# SUB-RIEMANNIAN VS. EUCLIDEAN DIMENSION COMPARISON AND FRACTAL GEOMETRY ON CARNOT GROUPS 

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Dedicated to Juha Heinonen


#### Abstract

We solve Gromov's dimension comparison problem for Hausdorff and box counting dimension on Carnot groups equipped with a Carnot-Carathéodory metric and an adapted Euclidean metric. The proofs use sharp covering theorems relating optimal mutual coverings of Euclidean and Carnot-Carathéodory balls, and elements of sub-Riemannian fractal geometry associated to horizontal self-similar iterated function systems on Carnot groups. Inspired by Falconer's work on almost sure dimensions of Euclidean self-affine fractals we show that Carnot-Carathéodory self-similar fractals are almost surely horizontal. As a consequence we obtain explicit dimension formulae for invariant sets of Euclidean iterated function systems of polynomial type. Jet space Carnot groups provide a rich source of examples.


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## 1. Introduction

Carnot groups are simply connected nilpotent Lie groups with graded Lie algebra equipped with a left invariant metric of sub-Riemannian type. They arise as ideal boundaries of noncompact rank one symmetric spaces, and serve as both examples of, and local models at regular points for, general sub-Riemannian (Carnot-Carathéodory) manifolds. The key role played by Carnot groups became evident in the 1970's in a series of influential papers and monographs (such as [52], [50] and [25]) following the address by E. M. Stein at the 1970 International Congress of Mathematicians in Nice. More recently, Carnot groups have played a significant role in motivating the development of analysis in metric measure spaces, see particularly the work of Heinonen and Koskela [32], [33], Cheeger [15] and Ambrosio and Kirchheim [1],[2]. In this respect Carnot groups serve as models for non-Euclidean examples of spaces where the above cited results can be tested. On the other hand, it is well known that tools of Carnot-Carathéodory analysis are also motivated by applications in

[^0]control theory [47], [9],[36]. Recently, the rototranslation group (a sub-Riemannian manifold locally modelled on the Heisenberg group) has emerged as a mathematical model for the neurogeometry of the first layer of the mammalian visual cortex [16].

This paper develops a theory of self-similar fractal geometry in general Carnot groups. It continues our program in this area [ $5,4,7$ ], which is one component in a worldwide endeavor investigating sub-Riemannian geometric measure theory, including theories of rectifiability and perimeter [14], [26], [27], [17], [41], [3], [38]; fractals and tilings [55], [56]; geometric analysis of nonsmooth domains [28], [39], [49], [48], and many other topics.

A major impetus for these developments stems from Gromov's comprehensive and inspired survey on intrinsic Carnot-Carathéodory metric geometry [30]. The following dimension comparison problem of Gromov was the starting point for our investigations:

Problem 1.1. Let $M$ be a manifold equipped with a horizontal distribution $\mathcal{H} \subset T M$, a subRiemannian (Carnot-Carathéodory) metric $g_{0}$ on $\mathcal{H}$, and a Riemannian metric $g$ which extends $g_{0}$. Determine all pairs $(\alpha, \beta)$ which can occur as the Euclidean/sub-Riemannian Hausdorff dimensions of smooth submanifolds of $M$, i.e., $\beta=\operatorname{dim}_{d_{0}}^{H} N$ for some $\alpha$-dimensional submanifold $N \subset M$.

Here $\operatorname{dim}_{d_{0}}^{H}$, resp. $\operatorname{dim}_{d}^{H}$, denotes the Hausdorff dimension in the metric space ( $M, d_{0}$ ), resp. $(M, d)$, where $d_{0}$ denotes the global sub-Riemannian distance function (Carnot-Carathéodory metric) associated to $g_{0}$ and $d$ denotes the global Riemannian distance function associated to $g$.

Problem 1.1 is implicitly stated in section 0.6 of [30], see especially section 0.6 .B for an explicit formula for the Carnot-Carathéodory Hausdorff dimension of a submanifold of a (regular) subRiemannian manifold.

As an illustration, we remark that the solution to Problem 1.1 in the first Heisenberg group $\mathbb{H}^{1}$ is the following set of pairs $(\alpha, \beta)$ :

$$
\begin{equation*}
\{(0,0),(1,1),(1,2),(2,3),(3,4)\} \tag{1.1}
\end{equation*}
$$

examples which realize each of these cases being (respectively): singletons, horizontal curves, nonhorizontal curves, 2-dimensional surfaces, and the entire space $\mathbb{H}^{1}$. The difficulty of Gromov's problem is indicated by the absence of the pair $(2,2)$ in this list: there is no smooth surface in the first Heisenberg group which has dimension two with respect to the sub-Riemannian metric. This feature of the geometry reflects the non-integrability of the horizontal distribution and the failure of the Frobenius theorem in this context.

Consider the following variant of Gromov's problem:
Problem 1.2. Let $M$ be as in Problem 1.1. Determine all pairs $(\alpha, \beta)$ which can occur as the Euclidean/sub-Riemannian Hausdorff dimensions of arbitrary subsets of $M$, i.e., $\alpha=\operatorname{dim}_{d}^{H} A$ and $\beta=\operatorname{dim}_{d_{0}}^{H} A$ for some $A \subset M$.

Denoting by $\mathcal{P}(M)$ the power set of $M$ and by $\mathcal{S}(M)$ the space of smooth submanifolds of $M$, we restate Problems 1.1 and 1.2 as follows:

Problem 1.3. Find

$$
\begin{equation*}
\Delta_{\mathcal{S}}(M):=\left\{(\alpha, \beta): \mathcal{S}(M) \rightarrow \mathbb{R}^{2}, \quad(\alpha, \beta)(N)=\left(\operatorname{dim} N, \operatorname{dim}_{d_{0}}^{H} N\right)\right\} \tag{1.2}
\end{equation*}
$$

and

$$
\begin{equation*}
\Delta(M):=\left\{(\alpha, \beta): \mathcal{P}(M) \rightarrow \mathbb{R}^{2}, \quad(\alpha, \beta)(A)=\left(\operatorname{dim}_{d}^{H} A, \operatorname{dim}_{d_{0}}^{H} A\right)\right\} \tag{1.3}
\end{equation*}
$$

Problem 1.2 is a foundational question in sub-Riemannian geometric measure theory which asks for a measure-theoretic description of the discrepancy between the sub-Riemannian metric $g_{0}$ and any taming Riemannian metric $g$. We shall see that this problem asks which Riemannian $\alpha$ dimensional subsets of $M$ are most nearly horizontal ( $\beta$ is smallest for fixed $\alpha$ ) and which are most non-horizontal ( $\beta$ is largest for fixed $\alpha$ ). The intuitive meaning of the phrase "horizontal set"
is a set which is tangent to the horizontal distribution in $M$. We emphasize, however, that our framework is that of general geometric measure theory, and the examples which we will construct are typically not smooth submanifolds from either the Euclidean or the sub-Riemannian viewpoint.

In this paper, we provide the complete solution to Problem 1.2 in the case when $M$ is an arbitrary Carnot group. See Theorems 2.4 and 2.6. The results of this paper extend our prior work [5, 7] on the Heisenberg group $\mathbb{H}^{1}$. We recall from [5] and [7] that the solution to Problem 1.2 in the case $M=\mathbb{H}^{1}$ is

$$
\begin{equation*}
\Delta\left(\mathbb{H}^{1}\right)=\{(\alpha, \beta) \in[0,3] \times[0,4]: \max \{\alpha, 2 \alpha-2\} \leq \beta \leq \min \{2 \alpha, \alpha+1\}\} ; \tag{1.4}
\end{equation*}
$$

see Figure 1(a) for an illustration of (1.1) and (1.4). In Figure 1(a) the set $\Delta\left(\mathbb{H}^{1}\right)$ is represented by the shaded parallelogram while $\Delta_{\mathcal{S}}\left(\mathbb{H}^{1}\right)$ is represented by dots at the integer coordinates on the edges and corners. Notice that the point $(2,2)$ is missing from $\Delta_{\mathcal{S}}\left(\mathbb{H}^{1}\right)$.


Figure 1. Solutions to Problems 1.2 and 1.1 in $\mathbb{H}^{1}$
The exact characterization of the range of the map in (1.3) for a general Carnot group $\mathbb{G}$ involves two stages. In the first stage we determine a region $\Delta(\mathbb{G}) \subset \mathbb{R}^{2}$ where all possible dimension pairs are contained. This stage utilizes precise mutual coverings of Euclidean, respectively CarnotCarathéodory, balls which generalize the well-known Ball-Box Theorem [30], [9]. In the second stage we prove a sharpness result stating that for any $(\alpha, \beta) \in \Delta(\mathbb{G})$ there exists a set $A \subset \mathbb{G}$ with $\left(\operatorname{dim}_{d}^{H} A, \operatorname{dim}_{d_{0}}^{H} A\right)=(\alpha, \beta)$. To tackle the issue of sharpness we have to actually construct sets of prescribed Euclidean dimension with the property that their Carnot-Carathéodory dimension is either as small or as large as possible as allowed by the first part of our result. Constructing sets of maximal Carnot-Carathéodory dimension is relatively straightforward while constructing sets with minimal Carnot-Carathéodory dimension is considerably harder. The difficulty is due to the non-integrability of the horizontal distribution.

We overcome this problem by developing a theory of fractal geometry in Carnot groups. We shall consider self-similar iterated function systems and their invariant sets. The notion of selfsimilarity is understood here in terms of the Carnot-Carathéodory (CC) metric. The associated iterated function system will (typically) be a nonlinear, nonconformal system of polynomial type in the underlying Euclidean space. One remarkable feature of our approach is that, as a byproduct of our investigations of sub-Riemannian self-similar fractal geometry, we obtain exact formulas for the dimensions of invariant sets for a class of nonlinear, nonconformal Euclidean iterated function systems of polynomial type. These results are related to the ones in [20] and [22]. Example 2.10 (see also the discussion at the end of subsection 4.2) and section 7 indicate representative examples. Our approach provides a dramatic simplification over existing methods for computing such dimension (see Falconer [23] for an approach using a nonconformal subadditive thermodynamic formalism). Our investigation of Carnot fractal geometry culminates in Theorem 2.8, which states,
roughly speaking, that CC self-similar sets of prescribed sub-Riemannian dimension are almost surely horizontal sets (in the sense described above).

Our main results (Theorems 2.4, 2.6 and 2.8) hold also for the box-counting dimensions, see the discussion at the end of section 3 and Remarks 4.4 and 4.14. The discrepancy between box-counting and Hausdorff dimension plays an important role in studies of the dimensions of Euclidean self-affine sets and attractors for general nonlinear iterated function systems, see [23]. It is a long-standing conjecture in dynamical systems that equality of Hausdorff and box-counting dimensions holds for such attractors in great generality, see [24] or [34]. The fact that our results hold for both Hausdorff and box-counting dimension, and that typically we obtain an equality of these two values, is an essential feature of our approach with immediate applications to Euclidean fractal geometry.

The jet spaces $J^{k}\left(\mathbb{R}^{m}, \mathbb{R}^{n}\right)$ provide a rich source of examples of Carnot groups. In section 6 we illustrate our results by discussing in detail the form which they take in the jet space context. We present a second Carnot group model for $J^{k}(\mathbb{R}, \mathbb{R})$ in which left translation is an affine map in the underlying Euclidean geometry, whose linear part is given by a triangular matrix. In subsection 6.3 we relate our work to recent work of Falconer and Miao [18] on almost sure dimensions of invariant sets of self-affine iterated function systems whose linear parts are given by upper triangular matrices.

The paper is structured as follows. In section 2 we recall basic definitions, set the notation and formulate our main results as Theorems 2.4, 2.6 and 2.8. Sections 3 and 4 contain the proofs of Theorems 2.4 and 2.6 respectively. In section 5 we extend Falconer's almost sure dimension theory to the setting of self-similar fractals in Carnot groups and prove Theorem 2.8. Section 6 contains the discussion of jet spaces, while section 7 describes a more complicated example of a higher-step Carnot group. A concluding section (section 8) presents open problems motivated by this work.

The results of this paper were announced in [8].
Acknowledgements. Research for this paper was initiated during visits of ZMB and JTT to the School of Mathematics of the University of New South Wales in Fall 2006, and completed during a visit of JTT and BW to the Department of Mathematics of the University of Bern in Summer 2007. The hospitality of these institutions is gratefully acknowledged. We thank Michael Cowling and Hans-Martin Reimann for their interest in this work and useful discussions on these and related topics. The figures and diagrams in the paper were produced using MAPLE.

## 2. Notation and statements of main results

2.1. Carnot groups. Let $(\mathbb{G}, *)$ be a Carnot group with stratified Lie algebra $\mathfrak{g}=\mathfrak{v}_{1} \oplus \cdots \oplus \mathfrak{v}_{s}$ such that $\left[\mathfrak{v}_{1}, \mathfrak{v}_{j}\right]=\mathfrak{v}_{j+1}, j=1, \ldots, s-1$, and $\left[\mathfrak{v}_{1}, \mathfrak{v}_{s}\right]=0$. The Euclidean space underlying $\mathbb{G}$ has dimension $N=\sum_{j=1}^{s} m_{j}$ while the homogeneous dimension of $\mathbb{G}$ is $Q=\sum_{j=1}^{s} j m_{j}$, where $\operatorname{dim} \mathfrak{v}_{j}=m_{j}$, and the integer $s$ is the step of the group. We denote by $d_{E}$ the Euclidean metric in $\mathbb{G}$.

