$ dilations. For $\lambda=0$ we let $\delta_{\lambda}(z, t)=0$. The class of $H$-convex sets is stable under dilations.
$H$-convex sets were introduced by Garofalo and his coauthors as weakly $H$-convex sets (see Section 7 of [DGN]). The notion of strongly $H$-convex set was also introduced in the same paper. A set $C \subset G$ is strongly $H$-convex if $q \cdot \delta_{\lambda}\left(q^{-1} \cdot p\right) \in C$ for all (not necessarily aligned) $p, q \in C$ and all $0 \leq \lambda \leq 1$. In [DGN] it was observed that this stronger notion of convexity is quite restrictive. This was confirmed by the description of strongly $H$-convex sets in $\mathbb{H}^{1}$ given in [CCP1]. In the same setting, a
different notion of convexity, the geodesic convexity, was studied in MR: the class of geodetically convex sets is also quite poor.

On the other hand, any convex set of $G$ in the standard sense is $H$-convex and there are $H$-convex sets which are not convex (see Section (4). In fact, there are $H$-convex sets which are not even Lebesgue measurable, as shown by Rickly in his PhD Thesis [R1]. $H$-convex sets also arise as sub-level sets of $H$-convex real valued functions defined on Carnot groups. Such functions are of interest because of their connection with nonlinear partial differential equations of the sub-elliptic type (see [BD], BR ], [CM], CCP2], CP], DGNT], GM1, [GM2], LMS], JLMS], GT], M], R2], SY], [W]).

To state our results, we need a few more definitions. For any horizontal line $r \in \mathcal{R}_{0}$, let $\pi_{r}: G \rightarrow r$ be the orthogonal projection of $G$ onto $r$ with respect to the fixed inner product and denote by $r^{\perp}$ the orthogonal complement of $r$ in $G$. Define the (left) group projection $\pi_{r}^{\perp}: G \rightarrow r^{\perp}$ via the identity

$$
\begin{equation*}
p=\pi_{r}^{\perp}(p) \cdot \pi_{r}(p), \quad \text { for any } p \in G \tag{1.3}
\end{equation*}
$$

The group projection $\pi_{r}^{\perp}$ is not the orthogonal projection onto $r^{\perp}$ (see Section (2).
Next, for $p=(z, t) \in G$ define the homogeneous (quasi-)norm

$$
\begin{equation*}
\|p\|=\max \left\{|z|,|t|^{1 / 2}\right\} . \tag{1.4}
\end{equation*}
$$

The norm is homogeneous in the sense that $\left\|\delta_{\lambda}(p)\right\|=\lambda\|p\|$ for all $\lambda \geq 0$. Using this norm we define, for any $p \in G$ and $\varrho>0$, the balls

$$
\begin{equation*}
B_{\varrho}(p)=\left\{q \in G:\left\|p^{-1} \cdot q\right\|<\varrho\right\} . \tag{1.5}
\end{equation*}
$$

The topology on $G$ induced by these (or equivalent) balls is the standard topology of $G$, i.e., the one induced by the inner product. We shall denote by $\operatorname{int}(C), \bar{C}, \operatorname{ext}(C)$ and $\partial C$ the topological interior, closure, exterior and boundary of a given set $C \subset G$, respectively.

Definition 1.2 (Intrinsic cone). i) The (left) open cone with vertex $0 \in G$, axis $r \in \mathcal{R}_{0}$, aperture $\alpha>0$, and height $h>0$ is the set

$$
\begin{equation*}
C_{L}(0, r, \alpha, h)=\left\{p \in G:\left\|\pi_{r}^{\perp}(p)\right\|<\alpha\left\|\pi_{r}(p)\right\|<\alpha h\right\} . \tag{1.6}
\end{equation*}
$$

Fix one of the two total orderings of $r$ such that $0 \in r$ is the zero. Define the positive and negative cones

$$
\begin{align*}
& C_{L}^{+}(0, r, \alpha, h)=C_{L}(0, r, \alpha, h) \cap\left\{p \in G: \pi_{r}(p)>0\right\}, \\
& C_{L}^{-}(0, r, \alpha, h)=C_{L}(0, r, \alpha, h) \cap\left\{p \in G: \pi_{r}(p)<0\right\} . \tag{1.7}
\end{align*}
$$

ii) The (left) open cone with vertex $p \in G$, axis $r \in \mathcal{R}_{p}$, aperture $\alpha>0$, and height $h>0$ is the set

$$
C_{L}(p, r, \alpha, h)=\tau_{p}\left(C_{L}\left(0, \tau_{p^{-1}}(r), \alpha, h\right)\right) .
$$

The one-sided cones $C_{L}^{+}(p, r, \alpha, h)$ and $C_{L}^{-}(p, r, \alpha, h)$ are defined analogously.
In the following figure it is shown a double-sided cone in $\mathbb{H}^{1}$ with vertex at the origin and with respect to the equivalent gauge norm

$$
\|p\|=\sqrt[4]{|z|^{4}+t^{2}}
$$



Figure 1. Cone in $\mathbb{H}^{1}$

Definition 1.3 (Non-characteristic point). Let $C \subset G$ be a set. A point $p \in \partial C$ is non-characteristic if there exists an $r \in \mathcal{R}_{p}$ such that $r \cap \operatorname{int}(C) \cap B_{\varrho}(p) \neq \emptyset$ for all $\varrho>0$. In this case, we say that $r$ enters $C$ at $p$.

We let $\Sigma(C) \subset \partial C$ denote the set of characteristic points of $C$. Thus $p \in \partial C$ is non-characteristic if and only if $p \in \partial C \backslash \Sigma(C)$.

Theorem 1.4. Assume (Q1)-(Q3). Let $C \subset G$ be an $H$-convex set and let $p \in$ $\partial C \backslash \Sigma(C)$ with $\tau_{p}(r) \in \mathcal{R}_{p}$ entering $C$ at $p$, for some $r \in \mathcal{R}_{0}$. Then there exist $\varrho>0$, $\alpha>0$, and $h>0$ such that we have for all $q \in \partial C \cap B_{\varrho}(p)$

$$
\begin{equation*}
C_{L}^{+}\left(q, \tau_{q}(r), \alpha, h\right) \subset \operatorname{int}(C), \tag{1.8}
\end{equation*}
$$

$$
\begin{equation*}
C_{L}^{-}\left(q, \tau_{q}(r), \alpha, h\right) \subset \operatorname{ext}(C), \tag{1.9}
\end{equation*}
$$

where the total ordering of $r$ is possibly changed.
Though a more refined construction is likely to provide the interior cone property under a weaker version of axiom (Q3), this axiom cannot be entirely dropped. The interior cone property (1.8) is sharp, because the cone $C_{L}^{+}\left(q, \tau_{q}(r), \alpha, h\right)$ is itself $H$ convex. We prove this in the Heisenberg group (Example 4.2).

No regularity for the boundary can be expected at characteristic points. In fact, for any $\alpha>0$ there is a $\beta>0$ such that the set

$$
\begin{equation*}
\left\{(z, t) \in \mathbb{C} \times \mathbb{R}=\mathbb{H}^{1}:|z|<t^{\alpha}<\beta\right\} \tag{1.10}
\end{equation*}
$$

is $H$-convex in $\mathbb{H}^{1}$ (see Example 4.4).
Conditions (1.8) and (1.9) express the intrinsic cone property for $H$-convex sets. This property was introduced in [FSSC1] and [AS] in order to define intrinsic Lipschitz continuous graphs inside Carnot groups (see also [MM] for a different construction of metric cones). The same property appears in the theory of sets with finite horizontal perimeter and controlled normal (see MV).

In the case of the Heisenberg group, Franchi, Serapioni, and Serra Cassano have recently proved in [FSSC2] that the cone property implies an intrinsic version of Rademacher's theorem. Theorem 1.4 is thus the counterpart of the first-order regularity of $H$-convex functions established under various a priori assumptions in [DGN, [LMS, [JLMS], [M], SY], and then in [BR] and [R2] in full generality. So far, the best known regularity of H -convex sets is that they have locally finite horizontal perimeter (see [MO]).

Our results on the second-order regularity of $H$-convex sets have a partial character. Roughly speaking, the non-characteristic boundary $\partial C \backslash \Sigma(C)$ is "foliated" by Lipschitz continuous curves in $G$ which are convex in a suitable sense and which are twice differentiable almost everywhere in the standard sense. We say that a curve $\gamma: I \rightarrow G$, where $I \subset \mathbb{R}$ is an interval, is Lipschitz continuous in $G$ if there is a constant $L>0$ such that for all $s, \sigma \in I$

$$
\begin{equation*}
\left\|\gamma(\sigma)^{-1} \cdot \gamma(s)\right\| \leq L|s-\sigma| . \tag{1.11}
\end{equation*}
$$

The "convex horizontal sections" of $\partial C \backslash \Sigma(C)$ are found inside (cosets of) Heisenberg subgroups of $G$ which are horizontally transversal to the given $H$-convex set.

We say that a subgroup $H$ of $G$ is a Heisenberg subgroup if it is of the form

$$
\begin{equation*}
H=\operatorname{span}\{(z, 0),(\zeta, 0),(0, t)\} \tag{1.12}
\end{equation*}
$$

for some $z, \zeta \in Z$ and $t \in T$ such that $Q(z, \zeta)=t \neq 0$. Finally, a Heisenberg subgroup $H$ of $G$ is horizontally transversal to a set $C \subset G$ at the point $0 \in \partial C$ if there exists an $r \in \mathcal{R}_{0}$ such that $r \subset H$ and $r$ enters $C$ at 0 .

Theorem 1.5. Assume (Q1)-(Q3). Let $C \subset G$ be an $H$-convex set, and let $H \subset G$ be a Heisenberg subgroup of $G$ that is horizontally transversal to $C$ at 0 , with $r \in \mathcal{R}_{0}$ entering $C$ at 0 and $r \subset H$. Then there exists a nonconstant curve $\gamma: I \rightarrow \partial C \cap H$, for some interval $I=[0, \delta], \delta>0$, with the following properties:

1) $\gamma$ is Lipschitz continuous in $G$ and $\gamma(0)=0$;
2) $\gamma=(\zeta, \tau)$ for curves $\zeta: I \rightarrow Z$ and $\tau: I \rightarrow T$ such that $\zeta$ is twice differentiable a.e. on $I$ and $\tau$ is three times differentiable a.e. on $I$;
3) the function $s \mapsto \pi_{r}(\gamma(s)) \in r, s \in[0, \delta]$, is either convex or concave on $I$.

In general, the curve $\gamma$ provided by Theorem 1.5 is not unique: there can exist a curve $\bar{\gamma}:[0, \bar{\delta}] \rightarrow \partial C \cap H$ satisfying 1$), 2)$, and 3) but such that $\gamma([0, s]) \neq \bar{\gamma}([0, \sigma])$ for all $s>0$ and $\sigma>0$ (see Example 4.1).