The map on $\mathfrak{g}$ which multiplies the elements of the $j$-th layer $\mathfrak{v}_{j}$ by $j$ is a derivation. It generates a group of automorphic anisotropic dilations $\left\{\delta_{r}: r \in \mathbb{R}^{+}\right\}$of $\mathfrak{g}$ defined by

$$
\delta_{r}\left(U_{1}+\cdots+U_{s}\right)=r U_{1}+\cdots+r^{s} U_{s}, \quad U_{j} \in \mathfrak{v}_{j},
$$

with the property that $\delta_{r} \delta_{t}=\delta_{r t}$. We will also write $\delta_{r}$ for the corresponding automorphism $\exp \circ \delta_{r} \circ \log : \mathbb{G} \rightarrow \mathbb{G}$; here exp denotes the (bijective) exponential map and log denotes its inverse.

The exponential map $\exp : \mathfrak{g} \rightarrow \mathbb{G}$ relates also to the group operation in $\mathbb{G}$ via the Baker-Campbell-Hausdorff formula [51] as follows. For $U$ and $V$ in $\mathfrak{g}$

$$
\begin{equation*}
\exp (U) * \exp (V)=\exp (B C H(U, V)) \tag{2.1}
\end{equation*}
$$

where

$$
B C H(U, V)=U+V+\frac{1}{2}[U, V]+\frac{1}{12}([U,[U, V]]-[V,[U, V]])+\cdots
$$

Since $\exp$ is a bijection we may parametrize $\mathbb{G}$ by $\mathfrak{g}$. Exponential coordinates in $\mathbb{G}$ are defined as follows: denoting by $\left\{E_{j k}: j=1, \ldots, s ; k=1, \ldots, m_{j}\right\}$ a graded orthonormal basis for $\mathfrak{g}$ (with respect to some fixed inner product) and by $\left\{e_{j k}: k=1, \ldots, m_{j}\right\}$ the standard orthonormal basis of $\mathbb{R}^{m_{j}}$, we identify $x \in \mathbb{G}$ with the point $\left(x_{1}, \ldots, x_{s}\right) \in \mathbb{R}^{m_{1}} \times \cdots \times \mathbb{R}^{m_{s}}$ where

$$
x=\exp \left(\sum_{j=1}^{s} \sum_{k=1}^{m_{j}}\left\langle x_{j}, e_{j k}\right\rangle E_{j k}\right) .
$$

We denote by $\pi_{j}: \mathbb{G} \rightarrow \mathbb{R}^{m_{j}}$ the projection, given in exponential coordinates as $\pi_{j}\left(x_{1}, \ldots, x_{s}\right)=x_{j}$.
The Haar measure on $\mathbb{G}$, obtained by pushing forward the Lebesgue measure on $\mathfrak{g}$, is translation invariant. In exponential coordinates, this is just the Lebesgue measure on $\mathbb{R}^{N}$. If we denote by $|E|$ the measure of a set $E$, then $\left|\delta_{r}(E)\right|=r^{Q}|E|$.

We can identify the Lie algebra $\mathfrak{g}$ with the tangent space $T_{o} \mathbb{G}$ of $\mathbb{G}$ at the neutral element $o \in \mathbb{G}$. For $U \in \mathfrak{g}$ we have a unique left invariant vector field $X=X_{U}$ on $\mathbb{G}$ which agrees with $U$ at $o$. Vector fields corresponding to vectors in $\mathfrak{v}_{j}$ span a vector bundle $V_{j}$ over $\mathbb{G}$ of dimension $m_{j}$ which varies smoothly from point to point. The hypothesis on the Lie algebra stratification implies that for all $j=1, \ldots, s$ sections of $V_{j}$ are obtained by taking linear combinations of commutators up to order $j$ of vector fields in the first layer $V_{1}$ (called the horizontal distribution). We denote by $H \mathbb{G}$ the horizontal distribution in $\mathbb{G}$.

Example 2.1. We model the Heisenberg group $\mathbb{H}^{n}$ with the polynomial group law on $\mathbb{R}^{2 n+1}$ given by

$$
p * q=\left(x_{1}+y_{1}, \ldots, x_{2 n}+y_{2 n}, x_{2 n+1}+y_{2 n+1}+\frac{1}{2} \sum_{j=1}^{n}\left(x_{j} y_{n+j}-x_{n+j} y_{j}\right)\right),
$$

where $p=\left(x_{1}, \ldots, x_{2 n+1}\right)$ and $q=\left(y_{1}, \ldots, y_{2 n+1}\right)$. This is a step two Carnot group of dimension $N=2 n+1$ with stratified Lie algebra $\mathfrak{g}=\mathfrak{v}_{1} \oplus \mathfrak{v}_{2}$, where $\mathfrak{v}_{1}$ and $\mathfrak{v}_{2}$ correspond to the vector bundles $V_{1}=\operatorname{span}\left\{X_{1}, X_{2 n}\right\}$ and $V_{2}=\operatorname{span}\left\{X_{2 n+1}\right\}$,

$$
X_{j}=\frac{\partial}{\partial x_{j}}-\frac{1}{2} x_{n+j} \frac{\partial}{\partial x_{2 n+1}} \text { and } X_{n+j}=\frac{\partial}{\partial x_{n+j}}+\frac{1}{2} x_{j} \frac{\partial}{\partial x_{2 n+1}} \text { for } j=1, \ldots, n
$$

and

$$
X_{2 n+1}=\frac{\partial}{\partial x_{2 n+1}} .
$$

The nontrivial commutation relations in $\mathfrak{g}$ are $\left[X_{j}, X_{n+j}\right]=X_{2 n+1}$ for each $j=1, \ldots, n$. The homogeneous dimension of $\mathbb{H}^{n}$ is $Q=2 n+2$.

Example 2.2. We model the Engel group $\mathbb{E}$ with the polynomial group law on $\mathbb{R}^{4}$ given by

$$
x * y=\left(x_{1}+y_{1}, x_{2}+y_{2}, x_{3}+y_{3}+x_{2} y_{1}, x_{4}+y_{4}+x_{3} y_{1}+\frac{1}{2} x_{2} y_{1}^{2}\right),
$$

where $x=\left(x_{1}, x_{2}, x_{3}, x_{4}\right)$ and $y=\left(y_{1}, y_{2}, y_{3}, y_{4}\right)$. This is a step three Carnot group of dimension $N=4$ with stratified Lie algebra $\mathfrak{g}=\mathfrak{v}_{1} \oplus \mathfrak{v}_{2} \oplus \mathfrak{v}_{3}$, where $\mathfrak{v}_{1}, \mathfrak{v}_{2}$ and $\mathfrak{v}_{3}$ correspond to the vector bundles $V_{1}=\operatorname{span}\left\{U_{1}, U_{2}\right\}, V_{2}=\operatorname{span}\{V\}$, and $V_{3}=\operatorname{span}\{W\}$,

$$
U_{1}=\frac{\partial}{\partial x_{1}}, \quad U_{2}=\frac{\partial}{\partial x_{2}}+x_{1} \frac{\partial}{\partial x_{3}}+\frac{1}{2} x_{1}^{2} \frac{\partial}{\partial x_{4}}, \quad V=\frac{\partial}{\partial x_{3}}+x_{1} \frac{\partial}{\partial x_{4}}, \quad \text { and } \quad W=\frac{\partial}{\partial x_{4}} .
$$

The nontrivial commutation relations are $\left[U_{1}, U_{2}\right]=V$ and $\left[U_{1}, V\right]=W$. The homogeneous dimension of $\mathbb{E}$ can easily be calculated as $Q=2+1 \cdot 2+1 \cdot 3=7$.
2.2. Carnot-Carathéodory metric. We equip $\mathfrak{v}_{1}$ with an inner product $\langle\cdot, \cdot\rangle$ (for instance, by restricting the above inner product on $\mathfrak{g}$ ) and extend it as a left invariant inner product on $V_{1}$. The Carnot-Carathéodory (CC) metric $d_{c c}$ is the standard sub-Riemannian metric defined using this inner product. For $x, y \in \mathbb{G}, d_{c c}(x, y)$ is the infimum of the lengths of all horizontal paths joining $x$ and $y$. Here an absolutely continuous path $\gamma:[0,1] \rightarrow \mathbb{G}$ is said to be horizontal if its tangents lie in the horizontal bundle $V_{1}$ almost everywhere, i.e., $\gamma^{\prime}(t) \in\left(V_{1}\right)_{\gamma(t)}$ for almost every $t \in[0,1]$, and the length of $\gamma$ is $\int_{0}^{1}\left\langle\gamma^{\prime}(t), \gamma^{\prime}(t)\right\rangle_{\gamma(t)}^{1 / 2} d t$. Note that because of the bracket generating property of $V_{1}$, and in view of Chow's theorem [9], [30], every pair of points $x, y \in \mathbb{G}$ can be joined by a horizontal path, whence $d_{c c}(x, y)$ is finite. The Carnot-Carathéodory metric is left invariant:

$$
d_{c c}(x * y, x * z)=d_{c c}(y, z) \text { for all } x, y, z \in \mathbb{G}
$$

and compatible with the dilations:

$$
d_{c c}\left(\delta_{r}(x), \delta_{r}(y)\right)=r d_{c c}(x, y) \text { for all } x, y \in \mathbb{G} \text { and } r>0
$$

We write $|x|_{c c}=d_{c c}(x, o)$ and $|x|_{E}=d_{E}(x, o)$. Observe that

$$
\begin{equation*}
|x|_{E} \leq|x|_{c c} \text { for all } x \in \mathbb{G}, \tag{2.2}
\end{equation*}
$$

with equality if $x=\left(x_{1}, 0, \ldots, 0\right)$ in exponential coordinates (since in this case $\gamma:[0,1] \rightarrow \mathbb{G}$, $\gamma(t)=\delta_{t}(x)$, is horizontal). An immediate consequence of (2.2) and (2.1) is the following fact:

$$
\begin{equation*}
\pi_{1}:\left(\mathbb{G}, d_{c c}\right) \rightarrow\left(\mathbb{R}^{m_{1}}, d_{E}\right) \text { is 1-Lipschitz. } \tag{2.3}
\end{equation*}
$$

Note that $\pi_{j}$ is never Lipschitz from $\left(\mathbb{G}, d_{c c}\right)$ to $\left(\mathbb{R}^{m_{j}}, d_{E}\right)$ when $j \geq 2$, see [9] or [30].
The topology generated by the Carnot-Carathéodory metric is the same as that defined by the Euclidean metric on the underlying space. However the two metrics are never bi-Lipschitz equivalent if $s>1$. If we denote by $B_{c c}(p, r)$ the CC ball centered at $p \in \mathbb{G}$ of radius $r>0$ we see that $\left|B_{c c}(p, r)\right|=r^{Q}\left|B_{c c}(0,1)\right|$ which implies that the Hausdorff dimension of $\mathbb{G}$ with respect to the CC metric is equal to $Q$. Evidently, $Q>N$ when $\mathbb{G}$ is nonabelian, i.e., $s>1$. For example,

$$
Q=2 n+2=\operatorname{dim}_{c c} \mathbb{H}^{n}>\operatorname{dim}_{E} \mathbb{H}^{n}=2 n+1=N
$$

In the case of the Engel group $\mathbb{E}$ the difference is even more dramatic:

$$
Q=7=\operatorname{dim}_{c c} \mathbb{E}>\operatorname{dim}_{E} \mathbb{E}=4=N
$$

One of the main goals of this paper is to compare the Hausdorff dimensions of arbitrary subsets of arbitrary Carnot groups as measured with the Euclidean versus the CC metric.
2.3. Hausdorff and box-counting dimensions. In order to state our main results let us quickly recall for the sake of completeness the definitions of Hausdorff measure and Hausdorff and boxcounting dimension in the general setting of a metric space ( $X, d$ ). (For more information see [21], [37], [44].) Given $A \subset X$, the diameter of $A$ is

$$
\operatorname{diam}_{(X, d)}(A)=\sup \{d(x, y): x, y \in A\}
$$

We write $\operatorname{diam}=\operatorname{diam}_{(X, d)}$ when there is no risk of confusion, and abbreviate $\operatorname{diam}_{E}=\operatorname{diam}_{\left(\mathbb{G}, d_{E}\right)}$ and $\operatorname{diam}_{c c}=\operatorname{diam}_{\left(\mathbb{G}, d_{c c}\right)}$.

For $0 \leq t<\infty, 0<\delta \leq \infty$ and $A \subset X$, the $t$-dimensional Hausdorff premeasure of $A$ is

$$
\mathcal{H}_{(X, d), \delta}^{t}(A)=\inf \sum_{i=1}^{\infty} \operatorname{diam}\left(A_{i}\right)^{t}
$$

where the infimum is taken over all coverings of $A$ by sets $\left\{A_{i}\right\}$ with diameter at most $\delta$. For fixed $t$ and $A$, the quantity $\mathcal{H}_{(X, d), \delta}^{t}(A)$ is non-decreasing in $\delta$; the quantity

$$
\mathcal{H}_{(X, d)}^{t}(A)=\mathcal{H}_{(X, d), 0}^{t}(A):=\sup _{\delta>0} \mathcal{H}_{(X, d), \delta}^{t}(A)
$$

is the $t$-dimensional Hausdorff measure of $A$. The Hausdorff dimension of $A$ is

$$
\operatorname{dim}_{(X, d)}^{H} A:=\inf \left\{t \geq 0: \mathcal{H}_{(X, d)}^{t}(A)=0\right\}
$$

As before we abbreviate $\mathcal{H}_{\left(\mathbb{G}, d_{E}\right), \delta}^{t}=\mathcal{H}_{E, \delta}^{t}$ and $\mathcal{H}_{\left(\mathbb{G}, d_{c c}\right), \delta}^{t}=\mathcal{H}_{c c, \delta}^{t}$ and write $\operatorname{dim}_{E}^{H}, \operatorname{dim}_{c c}^{H}$ for the corresponding Hausdorff dimensions.

Let us turn now to the definition of the box-counting dimension. For $\epsilon>0$ and a bounded set $A \subset X$ we let $N_{(X, d)}(A, \epsilon)$ be the minimum number of sets of diameter $\epsilon$ needed to cover $A$. The lower (resp. upper) box-counting dimension of $A$ is

$$
\underline{\operatorname{dim}}_{(X, d)}^{B} A:=\liminf _{\epsilon \rightarrow 0} \frac{\log N_{(X, d)}(A, \epsilon)}{\log 1 / \epsilon}
$$

resp.

$$
\overline{\operatorname{dim}}_{(X, d)}^{B} A:=\limsup _{\epsilon \rightarrow 0} \frac{\log N_{(X, d)}(A, \epsilon)}{\log 1 / \epsilon}
$$

and the box-counting dimension of $A$ is

$$
\operatorname{dim}_{(X, d)}^{B} A=\lim _{\epsilon \rightarrow 0} \frac{\log N_{(X, d)}(A, \epsilon)}{\log 1 / \epsilon}
$$

if the limit exists; we abbreviate $N_{\left(\mathbb{G}, d_{E}\right)}(A, \epsilon)=N_{E}(A, \epsilon), N_{\left(\mathbb{G}, d_{c c}\right)}(A, \epsilon)=N_{c c}(A, \epsilon)$ and write $\operatorname{dim}_{E}^{B}, \underline{\operatorname{dim}}_{c c}^{B}, \overline{\operatorname{dim}}_{E}^{B}, \overline{\operatorname{dim}}_{c c}^{B}, \operatorname{dim}_{E}^{B}, \operatorname{dim}_{c c}^{B}$ for the corresponding dimensions.

We record the basic estimates which relate Hausdorff and box counting dimensions in arbitrary metric spaces:

$$
\operatorname{dim}_{(X, d)}^{H} A \leq \underline{\operatorname{dim}}_{(X, d)}^{B} A \leq \overline{\operatorname{dim}}_{(X, d)}^{B} A
$$

for arbitrary bounded sets $A \subset X$. See, e.g., $[21,(3.17)]$ for the case $X=\mathbb{R}^{n}$.
The bulk of this paper concerns Hausdorff dimension. To soften the notation we write $\operatorname{dim}_{E}=$ $\operatorname{dim}_{E}^{H}, \operatorname{dim}_{c c}=\operatorname{dim}_{c c}^{H}$.
2.4. Statements of the main results and discussion. We define two functions $\beta_{ \pm}$which quantify the solution to Problem 1.2.

Definition 2.3. Let $\mathbb{G}$ be a step $s$ Carnot group with stratified Lie algebra $\mathfrak{g}=\mathfrak{v}_{1} \oplus \cdots \oplus \mathfrak{v}_{s}$. Denote by $m_{j}$ the dimension of $\mathfrak{v}_{j}$, and by $N$ (resp. $Q$ ) the topological (resp. homogeneous) dimension of $\mathbb{G}$. Let $m_{0}=m_{s+1}=0$. The lower dimension comparison function for $\mathbb{G}$ is the function $\beta_{-}=\beta_{-}^{\mathbb{G}}:[0, N] \rightarrow[0, Q]$ defined by

$$
\begin{equation*}
\beta_{-}(\alpha)=\sum_{j=0}^{\ell_{-}} j m_{j}+\left(1+\ell_{-}\right)\left(\alpha-\sum_{j=0}^{\ell_{-}} m_{j}\right) \tag{2.4}
\end{equation*}
$$

where $\ell_{-}=\ell_{-}(\alpha) \in\{0, \ldots, s-1\}$ is the unique integer satisfying

$$
\begin{equation*}
\sum_{j=0}^{\ell_{-}} m_{j}<\alpha \leq \sum_{j=0}^{1+\ell_{-}} m_{j} \tag{2.5}
\end{equation*}
$$

The upper dimension comparison function for $\mathbb{G}$ is the function $\beta_{+}=\beta_{+}^{\mathbb{G}}:[0, N] \rightarrow[0, Q]$ defined by

$$
\begin{equation*}
\beta_{+}(\alpha)=\sum_{j=\ell_{+}}^{s+1} j m_{j}+\left(-1+\ell_{+}\right)\left(\alpha-\sum_{j=\ell_{+}}^{s+1} m_{j}\right) \tag{2.6}
\end{equation*}
$$

where $\ell_{+}=\ell_{+}(\alpha) \in\{1, \ldots, s\}$ is the unique integer satisfying

$$
\begin{equation*}
\sum_{j=\ell_{+}}^{s+1} m_{j}<\alpha \leq \sum_{j=-1+\ell_{+}}^{s+1} m_{j} . \tag{2.7}
\end{equation*}
$$

With this notation in place, our first result is the following.
Theorem 2.4. In any Carnot group $\mathbb{G}$, we have

$$
\begin{equation*}
\beta_{-}\left(\operatorname{dim}_{E} A\right) \leq \operatorname{dim}_{c c} A \leq \beta_{+}\left(\operatorname{dim}_{E} A\right) \tag{2.8}
\end{equation*}
$$

for every $A \subset \mathbb{G}$. For bounded $A$, the inequalities in (2.8) hold also if Hausdorff dimension is replaced by either upper or lower box-counting dimension.

Let us comment on the formulae in (2.4) and (2.6). The first component $\sum_{j=0}^{\ell_{-}} j m_{j}$ in (2.4) can be interpreted as a weighted integer part of $\alpha$ with respect to the lowest possible strata in the stratification of the Lie algebra of $\mathbb{G}$. The second component $\left(1+\ell_{-}\right)\left(\alpha-\sum_{j=0}^{\ell_{-}} m_{j}\right)$ is the weighted fractional part of $\alpha$ with weight $1+\ell_{-}$. The upper dimension comparison function $\beta_{+}$has a dual interpretation starting from the highest possible strata.
Remark 2.5. In the case when $M=\mathbb{G}$ is a Carnot group, the formula in $[30, \S 0.6 . \mathrm{B}]$ for the CC Hausdorff dimension of a generic $k$-dimensional submanifold of a regular sub-Riemannian manifold $M$ precisely coincides with $\beta_{+}^{M}(k)$.

The proof of Theorem 2.4 relies on certain optimal covering lemmas relating mutual coverings of Euclidean balls by Carnot-Carathéodory balls and vice versa. Such covering lemmas can be viewed as extensions and generalizations of the Ball-Box theorem (Theorem 3.4).

The sharpness of Theorem 2.4 is demonstrated in our next statement.
Theorem 2.6. For all $0 \leq \alpha \leq N$ and $\beta_{-}(\alpha) \leq \beta \leq \beta_{+}(\alpha)$ there exists a bounded set $A_{\alpha, \beta} \subset \mathbb{G}$ with

$$
(\alpha, \beta)=\left(\operatorname{dim}_{E} A_{\alpha, \beta}, \operatorname{dim}_{c c} A_{\alpha, \beta}\right)=\left(\operatorname{dim}_{E}^{B} A_{\alpha, \beta}, \operatorname{dim}_{c c}^{B} A_{\alpha, \beta}\right)
$$

In Carnot groups, the underlying Euclidean metric plays the role of taming Riemannian metric. Gromov's problem (1.3) thus admits the solution

$$
\Delta(\mathbb{G})=\left\{(\alpha, \beta) \in[0, N] \times[0, Q]: \beta_{-}(\alpha) \leq \beta \leq \beta_{+}(\alpha)\right\} .
$$

Note that $\Delta(\mathbb{G})$ is a convex polygon since $\beta_{ \pm}$are monotone increasing piecewise linear. Furthermore, $\beta_{-}(\alpha) \leq \beta_{+}(\alpha)$ and $\beta_{+}(\alpha)=Q-\beta_{-}(N-\alpha)$ for all $\alpha \in[0, N]$.

The solution to Problem 1.2 in Carnot groups depends only on the dimensions of the Lie algebra strata, and not on the algebraic relations which hold therein. By way of contrast, the solution to Problem 1.1 (in currently known cases) depends on these algebraic relations. See subsection 8.1 for further discussion.

Figure 2 shows the solutions to Problem 1.2 in the Heisenberg and Engel groups: $\Delta\left(\mathbb{H}^{n}\right)$ is the convex domain in $\mathbb{R}^{2}$ bounded by the graphs of the functions $\beta_{+}(\alpha)=\min \{2 \alpha, \alpha+1\}$ and $\beta_{-}(\alpha)=\max \{\alpha, 2 \alpha-2 n\}$, while $\Delta(\mathbb{E})$ is the domain bounded by the graphs of the functions $\beta_{+}(\alpha)=\min \{3 \alpha, 2 \alpha+1, \alpha+3\}$ and $\beta_{-}(\alpha)=\max \{\alpha, 2 \alpha-2,3 \alpha-5\}$.

To prove Theorem 2.6 we note that it suffices to construct such sets $A_{\alpha, \beta}$ in case $\beta=\beta_{ \pm}(\alpha)$ and $\alpha \in[0, N]$. This follows from the monotonicity of Hausdorff dimension and the monotonicity of the functions $\beta_{ \pm}$. Indeed, assuming that such sets have been constructed in this case, for an arbitrary $(\alpha, \beta) \in \Delta(\mathbb{G})$, the set

$$
A_{\alpha, \beta}:=A_{\alpha, \beta_{-}(\alpha)} \cup A_{\left(\beta_{+}\right)^{-1}(\beta), \beta}
$$

satisfies $\operatorname{dim}_{E} A_{\alpha, \beta}=\operatorname{dim}_{E}^{B} A_{\alpha, \beta}=\alpha$ and $\operatorname{dim}_{c c} A_{\alpha, \beta}=\operatorname{dim}_{c c}^{B} A_{\alpha, \beta}=\beta$.
Intuitively a set $A$ with $\operatorname{dim}_{c c} A=\beta_{+}\left(\operatorname{dim}_{E} A\right)$ tends to be as vertical as possible in that it lies in the direction of higher strata in the Lie algebra. In contrast, $\operatorname{dim}_{c c} A=\beta_{-}\left(\operatorname{dim}_{E} A\right)$ means that


Figure 2. Dimension comparison plot in (a) the Heisenberg group $\mathbb{H}^{n}$; (b) the Engel group $\mathbb{E}$
$A$ is as horizontal as possible; $A$ lies in the direction of lower strata. Vertical sets are relatively easy to find, while horizontal sets are considerably more challenging. The difficulty stems from the non-integrability of the horizontal distribution $V_{1}$. Horizontal sets in two step groups were first constructed by Strichartz $[55,56]$ as $L^{\infty}$ graphs. Our approach realizes such sets via fractal geometry. We consider invariant sets for iterated function systems (IFS) comprised of CC selfsimilarities. Such sets are naturally tangent to lower strata. In the construction of horizontal sets our starting point is the following proposition.

Proposition 2.7. Let $F_{1}, \ldots, F_{M}$ be contracting similarities of $\mathbb{G}$ in the form $F_{i}(p)=p_{i} * \delta_{r_{i}}(p)$ for some $p_{i} \in \mathbb{G}$ and $r_{i}<1$. Let $f_{i}$ be the first layer projection of $F_{i}, f_{i}\left(p_{1}\right)=p_{i 1}+r_{i} p_{1}$, and assume that the IFS $\left\{f_{1}, \ldots, f_{M}\right\}$ on $\mathbb{R}^{m_{1}}$ satisfies the open set condition (see subsection 4.2 for the definition). Let $\alpha \in\left(0, m_{1}\right]$ be the similarity dimension for the system $\left\{f_{1}, \ldots, f_{M}\right\}$ and $\left\{F_{1}, \ldots, F_{M}\right\}$, e.g., $\alpha$ is the unique solution to the equation $\sum_{i=1}^{M} r_{i}^{\alpha}=1$. Then

$$
0<\mathcal{H}_{E}^{\alpha}(K) \quad \text { and } \quad \mathcal{H}_{c c}^{\alpha}(K)<\infty
$$

where $K$ denotes the invariant set for the $\operatorname{IFS}\left\{F_{1}, \ldots, F_{M}\right\}$. In particular, $\operatorname{dim}_{E} K=\operatorname{dim}_{c c} K=\alpha$.
Proposition 2.7 generates horizontal sets in the lowest stratum $\left(0 \leq \alpha \leq m_{1}\right)$. Note that in this range $\beta_{-}(\alpha)=\alpha$. To obtain horizontal sets in higher strata ( $\left.m_{1} \leq \alpha \leq N\right)$ as required by Theorem 2.6 we perform an iterative construction starting from a horizontal set $A_{m_{1}}$ of dimension $m_{1}$ and taking successive extensions of the IFS to higher strata. The precise statements in this direction are Theorem 4.6 and Proposition 4.11 in section 4.2 where we also review some basic results from the theory of iterated function systems that are needed for the proofs.