Theorem 1.5 is the counterpart of the second-order regularity of $H$-convex functions. In fact, $H$-convex functions in $\mathbb{H}^{n}, n=1,2$, have second-order horizontal derivatives almost everywhere (see [GM2], AM], DGNT], $M$, and [GT] for related results). Our result should be compared with Theorem 1.1 in [CPT]. In their article, Capogna, Pauls, and Tyson prove, under a $C^{2}$-type regularity assumption, that the epigraph of real valued functions in Carnot groups is $H$-convex if and only if the symmetrized horizontal second fundamental form of the boundary is nonnegative.

An overview of the paper is now in order. Section 2 is devoted to the cone property. In Section 3, we construct the convex and Lipschitz sections. The examples are discussed in Section 4. In the Appendix we recall some basic algebraic and topological properties of $H$-convex sets.

## 2. Intrinsic cone property

Let $r \in \mathcal{R}_{0}$ be a horizontal line through 0 . For some $z_{0} \in Z$ with $\left|z_{0}\right|=1$ we then have $r=\left\{\left(\lambda z_{0}, 0\right): \lambda \in \mathbb{R}\right\}$. We can identify $r$ with $\mathbb{R}$ and give $r$ a natural total ordering. Here and in the following, we restrict $\langle\cdot, \cdot\rangle$ to $Z$ and $T$. Let $r^{\perp}$ denote the orthogonal complement of $r$ in $G$. Then we have

$$
G=r^{\perp} \cdot r, \quad r^{\perp} \cap r=\{0\}, \quad r^{\perp} \text { is normal in } G,
$$

i.e., $G$ is the semi-direct product of the subgroups $r^{\perp}$ and $r$.

The orthogonal projection $\pi_{r}: G \rightarrow r$ of $G$ onto $r$ is $\pi_{r}(p)=\left(\left\langle z, z_{0}\right\rangle z_{0}, 0\right)$, for any $p=(z, t) \in G$. The left group projection $\pi_{r}^{\perp}: G \rightarrow r^{\perp}$ defined via (1.3) is given by the formula

$$
\pi_{r}^{\perp}(z, t)=\left(z-\left\langle z, z_{0}\right\rangle z_{0}, t-\left\langle z, z_{0}\right\rangle Q\left(z, z_{0}\right)\right) .
$$

This is not the orthogonal projection onto $r^{\perp}$.

Analogously, we can define the right group projection $\widehat{\pi}_{r}^{\perp}: G \rightarrow r^{\perp}$ via the identity $p=\pi_{r}(p) \cdot \widehat{\pi}_{r}^{\perp}(p)$. In this case we have the formula

$$
\widehat{\pi}_{r}^{\perp}(z, t)=\left(z-\left\langle z, z_{0}\right\rangle z_{0}, t+\left\langle z, z_{0}\right\rangle Q\left(z, z_{0}\right)\right) .
$$

We introduced the left cones in Definition 1.2. Now let the right open cone with vertex $0 \in G$, axis $r \in \mathcal{R}_{0}$, aperture $\alpha>0$, and height $h>0$ be the set

$$
\begin{equation*}
C_{R}(0, r, \alpha, h)=\left\{p \in G:\left\|\widehat{\pi}_{r}^{\perp}(p)\right\|<\alpha\left\|\pi_{r}(p)\right\|<\alpha h\right\} . \tag{2.1}
\end{equation*}
$$

Finally, let the positive and negative right cones be the sets

$$
\begin{align*}
& C_{R}^{+}(0, r, \alpha, h)=C_{R}(0, r, \alpha, h) \cap\left\{p \in G: \pi_{r}(p)>0\right\} \\
& C_{R}^{-}(0, r, \alpha, h)=C_{R}(0, r, \alpha, h) \cap\left\{p \in G: \pi_{r}(p)<0\right\} \tag{2.2}
\end{align*}
$$

The right cones with vertex $p \in G$ are defined by left translation.
Lemma 2.1. The left and right cones are comparable in the following quantitative sense:

$$
\begin{equation*}
C_{L}(0, r, \alpha, h) \subset C_{R}(0, r, \alpha+\sqrt{2 \alpha}, h) \quad \text { and } \quad C_{R}(0, r, \alpha, h) \subset C_{L}(0, r, \alpha+\sqrt{2 \alpha}, h) \tag{2.3}
\end{equation*}
$$

Proof. Indeed, for $(z, t) \in C_{L}(0, r, \alpha, h)$ and with $b=\left\langle z, z_{0}\right\rangle$, we have

$$
\begin{equation*}
\left|z-b z_{0}\right|<\alpha|b| \quad \text { and } \quad\left|t-b Q\left(z, z_{0}\right)\right|^{1 / 2}<\alpha|b| . \tag{2.4}
\end{equation*}
$$

From (2.4), we get

$$
\left|t+b Q\left(z, z_{0}\right)\right|^{1 / 2} \leq\left|t-b Q\left(z, z_{0}\right)\right|^{1 / 2}+\left|2 b Q\left(z, z_{0}\right)\right|^{1 / 2}<\alpha|b|+\sqrt{2|b|}\left|Q\left(z, z_{0}\right)\right|^{1 / 2}
$$

where, by (Q1) along with (1.1), and (Q2), $\left|Q\left(z, z_{0}\right)\right|=\left|Q\left(z-b z_{0}, z_{0}\right)\right| \leq\left|z-b z_{0}\right|<$ $\alpha|b|$, and thus

$$
\left|t+b Q\left(z, z_{0}\right)\right|^{1 / 2}<(\alpha+\sqrt{2 \alpha})|b| .
$$

This shows that $(z, t) \in C_{R}(0, r, \alpha+\sqrt{2 \alpha}, h)$.
We now compare left cones having the same vertex and different axes. Let $r, s \in \mathcal{R}_{0}$ be horizontal lines associated with the points $z_{0}, \zeta_{0} \in Z$, with $\left|z_{0}\right|=\left|\zeta_{0}\right|=1$ and $\left\langle z_{0}, \zeta_{0}\right\rangle \geq 0$. Namely, let $r=\left\{\left(\lambda z_{0}, 0\right) \in G: \lambda \in \mathbb{R}\right\}$ and $s=\left\{\left(\lambda \zeta_{0}, 0\right) \in G: \lambda \in \mathbb{R}\right\}$. Let the distance between $r$ and $s$ be

$$
\begin{equation*}
\operatorname{dist}(r, s)=\left|z_{0}-\zeta_{0}\right| \tag{2.5}
\end{equation*}
$$

Lemma 2.2. For any $k>1$ and $\varepsilon>0$ there exists an $\alpha_{0}>0$ such that for all $0<$ $\alpha<\alpha_{0}$ and $r, s \in \mathcal{R}_{0}$ with $\operatorname{dist}(r, s) \leq \alpha^{2+\varepsilon}$ we have $C_{L}(0, r, \alpha, 1) \subset C_{L}(0, s, k \alpha, 2)$.

Proof. With the notation introduced above, we have $(z, t) \in C_{L}(0, r, \alpha, 1)$ if and only if

$$
\begin{equation*}
|z|<\sqrt{1+\alpha^{2}}|b|<\sqrt{1+\alpha^{2}} \quad \text { and } \quad\left|t-b Q\left(z, z_{0}\right)\right|^{1 / 2}<\alpha|b| \tag{2.6}
\end{equation*}
$$

where we let $b=\left\langle z, z_{0}\right\rangle$. Let $\delta>0$ be a real number to be fixed later and such that

$$
\begin{equation*}
\delta \sqrt{1+\alpha^{2}}<1 \tag{2.7}
\end{equation*}
$$

Assume that $\left|z_{0}-\zeta_{0}\right| \leq \delta$. Then from the inequality on the left hand side of (2.6) and from $|b| \leq\left|\left\langle z, \zeta_{0}\right\rangle\right|+\delta|z|$ it follows that

$$
\begin{equation*}
|z|<\beta\left|\left\langle z, \zeta_{0}\right\rangle\right| \quad \text { with } \quad \beta=\frac{\sqrt{1+\alpha^{2}}}{1-\delta \sqrt{1+\alpha^{2}}} . \tag{2.8}
\end{equation*}
$$

By the triangle inequality, (Q1), and the right hand side of (2.6) we obtain

$$
\begin{aligned}
&\left|t-\left\langle z, \zeta_{0}\right\rangle Q\left(z, \zeta_{0}\right)\right|^{1 / 2} \leq\left|t-b Q\left(z, z_{0}\right)\right|^{1 / 2}+\left|\left\langle z, z_{0}-\zeta_{0}\right\rangle Q\left(z, z_{0}\right)\right|^{1 / 2} \\
&+\left|\left\langle z, \zeta_{0}\right\rangle Q\left(z, z_{0}-\zeta_{0}\right)\right|^{1 / 2} \\
&<\alpha|b|+2 \sqrt{\delta}|z| \\
& \leq \alpha\left|\left\langle z, \zeta_{0}\right\rangle\right|+(\alpha \delta+2 \sqrt{\delta})|z|
\end{aligned}
$$

By (2.8), we finally get

$$
\begin{equation*}
\left|t-\left\langle z, \zeta_{0}\right\rangle Q\left(z, \zeta_{0}\right)\right|^{1 / 2}<\gamma\left|\left\langle z, \zeta_{0}\right\rangle\right| \quad \text { with } \quad \gamma=\alpha+\frac{\sqrt{1+\alpha^{2}}(\alpha \delta+2 \sqrt{\delta})}{1-\delta \sqrt{1+\alpha^{2}}} \tag{2.9}
\end{equation*}
$$

and the claim follows from (2.8) and (2.9). In fact, with the choice $\delta=\alpha^{2+\varepsilon}$, for any $k>1$ there is an $\alpha_{0}>0$ such that $\beta \leq \sqrt{1+k^{2} \alpha^{2}}$ and $\gamma \leq k \alpha$ for all $0<\alpha<\alpha_{0}$.

In the proof of Theorem 1.4 and in the following sections, we shall make free use of the following observation. For any pair of points $p=(z, t)$ and $q=(\zeta, \tau)$ in $G$, the following statements are equivalent: 1) $p$ and $q$ are horizontally aligned; 2) $p \in Z_{q}$; 3) $q \in Z_{p}$; 4) $q^{-1} \cdot p \in Z_{0}$; 5) $\tau-t=Q(z, \zeta)$.

Proof of Theorem 1.4. The proof is divided into a number of steps. The central step is Step 4, where we study the 3-dimensional case (i.e., the Heisenberg group). We first prove (1.8) and we show in the last step that (1.9) follows from (1.8).

Step 1. Ler $r \in \mathcal{R}_{0}$ be a horizontal line such that $\tau_{p}(r)$ enters $C$ at $p$. By Proposition 5.2 in the Appendix, the set $\operatorname{int}(C)$ is $H$-convex and, therefore, the set $\tau_{p}(r) \cap \operatorname{int}(C)$ is a nonempty open interval. One endpoint of this interval is $p \in \partial C$. An easy continuity argument shows that there is a $\varrho>0$ such that $\tau_{q}(r) \cap \operatorname{int}(C)$ is a nonempty open interval for all $q \in \partial C \cap B_{\varrho}(p)$.