Proposition 2.7 also motivates our next result, on the almost sure horizontal nature of CC selfsimilar sets. While it is not true that arbitrary CC self-similar IFS in $\mathbb{G}$ satisfying the open set condition generate horizontal sets (as can be seen, for example, by considering Cantor sets along the vertical axis in $\mathbb{H}^{1}$ ), it is nevertheless true in a certain sense that generic IFS of this type have horizontal invariant sets. This claim is made more precise in the following theorem.

We consider CC self-similar IFS $\left\{F_{1}, \ldots, F_{M}\right\}$ on $\mathbb{G}$ consisting of maps of the form

$$
F_{i}(p)=p_{i} * \delta_{r_{i}}(p), \quad i=1, \ldots, M,
$$

and denote by $\mathbf{r}=\left(r_{1}, \ldots, r_{M}\right) \in(0,1)^{M}$ and $\mathbf{P}=\left(p_{1}, \ldots, p_{M}\right) \in \mathbb{G}^{M}$ the vectors of contraction ratios and translation parameters. We associate two numbers $\alpha=\alpha(\mathbf{r})$ and $\beta=\beta(\mathbf{r})$ as follows:

$$
\begin{equation*}
\beta(\mathbf{r})=\min \{Q, t\}, \tag{2.9}
\end{equation*}
$$

where $t$ is the unique nonnegative value satisfying $\sum_{i=1}^{M} r_{i}^{t}=1$, and

$$
\begin{equation*}
\alpha(\mathbf{r})=\left(\beta_{-}\right)^{-1}(\beta(\mathbf{r})) . \tag{2.10}
\end{equation*}
$$

We write $K(\mathbf{P})$ for the invariant set of the IFS $\left\{F_{1}, \ldots, F_{M}\right\}$. Theorem 2.8 gives precise dimension formulas for $K(\mathbf{P})$ for almost every $\mathbf{P} \in \mathbb{G}^{M}$ with respect to the $M$-fold product Haar measure on $\mathbb{G}^{M}$.

Theorem 2.8. Let $\mathbb{G}$ and $\mathbf{r}$ be as above, and let $\alpha=\alpha(\mathbf{r})$ and $\beta=\beta(\mathbf{r})$ be specified as in (2.10) and (2.9). If $r_{i}<\frac{1}{2}$ for all $i=1, \ldots, M$, then the following statements hold:
(a) $\operatorname{dim}_{c c} K(\mathbf{P}) \leq \beta$ for all $\mathbf{P} \in \mathbb{G}^{M}$,
(b) $\operatorname{dim}_{E} K(\mathbf{P}) \leq \alpha$ for all $\mathbf{P} \in \mathbb{G}^{M}$,
(c) $\operatorname{dim}_{c c} K(\mathbf{P})=\beta$ for a.e. $\mathbf{P} \in \mathbb{G}^{M}$,
(d) $\operatorname{dim}_{E} K(\mathbf{P})=\alpha$ for a.e. $\mathbf{P} \in \mathbb{G}^{M}$.

In particular, $\operatorname{dim}_{c c} K(\mathbf{P})=\beta_{-}\left(\operatorname{dim}_{E} K(\mathbf{P})\right)$ for a.e. $\mathbf{P} \in \mathbb{G}^{M}$. The same results hold if Hausdorff dimension is replaced by either upper or lower box-counting dimension, and the box-counting dimension exists for almost every $\mathbf{P}$.

In informal terms, Theorem 2.8 asserts that generic self-similar sets of a fixed Euclidean Hausdorff dimension in a Carnot group, are horizontal sets. One can contrast this with Remark 2.5, according to which generic submanifolds of fixed dimension are maximally nonhorizontal sets. Consider the collection of all subsets of a fixed Euclidean Hausdorff dimension in a Carnot group (or sub-Riemannian manifold). It would be interesting to understand the prevalence of horizontal or maximally nonhorizontal sets within this collection.

Note the close relation between Theorems 2.4 and 2.8. Inequality (a) follows from the general theory of iterated function systems on metric spaces, and (b) follows directly from (a) and Theorem 2.4:

$$
\operatorname{dim}_{E} K(\mathbf{P}) \leq\left(\beta_{-}\right)^{-1}\left(\operatorname{dim}_{c c} K(\mathbf{P})\right) \leq\left(\beta_{-}\right)^{-1}(\beta)=\alpha
$$

for every $\mathbf{P}$. Moreover, (c) follows directly from (d) and Theorem 2.4:

$$
\operatorname{dim}_{c c} K(\mathbf{P}) \geq \beta_{-}\left(\operatorname{dim}_{E} K(\mathbf{P})\right) \geq \beta_{-}(\alpha)=\beta
$$

for almost every $\mathbf{P}$. It thus suffices to prove (d), more precisely, to show that

$$
\operatorname{dim}_{E} K(\mathbf{P}) \geq \alpha
$$

for almost every $\mathbf{P} \in \mathbb{G}^{M}$. The (difficult) potential theoretic argument for this inequality is presented in section 5.2 ; it utilizes ideas and techniques from the corresponding theory of almost sure dimensions of self-affine sets due to Falconer [20, 22]. We note also that Theorem 2.8 provides another (albeit nonconstructive) alternative approach to Theorem 4.6 and Proposition 4.11 for proving the existence of horizontal sets for each value of $\alpha \in[0, N]$.

Example 2.9. We illustrate Proposition 2.7 by describing the $b$-adic Heisenberg cube. Fix a positive integer $b \geq 2$ and consider the following collection of $b^{2}$ contractive similarities:

$$
F_{k_{1} k_{2}}: \mathbb{H}^{1} \rightarrow \mathbb{H}^{1}, \quad F_{k_{1} k_{2}}(p)=p_{k_{1} k_{2}} * \delta_{1 / b}\left(p_{k_{1} k_{2}}^{-1} * p\right),
$$

where $k_{j} \in\{0, \ldots, b-1\}$ and $p_{k_{1} k_{2}}=\left(k_{1}, k_{2}, 0\right)$. Each such map is a similarity of $\mathbb{H}^{1}$ with contraction ratio $b^{-1}$, hence the collection $\left\{F_{k_{1} k_{2}}\right\}_{k_{1}, k_{2}=0, \ldots, b-1}$ defines a unique nonempty compact invariant set $Q_{b} \subset \mathbb{H}^{1}$ characterized by the identity

$$
Q_{b}=\bigcup_{k_{1}, k_{2}=0, \ldots, b-1} F_{k_{1} k_{2}}\left(Q_{b}\right) .
$$

Then $\operatorname{dim}_{E} Q_{b}=\operatorname{dim}_{c c} Q_{b}=2$. Figure 3 shows the 2 -adic Heisenberg square. Further analytical properties of the Heisenberg square and related fractals have been studied in detail in [4].


Figure 3. The 2-adic Heisenberg square $Q_{2} \subset \mathbb{H}^{1}$
In a similar fashion we may consider the following collection of $b^{4}$ contractive similarities:

$$
F_{k_{1} k_{2} k_{3}}: \mathbb{H}^{1} \rightarrow \mathbb{H}^{1}, \quad F_{k_{1} k_{2} k_{3}}(p)=p_{k_{1} k_{2} k_{3}} * \delta_{1 / b}\left(p_{k_{1} k_{2} k_{3}}^{-1} * p\right),
$$

where $k_{1}, k_{2} \in\{0, \ldots, b-1\}, k_{3} \in\left\{0, \ldots, b^{2}-1\right\}$ and $p_{k_{1} k_{2} k_{3}}=\left(k_{1}, k_{2}, k_{3}\right)$. Again, each such map is a similarity of $\mathbb{H}^{1}$ with contraction ratio $b^{-1}$ and the collection of these maps generates an invariant set $T_{b} \subset \mathbb{H}^{1}$ characterized by the identity

$$
\begin{equation*}
T_{b}=\bigcup_{\substack{k_{1}, k_{2}=0, \ldots, b-1 \\ k_{3}=0, \ldots, b^{2}-1}} F_{k_{1} k_{2} k_{3}}\left(T_{b}\right) . \tag{2.11}
\end{equation*}
$$

Then

$$
\begin{equation*}
\operatorname{dim}_{E} T_{b}=3 \tag{2.12}
\end{equation*}
$$

and

$$
\begin{equation*}
\operatorname{dim}_{c c} T_{b}=4 \tag{2.13}
\end{equation*}
$$

Equation 2.11 shows $\mathbb{H}^{1}$ may be tiled with congruent copies of $T_{b}$ (we emphasize that congruence here refers to isometric copies in the sub-Riemannian metric). Note that this tiling is a self-affine fractal tiling in the underlying Euclidean geometry. Strichartz [55], [56] was the first to consider tilings of this type in general two-step nilpotent Lie groups; see also Gelbrich [29].
Example 2.10. For further illustration, let us consider the following IFS generating an invariant set in $\mathbb{E}$ which we call the Engel square. With $x=\left(x_{1}, x_{2}, x_{3}, x_{4}\right)$ denoting a general element of $\mathbb{E}$ we note first that the Engel dilations take the form $\delta_{r}(x)=\left(r x_{1}, r x_{2}, r^{2} x_{3}, r^{3} x_{4}\right)$, while the group inverse of $x$ is $\left(-x_{1},-x_{2},-x_{3}+x_{1} x_{2},-x_{4}+x_{1} x_{3}-\frac{1}{2} x_{1}^{2} x_{2}\right)$. Consider the IFS $F_{1}(x)=\delta_{1 / 2}(x)$, $F_{2}(x)=p_{1} * \delta_{1 / 2}\left(p_{1}^{-1} * x\right), F_{3}(x)=p_{2} * \delta_{1 / 2}\left(p_{2}^{-1} * x\right)$, and $F_{4}(x)=p_{1} * p_{2} * \delta_{1 / 2}\left(p_{2}^{-1} * p_{1}^{-1} * x\right)$, where $p_{1}=(1,0,0,0)$ and $p_{2}=(0,1,0,0)$. It is clear that projection to the lowest stratum $\mathbb{R}^{2}$ gives a Euclidean IFS satisfying the open set condition whose invariant set is the unit square $[0,1]^{2}$. Let us denote by $Q$ the invariant set of $\left\{F_{1}, F_{2}, F_{3}, F_{4}\right\}$ which we call the Engel square. Then Proposition 2.7 gives $\operatorname{dim}_{c c} Q=\operatorname{dim}_{E} Q=2$. Note that $F_{3}$ and $F_{4}$ are quadratic maps, see (4.29) and (4.30). In Figure 4, we show the projections of $Q$ in the hyperplanes $x_{3}=0, x_{2}=0$ and $x_{1}=0$. The projection of $Q$ in the hyperplane $x_{4}=0$ coincides with the 2-adic Heisenberg square; see section 6 for further details on the relation between the Heisenberg and Engel groups.

As demonstrated in Example 2.10, an interesting corollary of Proposition 2.7, its more general cousin Proposition 4.11, and Theorem 2.8 is a formula for calculating the dimensions of invariant sets in the underlying Euclidean space for a certain class of nonlinear IFS, which are not necessarily even generated by Euclidean contractions. According to the Baker-Campbell-Hausdorff formula,




Figure 4. 3-dimensional projections of the Engel square
self-similarities of a step $s$ Carnot group are polynomial maps of degree $s-1$. This provides a novel approach for calculating dimension for a class of polynomial Euclidean IFS. In the Heisenberg group the relevant IFS are generated by affine maps. Dimension formulae for Euclidean self-affine sets have been obtained by Falconer [20, 22], and for Heisenberg horizontal self-affine sets by the first two authors [7].

## 3. Proof of Theorem 2.4

Denote by $\mathcal{H}_{E}^{\alpha}$, resp. $\mathcal{H}_{c c}^{\beta}$ the $\alpha$-, resp. $\beta$-dimensional Hausdorff measures with respect to the Euclidean, resp. CC, metric. The Hausdorff dimension statements in Theorem 2.4 are a consequence of the following inequalities relating these measures.

Proposition 3.1 (Hausdorff measure comparison). Let $0 \leq \alpha \leq N$ and $\beta_{ \pm}(\alpha)$ be as in Definition 2.3 and let $b>0$. There exists $L=L(\mathbb{G}, b)$ so that

$$
\begin{equation*}
\mathcal{H}_{c c}^{\beta_{+}(\alpha)}(A) / L \leq \mathcal{H}_{E}^{\alpha}(A) \leq L \mathcal{H}_{c c}^{\beta_{-}(\alpha)}(A) \tag{3.1}
\end{equation*}
$$

for all $A \subset B_{c c}(0, b)$, where $B_{c c}(0, R)$ denotes the CC ball of radius $R$ centered at the identity $0 \in \mathbb{G}$.
The inequalities in (3.1) immediately imply those in (2.8). Proposition 3.1 is established with the aid of the following ball covering lemma (compare also the Exercise in section 0.6.C of [30]):
Lemma 3.2 (Covering Lemma). Let $K \subset \mathbb{G}$ be a bounded set.
(a) For each $\ell \in\{2, \ldots, s\}$ there exists a constant $M_{+}=M_{+}(\ell, K)$ such that every Euclidean ball with radius $0<r<1$ can be covered by a collection of CC balls with radius $r^{1 /(\ell-1)}$ of cardinality no more than $M_{+} / r^{\lambda_{+}(\ell)}$, where

$$
\lambda_{+}(\ell):=\frac{1}{\ell-1} \sum_{j=\ell}^{s+1} j m_{j}-\sum_{j=\ell}^{s+1} m_{j} .
$$

(b) For each $\ell \in\{1, \ldots, s-1\}$ there exists a constant $M_{-}=M_{-}(\ell, K)$ such that every $C C$ ball with radius $0<r<1$ can be covered by a collection of Euclidean balls with radius $r^{\ell+1}$ of cardinality no more than $M_{-} / r^{\lambda-(\ell)}$, where

$$
\lambda_{-}(\ell):=(\ell+1) \sum_{j=0}^{\ell} m_{j}-\sum_{j=0}^{\ell} j m_{j} .
$$

For proving Lemma 3.2 we require some preliminary results. First we establish a Euclidean distortion estimate for left translation in Carnot groups.

Lemma 3.3 (Euclidean distortion). Let $K_{1}$ and $K_{2}$ be bounded subsets of $\mathbb{G}$. Then there exists a constant $C_{1}\left(K_{1}, K_{2}\right)$ so that

$$
\begin{equation*}
d_{E}\left(p * q, p * q_{0}\right) \leq C_{1}\left(K_{1}, K_{2}\right) d_{E}\left(q, q_{0}\right) \tag{3.2}
\end{equation*}
$$

whenever $p \in K_{1}$ and $q, q_{0} \in K_{2}$. In particular, if $p$ and $q$ are points in a compact set $K \subset \mathbb{G}$, then

$$
\begin{equation*}
d_{E}\left(p^{-1} * q, 0\right) \leq C_{1}(K) d_{E}(q, p) \tag{3.3}
\end{equation*}
$$

where $C_{1}(K)=C_{1}\left(K^{-1}, K\right)$, and

$$
\begin{equation*}
p^{-1} * B_{E}(p, r) \subseteq B_{E}\left(0, C_{1}(K) r\right) \tag{3.4}
\end{equation*}
$$

Proof. Inequality (3.2) follows from the structure of the Baker-Campbell-Hausdorff formula, which implies that for fixed $p \in \mathbb{G}$, the coordinate expressions of the map $h: \mathbb{G} \rightarrow \mathbb{G}$ given by $h(q)=$ $p * q-p * q_{0}$, are polynomials of degree at most $s-1$ and $h\left(q_{0}\right)=0$. Inequality (3.3) and inclusion (3.4) are easy consequences.

In the proof of Lemma 3.2, we shall primarily work with boxes instead of balls. We recall below the notion of boxes in the Euclidean and Carnot metrics and their relation to balls.

The Euclidean box with center 0 and radius $r$ is the $N$-cube $\operatorname{Box}_{E}(0, r)=[-r, r]^{N}$ and the Euclidean box with center $p \in G$ and radius $r$ is the translated cube $\operatorname{Box}_{E}(p, r)=p+\operatorname{Box}_{E}(0, r)$. We introduce the Carnot box with center 0 and radius $r$ as the set

$$
\operatorname{Box}_{c c}(0, r)=[-r, r]^{m_{1}} \times\left[-r^{2}, r^{2}\right]^{m_{2}} \times \cdots \times\left[-r^{s}, r^{s}\right]^{m_{s}},
$$

and the Carnot box with center $p \in \mathbb{G}$ and radius $r$ as the translated box $\operatorname{Box}_{c c}(p, r)=p * \operatorname{Box}_{c c}(0, r)$.
Note that, for $r \ll 1$, the Carnot box is much flatter in nonhorizontal directions than its Euclidean counterpart. In fact

$$
\operatorname{Vol}\left(\operatorname{Box}_{c c}(0, r)\right)=2^{N} r^{Q} \ll 2^{N} r^{N}=\operatorname{Vol}\left(\operatorname{Box}_{E}(0, r)\right) .
$$

Note also that that the Carnot box with center $p \neq 0$ is twisted and not a Cartesian product as is the case for its Euclidean counterpart.

The fundamental result relating Carnot balls and Carnot boxes is the Ball-Box Theorem, see Montgomery [47, Theorem 2.10] or Gromov [30, 0.5.A]. For future reference, we also record the Ball-Box Theorem in the Euclidean setting.
Theorem 3.4 (Ball-Box Theorem). For all $r>0$, we have

$$
\begin{equation*}
\operatorname{Box}_{E}(p, r / \sqrt{N}) \subset B_{E}(p, r) \subset \operatorname{Box}_{E}(p, r) \tag{3.5}
\end{equation*}
$$

Moreover, there exists a constant $C_{B B} \geq 1$ so that

$$
\begin{equation*}
\operatorname{Box}_{c c}\left(p, r / C_{B B}\right) \subset B_{c c}(p, r) \subset \operatorname{Box}_{c c}\left(p, C_{B B} r\right) \tag{3.6}
\end{equation*}
$$

for all $r>0$.
The following covering theorem, see [44], [31, Chapter 1] is a useful tool for constructing efficient coverings with balls in metric spaces.

Theorem 3.5 (5r Covering Theorem for Balls). Every family $\mathcal{F}$ of closed balls with uniformly bounded radius in a separable metric space $X$ contains a pairwise disjoint subfamily $\mathcal{G}$ such that

$$
\bigcup_{B \in \mathcal{F}} B \subset \bigcup_{B \in \mathcal{G}} 5 B
$$

where $5 B=B(p, 5 r)$ when $B=B(p, r)$ is the ball centered at $p \in X$ with radius $r>0$.
The proof of Lemma 3.2 uses the following covering theorem for Carnot boxes which is a straightforward consequence of the $5 r$ Covering Theorem for balls and the Ball-Box Theorem.

Lemma 3.6 (Covering Theorem for Boxes). Fix $r>0$, then every subset $A \subset \mathbb{G}$ can be covered by a family of boxes $\left\{\operatorname{Box}_{c c}(p, r): p \in A^{\prime}\right\}$, where $A^{\prime} \subset A$, so that the family $\left\{\operatorname{Box}_{c c}\left(p, r / 5 C_{B B}^{2}\right): p \in A^{\prime}\right\}$ is pairwise disjoint.
Proof. Let $\mathcal{F}=\left\{B_{c c}\left(p, r / C_{B B}\right): p \in A\right\}$ and let $\mathcal{G}=\left\{B_{c c}\left(p, r / 5 C_{B B}\right): p \in A^{\prime}\right\}$ be the pairwise disjoint subfamily whose existence is guaranteed by Theorem 3.5 applied in the metric space ( $\mathbb{G}, d_{c c}$ ). Then it follows that

$$
A \subset \bigcup_{p \in A^{\prime}} B_{c c}\left(p, r / C_{B B}\right) .
$$

The Ball-Box Theorem, specifically (3.6), yields that $\left\{\operatorname{Box}_{c c}(p, r): p \in A^{\prime}\right\}$ is a covering of $A$, and also that $\left\{\operatorname{Box}_{c c}\left(p, r / 5 C_{B B}^{2}\right): p \in A^{\prime}\right\}$ is pairwise disjoint. This completes the proof.

With these preparations at hand, we commence the proof of Lemma 3.2.
Proof of Lemma 3.2. We first prove (b) as (a) requires a more subtle argument due to the twisting involved in the definition of Carnot boxes. The proof of (b) is accomplished in two stages. Let $B_{c c}(p, r)$ be a CC ball with radius $0<r<1$. In the first stage we assume that $p=0$ and estimate the number of Euclidean boxes $\operatorname{Box}_{E}\left(q, r^{\ell+1}\right)$ needed to cover the Carnot box $\operatorname{Box}_{c c}(0, r)$ where the centers $q$ lie in $\operatorname{Box}_{c c}(0, r)$. To do so, first observe that since $\operatorname{Box}_{c c}(0, r)$ is compact, we may assume the centers of these boxes lie in a finite set $I \subset \operatorname{Box}_{c c}(0, r)$. Next observe that both $\operatorname{Box}_{c c}(0, r)$ and $\operatorname{Box}_{E}\left(q, r^{\ell+1}\right)$ have the structure of a Cartesian product of intervals. The sides of $\operatorname{Box}_{E}\left(q, r^{\ell+1}\right)$ all have length $2 r^{\ell+1}$, while the lengths of the sides of $\operatorname{Box}_{c c}(0, r)$ vary according to the strata dimensions of the Lie algebra of $\mathbb{G}$. To estimate the cardinality $\# I$ of $I$, we simply multiply together the number of intervals of length $2 r^{\ell+1}$ needed to cover intervals of length $2 r$ ( $m_{1}$ times), $2 r^{2}$ ( $m_{2}$ times), and so on. Note that since $r<1$, it follows that $2 r^{j} \leq 2 r^{\ell+1}$ when $j \geq \ell+1$, and so we only require one interval of length $2 r^{\ell+1}$ to cover each of the intervals coming from the $(j+1)$-st through $s$-th layers of $\operatorname{Box}_{c c}(0, r)$. Thus

$$
\begin{align*}
\# I & =\prod_{j=0}^{s}\left(\left[\frac{r^{j}}{r^{\ell+1}}\right]+1\right)^{m_{j}}=\prod_{j=0}^{\ell+1}\left(\left[\frac{r^{j}}{r^{\ell+1}}\right]+1\right)^{m_{j}}  \tag{3.7}\\
& \leq \prod_{j=0}^{\ell+1}\left(\frac{r^{j}+r^{\ell+1}}{r^{\ell+1}}\right)^{m_{j}} \leq \prod_{j=0}^{\ell+1}\left(\frac{2 r^{j}}{r^{\ell+1}}\right)^{m_{j}}=\frac{2^{\sum_{j=0}^{\ell+1} m_{j}}}{r^{\lambda_{-}(\ell)}} .
\end{align*}
$$

An application of the Ball-Box theorem completes the proof in the first stage.
In the second stage, we extend the above to general Carnot boxes $\operatorname{Box}_{c c}(p, r)$. First, we note that (3.6), the statement from the first stage, (3.5), and Lemma 3.3 show that

$$
\begin{aligned}
B_{c c}\left(q, r / N^{\frac{1}{2(\ell+1)}} C_{1}(K)^{\frac{1}{\ell+1}} C_{B B}\right) & \subset\left(\operatorname{Box}_{c c}\left(q, r / N^{\frac{1}{2(\ell+1)}} C_{1}(K)^{\frac{1}{\ell+1}}\right)\right) \\
& \subset q *\left(\bigcup_{p^{\prime} \in I} \operatorname{Box}_{E}\left(p^{\prime}, r^{\ell+1} / N^{\frac{1}{2}} C_{1}(K)\right)\right) \\
& \subset q *\left(\bigcup_{p^{\prime} \in I} B_{E}\left(p^{\prime}, r^{\ell+1} / C_{1}(K)\right)\right) \\
& \left.\subset \bigcup_{p^{\prime} \in I} B_{E}\left(q * p^{\prime}, r^{\ell+1}\right)\right) .
\end{aligned}
$$

Since $B_{c c}(p, r)$ is compact, there is a finite subset $J \subset B_{c c}(p, r)$ such that

$$
B_{c c}(p, r) \subset \bigcup_{q \in J} B_{c c}\left(q, r / 2^{\frac{1}{2(\ell+1)}} C_{1}(K)^{\frac{1}{\ell+1}} C_{B B}\right) \subset \bigcup_{q \in J} \bigcup_{p^{\prime} \in I} B_{E}\left(q * p^{\prime}, r^{\ell+1}\right)
$$

By the above $5 r$ covering theorem in combination with a volume counting argument we see that $\# J$ depends only on the constant $2^{\frac{1}{2(\ell+1)}} C_{1}(K)^{\frac{1}{\ell+1}} C_{B B}$. Letting $M_{-}=(\# J) 2^{\sum_{j=0}^{\ell+1} m_{j}}$ and using (3.7) completes the proof of (b).