We claim that, possibly changing the orientation of $r$, there exist an $\alpha>0$ and an $h>0$ such that $C_{L}^{+}\left(q, \tau_{q}(r), \alpha, h\right) \subset \operatorname{int}(C)$ for all $q \in \operatorname{int}(C) \cap B_{\varrho}(p)$. Let $q \in \partial C \cap B_{\varrho}(p)$ and assume without loss of generality that $q=0$. This can be achieved by a left translation. The horizontal line $r \in \mathcal{R}_{0}$ is of the form $r=\left\{\left(\lambda z_{0}, 0\right) \in G\right.$ : $\lambda \in \mathbb{R}\}$ for some $z_{0} \in Z$ with $\left|z_{0}\right|=1$. We assume without loss of generality that
$\left(z_{0}, 0\right) \in \operatorname{int}(C)$. This can be achieved by a dilatation. We also agree that $r$ is oriented in such a way that $\left(z_{0}, 0\right) \in r$ is positive.

There exists $0<\sigma<1$ such that $B_{\sigma}\left(z_{0}, 0\right) \subset \operatorname{int}(C)$. The number $\sigma$ does not depend on our initial choice of $\varrho>0$ (possibly take a smaller $\varrho$ ).

Step 2. Consider the sets $E, F \subset G$

$$
\begin{gather*}
E=\left\{(z, t) \in G: \max \left\{\left|z-z_{0}\right|,\left|t+Q\left(z, z_{0}\right)\right|^{1 / 2}\right\} \leq \sigma,\left\langle z, z_{0}\right\rangle=1\right\},  \tag{2.10}\\
F=\left\{(z, 0) \in G:\left|z-\left\langle z, z_{0}\right\rangle z_{0}\right|<\sigma^{2}\left\langle z, z_{0}\right\rangle \leq \sigma^{2}\right\} . \tag{2.11}
\end{gather*}
$$

The set $E$ is a certain "vertical" section of $B_{\sigma}\left(z_{0}, 0\right)$ and thus it is contained in $\operatorname{int}(C)$. The set $E$ is $H$-convex. The set $F$ is a truncated, positive cone in $Z \times\{0\}$. By (Q1)(Q3), we have $\left|Q\left(z, z_{0}\right)\right|=\left|Q\left(z-z_{0}, z_{0}\right)\right| \leq\left|z-z_{0}\right|$ and then $F \cap\left\{\left\langle z, z_{0}\right\rangle=1\right\} \subset E \subset$ $\operatorname{int}(C)$. The set $F$ is also $H$-convex. Then, from the $H$-convexity of $\operatorname{int}(C)$ it follows that $F \subset \operatorname{int}(C)$.

Step 3. Let $A$ be the first $H$-convex envelope of $E \cup F$. Namely,
$A=\left\{(1-\lambda) p_{1}+\lambda p_{2}: p_{1} \in E, p_{2} \in F, p_{1}\right.$ and $p_{2}$ horizontally aligned, $\left.0 \leq \lambda \leq 1\right\}$.
Because $E \cup F \subset \operatorname{int}(C)$, from the $H$-convexity of $\operatorname{int}(C)$ it follows that $A \subset \operatorname{int}(C)$. We claim there exists an $\alpha>0$ depending only on $\varrho$ such that $C_{L}^{+}(0, r, \alpha, 1) \subset A$. The claim will be proved, as soon as we show that given $(\zeta, \tau) \in C_{L}^{+}(0, r, \alpha, 1)$ there are points $p_{1}=\left(z_{1}, t_{1}\right) \in E, p_{2}=\left(z_{2}, 0\right) \in F$, and $\lambda \in(0,1)$ such that:
a) the points $p_{1}$ and $p_{2}$ are horizontally aligned;
b) $\lambda p_{2}+(1-\lambda) p_{1}=(\zeta, \tau)$.

Observe that $p_{1}$ and $p_{2}$ are horizontally aligned if and only if $t_{1}=Q\left(z_{2}, z_{1}\right)$. Statements a) and b) are thus equivalent to the system of equations $\lambda z_{2}+(1-\lambda) z_{1}=\zeta$ and $(1-\lambda) Q\left(z_{2}, z_{1}\right)=\tau$. Inserting the first equation into the second one, we find the equation $Q\left(z_{2}, \zeta\right)=\tau$. By ( $Q 3$ ), this equation has a solution $z_{2} \in Z$ for any given $\zeta \in Z, \zeta \neq 0$. Conditions a) and b) are thus equivalent to the system of equations

$$
\left\{\begin{array}{l}
\lambda z_{2}+(1-\lambda) z_{1}=\zeta  \tag{2.12}\\
Q\left(z_{2}, \zeta\right)=\tau \\
Q\left(z_{2}, z_{1}\right)=t_{1}
\end{array}\right.
$$

We solve system (2.12) with the restrictions $p_{1} \in E$ and $p_{2} \in F$ in the 3 -dimensional case, first.

Step 4. Let $Z=\mathbb{C}, T=\mathbb{R}$, and $Q: \mathbb{C} \times \mathbb{C} \rightarrow \mathbb{R}, Q\left(z, z^{\prime}\right)=\operatorname{Im}\left(z z^{\prime}\right)$. Let $r \in \mathcal{R}_{0}$ be the horizontal line identified by $z_{0} \in \mathbb{C}$. We can assume that $z_{0}=1 \in \mathbb{C}$. This can be achieved by a rotation in $\mathbb{C}$. Let $\alpha>0$ be a real number such that

$$
\begin{equation*}
8\left(\alpha^{2}+\alpha\right)<\sigma^{2} \tag{2.13}
\end{equation*}
$$

Finally, let $(\zeta, \tau) \in C_{L}^{+}(0, r, \alpha, 1)$, i.e., with $\zeta=\xi+i \eta$,

$$
\begin{equation*}
|\eta|<\alpha \xi<\alpha \quad \text { and } \quad|\tau-\xi \eta|^{1 / 2}<\alpha \xi \tag{2.14}
\end{equation*}
$$

We claim that for all $\zeta=\xi+i \eta, \tau$ satisfying (2.14) we can find $\lambda \in(0,1)$, $p_{1}=\left(z_{1}, t_{1}\right) \in$ $E$ and $p_{2}=\left(z_{2}, 0\right) \in F$ solutions to the system (2.12). The point $p_{1}=\left(z_{1}, t_{1}\right)$, $z_{1}=x_{1}+i y_{1}$, belongs to the set $E$ in (2.10) if and only if

$$
\begin{equation*}
x_{1}=1, \quad\left|y_{1}\right| \leq \sigma \quad \text { and } \quad\left|t_{1}+y_{1}\right| \leq \sigma^{2} \tag{2.15}
\end{equation*}
$$

The point $p_{2}=\left(z_{2}, 0\right), z_{2}=x_{2}+i y_{2}$, belongs to the "triangle" $F$ in (2.11) if and only if

$$
\begin{equation*}
\left|y_{2}\right|<\sigma^{2} x_{2} \leq \sigma^{2} \tag{2.16}
\end{equation*}
$$

The parameter $\lambda$ can be determined through the first equation in (2.12), i.e.,

$$
\begin{equation*}
\lambda z_{2}+(1-\lambda) z_{1}=\zeta \tag{2.17}
\end{equation*}
$$

In particular, using the first scalar equation in the vector equation (2.17) we get

$$
\begin{equation*}
\lambda=\frac{1-\xi}{1-x_{2}} . \tag{2.18}
\end{equation*}
$$

With the restriction $0<x_{2}<\xi \leq 1$, we have $\lambda \in(0,1)$. In particular, we fix $x_{2}$ in the following way

$$
\begin{equation*}
x_{2}=\frac{\xi}{2}<1 . \tag{2.19}
\end{equation*}
$$

We solve the second equation in (2.17) and the second equation in (2.12), $Q\left(z_{2}, \zeta\right)=\tau$, in $y_{1}$ and $y_{2}$. Using (2.18), we find:

$$
\left\{\begin{array}{l}
y_{1}=\frac{1}{\xi}\left(\eta-\frac{1-\xi}{\xi-x_{2}} \tau\right)  \tag{2.20}\\
y_{2}=\frac{1}{\xi}\left(\tau+x_{2} \eta\right) .
\end{array}\right.
$$

We check condition (2.16). By the triangle inequality, (2.14), (2.19) and (2.13)

$$
\begin{equation*}
\left|y_{2}\right|=\frac{\left|\tau+x_{2} \eta\right|}{\xi} \leq \frac{|\tau-\xi \eta|+|\eta|\left(\xi+x_{2}\right)}{\xi} \leq 3\left(\alpha^{2}+\alpha\right) x_{2}<\sigma^{2} x_{2} \tag{2.21}
\end{equation*}
$$

We check the second condition in (2.15). By the triangle inequality, (2.14), (2.19), (2.13) and $0<\sigma \leq 1$ we find

$$
\begin{align*}
\left|y_{1}\right| & =\frac{1}{\xi}\left|\eta-\tau \frac{1-\xi}{\xi-x_{2}}\right| \leq \frac{1}{\xi\left(\xi-x_{2}\right)}\left((1-\xi)|\tau-\eta \xi|+\left(\xi^{2}+x_{2}\right)|\eta|\right)  \tag{2.22}\\
& \leq 4\left(\alpha^{2}+\alpha\right) \leq \sigma^{2} \leq \sigma .
\end{align*}
$$

Finally, we check the condition on the right hand side of (2.15). Notice that $t_{1}$ is determined by the third equation in (2.12) along with (2.20). We find:

$$
\xi\left|y_{1}+t_{1}\right|=\xi\left|y_{2}+\left(1-x_{2}\right) y_{1}\right|=\frac{1}{\xi-x_{2}}\left|\eta\left(\xi-x_{2}\right)+\tau\left(2 \xi-x_{2} \xi-1\right)\right|
$$

and then by the triangle inequality, (2.14), (2.19) and (2.13)

$$
\begin{aligned}
\left|y_{1}+t_{1}\right| & \leq \frac{1}{\xi\left(\xi-x_{2}\right)}\left(\left|2 \xi-x_{2} \xi-1\right||\tau-\eta \xi|+|\eta|\left|2 \xi^{2}-x_{2} \xi^{2}-x_{2}\right|\right) \\
& \leq 8\left(\alpha^{2}+\alpha\right) \leq \sigma^{2} \leq \sigma
\end{aligned}
$$

This estimates finishes the proof of Step 4.
Step 5. In this step, we reduce the general case to the case discussed in the Step 4. With the reduction made in the Step 1, we show that there exists an $\alpha>0$ such that

$$
\begin{equation*}
C_{L}^{+}\left(0, r, \alpha^{3}, 1 / 2\right) \subset \operatorname{int}(C), \tag{2.23}
\end{equation*}
$$

where $\alpha$ does not depend on the vertex 0 , but it is uniform in a neighborhood of $0 \in \partial C$. Given $(\zeta, \tau) \in G$ with $\zeta \neq 0$, by (Q3) there exists a $\zeta^{\prime} \in Z$ such that $Q\left(\zeta, \zeta^{\prime}\right)=\tau$. We can assume that $\tau \neq 0$, otherwise our claim is clear. Fix such a $\zeta^{\prime}$ depending on $\zeta$ (it needs not be unique). The linear span

$$
G_{\zeta, \tau}=\operatorname{span}\left\{(\zeta, 0),\left(\zeta^{\prime}, 0\right),(0, \tau)\right\}
$$

is a 3 -dimensional linear subspace of $G$ that is also a subgroup of $G$ isomorphic to the Heisenberg group $\mathbb{H}^{1}=\mathbb{C} \times \mathbb{R}$. We denote by $s_{\zeta} \in \mathcal{R}_{0}$ the horizontal line identified by $\zeta \in Z, \zeta \neq 0$. By Lemma [2.2, there exists an $0<\alpha_{0} \leq 1 / 4$ such that for all $0<\alpha<\alpha_{0}$ we have

$$
\begin{equation*}
\operatorname{dist}\left(r, s_{\zeta}\right) \leq \alpha^{5 / 2} \quad \Rightarrow \quad C_{L}^{+}\left(0, r, 2 \alpha^{3}, 1 / 2\right) \subset C_{L}^{+}(0, r, \alpha, 1 / 2) \subset C_{L}^{+}\left(0, s_{\zeta}, 2 \alpha, 1\right) \tag{2.24}
\end{equation*}
$$

If $(\zeta, \tau) \in C_{L}^{+}\left(0, r, \alpha^{3}, 1 / 2\right)$ then we have $\operatorname{dist}\left(r, s_{\zeta}\right) \leq 2 \alpha^{3} \leq \alpha^{5 / 2}$. Moreover, by Step 4, we have

$$
\begin{equation*}
G_{\zeta, \tau} \cap C_{L}^{+}\left(0, s_{\zeta}, 2 \alpha, 1\right) \subset G_{\zeta, \tau} \cap \operatorname{int}(C), \tag{2.25}
\end{equation*}
$$

as soon as $\alpha$ is small enough, independently from $(\zeta, \tau) \in C_{L}^{+}\left(0, r, \alpha^{3}, 1 / 2\right)$. From (2.24) and (2.25), we deduce that

$$
\begin{aligned}
C_{L}^{+}\left(0, r, \alpha^{3}, 1 / 2\right) & =\bigcup_{(\zeta, \tau) \in C_{L}^{+}\left(0, r, \alpha^{3}, 1 / 2\right)} G_{\zeta, \tau} \cap C_{L}^{+}\left(0, r, \alpha^{3}, 1 / 2\right) \\
& \subset \bigcup_{(\zeta, \tau) \in C_{L}\left(0, r, \alpha^{3}, 1 / 2\right)} G_{\zeta, \tau} \cap C_{L}^{+}\left(0, s_{\zeta}, 2 \alpha, 1\right) \\
& \subset \operatorname{int}(C) .
\end{aligned}
$$

Step 6. We prove that (1.9) follows from (1.8). We assume that we have $p=0$ in the statement of Theorem 1.4. Let $\iota: G \rightarrow G$ be the mapping $\iota(p):=p^{-1}=-p$. Then we have the relations

$$
\begin{align*}
& \iota\left(C_{R}^{+}(0, r, \alpha, h)\right)=C_{L}^{-}(0, r, \alpha, h), \\
& \iota\left(C_{R}^{-}(0, r, \alpha, h)\right)=C_{L}^{+}(0, r, \alpha, h) . \tag{2.26}
\end{align*}
$$

Let $r \in \mathcal{R}_{0}, \alpha>0$ and assume that $C_{L}^{+}\left(p, \tau_{p}(r), \alpha, 1\right) \subset \operatorname{int}(C)$ for all $p \in \partial C \cap B_{\varrho}(0)$ for some $\varrho>0$. Let $\beta>0$ be such that $\beta+\sqrt{2 \beta}=\alpha$. For any $p, q \in \partial C \cap B_{\varrho}(0)$, by (2.26) it follows that

$$
\begin{aligned}
q \notin C_{L}^{+}\left(p, \tau_{p}(r), \alpha, 1\right) & \Leftrightarrow \quad p^{-1} \cdot q \notin C_{L}^{+}(0, r, \alpha, 1) \\
& \Leftrightarrow \quad q^{-1} \cdot p \notin C_{R}^{-}(0, r, \alpha, 1) .
\end{aligned}
$$

Now, from (2.3) we deduce that $q^{-1} \cdot p \notin C_{L}^{-}(0, r, \beta, 1)$. This is equivalent to $p \notin$ $C_{L}^{-}\left(q, \tau_{q}(r), \beta, 1\right)$ and the claim follows.

## 3. Horizontal second-order regularity

In this section, we fix the factorization $G=r^{\perp} \cdot r$ for some $r \in \mathcal{R}_{0}$. On identifing $r$ and $\mathbb{R}$, we have a natural total ordering on $r$, which is inherited by any $\tau_{p}(r) \in \mathcal{R}_{p}$, with $p \in G$.
Let $\varphi: W \rightarrow r$ be a continuous function, on some open set $W \subset r^{\perp}$. The intrinsic graph of $\varphi$ is the subset of $G$

$$
\begin{equation*}
\operatorname{gr}(\varphi)=\{q \cdot \varphi(q) \in G: q \in W\} . \tag{3.1}
\end{equation*}
$$

The function $\varphi$ is intrinsic Lipschitz continuous if there exists a constant $L>0$ such that for all $p \in \operatorname{gr}(\varphi)$

$$
\begin{equation*}
C_{L}\left(p, \tau_{p}(r), 1 / L,+\infty\right) \cap \operatorname{gr}(\varphi)=\emptyset \tag{3.2}
\end{equation*}
$$

Analogously, the intrinsic epigraph of $\varphi$ is the subset of $G$

$$
\begin{equation*}
\operatorname{epi}(\varphi)=\left\{p \cdot q \in G: p \in W, q \in \tau_{p}(r), q>\tau_{p}(\varphi(p))\right\} \tag{3.3}
\end{equation*}
$$

Any curve $\gamma: I \rightarrow \operatorname{gr}(\varphi)$, where $I \subset \mathbb{R}$ is an interval, has the factorization

$$
\begin{equation*}
\gamma=\kappa \cdot \varphi(\kappa), \tag{3.4}
\end{equation*}
$$

where $\kappa: I \rightarrow W$ and $\kappa(s)=(\zeta(s), \tau(s))$ with $\zeta(s) \in Z$ and $\tau(s) \in T$ for all $s \in I$.
Definition 3.1. We say that a function $\varphi: W \rightarrow r$ is convex along the curve $\kappa: I \rightarrow W, I \subset \mathbb{R}$ interval, if the function $\varphi \circ \kappa: I \rightarrow r=\mathbb{R}$ is convex.

Theorem 3.2. Let $C \subset G$ be a closed $H$-convex set, $W \subset r^{\perp}$ be an open set with $0 \in W$, and $\varphi: W \rightarrow r$ be such that $\operatorname{epi}(\varphi) \cap U=\operatorname{int}(C) \cap U$ for some open set $U$.

For any $\zeta \in Z$ with $(\zeta, 0) \in W$, there exists a curve $\gamma: I \rightarrow \operatorname{gr}(\varphi)$, for some interval $I=[0, \delta]$ with $\delta>0$, such that:
i) $\gamma$ is Lipschitz continuous in $G$;
ii) $\gamma=\kappa \cdot \varphi(\kappa)$ for a curve $\kappa: I \rightarrow W$ such that $\varphi$ is convex along $\kappa$;
iii) $\kappa(s)=(s \zeta, \tau(s)), s \in I$, for some curve $\tau: I \rightarrow T$ such that $\tau(0)=0$.

Proof. Without loss of generality, we assume that $W=\left\{p=(z, t) \in r^{\perp}:|z|<\right.$ $4,|t|<4\}$, and $\varphi(0)=0$. This is possible by a dilatation and a left translation. By Theorem [1.4, there exists a constant $\alpha>0$ such that for all $p \in \operatorname{gr}(\varphi) \cap U$

$$
\begin{equation*}
C_{L}\left(p, \tau_{p}(r), \alpha,+\infty\right) \cap \operatorname{gr}(\varphi)=\emptyset \tag{3.5}
\end{equation*}
$$

In particular, $\varphi$ is continuous and bounded. We can assume that $\operatorname{gr}(\varphi) \cap U=\operatorname{gr}(\varphi)$ and $|\varphi| \leq 1$ on $W$.

Fix $\zeta \in Z$ such that $|\zeta|=1$ and $(\zeta, 0) \in W$. We set $\delta=1$ and we construct a curve $\gamma:[0,1] \rightarrow \operatorname{gr}(\varphi)$ such that $\gamma(0)=0$ and i$)$, ii), and iii) hold. The curve $\gamma$ is obtained as the limit of a sequence of polygonal curves. Each polygonal curve is made up by horizontal segments and is contained in the set $C$. By the $H$-convexity of $C$, these curves enjoy a suitable convexity property which will be explained along the proof. This property passes to the limit, yielding the convexity of $\varphi$ along the component $\kappa$ of $\gamma$.

We need a preliminary remark. Let $h \in \mathbb{N}$. For some $q=\left(z_{0}, t_{0}\right) \in W$, with $\left|z_{0}\right|<2$ and $\left|t_{0}\right|<2$, we look for a point $p=(z, t) \in W$ such that

$$
\begin{equation*}
(q \cdot \varphi(q))^{-1} \cdot(p \cdot \varphi(p))=(\zeta / h+\varphi(p)-\varphi(q), 0) \tag{3.6}
\end{equation*}
$$

By (3.6), the points $q \cdot \varphi(q)$ and $p \cdot \varphi(p)$ are horizontally aligned. This is equivalent to solving the system

$$
\left\{\begin{array}{l}
z-z_{0}=\zeta / h  \tag{3.7}\\
t-t_{0}=Q\left(\varphi(z, t)+\varphi\left(z_{0}, t_{0}\right), z-z_{0}\right)
\end{array}\right.
$$

Plugging the first equation into the second one, we get the equation for $t$

$$
\begin{equation*}
t=t_{0}+\frac{1}{h} Q\left(\varphi(z, t)+\varphi\left(z_{0}, t_{0}\right), \zeta\right)=: \Phi(t), \tag{3.8}
\end{equation*}
$$

where $\Phi:\{t \in T:|t|<4\} \rightarrow T$ is the mapping defined in the right hand side of (3.8). By (1.1), $|\zeta|=1$, and $|\varphi| \leq 1$, we have $\left|\Phi(t)-t_{0}\right| \leq 2 / h$. Then $\Phi$ is continuous from the closed ball $B \subset T$ centered at $t_{0}$ with radius $2 / h$ into itself and therefore it has at least one fixed point $t \in B$, i.e. there is a solution $t \in B$ to (3.8). Notice that equation (3.8) is essentially one dimensional. Then $p=(z, t)$ is a solution to the system (3.7).