We now turn to the proof of (a). Let $B_{E}(p, r)$ be a Euclidean ball with radius $0<r<1$. In the first stage of the proof we assume again that $p=0$ and estimate the number of Carnot boxes of the form $\operatorname{Box}_{c c}\left(q, r^{\frac{1}{\ell-1}}\right)$ that are required to cover the Euclidean box $\operatorname{Box}_{E}(0, r)=[-r, r]^{N}$. Since the Carnot boxes $\operatorname{Box}_{c c}\left(q, r^{\frac{1}{\ell-1}}\right)$ are twisted and do not have a simple Cartesian structure, we cannot employ the rectilinear covering argument used in the proof of (b). Instead we use volume estimates arising from Lemma 3.6 in the following manner. First note that if $0<r<1$ and $\ell \in\{2, \ldots, s\}$, then

$$
\operatorname{Box}_{c c}\left(0, r^{\frac{1}{\ell-1}}\right) \supseteq[-r, r]^{\sum_{j=0}^{\ell-1} m_{j}} \times\left[-r^{\frac{\ell}{\ell-1}}, r^{\frac{\ell}{\ell-1}}\right]^{m_{\ell}} \times \cdots \times\left[-r^{\frac{s}{\ell-1}}, r^{\frac{s}{\ell-1}}\right]^{m_{s}}
$$

It follows that if we are to cover $\operatorname{Box}_{E}(0, r)$ with Carnot boxes of the form of $\operatorname{Box}_{c c}\left(q, r^{\frac{1}{\ell-1}}\right)$, we need only consider centers $q$ for which the coordinates vanish up to the $(\ell-1)$-st layer, in particular

$$
q \in \widehat{\operatorname{Box}}_{E}(0, r)=\left\{q \in \operatorname{Box}_{E}(0, r): q=\left(0, \ldots, 0, x_{\ell}, \ldots, x_{s}\right)\right\}
$$

where $x_{k}=\left(x_{k 1}, \ldots, x_{k m_{k}}\right) \in \mathbb{R}^{m_{k}}$. By compactness and Lemma 3.6, there is a finite set $I \subset$ $\widehat{\operatorname{Box}}_{E}(0, r)$ so that

$$
\begin{equation*}
\left\{\operatorname{Box}_{c c}\left(p, r^{\frac{1}{\ell-1}}\right): p \in I\right\} \tag{3.8}
\end{equation*}
$$

covers $\operatorname{Box}_{E}(0, r)$ and the elements of

$$
\begin{equation*}
\left\{\operatorname{Box}_{c c}\left(p, r^{\frac{1}{1-1}} / 5 C_{B B}^{2}\right): p \in I\right\} \tag{3.9}
\end{equation*}
$$

are pairwise disjoint.
Let us note that the union of the elements in the family appearing in (3.8) is in general a larger set than $\operatorname{Box}_{E}(0, r)$ and will be denoted by $\Omega$.

If $p \in \widehat{\operatorname{Box}}_{E}(0, r)$ and $q \in \operatorname{Box}_{c c}\left(0, r^{\frac{1}{\ell-1}}\right)$, then the Baker-Campbell-Hausdorff formula and an argument similar to the one in the proof of Lemma 3.3, show that there is a constant $C_{2}(K)$ such that $p * q \in \tilde{\Omega}$ where

$$
\begin{aligned}
\tilde{\Omega}= & {\left[-r^{\frac{1}{\ell-1}}, r^{\frac{1}{\ell-1}}\right]^{m_{1}} \times \cdots \times\left[-r^{\frac{\ell-2}{\ell-1}}, r^{\frac{\ell-2}{\ell-1}}\right]^{m_{\ell-2}} } \\
& \times[-r, r]^{m_{\ell-1}} \times\left[-C_{2}(K) r, C_{2}(K) r\right]^{\sum_{j=\ell}^{s+1} m_{j}} .
\end{aligned}
$$

It follows that $\operatorname{Box}_{E}(0, r) \subset \Omega \subset \tilde{\Omega}$, and since the family appearing in (3.9) is pairwise disjoint, we have

$$
(\# I) \frac{2^{N} r^{\frac{Q}{\ell-1}}}{\left(5 C_{B B}^{2}\right)^{Q}} \leq \operatorname{Vol}(\Omega) \leq \operatorname{Vol}(\tilde{\Omega})=2^{N} C_{2}(K)^{\sum_{j=\ell}^{s+1} m_{j}} r^{\frac{1}{\ell-1} \sum_{j=0}^{\ell-2} j m_{j}+\sum_{j=\ell-1}^{s+1} m_{j}},
$$

which implies

$$
\begin{equation*}
\# I \leq\left(5 C_{B B}^{2}\right)^{Q} C_{2}(K)^{\sum_{j=\ell}^{s+1} m_{j}} \frac{1}{r^{\lambda_{+}(\ell)}} \tag{3.10}
\end{equation*}
$$

Since $B_{E}(0, r) \subset \operatorname{Box}_{E}(0, r)$ the proof in the first stage is complete. Again, in the second stage of the proof we extend to the case of general centers. To begin, let $p$ be an arbitrary point in $K$; since $B_{E}(p, r)$ is compact, there is a finite set $J \subset B_{E}(p, r)$ so that

$$
B_{E}(p, r) \subset \bigcup_{q \in J} B_{E}\left(q, r / C_{B B}^{\ell-1} C_{1}(K)\right),
$$

where $\# J$ depends only on the constant $C_{B B}^{\ell-1} C_{1}(K)$ as follows from the $5 r$ covering theorem and counting.

Using Lemma 3.3, (3.5), the result from the first stage and (3.6), it follows that

$$
\begin{aligned}
q^{-1} *\left(B_{E}\left(q, r / C_{B B}^{\ell-1} C_{1}(K)\right)\right) & \subset B_{E}\left(0, r / C_{B B}^{\ell-1}\right) \subset \operatorname{Box}_{E}\left(0, r / C_{B B}^{\ell-1}\right) \\
& \subset \bigcup_{p^{\prime} \in I} \operatorname{Box}_{c c}\left(p^{\prime}, r^{\frac{1}{\ell-1}} / C_{B B}\right) \\
& \subset \bigcup_{p^{\prime} \in I} B_{c c}\left(p^{\prime}, r^{\frac{1}{\ell-1}}\right)
\end{aligned}
$$

hence

$$
B_{E}\left(q, r / C_{B B}^{\ell-1} C_{1}(K)\right) \subset \bigcup_{p^{\prime} \in I} B_{c c}\left(q * p^{\prime}, r^{\frac{1}{\ell-1}}\right)
$$

and

$$
B_{E}(p, r)=\bigcup_{q \in J} \bigcup_{p^{\prime} \in I} B_{c c}\left(q * p^{\prime}, r^{\frac{1}{\ell-1}}\right)
$$

Letting $M_{+}=(\# J)\left(5 C_{B B}^{2}\right)^{Q} C_{2}(K)^{\sum_{j=\ell}^{s+1} m_{j}}$ and using (3.10) completes the proof.
Next we make preparations for the proof of Proposition 3.1. First we introduce the $\alpha$-dimensional spherical Hausdorff premeasure of $A$ which is defined in a similar way to the Hausdorff premeasure. It is given by

$$
\mathcal{S}_{(X, d), \delta}^{\alpha}(A)=\inf \sum_{i=1}^{\infty} \operatorname{diam}\left(B\left(p_{i}, r_{i}\right)\right)^{\alpha},
$$

where the infimum is taken over all coverings of $A$ by metric balls $\left\{B\left(p_{i}, r_{i}\right)\right\}$ with diameter at most $\delta$. For fixed $\alpha$ and $A$, the quantity $\mathcal{S}_{(X, d), \delta}^{\alpha}(A)$ is non-decreasing in $\delta$ and we let

$$
\mathcal{S}_{(X, d)}^{\alpha}(A)=\mathcal{S}_{(X, d), 0}^{\alpha}(A):=\sup _{\delta>0} \mathcal{S}_{(X, d), \delta}^{\alpha}(A)
$$

be the $\alpha$-dimensional spherical Hausdorff measure of $A$. The relationship between Hausdorff measure and spherical Hausdorff measure is summarized in the following proposition, see [44].

Proposition 3.7. For each $\alpha, \mathcal{H}_{(X, d)}^{\alpha}$ and $\mathcal{S}_{(X, d)}^{\alpha}$ are Borel regular (outer) measures on ( $X, d$ ). Moreover,

$$
\mathcal{H}_{(X, d)}^{\alpha}(A) \leq \mathcal{S}_{(X, d)}^{\alpha}(A) \leq 2^{\alpha} \mathcal{H}_{(X, d)}^{\alpha}(A)
$$

for all $A \subset X$.
Proposition 3.7 shows that up to a multiplicative constant, the same value is obtained if the Hausdorff measure $\mathcal{H}_{(X, d)}^{\alpha}$ is replaced by its spherical counterpart $\mathcal{S}_{(X, d)}^{\alpha}$. In particular, the associated notions of Hausdorff dimension and spherical Hausdorff dimension coincide. We replace the subscript ( $X, d$ ) with $E$ or $c c$ when $d$ is the Euclidean or Carnot-Carathéodory metric. We now commence the proof of Proposition 3.1.
Proof of Proposition 3.1. First we prove the existence of a constant $L_{1}=L_{1}(\mathbb{G}, b)$ such that $\mathcal{H}_{c c}^{\beta_{+}(\alpha)}(A) / L_{1} \leq \mathcal{H}_{E}^{\alpha}(A)$ for every $A \subset B_{c c}(0, b)$. Let $\mathcal{F}_{E}=\left\{B_{E}\left(p_{i}, r_{i}\right)\right\}_{i=1}^{\infty}$ be an arbitrary covering of $A$ with Euclidean balls such that $0<r_{i}<\delta / 2<1$ and let $\ell \in\{2, \ldots, s\}$; part (a) of Lemma 3.2 implies that

$$
A \subset \bigcup_{i=1}^{\infty} B_{E}\left(p_{i}, r_{i}\right) \subset \bigcup_{i=1}^{\infty} \bigcup_{j=1}^{n} B_{c c}\left(p_{i j}, r_{i}^{\frac{1}{\ell-1}}\right)
$$

for a suitable family of CC balls $\left\{B_{c c}\left(p_{i j}, r_{i}^{\frac{1}{p-1}}\right): j=1, \ldots, n\right\}$, where

$$
n \leq \frac{M_{+}(b)}{r_{i}^{\lambda_{+}(\ell)}} .
$$

It follows that

$$
\begin{aligned}
\mathcal{S}_{c c, \delta}^{(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right)}(A) & \leq \sum_{i=1}^{\infty} \sum_{j=1}^{n}\left(2 r_{i}^{\frac{1}{\ell-1}}\right)^{(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right)} \\
& \leq M_{+}(b) 2^{(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right)} \sum_{i=1}^{\infty} r_{i}^{\alpha} \\
& =M_{+}(b) 2^{(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right)-\alpha} \sum_{i=1}^{\infty}\left(\operatorname{diam}_{E} B_{E}\left(p_{i}, r_{i}\right)\right)^{\alpha} .
\end{aligned}
$$

Since $\mathcal{F}_{E}$ was arbitrary, we conclude that

$$
\mathcal{S}_{c c, \delta}^{(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right)}(A) \leq M_{+}(b) 2^{(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right)-\alpha} \mathcal{S}_{E, \delta}^{\alpha}(A)
$$

Letting $\delta \rightarrow 0$, it follows that

$$
\mathcal{S}_{c c}^{(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right)}(A) \leq M_{+}(b) 2^{(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right)-\alpha} \mathcal{S}_{E}^{\alpha}(A),
$$

and by Proposition 3.7 we have

$$
\begin{equation*}
\mathcal{H}_{c c}^{(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right)}(A) \leq M_{+}(b) 2^{(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right)} \mathcal{H}_{E}^{\alpha}(A) . \tag{3.11}
\end{equation*}
$$

When $\ell=\ell_{+}$is the value in (2.7) we have

$$
\begin{equation*}
\beta_{+}(\alpha)=(\ell-1)\left(\alpha+\lambda_{+}(\ell)\right), \tag{3.12}
\end{equation*}
$$

and (3.11) becomes

$$
\begin{equation*}
\mathcal{H}_{c c}^{\beta_{+}(\alpha)}(A) \leq M_{+}(b) 2^{\beta_{+}(\alpha)} \mathcal{H}_{E}^{\alpha}(A) \leq L_{1} \mathcal{H}_{E}^{\alpha}(A) \tag{3.13}
\end{equation*}
$$

where $L_{1}=M_{+}(b) 2^{Q}$.
Next we prove the existence of a constant $L_{2}=L_{2}(\mathbb{G}, b)$ such that $\mathcal{H}_{E}^{\alpha}(A) \leq L_{2} \mathcal{H}_{c c}^{\beta-(\alpha)}(A)$ for every $A \subset B_{c c}(0, b)$. Let $\mathcal{F}_{c c}=\left\{B_{c c}\left(p_{i}, r_{i}\right)\right\}_{i=1}^{\infty}$ be an arbitrary covering of $A$ with Carnot balls such that $0<r_{i}<\delta / 2$ and let $\ell \in\{1, \ldots, s-1\}$; Lemma 3.2 implies that

$$
A \subset \bigcup_{i=1}^{\infty} B_{c c}\left(p_{i}, r_{i}\right) \subset \bigcup_{i=1}^{\infty} \bigcup_{j=1}^{n} B_{E}\left(p_{i j}, r_{i}^{\ell+1}\right)
$$

for a suitable family of Euclidean balls $\left\{B_{E}\left(p_{i j}, r_{i}^{\ell+1}\right): j=1, \ldots, n\right\}$, where

$$
n \leq \frac{M_{-}(b)}{r_{i}^{\lambda_{-}}(\ell)} .
$$

Since $\mathbb{G}$ is connected, $\operatorname{diam}_{c c} B_{c c}(p, r) \geq r$ for every $p \in \mathbb{G}$ and $r>0$, and

$$
\mathcal{S}_{E, \delta}^{\alpha}(A) \leq \sum_{i=1}^{\infty} \sum_{j=1}^{n}\left(2 r_{i}^{\ell+1}\right)^{\alpha} \leq 2^{\alpha} M_{-}(b) \sum_{i=1}^{\infty}\left(\operatorname{diam}_{c c} B_{c c}\left(p_{i}, r_{i}\right)\right)^{(\ell+1) \alpha-\lambda-(\ell)},
$$

and since $\mathcal{F}_{c c}$ was arbitrary, we have

$$
\mathcal{S}_{E, \delta}^{\alpha}(A) \leq 2^{\alpha} M_{-}(b) \mathcal{S}_{c c, \delta}^{(\ell+1) \alpha-\lambda_{-}(\ell)}(A)
$$

Letting $\delta \rightarrow 0$, it follows that

$$
\mathcal{S}_{E}^{\alpha}(A) \leq 2^{\alpha} M_{-}(b) \mathcal{S}_{c c}^{(\ell+1) \alpha-\lambda_{-}(\ell)}(A),
$$

and by Proposition 3.7 we have

$$
\begin{equation*}
\mathcal{H}_{E}^{\alpha}(A) \leq 2^{\alpha+\alpha(\ell+1)-\lambda_{-}(\ell)} M_{-}(b) \mathcal{H}_{c c}^{(\ell+1) \alpha-\lambda_{-}(\ell)}(A) \tag{3.14}
\end{equation*}
$$

When $\ell=\ell_{-}$is the value in (2.5) we have

$$
\begin{equation*}
\beta_{-}(\alpha)=(\ell+1) \alpha-\lambda_{-}(\ell), \tag{3.15}
\end{equation*}
$$

and (3.14) becomes

$$
\begin{equation*}
\mathcal{H}_{E}^{\alpha}(A) \leq 2^{\alpha+\beta_{-}(\alpha)} M_{-}(b) \mathcal{H}_{c c}^{\beta_{-}(\alpha)}(A) \leq L_{2} \mathcal{H}_{c c}^{\beta_{-}(\alpha)}(A) \tag{3.16}
\end{equation*}
$$

where $L_{2}=M_{-}(b) 2^{N+Q}$. Letting $L=\max \left\{M_{+}(b) 2^{Q}, M_{-}(b) 2^{N+Q}\right\}$ and combining (3.13) with (3.16) completes the proof of Proposition 3.1.