For any $h \in \mathbb{N}$, we define by induction points $p_{0}, p_{1}, \ldots, p_{h} \in W$. Each of these points depend on $h$. We let $p_{0}=0$ and assume that $p_{0}, p_{1}, \ldots, p_{j-1} \in W$ satisfy $p_{i}=\left(z_{i}, t_{i}\right)$
with $\left|z_{i}\right| \leq i / h$ and $\left|t_{i}\right| \leq 2 i / h$ for $i=0,1, \ldots, j-1$. Denote by $P_{j}^{h} \subset W$ the set of the points $p=(z, t) \in W$ solutions to the system (3.7) with data $\left(z_{0}, t_{0}\right)=p_{j-1}$ and such that $\left|z-z_{j-1}\right| \leq 1 / h$ and $\left|t-t_{j-1}\right| \leq 2 / h$. The previous argument proves that $P_{j}^{h} \neq \emptyset$. Choose one $p_{j} \in P_{j}^{h}$. This choice is not unique, in general.
Let us define the curve $\gamma^{h}: I \rightarrow G, I=[0,1]$, in the following way. Let $I_{j}^{h}=$ $[(j-1) / h, j / h], j=1, \ldots, h$. Then we have $I=I_{1}^{h} \cup \ldots \cup I_{h}^{h}$. For $s \in I_{j}^{h}$ we let

$$
\begin{equation*}
\gamma^{h}(s)=h\left\{\left(\frac{j}{h}-s\right)\left(p_{j-1} \cdot \varphi\left(p_{j-1}\right)\right)+\left(s-\frac{j-1}{h}\right)\left(p_{j} \cdot \varphi\left(p_{j}\right)\right)\right\} . \tag{3.9}
\end{equation*}
$$

The sequence of curves $\left(\gamma^{h}\right)_{h \in \mathbb{N}}$ has the following properties:
a) $\gamma^{h}=\left(\zeta^{h}, \tau^{h}\right)$ for curves $\zeta^{h}: I \rightarrow Z$ and $\tau^{h}: I \rightarrow T$ such that

$$
\begin{equation*}
\zeta^{h}(s)=s \zeta+h\left\{\left(\frac{j}{h}-s\right) \varphi\left(p_{j-1}\right)+\left(s-\frac{j-1}{h}\right) \varphi\left(p_{j}\right)\right\}, \quad s \in I_{j}^{h} \tag{3.10}
\end{equation*}
$$

b) $\gamma^{h}=\pi_{r}^{\perp}\left(\gamma^{h}\right) \cdot \pi_{r}\left(\gamma^{h}\right)$ for curves $\pi_{r}^{\perp}\left(\gamma^{h}\right): I \rightarrow W$ and $\pi_{r}\left(\gamma^{h}\right): I \rightarrow r$ such that $s \mapsto \pi_{r}\left(\gamma^{h}(s)\right) \in r$ is convex;
c) the sequence $\left(\gamma^{h}\right)_{h \in \mathbb{N}}$ is equi-Lipschitz continuous and equi-bounded in $G$ endowed with the quasi-distance induced by the norm (1.4).

Formula (3.10) follows from (3.9) and from the recursive definition of $p_{j}$. In particular, we have

$$
\begin{equation*}
\pi_{r}\left(\gamma^{h}(s)\right)=h\left\{\left(\frac{j}{h}-s\right) \varphi\left(p_{j-1}\right)+\left(s-\frac{j-1}{h}\right) \varphi\left(p_{j}\right)\right\}, \quad s \in I_{j}^{h} \tag{3.11}
\end{equation*}
$$

Let $g_{j}=p_{j} \cdot \varphi\left(p_{j}\right)$. As the points $g_{j-1}, g_{j} \in \partial C$ are horizontally aligned, the segment joining them is contained in some horizontal line and thus it is contained in $C$, by the $H$-convexity of $C$. From the $H$-convexity of $C$, it also follows that

$$
\begin{equation*}
\left\langle g_{j}^{-1} \cdot g_{j-1}, g_{j}^{-1} \cdot g_{j+1}\right\rangle \geq 0, \quad j=1, \ldots, h-1 \tag{3.12}
\end{equation*}
$$

The curve $\zeta^{h}$ in (3.10) is thus a convex polygonal contained in a 2-dimensional plane (the plane spanned by $\zeta$ and $r$ ). This proves that $\pi_{r}\left(\gamma^{h}\right)$ is convex.
In order to prove c), we show that there exists a constant $L>0$ independent of $h \in \mathbb{N}$ such that for all $s, \sigma \in I$

$$
\begin{equation*}
\left\|\gamma^{h}(\sigma)^{-1} \cdot \gamma^{h}(s)\right\| \leq L|s-\sigma| . \tag{3.13}
\end{equation*}
$$

It then follows that the sequence is also equi-bounded, because $\gamma^{h}(0)=0$ for all $h \in \mathbb{N}$. In the case $s=j / h$ and $\sigma=(j-1) / h$, we have by (3.6)

$$
\begin{align*}
\gamma^{h}(\sigma)^{-1} \cdot \gamma^{h}(s) & =\left(p_{j-1} \cdot \varphi\left(p_{j-1}\right)\right)^{-1} \cdot\left(p_{j} \cdot \varphi\left(p_{j}\right)\right) \\
& =\left(\zeta / h+\varphi\left(p_{j}\right)-\varphi\left(p_{j-1}\right), 0\right)  \tag{3.14}\\
& =\left(\zeta / h, Q\left(\varphi\left(p_{j}\right)-\varphi\left(p_{j-1}\right), \zeta / h\right)\right) \cdot\left(\varphi\left(p_{j}\right)-\varphi\left(p_{j-1}\right), 0\right)
\end{align*}
$$

From the second line of (3.14), it follows that

$$
\begin{equation*}
\left\|\gamma^{h}(\sigma)^{-1} \cdot \gamma^{h}(s)\right\| \leq 1 / h+\left|\varphi\left(p_{j}\right)-\varphi\left(p_{j-1}\right)\right| . \tag{3.15}
\end{equation*}
$$

On the other hand, by (3.5) we have

$$
\begin{equation*}
\gamma^{h}(\sigma)^{-1} \cdot \gamma^{h}(s) \notin C_{L}(0, r, \alpha,+\infty) \tag{3.16}
\end{equation*}
$$

By the third line of (3.14), (3.16) is equivalent to

$$
\begin{equation*}
\alpha\left|\varphi\left(p_{j}\right)-\varphi\left(p_{j-1}\right)\right| \leq \max \left\{|\zeta / h|,\left|Q\left(\varphi\left(p_{j}\right)-\varphi\left(p_{j-1}\right), \zeta / h\right)\right|^{1 / 2}\right\} . \tag{3.17}
\end{equation*}
$$

If the maximum on the right hand side of (3.17) is $|\zeta / h|$, we get (3.13) with $L=1+1 / \alpha$ and $|s-\sigma|=1 / h$. If this is not the case, then by (1.1) we have

$$
\left|\varphi\left(p_{j}\right)-\varphi\left(p_{j-1}\right)\right|^{2} \leq \frac{1}{\alpha^{2}}\left|Q\left(\varphi\left(p_{j}\right)-\varphi\left(p_{j-1}\right), \zeta / h\right)\right| \leq \frac{1}{h \alpha^{2}}\left|\varphi\left(p_{j}\right)-\varphi\left(p_{j-1}\right)\right|
$$

and we get (3.13) with $L=1+1 / \alpha^{2}$. If $s \in I_{j}^{h}$ then $\gamma^{h}(s)$ is a linear convex combination of the points $p_{j-1} \cdot \varphi\left(p_{j-1}\right)$ and $p_{j} \cdot \varphi\left(p_{j}\right)$. Thus, the same argument as above proves that (3.13) holds whenever $s, \sigma \in I_{j}^{h}$. Finally, by the triangle inequality, (3.13) holds for $s, \sigma \in[0,1]$. Concerning the triangle inequality, we need the following observation. If $G$ is a finite dimensional vector space, then there is a constant $c>1$ such that for all $p, q \in G$ we have $c^{-1}\left\|q^{-1} \cdot p\right\| \leq d(p, q) \leq c\left\|q^{-1} \cdot p\right\|$, where $d$ stands for the Carnot-Carathéodory distance of $G$, that satisfies the triangle inequality. The curves $\gamma^{h}$ lie in a finite dimensional subgroup of $G$ and thus the quasi-metric induced by the norm $\|\cdot\|$ is equivalent to a metric, in this subgroup.

By Ascoli-Arzelà theorem, the sequence $\left(\gamma^{h}\right)_{h \in \mathbb{N}}$ has a subsequence, that is still denoted by $\left(\gamma^{h}\right)_{h \in \mathbb{N}}$, which converges uniformly to a curve $\gamma: I \rightarrow C$. The curve $\gamma$ is Lipschitz continuous in $G$ and, in fact, we have $\gamma(I) \subset \operatorname{gr}(\varphi)$, because $\gamma^{h}(j / h) \in \operatorname{gr}(\varphi)$ for all $0 \leq j \leq h$. Then we have $\gamma=\kappa \cdot \varphi(\kappa)$ for some curve $\kappa: I \rightarrow W$. From the (pointwise and in fact uniform) convergence $\pi_{r}\left(\gamma^{h}\right) \rightarrow \pi_{r}(\gamma)=\varphi(\kappa)$ and from b), we deduce that $s \mapsto \varphi(\kappa(s))$ is convex.

The proof of Theorem 1.5 follows from Theorem 3.2 and from the following proposition.

Proposition 3.3. Let $\varphi: W \rightarrow r$ be continuous and let $\gamma: I \rightarrow \operatorname{gr}(\varphi)$ be a Lipschitz continuous curve in $G$ with the factorization $\gamma=\kappa \cdot \varphi(\kappa)$. Then $\kappa=(\zeta, \tau): I \rightarrow W$ is a Lipschitz continuous curve w.r.t. $|\cdot|$ that solves the differential equation

$$
\begin{equation*}
\dot{\tau}(s)+Q(\dot{\zeta}(s), \zeta(s)+2 \varphi(\kappa(s)))=0 \tag{3.18}
\end{equation*}
$$

for a.e. $s \in I$. Here, $\varphi(\kappa)$ is thought of as an element of $Z$.
Proof. By (1.4), the Lipschitz condition (1.11) is equivalent to the inequalities

$$
\begin{equation*}
|\zeta(s)-\zeta(\sigma)+\varphi(\kappa(s))-\varphi(\kappa(\sigma))| \leq L|s-\sigma| \tag{3.19}
\end{equation*}
$$

$$
\begin{equation*}
|\tau(s)-\tau(\sigma)+Q(\zeta(s)-\zeta(\sigma), \zeta(\sigma)+\varphi(\kappa(s))+\varphi(\kappa(\sigma)))|^{1 / 2} \leq L|s-\sigma| \tag{3.20}
\end{equation*}
$$

In order to get the expressions on the left hand side of (3.19) and (3.20), we used three times the group law (1.2) and several times the properties (Q1) and (Q2), along with (3.4). The inequality (3.19) implies that the curves $\zeta$ and $\varphi \circ \kappa$ are both Lipschitz continuous in the standard sense, because the vectors $\zeta(s)-\zeta(\sigma)$ and $\varphi(\kappa(s))-\varphi(\kappa(\sigma))$ are orthogonal. The line (3.20) implies that $\tau$ is Lipschitz continuous as well. Moreover, on dividing by $|s-\sigma|^{1 / 2}$ and letting $\sigma \rightarrow s$ for $s \in I$ differentiability point of $\zeta$, we get (3.18).

Proof of Theorem 1.5. Let $r \in \mathcal{R}_{0}$ be of the form $r=\left\{\left(\lambda z_{0}, 0\right) \in G: \lambda \in \mathbb{R}\right\}$ for some $z_{0} \in Z$ with $\left|z_{0}\right|=1$. The Heisenberg subgroup $H$ is then of the form

$$
H=\operatorname{span}\left\{\left(z_{0}, 0\right),\left(\zeta_{0}, 0\right),(0, t)\right\}
$$

for some $\zeta_{0} \in Z$ and $t \in T$ such that $Q\left(z_{0}, \zeta_{0}\right)=t \neq 0$. Moreover, we can assume that $\left\langle z_{0}, \zeta_{0}\right\rangle=0$. By Theorem 1.4 there are $W \subset r^{\perp}, U \subset G$ neighborhood of $0 \in G$, and $\varphi: W \rightarrow r$ intrinsic Lipschitz continuous such that $\partial C \cap U=\operatorname{gr}(\varphi) \cap U$. Without loss of generality, we can also assume that $\operatorname{int}(C) \cap U=\operatorname{epi}(\varphi) \cap U$ and that $C$ is relatively closed in $U$.

Let $\gamma: I \rightarrow \operatorname{gr}(\varphi), I=[0, \delta]$, be the curve provided by Theorem 3.2, This curve is Lipschitz continuous in $G$ and $\gamma=\kappa \cdot \varphi(\kappa)$ with $\kappa(s)=\left(s \zeta_{0}, \tau(s)\right)$ for some $\tau: I \rightarrow T$. By Proposition 3.3, the curve $\tau$ is Lipschitz continuous and

$$
\begin{equation*}
\dot{\tau}(s)=2 Q\left(\varphi(\kappa(s)), \zeta_{0}\right), \tag{3.21}
\end{equation*}
$$

where $\varphi(\kappa(s))$ is thought of as an element of $Z$. As $\tau(0)=0$, it follows that $\tau(s)$ is a multiple of $Q\left(z_{0}, \zeta_{0}\right)$ and thus $\gamma(s) \in H$ for all $s \in I$. By Theorem 3.2, $s \mapsto \varphi(\kappa(s))$ is convex and thus twice differentiable a.e. on $I$. Equation (3.21) implies then that $\tau$ is of class $C^{1,1}$ with second derivative differentiable almost everywhere.

## 4. Examples

In this section we discuss various examples of $H$-convex sets in the Heisenberg group $\mathbb{H}^{1}=\mathbb{C} \times \mathbb{R}=\mathbb{R}^{3}$. We use the coordinates $z=x+i y \in \mathbb{C}$ and $t \in \mathbb{R}$. The bilinear form $Q: \mathbb{C} \times \mathbb{C} \rightarrow \mathbb{R}$ is $Q(z, \zeta)=\operatorname{Im}(z \bar{\zeta})$.
4.1. Convex cone. Let $r \in \mathcal{R}_{0}$ be the $x$-axis, which is identified with $\mathbb{R}$ via $x \equiv$ $(x, 0) \in \mathbb{C} \times \mathbb{R}$. We use the standard inner product of $\mathbb{R}^{3}$. Then $r^{\perp}$ is the $y t$-plane. Consider the function $\varphi: r^{\perp} \rightarrow r$ defined by $\varphi(y, t)=\sqrt{|t|}$. The intrinsic graph of $\varphi$ is the subset of $\mathbb{C} \times \mathbb{R}$

$$
\operatorname{gr}(\varphi)=\{(\sqrt{|t|}+i y, t+y \sqrt{|t|}) \in \mathbb{C} \times \mathbb{R}: y, t \in \mathbb{R}\}
$$

and the closed intrinsic epigraph of $\varphi$ is

$$
\begin{equation*}
C=\{(x+i y, t+x y) \in \mathbb{C} \times \mathbb{R}: x, y, t \in \mathbb{R}, x \geq \sqrt{|t|}\} \tag{4.1}
\end{equation*}
$$

The set $C$ is a cone in the sense that $\delta_{\lambda}(C)=C$ for all $\lambda>0$.
Proposition 4.1. The set $C$ in (4.1) is $H$-convex.
Before proving this proposition, let us observe that $0 \in \partial C$ is non-characteristic. Then, by Theorem 1.5, there is a nonconstant Lipschitz curve passing through 0 and contained in $\partial C$. This curve is of the form $\gamma(s)=\kappa(s) \cdot \varphi(\kappa(s)), s \in I \subset \mathbb{R}$, where $\kappa: I \rightarrow r^{\perp}=\mathbb{R}^{2}$ is $\kappa(s)=(s, \tau(s))$ for some function $\tau: I \rightarrow \mathbb{R}$ such that $\tau(0)=0$. The function $\tau$ can be determined by the necessary condition (3.21) (with $\zeta=i$ and $\left.\varphi(\kappa(s))=|\tau(s)|^{1 / 2}\right)$. In particular, we get the Cauchy problem

$$
\begin{equation*}
\dot{\tau}(s)=-2|\tau(s)|^{1 / 2} \quad \text { with } \quad \tau(0)=0 \tag{4.2}
\end{equation*}
$$

for which the solution is not unique. The function $\varphi$ is convex along any curve $s \mapsto \kappa(s)=(s, \tau(s)), s \in \mathbb{R}$, with $\tau$ solving (4.21).

Proof of Proposition 4.1. It is sufficient to prove that if $p_{0}, p_{1} \in \partial C=\operatorname{gr}(\varphi)$ are horizontally aligned then $(1-\lambda) p_{0}+\lambda p_{1} \in C$ for all $0 \leq \lambda \leq 1$. The points $p_{0}=$ $\left(x_{0}+i y_{0}, t_{0}\right)$ and $p_{1}=\left(x_{1}+i y_{1}, t_{1}\right)$ belong to $\operatorname{gr}(\varphi)$ if and only if

$$
\begin{equation*}
x_{0}^{2}=\left|t_{0}-x_{0} y_{0}\right| \quad \text { and } \quad x_{1}^{2}=\left|t_{1}-x_{1} y_{1}\right|, \quad \text { with } x_{0}, x_{1} \geq 0 \tag{4.3}
\end{equation*}
$$

The points are horizontally aligned if and only if

$$
\begin{equation*}
t_{1}-t_{0}=y_{0} x_{1}-x_{0} y_{1} \tag{4.4}
\end{equation*}
$$

With the notation $x_{\lambda}=(1-\lambda) x_{0}+\lambda x_{1}, y_{\lambda}=(1-\lambda) y_{0}+\lambda y_{1}$, and $t_{\lambda}=(1-\lambda) t_{0}+\lambda t_{1}$, we have to show that for all $0 \leq \lambda \leq 1$

$$
\begin{equation*}
x_{\lambda}^{2} \geq\left|t_{\lambda}-x_{\lambda} y_{\lambda}\right| \tag{4.5}
\end{equation*}
$$

By a short computation, we preliminarly notice that

$$
\begin{equation*}
t_{\lambda}-x_{\lambda} y_{\lambda}=(1-\lambda)^{2}\left(t_{0}-x_{0} y_{0}\right)+\lambda^{2}\left(t_{1}-x_{1} y_{1}\right)+\lambda(1-\lambda)\left(t_{0}+t_{1}-x_{0} y_{1}-x_{1} y_{0}\right) \tag{4.6}
\end{equation*}
$$

We distinguish two cases.
Case $1:\left(t_{0}-x_{0} y_{0}\right)\left(t_{1}-x_{1} y_{1}\right) \geq 0$. In particular, we can assume that $t_{0}-x_{0} y_{0} \geq 0$ and $t_{1}-x_{1} y_{1} \geq 0$. This is without loss of generality, because the map $(z, t) \mapsto(\bar{z},-t)$ preserves $H$-convexity and maps both $C$ and $\partial C$ onto itself. Then we have

$$
\begin{equation*}
x_{0}^{2}=t_{0}-x_{0} y_{0} \quad \text { and } \quad x_{1}^{2}=t_{1}-x_{1} y_{1} \tag{4.7}
\end{equation*}
$$

From (4.7) and (4.4), we deduce that $x_{0}+y_{0}=x_{1}+y_{1}$. Using this piece of information along with (4.7), we finally get $t_{0}+t_{1}-x_{0} y_{1}-x_{1} y_{0}=2 x_{0} x_{1}$. The right hand side of
(4.6) is then a square and we have equality in (4.5) for all $0 \leq \lambda \leq 1$. In other words, $(1-\lambda) p_{0}+\lambda p_{1} \in \partial C$ for all $0 \leq \lambda \leq 1$.