The proofs of the box-counting dimension statements in Theorem 2.4 also use the covering lemma 3.2. We shall briefly indicate below a sketch of the proof for the box-counting dimension. The first step is to deduce from Lemma 3.2(a) the estimate

$$
N_{c c}\left(A, \epsilon^{\frac{1}{\ell-1}}\right) \leq \frac{M_{+}}{\epsilon^{\lambda+}(\ell)} N_{E}(A, \epsilon)
$$

for any bounded set $A \subset \mathbb{G}, \epsilon>0$ and $\ell \in\{2, \ldots, s-1\}$.
Using the above estimate it is easy to compute the upper and lower logarithmic rates of growth:

$$
\frac{1}{\ell-1} \overline{\operatorname{dim}}_{c c}^{B}(A) \leq \overline{\operatorname{dim}}_{E}^{B}(A)+\lambda_{+}(\ell)
$$

and

$$
\frac{1}{\ell-1} \operatorname{dim}_{c c}^{B}(A) \leq \underline{\operatorname{dim}}_{E}^{B}(A)+\lambda_{+}(\ell)
$$

The right hand inequality in (2.8) for upper/lower box counting dimension now follows by choosing $\ell=\ell_{+}$and using (3.12) which gives

$$
\overline{\operatorname{dim}}_{c c}^{B}(A) \leq \beta_{+}\left(\overline{\operatorname{dim}}_{E}^{B}(A)\right)
$$

and

$$
\overline{\operatorname{dim}}_{c c}^{B}(A) \leq \beta_{+}\left(\overline{\operatorname{dim}}_{E}^{B}(A)\right) .
$$

The proof of the left hand inequality in (2.8) is similar, starting from the estimate

$$
N_{E}\left(A, \epsilon^{\ell+1}\right) \leq \frac{M_{-}}{\epsilon^{\lambda-(\ell)}} N_{c c}(A, \epsilon) .
$$

We leave the details as an exercise to the reader.

## 4. Proof of Theorem 2.6

This section is divided into two parts. In the first part, we construct examples of vertical sets demonstrating sharpness of the upper dimension comparison function, while in the second (more complicated) part, we construct examples of horizontal sets demonstrating sharpness of the lower dimension comparison function.

Throughout this section and the next we make extensive use of the precise form of the group law in $\mathbb{G}$ as specified by the Baker-Campbell-Hausdorff formula. The key observation, which catalyzes our computations, is that the $j$-th layer expression in the group law is Euclidean in the $j$-th layer variable, sheared by polynomial maps in the lower strata variables. More precisely, $p * y=x$, where

$$
\begin{equation*}
x_{j}=p_{j}+y_{j}+\varphi_{j}\left(p_{1}, \ldots, p_{j-1}, y_{1}, \ldots, y_{j-1}\right) \tag{4.1}
\end{equation*}
$$

and $\varphi_{j}$ is a homogeneous polynomial with respect to the natural weights on the coordinates coming from the layer structure of $\mathfrak{g}$. Here we used the representation of points in $\mathbb{G}$ in exponential coordinates: $p=\left(p_{1}, \ldots, p_{s}\right), p_{j} \in \mathbb{R}^{m_{j}}$. To simplify the numerous intricate expressions which occur, we introduce the following cumulative notation for the lowest strata variables:

$$
\begin{equation*}
P_{j}=\left(p_{1}, \ldots, p_{j}\right) \in \mathbb{R}^{m_{1}+\cdots+m_{j}} ; \tag{4.2}
\end{equation*}
$$

thus $p=P_{s}$ and (4.1) takes the form

$$
\begin{equation*}
x_{j}=p_{j}+y_{j}+\varphi_{j}\left(P_{j-1}, Y_{j-1}\right) \tag{4.3}
\end{equation*}
$$

4.1. Vertical sets. In this subsection we prove the following theorem.

Theorem 4.1. Let $\mathbb{G}$ be a Carnot group of step $s$ with stratified Lie algebra $\mathfrak{g}=\mathfrak{v}_{1} \oplus \cdots \oplus \mathfrak{v}_{s}$. Let $m_{j}=\operatorname{dim} \mathfrak{v}_{j}$. For each $\ell=1, \ldots, s$ and each $\alpha \in\left[\sum_{j=\ell-1}^{s+1} m_{j}, \sum_{j=\ell}^{s+1} m_{j}\right]$ there exists $S \subset \mathbb{G}$ with

$$
\begin{equation*}
\mathcal{H}_{E}^{\alpha}(S)<\infty \tag{4.4}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathcal{H}_{c c}^{\beta_{+}(\alpha)}(S)>0 . \tag{4.5}
\end{equation*}
$$

Corollary 4.2. The set $S$ in Theorem 4.1 satisfies $\operatorname{dim}_{E} S=\alpha$ and $\operatorname{dim}_{c c} S=\beta_{+}(\alpha)$.
Proof of Corollary 4.2. (4.4) and (4.5) yield $\operatorname{dim}_{E} S \leq \alpha$ and $\operatorname{dim}_{c c} S \geq \beta_{+}(\alpha)$. Now use (2.8) and the strict monotonicity of $\beta_{+}$.

The main tool from geometric measure theory which we will use in the proof of Theorem 4.1 is the Mass Distribution Principle, see Theorem 8.7 and Definition 8.3 in [44] or section 8.7 in [31].

Proposition 4.3 (Mass Distribution Principle). Let $\mu$ be a positive measure on a metric space $(X, d)$ so that $\mu(B(x, r)) \leq C r^{\beta}$ for some constants $C, \beta$ and all $r>0$ and $x \in X$. Then $\mathcal{H}^{\beta}(X)>0$.

For each $m \in \mathbb{N}$ and each $0 \leq t \leq m$, define a compact set $C_{t}^{m} \subset \mathbb{R}^{m}$ as follows:
(1) If $t=0$, then $C_{0}^{m}=\{0\} \subset \mathbb{R}^{m}$,
(2) If $0<t<m$, then $C_{t}^{m}$ is a regular self-similar Cantor set of dimension $t$ in $\mathbb{R}^{m}$,
(3) If $t=m$, then $C_{m}^{m}=[0,1]^{m} \subset \mathbb{R}^{m}$.

On each set $C_{t}^{m}$ we fix a probability measure $M_{t}$, as follows:
(1) on $C_{0}^{m}$ we consider counting measure $M_{0}:=\mathcal{H}_{\left(\mathbb{R}^{m}, d_{E}\right)}^{0}$,
(2) on $C_{t}^{m}, 0<t<m$, we consider normalized Hausdorff measure $\left.M_{t}:=\mathcal{H}_{\left(\mathbb{R}^{m}, d_{E}\right)}^{t}\right) \mathcal{H}_{\left(\mathbb{R}^{m}, d_{E}\right)}^{t}\left(C_{t}^{m}\right)$,
(3) on $C_{m}^{m}$ we consider Lebesgue measure $M_{m}:=\mathcal{L}^{m}$.
(For the purposes of this proof, we emphasize the ambient metric space ( $\mathbb{R}^{m}, d_{E}$ ) in the notation.) Note that $M_{t}\left(C_{t}^{m}\right)=1$ for every $m$ and $t$. We observe that each set $C_{t}^{m}$ is Ahlfors $t$-regular when equipped with the measure $M_{t}$, i.e., there exists a constant $K<\infty$ so that

$$
\begin{equation*}
\frac{1}{K} R^{t} \leq M_{t}\left(C_{t}^{m} \cap \operatorname{Box}_{E}(p, R)\right) \leq K R^{t} \tag{4.6}
\end{equation*}
$$

for all $p \in C_{t}^{m}$ and all $0<R \leq \operatorname{diam}_{E} C_{t}^{m}$. The constant $K$ may depend on $m$ and $t$; this will have no effect on the argument which follows and we will suppress such dependence in the notation.

Proof of Theorem 4.1. Intuitively, the statement of this theorem is obvious: a typical set $S \subset \mathbb{G}$ which is oriented in the direction of the higher strata as much as possible and with Euclidean dimension $\alpha$ should have CC dimension $\beta_{+}(\alpha)$.

We give the example in the form of a Euclidean product set and use the Mass Distribution Principle to establish (4.5). Without loss of generality we assume that $\alpha>m_{s}$. The example $S \subset \mathbb{G}$ will be the following (Euclidean self-similar) product set:

$$
S=C_{0}^{m_{1}} \times \cdots \times C_{0}^{m_{\ell-2}} \times C_{t}^{m_{\ell-1}} \times C_{m_{\ell}}^{m_{\ell}} \times \cdots \times C_{m_{s}}^{m_{s}},
$$

where $t=\alpha-\sum_{j=\ell}^{s+1} m_{j}$, which we equip with the probability measure

$$
\mu=M_{0} \times \cdots \times M_{0} \times M_{t} \times M_{m_{\ell}} \times \cdots \times M_{m_{s}} .
$$

Since products of Ahlfors regular spaces are Ahlfors regular, $S$ is Ahlfors $\alpha$-regular when equipped with the measure $\mu$, i.e., there exists a constant $K_{1}<\infty$ so that

$$
\begin{equation*}
\frac{1}{K_{1}} R^{\alpha} \leq \mu\left(S \cap \operatorname{Box}_{E}(p, R)\right) \leq K_{1} R^{\alpha} \tag{4.7}
\end{equation*}
$$

for all $p \in S$ and all $0<R \leq \operatorname{diam}_{E} S$. Any Ahlfors $\alpha$-regular measure is comparable with the Hausdorff $\alpha$-measure, whence $\mathcal{H}_{E}^{\alpha}(S)<\infty$. This proves (4.4).