Case 2: $\left(t_{0}-x_{0} y_{0}\right)\left(t_{1}-x_{1} y_{1}\right)<0$. As above, we can without loss of generality assume that

$$
\begin{equation*}
x_{0}^{2}=t_{0}-x_{0} y_{0} \quad \text { and } \quad x_{1}^{2}=x_{1} y_{1}-t_{1} \tag{4.8}
\end{equation*}
$$

From (4.8) and (4.4), we get $x_{0}^{2}+x_{1}^{2}=\left(x_{0}+x_{1}\right)\left(y_{1}-y_{0}\right)$, and then using this information we find

$$
\begin{equation*}
t_{0}+t_{1}-x_{0} y_{1}-x_{1} y_{0}=2 x_{0}\left(x_{0}+y_{0}-y_{1}\right) \tag{4.9}
\end{equation*}
$$

Moreover, the identity after (4.8) and $x_{0} x_{1}>0$ imply

$$
\begin{equation*}
\left|x_{0}+y_{0}-y_{1}\right|<x_{1} . \tag{4.10}
\end{equation*}
$$

By the triangle inequality, (4.6), (4.8), (4.9), and (4.10)

$$
\begin{aligned}
\left|t_{\lambda}-x_{\lambda} y_{\lambda}\right| & \leq(1-\lambda)^{2}\left|t_{0}-x_{0} y_{0}\right|+\lambda^{2}\left|t_{1}-x_{1} y_{1}\right|+2 \lambda(1-\lambda) x_{0}\left|x_{0}+y_{0}-y_{1}\right| \\
& \leq(1-\lambda)^{2} x_{0}^{2}+\lambda^{2} x_{1}^{2}+2 \lambda(1-\lambda) x_{0} x_{1},
\end{aligned}
$$

where the last inequality is strict if $0<\lambda<1$. This proves (4.5) and we have $(1-\lambda) p_{0}+\lambda p_{1} \in \operatorname{int}(C)$ for $0<\lambda<1$.
4.2. Cone. Let $r \in \mathcal{R}_{0}$ be the $x$-axis in $\mathbb{H}^{1}=\mathbb{C} \times \mathbb{R}$ and let $C \subset \mathbb{H}^{1}$ be the $H$-convex set defined in (4.1). Then the positive cone with vertex 0 , axis $r$, aperture $\alpha=1$, and height $h=+\infty$ is

$$
C_{L}^{+}(0, r, 1,+\infty)=C \cap\{(x+i y, t) \in \mathbb{C} \times \mathbb{R}:|y|<x\}
$$

The set $C_{L}^{+}(0, r, 1,+\infty)$ is $H$-convex because it is the intersection of $C$ with a convex set in the standard sense.
4.3. Cylindrical $H$-convex sets. Consider a set $C \subset \mathbb{H}^{1}$ with cylindrical symmetry

$$
\begin{equation*}
C=\{(z, t) \in \mathbb{C} \times \mathbb{R}:|z| \leq f(t)\}, \tag{4.11}
\end{equation*}
$$

for some function $f: \mathbb{R} \rightarrow[0,+\infty)$.
Proposition 4.2. Let $f: \mathbb{R} \rightarrow[0,+\infty)$ be a function such that

$$
\begin{equation*}
(1-\lambda)^{2} f(t)^{2}+\lambda^{2} f(\tau)^{2}+2 \lambda(1-\lambda) \sqrt{f(t)^{2} f(\tau)^{2}-(\tau-t)^{2}} \leq f((1-\lambda) t+\lambda \tau)^{2} \tag{4.12}
\end{equation*}
$$

for all $\lambda \in[0,1]$ and for all $t, \tau \in \mathbb{R}$ such that

$$
\begin{equation*}
|\tau-t| \leq f(t) f(\tau) \tag{4.13}
\end{equation*}
$$

Then the set $C$ in (4.11) is $H$-convex.

Proof. Let $p_{0}=(z, t)$ and $p_{1}=(\zeta, \tau)$ be points in $\partial C$ with $z=f(t) e^{i \vartheta}$ and $\zeta=f(\tau) e^{i \varphi}$ for some $\vartheta, \varphi \in[0,2 \pi)$. The points are horizontally aligned if and only if

$$
\begin{equation*}
\tau-t=\operatorname{Im}(z \bar{\zeta})=f(t) f(\tau) \sin (\vartheta-\varphi) \tag{4.14}
\end{equation*}
$$

This equation has solutions only if the condition (4.13) holds. With the notation $p_{\lambda}=\left(z_{\lambda}, t_{\lambda}\right)=(1-\lambda) p_{0}+\lambda p_{1}$, the set $C$ is $H$-convex if and only if $\left|z_{\lambda}\right| \leq f\left(t_{\lambda}\right)$ for all $\lambda \in[0,1]$ and for all $p_{0}, p_{1} \in \partial C$ horizontally aligned, i.e.,

$$
(1-\lambda)^{2} f(t)^{2}+\lambda^{2} f(\tau)^{2}+2 \lambda(1-\lambda) f(t) t(\tau) \cos (\vartheta-\varphi) \leq f((1-\lambda) t+\lambda \tau)^{2}
$$

The most restrictive case is when $\cos (\vartheta-\varphi) \geq 0$. Then, by (4.14) we get the sufficient condition (4.12).
4.4. Thin Cusp. We prove that for any $\alpha>0$ there is a constant $\beta>0$ such that the set

$$
C=\left\{(z, t) \in \mathbb{C} \times \mathbb{R}:|z|<t^{\alpha}<\beta\right\}
$$

is $H$-convex. In the case $\alpha \in(0,1]$, the claim holds even with $\beta=+\infty$, because the resulting set is convex in the ordinary sense. For $\alpha>1$, we can e.g. choose

$$
\begin{equation*}
\beta=\left(\frac{\sqrt{2}}{\alpha(2 \alpha-1)}\right)^{\frac{\alpha}{2 \alpha-1}} \tag{4.15}
\end{equation*}
$$

This choice is not optimal.
Let $0<t<\tau \leq \beta$ be such that $(t \tau)^{2 \alpha} \geq(\tau-t)^{2}$. By (4.12) with $f(t)=t^{\alpha}$ and $s=(1-\lambda) t+\lambda \tau$, we have to show that for all $s \in[t, \tau]$
$\Phi(s)=s^{2 \alpha}-\frac{1}{(\tau-t)^{2}}\left\{(\tau-s)^{2} t^{2 \alpha}+(s-t)^{2} \tau^{2 \alpha}+2(s-t)(\tau-s) \sqrt{(\tau t)^{2 \alpha}-(\tau-t)^{2}}\right\} \geq 0$.
Because $\Phi(t)=\Phi(\tau)=0$, it is sufficient to show that $\Phi^{\prime \prime}(s) \leq 0$ for $s \in[t, \tau]$, where

$$
\Phi^{\prime \prime}(s)=2 \alpha(2 \alpha-1) s^{2 \alpha-2}-\frac{2}{(\tau-t)^{2}}\left\{t^{2 \alpha}+\tau^{2 \alpha}-2 \sqrt{(\tau t)^{2 \alpha}-(\tau-t)^{2}}\right\}
$$

The inequality $\Phi^{\prime \prime}(s) \leq 0$ for $s \in[t, \tau]$ is implied by $\Phi^{\prime \prime}(\tau) \leq 0$, i.e.

$$
\begin{equation*}
\alpha(2 \alpha-1) \tau^{2 \alpha-2}(\tau-t)^{2}+2 \sqrt{(\tau t)^{2 \alpha}-(\tau-t)^{2}} \leq t^{2 \alpha}+\tau^{2 \alpha} \tag{4.16}
\end{equation*}
$$

By the elementary inequality $(a+b)^{2} \leq 2\left(a^{2}+b^{2}\right)$, (4.16) is implied by the stronger inequality

$$
2 \alpha^{2}(2 \alpha-1)^{2} \tau^{4 \alpha-4}(\tau-t)^{4}+4\left((\tau t)^{2 \alpha}-(\tau-t)^{2}\right) \leq\left(t^{2 \alpha}+\tau^{2 \alpha}\right)^{2}
$$

that is $2 \alpha^{2}(2 \alpha-1)^{2} \tau^{4 \alpha-4}(\tau-t)^{4} \leq\left(t^{2 \alpha}-\tau^{2 \alpha}\right)^{2}+4(\tau-t)^{2}$. This inequality is satisfied for $0<t<\tau \leq \beta$ with $\beta$ as in (4.15).
4.5. Counterexample to Carathéodory's Theorem. By Carathéodory's Theorem, any point in the convex hull of a set of $\mathbb{R}^{n}$ is the linear convex combination
of at most $n+1$ points of the set. We show that no such a theorem holds for the $H$-convexity. The definition and the properties of the $H$-convex hulls $\mathrm{co}_{H}(C)$ and $\operatorname{co}_{H}^{(n)}(C), n \in \mathbb{N}$, for a set $C \subset \mathbb{H}^{1}$ are in the Appendix.

Proposition 4.3. There exists a set $C \subset \mathbb{H}^{1}$ such that for any $n \in \mathbb{N}$ we have

$$
\begin{equation*}
\operatorname{co}_{H}^{(n)}(C) \subsetneq \operatorname{co}_{H}^{(n+1)}(C) \tag{4.17}
\end{equation*}
$$

The construction relies upon the following lemma.
Lemma 4.4. Let $K \subset \mathbb{H}^{1}$ be a nonempty bounded set. Then there exist points $p, q \in \mathbb{H}^{1}$ such that:
i) $p \in \mathbb{H}^{1} \backslash K$ and $Z_{p} \cap K \neq \emptyset$;
ii) $Z_{q} \cap(K \cup\{p\})=\emptyset$;
iii) $Z_{q} \cap \operatorname{co}_{H}(K \cup\{p\}) \neq \emptyset$.

Proof. We use the notation $w=\left(z_{w}, t_{w}\right) \in \mathbb{C} \times \mathbb{R}$. The set $A=\left\{z_{w} \in \mathbb{C}: w=\right.$ $\left.\left(z_{w}, t_{w}\right) \in K\right\}$ is bounded in $\mathbb{C}$. Let $p=\left(z_{p}, t_{p}\right)$ be a point satisfying i) and such that

$$
\begin{equation*}
\operatorname{dist}\left(z_{p}, A\right) \geq \operatorname{diam}(A) \tag{4.18}
\end{equation*}
$$

Here, dist and diam stand for the standard distance and diameter. Let $u=\left(z_{u}, t_{u}\right) \in$ $Z_{p} \cap K$ be a point such that

$$
\left|z_{u}-z_{p}\right| \leq \frac{4}{3} \inf \left\{\left|z_{w}-z_{p}\right|: z_{w} \in A, w=\left(z_{w}, t_{w}\right) \in Z_{p}\right\}
$$

and define

$$
v=\left(z_{v}, t_{v}\right)=\left(\frac{z_{u}+z_{p}}{2}, \frac{t_{u}+t_{p}}{2}\right) .
$$

We have $v \in \operatorname{co}_{H}(K \cup\{p\})$ and $v \notin K \cup\{p\}$.
A point $q=\left(z_{q}, t_{q}\right)$ belongs to $Z_{v}$ if and only if

$$
\begin{equation*}
t_{q}=t_{v}+Q\left(z_{v}, z_{q}\right) . \tag{4.19}
\end{equation*}
$$

In this case, we have iii). Analogously, with $w=\left(z_{w}, t_{w}\right) \in K$ we have $q \notin Z_{w}$ if and only if $t_{q} \neq t_{w}+Q\left(z_{w}, z_{q}\right)$. By (4.19), this is equivalent to

$$
\begin{equation*}
t_{v}-t_{w} \neq Q\left(z_{w}-z_{v}, z_{q}\right) \tag{4.20}
\end{equation*}
$$

We choose $z_{q}=i \sigma\left(z_{v}-z_{u}\right)$ for some $\sigma>0$ to be determined. The coordinate $t_{q}$ is then given by (4.19). With this choice, we have for any $w=\left(z_{w}, t_{w}\right) \in K$

$$
\begin{aligned}
Q\left(z_{w}-z_{v}, z_{q}\right) & =\sigma\left|z_{u}-z_{v}\right|^{2}+\sigma Q\left(z_{w}-z_{u}, i\left(z_{v}-z_{u}\right)\right) \\
& \geq \sigma\left|z_{u}-z_{v}\right|\left\{2\left|z_{p}-z_{u}\right|-\operatorname{diam}(A)\right\} \\
& \geq \sigma \operatorname{dist}\left(z_{p}, A\right)\left|z_{u}-z_{v}\right|
\end{aligned}
$$

Here, we used $Q(z, \zeta)=\operatorname{Im}(z \bar{\zeta})$ and (4.18). Because $t_{v}-t_{w}$ is bounded by a constant independent of $w \in K$, we can choose $\sigma>0$ such that (4.20) holds for all $w \in K$. A similar argument works with $w=p$. Then we also have ii).

We define inductively an increasing sequence $\left(K_{n}\right)_{n \in \mathbb{N}}$ of bounded $H$-convex sets of $\mathbb{H}^{1}$ in the following way. We let $K_{1}=\operatorname{co}_{H}\left(\left\{p_{1}, q_{1}\right\}\right)$ for any $p_{1}, q_{1} \in \mathbb{H}^{1}$. Assuming that $K_{n} \subset \mathbb{H}^{1}$ is already defined, we choose points $p_{n+1}, q_{n+1} \in \mathbb{H}^{1}$ such that i), ii), and iii) of Lemma 4.4 hold, and we define

$$
K_{n+1}=\operatorname{co}_{H}\left(K_{n} \cup\left\{p_{n+1}, q_{n+1}\right\}\right) .
$$

The set $C=\left\{p_{n}, q_{n} \in \mathbb{H}^{1}: n \in \mathbb{N}\right\}$ satisfies (4.17).

## 5. Appendix

We describe the basic set theoretical, algebraic, and topological properties of the class of $H$-convex sets. In this Appendix, we assume that $G$ with the law $\cdot$ satisfies the Axioms (Q1) and (Q2).

## Proposition 5.1.

i) If $\mathcal{A}$ is a family of $H$-convex sets then $\bigcap_{C \in \mathcal{A}} C$ is also $H$-convex;
ii) For all $p \in G$ and $\lambda>0$, the sets $\tau_{p}(C)$ and $\delta_{\lambda}(C)$ are $H$-convex provided that $C$ is $H$-convex.

The proof is elementary. In general, the union of $H$-convex sets is not $H$-convex and for $H$-convex sets $C_{1}, C_{2}$ the group product $C_{1} \cdot C_{2}=\left\{p \cdot q \in G: p \in C_{1}, q \in C_{2}\right\}$ is not in general $H$-convex.

Proposition 5.2. If $C$ is $H$-convex, then $\operatorname{int}(C)$ is $H$-convex.
Proof. Let $p_{0}, p_{1} \in \operatorname{int}(C)$ be two horizontally aligned points and let $0<\lambda<1$. We show that $p_{\lambda}=(1-\lambda) p_{0}+\lambda p_{1} \in \operatorname{int}(C)$. Without loss of generality, we can assume that $p_{\lambda}=0$. This can be achieved by a left translation. If $p_{0}=\left(z_{0}, t_{0}\right)$ and $p_{1}=\left(z_{1}, t_{1}\right)$, we have the system of equations

$$
\left\{\begin{array}{l}
(1-\lambda) z_{0}+\lambda z_{1}=0  \tag{5.1}\\
(1-\lambda) t_{0}+\lambda t_{1}=0 \\
t_{1}-t_{0}=Q\left(z_{0}, z_{1}\right)
\end{array}\right.
$$

The third equation is the alignment condition. Plugging the third equation into the second one, we get $t_{0}+\lambda Q\left(z_{0}, z_{1}\right)=0$. Using the first equation, along with (Q1) and (Q2), it follows that $t_{0}=0$ and then $t_{1}=0$, as well. We claim that there exists a $\varrho>0$ such that $B_{\varrho}(0) \subset C$. Indeed, there exists a $0<\sigma<1$ such that $B_{0}=B_{\sigma}\left(p_{0}\right) \subset C$ and $B_{1}=B_{\sigma}\left(p_{1}\right) \subset C$. Our claim will be established as soon as we show that for any $q \in B_{\varrho}(0)$ there are $q_{0} \in B_{0}$ and $q_{1} \in B_{1}$ which are horizontally aligned and such that
$q=(1-\lambda) q_{0}+\lambda q_{1}$. If $q=(\zeta, \tau), q_{0}=\left(\zeta_{0}, \tau_{0}\right)$, and $q_{1}=\left(\zeta_{1}, \tau_{1}\right)$ this is equivalent to solving the system of equations

$$
\left\{\begin{array}{l}
(1-\lambda) \zeta_{0}+\lambda \zeta_{1}=\zeta  \tag{5.2}\\
(1-\lambda) \tau_{0}+\lambda \tau_{1}=\tau \\
\tau_{1}-\tau_{0}=Q\left(\zeta_{0}, \zeta_{1}\right)
\end{array}\right.
$$

We fix $0<k<1$ and $\varrho>0$ such that

$$
\begin{equation*}
2 \varrho^{2}+\left(k \sigma+\left|z_{0}\right|\right) \varrho+(\varrho+k \sigma)\left(1+\left|z_{1}\right|\right)<\lambda \sigma^{2} \tag{5.3}
\end{equation*}
$$

and we choose some $\zeta_{0} \in Z$ such that

$$
\begin{equation*}
\left|\zeta_{0}-z_{0}\right|<k \sigma<\sigma \tag{5.4}
\end{equation*}
$$

Inserting the third equation of (5.2) into the second one and using the first equation we find the equation $\tau_{0}+Q\left(\zeta_{0}, \zeta\right)=\tau$, which determines $\tau_{0} \in T$. In particular, we have

$$
\begin{align*}
\left|\tau_{0}\right| & \leq|\tau|+\left|Q\left(\zeta_{0}, \zeta\right)\right| \leq|\tau|+\left|\zeta_{0}\right||\zeta| \leq|\tau|+\left(\left|\zeta_{0}-z_{0}\right|+\left|z_{0}\right|\right)|\zeta| \\
& \leq \varrho^{2}+\left(k \sigma+\left|z_{0}\right|\right) \varrho, \tag{5.5}
\end{align*}
$$

and using (Q1), (Q2), (5.5), and (5.3) we get

$$
\begin{align*}
\left|\tau_{0}+Q\left(\zeta_{0}, z_{0}\right)\right| & \leq\left|\tau_{0}\right|+\left|Q\left(\zeta_{0}-z_{0}, z_{0}\right)\right| \leq\left|\tau_{0}\right|+\left|\zeta_{0}-z_{0}\right|\left|z_{0}\right| \\
& \leq \varrho^{2}+\left(k \sigma+\left|z_{0}\right|\right) \varrho+\left|z_{0}\right| k \sigma<\sigma^{2} . \tag{5.6}
\end{align*}
$$

By (5.4) and (5.6), we have $q_{0}=\left(\zeta_{0}, \tau_{0}\right) \in B_{\sigma}\left(p_{0}\right)$. The point $q_{1}=\left(\zeta_{1}, \tau_{1}\right)$ is determined by the first two equations in (5.2). Subtracting the first equation in (5.1) from the first equation in (5.2) we find $(1-\lambda)\left(\zeta_{0}-z_{0}\right)+\lambda\left(\zeta_{1}-z_{1}\right) x=\zeta$. Then, by (5.4) and (5.3)

$$
\begin{equation*}
\left|\zeta_{1}-z_{1}\right| \leq \frac{1}{\lambda}\left\{|\zeta|+(1-\lambda)\left|\zeta_{0}-z_{0}\right|\right\} \leq \frac{1}{\lambda}(\varrho+k \sigma)<\sigma^{2}<\sigma . \tag{5.7}
\end{equation*}
$$

Analogously, we have by (5.5)

$$
\begin{equation*}
\left.\left|\tau_{1}\right| \leq \frac{1}{\lambda}\left\{|\tau|+(1-\lambda)\left|\tau_{0}\right|\right\} \leq \frac{1}{\lambda}\left\{2 \varrho^{2}+\left(k \sigma+\left|z_{0}\right|\right) \varrho\right)\right\} \tag{5.8}
\end{equation*}
$$

and then, by (5.7), (5.8), and (5.3)

$$
\begin{align*}
\left|\tau_{1}+Q\left(\zeta_{1}, z_{1}\right)\right| & \leq\left|\tau_{1}\right|+\left|\zeta_{1}-z_{1}\right|\left|z_{1}\right| \\
& \leq \frac{1}{\lambda}\left\{2 \varrho^{2}+\left(k \sigma+\left|z_{0}\right|\right) \varrho+(\varrho+k \sigma)\left|z_{1}\right|\right\}<\sigma^{2} . \tag{5.9}
\end{align*}
$$

By (5.7) and (5.9) we have $q_{1} \in B_{\sigma}\left(p_{1}\right)$.
$H$-convex sets are not necessarily connected. In general, the closure of an $H$-convex set is not $H$-convex. E.g., let

$$
\begin{aligned}
& A_{1}=\left\{(x+i y, t) \in \mathbb{H}^{1}: 0<x<1, y<0, t<0\right\} \\
& A_{2}=\left\{(x+i y, t) \in \mathbb{H}^{1}: 2<x<3, y>0, t>0\right\}
\end{aligned}
$$

Then the set $A=A_{1} \cup A_{2}$ is $H$-convex in $\mathbb{H}^{1}$, but $\bar{A}$ is not $H$-convex.
Definition 5.3 ( $H$-convex hull). We call $H$-convex hull of set $A \subset G$, and we denote it by $\operatorname{co}_{H}(A)$, the smallest $H$-convex set containing $A$.

Definition 5.4 ( $H$-convexified of order $n$ ). Let $A \subset G$. We define:
$\operatorname{co}_{H}^{(1)}(A)=\left\{(1-\lambda) p_{1}+\lambda p_{2} \in G: p_{1}\right.$ and $p_{2}$ are horizontally aligned and $\left.\lambda \in[0,1]\right\}$. Then we define by induction the $H$-convexified of $A$ of order $n, n \in \mathbb{N}$, as

$$
\operatorname{co}_{H}^{(n)}(A):=\operatorname{co}_{H}^{(1)}\left(\operatorname{co}_{H}^{(n-1)}(A)\right), \quad n \geq 2 .
$$

Finally, we call the set

$$
\begin{equation*}
\operatorname{co}_{H}^{\infty}(A):=\lim _{n \rightarrow+\infty} \operatorname{co}_{H}^{(n)}(A)=\bigcup_{n=0}^{\infty} \operatorname{co}_{H}^{(n)}(A) . \tag{5.10}
\end{equation*}
$$

the $H$-convexified of $A$.
The $H$-convexified and the $H$-convex hull coincide, i.e. for any $A \subset G$ we have $\mathrm{co}_{H}(A)=\mathrm{co}_{H}^{\infty}(A)$.

Proposition 5.5. If $A \subset G$ is open, then $\operatorname{co}_{H}(A)$ is open. If $B \subset G$ is bounded then $\mathrm{co}_{H}(B)$ is bounded.

For a closed set $C \subset G, \operatorname{co}_{H}(C)$ is not in general closed.

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