We now turn to the proof of (4.5). By the Mass Distribution Principle, it suffices to prove the volume growth estimate

$$
\begin{equation*}
\mu\left(S \cap B_{c c}(p, r)\right) \leq C r^{\beta_{+}(\alpha)} \tag{4.8}
\end{equation*}
$$

for all $p$ and $r$, with some absolute constant $C$. By the Ball-Box theorem, (4.8) is equivalent with

$$
\begin{equation*}
\mu\left(S \cap \operatorname{Box}_{c c}(p, r)\right) \leq C r^{\beta_{+}(\alpha)} . \tag{4.9}
\end{equation*}
$$

We expand the left hand side of (4.9) as an iterated integral of the characteristic function of $S \cap \operatorname{Box}_{c c}(p, r):$

$$
\begin{align*}
& \mu\left(S \cap \operatorname{Box}_{c c}(p, r)\right)=\int_{C_{0}^{m_{1}}} d M_{0}\left(x_{1}\right) \cdots \int_{C_{0}^{m_{\ell-2}}} d M_{0}\left(x_{\ell-2}\right) \times \\
& \quad \times \int_{C_{t}^{m_{\ell-1}}} d M_{t}\left(x_{\ell-1}\right) \int_{C_{m_{\ell}}^{m_{\ell}}} d M_{m_{\ell}}\left(x_{\ell}\right) \cdots \int_{C_{m_{s}}^{m_{s}}} d M_{m_{s}}\left(x_{s}\right) \chi_{\operatorname{S\cap Box}_{c c}(p, r)}(x), \tag{4.10}
\end{align*}
$$

where $x=\left(x_{1}, \ldots, x_{s}\right), x_{j} \in \mathbb{R}^{m_{j}}$, is the representation of $x \in \mathbb{G}$ in exponential coordinates.
Next, we describe the structure of $S \cap \operatorname{Box}_{c c}(p, r)$. It is clear that $x \in \operatorname{Box}_{c c}(p, r)$ if and only if there exists $y=\left(y_{1}, \ldots, y_{s}\right)$ so that $\left|y_{j}\right| \leq r^{j}$ and (4.3) holds for all $j=1, \ldots, s$. On the other hand, $x \in S$ if and only if $x_{1}=0, \ldots, x_{\ell-2}=0, x_{\ell-1} \in C_{t}^{m_{\ell-1}}$, and $x_{\ell} \in[0,1]^{m_{\ell}}, \ldots, x_{s} \in[0,1]^{m_{s}}$. Consequently $x \in S \cap \operatorname{Box}_{c c}(p, r)$ if and only if

$$
\begin{align*}
& x_{1}=p_{1}+y_{1}=0, \quad\left|y_{1}\right| \leq r, \\
& x_{2}=p_{2}+y_{2}+\varphi_{2}\left(p_{1}, y_{1}\right)=0, \quad\left|y_{2}\right| \leq r^{2}, \\
& \vdots \\
& x_{\ell-2}=p_{\ell-2}+y_{\ell-2}+\varphi_{\ell-2}\left(P_{\ell-3}, Y_{\ell-3}\right)=0, \quad\left|y_{\ell-2}\right| \leq r^{\ell-2},  \tag{4.11}\\
& x_{\ell-1}=p_{\ell-1}+y_{\ell-1}+\varphi_{\ell-1}\left(P_{\ell-2}, Y_{\ell-2}\right) \in C_{t}^{m_{\ell-1}}, \quad\left|y_{\ell-1}\right| \leq r^{\ell-1}, \\
& x_{\ell}=p_{\ell}+y_{\ell}+\varphi_{\ell}\left(P_{\ell-1}, Y_{\ell-1}\right) \in[0,1]^{m_{\ell}}, \quad\left|y_{\ell}\right| \leq r^{\ell}, \\
& \vdots \\
& x_{s}=p_{s}+y_{s}+\varphi_{s}\left(P_{s-1}, Y_{s-1}\right) \in[0,1]^{m_{s}}, \quad\left|y_{s}\right| \leq r^{s} .
\end{align*}
$$

Using (4.11), we define functions $\Psi_{j}, j=1, \ldots, s$, inductively so that

$$
\begin{equation*}
y_{j}=\Psi_{j}\left(P_{j}, Y_{j-1}\right) . \tag{4.12}
\end{equation*}
$$

Observe that the first $\ell-2$ identities in (4.11) imply that $Y_{\ell-2}=\left(y_{1}, \ldots, y_{\ell-2}\right)$ is the vector consisting of the first $\ell-2$ coordinates of $q:=p^{-1}$, i.e., $\Psi_{j}\left(P_{j}, Y_{j-1}\right)=q_{j}$ for $j=1, \ldots, \ell-2$. Consequently, $\varphi_{\ell-1}\left(P_{\ell-2}, Y_{\ell-2}\right)=0$.

It follows that the characteristic function of the set $S \cap \operatorname{Box}_{c c}(p, r)$ is equal to the product of the following characteristic functions:

$$
\begin{gathered}
h_{\ell-1}\left(x_{\ell-1}\right):=\chi_{\left\{x_{\ell-1} \in p_{\ell-1}+\left[-r^{\ell-1}, r^{\ell-1}\right]^{m_{\ell-1}}\right\}}\left(x_{\ell-1}\right), \\
h_{\ell}\left(x_{\ell-1}, x_{\ell}\right):=\chi_{\left\{x_{\ell} \in p_{\ell}+\varphi_{\ell}\left(P_{\ell-1}, Y_{\ell-1}\right)+\left[-r^{\ell}, r^{\ell}\right]^{m}\right\}}\left(x_{\ell-1}, x_{\ell}\right),
\end{gathered}
$$

$$
h_{s}\left(x_{\ell-1}, \ldots, x_{s}\right):=\chi_{\left\{x_{s} \in p_{s}+\varphi_{s}\left(P_{s-1}, Y_{s-1}\right)+\left[-r^{s}, r^{s}\right]^{m_{s}}\right\}}\left(x_{\ell-1}, \ldots, x_{s}\right),
$$

where the expressions $Y_{\ell-1}, Y_{\ell}, \ldots, Y_{s-1}$ are given recursively by (4.12), and $Y_{j}=Q_{j}$ for $j=$ $1, \ldots, \ell-2$.

We now return to (4.10) which we rewrite in the form

$$
\begin{aligned}
& \int_{C_{t}^{m_{\ell-1}}} h_{\ell-1}\left(x_{\ell-1}\right) d M_{t}\left(x_{\ell-1}\right) \int_{C_{m_{\ell}}^{m_{\ell}}} h_{\ell}\left(x_{\ell-1}, x_{\ell}\right) d M_{m_{\ell}}\left(x_{\ell}\right) \times \cdots \\
& \quad \times \int_{C_{m_{s}}^{m_{s}}} h_{s}\left(x_{\ell-1}, \ldots, x_{s}\right) d M_{m_{s}}\left(x_{s}\right) .
\end{aligned}
$$

Estimating each integral in turn by starting from the last one and using (4.6), we find

$$
\begin{aligned}
& \int_{C_{m_{s}}^{m_{s}}} h_{s}\left(x_{\ell-1}, \ldots, x_{s}\right) d M_{m_{s}}\left(x_{s}\right)=M_{m_{s}}\left(C_{m_{s}}^{m_{s}} \cap \operatorname{Box}_{E}\left(p_{s}+\varphi_{s}\left(P_{s-1}, Y_{s-1}\right), r^{s}\right)\right) \leq K r^{s m_{s}} \\
& \int_{C_{m_{s-1}}^{m_{s-1}}} h_{s-1}\left(x_{\ell-1}, \ldots, x_{s-1}\right) d M_{m_{s-1}}\left(x_{s-1}\right) \\
& \quad=M_{m_{s-1}}\left(C_{m_{s-1}}^{m_{s-1}} \cap \operatorname{Box}_{E}\left(p_{s-1}+\varphi_{s-1}\left(P_{s-2}, Y_{s-2}\right), r^{s-1}\right)\right) \leq K r^{(s-1) m_{s-1}}
\end{aligned}
$$

and so on, through

$$
\int_{C_{m_{\ell}}^{m_{\ell}}} h_{\ell}\left(x_{\ell-1}, x_{\ell}\right) d M_{m_{\ell}}\left(x_{\ell}\right)=M_{m_{\ell}}\left(C_{m_{\ell}}^{m_{\ell}} \cap \operatorname{Box}_{E}\left(p_{\ell}+\varphi_{\ell}\left(P_{\ell-1}, Y_{\ell-1}\right), r^{\ell}\right)\right) \leq K r^{m_{\ell}}
$$

and

$$
\int_{C_{t}^{m_{\ell-1}}} h_{\ell-1}\left(x_{\ell-1}\right) d M_{t}\left(x_{\ell-1}\right)=M_{t}\left(C_{t}^{m_{\ell-1}} \cap \operatorname{Box}_{E}\left(p_{\ell-1}, r^{\ell-1}\right)\right) \leq K r^{(\ell-1) t}
$$

Combining all of these estimates gives

$$
\mu\left(S \cap \operatorname{Box}_{C C}(p, r)\right) \leq K^{s-\ell+2} r^{(\ell-1) t+\sum_{j=\ell}^{s+1} j m_{j}}=K^{s-\ell+2} r^{\beta_{+}(\alpha)}
$$

as desired. This completes the proof.
Remark 4.4. The set $S$ in Theorem 4.1 has well defined Euclidean and CC box-counting dimensions, and $\operatorname{dim}_{c c}^{B} S=\beta_{+}\left(\operatorname{dim}_{E}^{B} S\right)$. Indeed, as a Euclidean self-similar set, $S$ necessarily satisfies $\operatorname{dim}_{E}^{B} S=\operatorname{dim}_{E}^{H} S=\alpha$. Moreover,

$$
\operatorname{dim}_{c c}^{B} S \geq \operatorname{dim}_{c c}^{H} S=\beta_{+}(\alpha)=\beta_{+}\left(\operatorname{dim}_{E}^{B} S\right) \geq \overline{\operatorname{dim}}_{c c}^{B} S
$$

which shows that the CC box-counting dimension of $S$ exists and equals $\beta_{+}(\alpha)$.
Remark 4.5. By work of Magnani and Magnani-Vittone, additional examples of low codimension vertical sets are given by certain smooth submanifolds of $\mathbb{G}$. Note that $\beta_{+}(\alpha)=Q-(N-\alpha)$ in case $N-m_{1} \leq \alpha \leq N$. Let $\Sigma$ be a bounded $C^{1}$-smooth submanifold of $\mathbb{G}$ of dimension $\alpha$. Theorem 2.16 of [42] asserts the $(Q-(N-\alpha))$-negligibility of the horizontal subset $C(\Sigma)$ of $\Sigma$, see Definition 2.10 in [42] for the definition of $C(\Sigma)$. Then Theorem 1.2 of [43] yields, by standard theorems on measure differentiation and estimates for the metric factor $\theta\left(\tau_{\Sigma}^{d}\right)$, that $\Sigma$ has positive $\mathcal{H}_{c c}^{Q-N+\alpha}$ measure. Since $\mathcal{H}_{E}^{\alpha}(\Sigma)<\infty$, we see that such submanifolds $\Sigma$ are also examples of vertical sets for such values of $\alpha$. See subsection 8.1 for further remarks.
4.2. Horizontal sets. In this subsection we prove the following theorem.

Theorem 4.6. Let $\mathbb{G}$ be a Carnot group of step $s$ with stratified Lie algebra $\mathfrak{g}=\mathfrak{v}_{1} \oplus \cdots \oplus \mathfrak{v}_{s}$. Let $m_{j}=\operatorname{dim} \mathfrak{v}_{j}$. For each $\ell=0, \ldots, s-1$ and each $\alpha \in\left[\sum_{j=0}^{\ell} m_{j}, \sum_{j=0}^{\ell+1} m_{j}\right]$ there exists $S \subset \mathbb{G}$ with

$$
\begin{equation*}
\mathcal{H}_{E}^{\alpha}(S)>0 \tag{4.13}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathcal{H}_{c c}^{\beta-(\alpha)}(S)<\infty . \tag{4.14}
\end{equation*}
$$

Corollary 4.7. The set $S$ in Theorem 4.6 satisfies $\operatorname{dim}_{E} S=\alpha$ and $\operatorname{dim}_{c c} S=\beta_{-}(\alpha)$.
Proof of Corollary 4.7. (4.13) and (4.14) yield $\operatorname{dim}_{E} S \geq \alpha$ and $\operatorname{dim}_{c c} S \leq \beta_{-}(\alpha)$. Now use (2.8) and the strict monotonicity of $\beta_{-}$.

Before beginning the proof of Theorem 4.6, we recall some basic facts from the theory of iterated function systems and self-similar fractal geometry. Let $(X, d)$ be a complete metric space. A map $F: X \rightarrow X$ is Lipschitz if there exists $L<\infty$ so that

$$
\begin{equation*}
d(F(x), F(y)) \leq L d(x, y) \tag{4.15}
\end{equation*}
$$

for all $x, y \in X$. The infimum of all possible constants $L$ which verify (4.15) is the Lipschitz constant of $F$, denoted $\operatorname{Lip}(F)$. (Subsequently we shall use the notation $\operatorname{Lip}_{E}(F)$ ) or $\operatorname{Lip}_{c c}(F)$ for the Lipschitz constant of a mapping $F$ with respect to the Euclidean respectively CC metric.) We say that $F$ is contractive Lipschitz if $\operatorname{Lip}(F)<1$. An iterated function system (IFS) on $(X, d)$ is a finite collection $\mathcal{F}$ of contractive Lipschitz maps. To any IFS $\mathcal{F}$ there corresponds an invariant set, which is characterized as the unique nonempty compact set fully invariant under the action of $\mathcal{F}$. More precisely, the invariant set $K$ for an IFS $\mathcal{F}$ satisfies

$$
K=\bigcup_{f \in \mathcal{F}} f(K)
$$

The existence and uniqueness of $K$ follow from an application of a suitable fixed point theorem on the hyperspace of compact subsets of $X$ equipped with the Hausdorff metric.

A map $f: X \rightarrow X$ is a similarity if there exists $r>0$ (the contraction ratio) so that $d(f(x), f(y))=r d(x, y)$ for all $x, y \in X$, and an IFS is self-similar if each of its elements is a similarity. The similarity dimension of $\mathcal{F}=\left\{f_{1}, \ldots, f_{M}\right\}$ is the unique nonnegative solution $t$ to the equation

$$
\begin{equation*}
\sum_{i=1}^{M} r_{i}^{t}=1 \tag{4.16}
\end{equation*}
$$

where $r_{i}$ denotes the contraction ratio for $f_{i}$. An IFS $\mathcal{F}=\left\{f_{1}, \ldots, f_{M}\right\}$ satisfies the open set condition if there exists a nonempty bounded set $O$ so that the sets $f_{i}(O)$ are pairwise disjoint subsets of $O$. The following theorem is a standard tool in Euclidean self-similar fractal geometry, see Hutchinson [35], Kigami [37], or Falconer [21]. In the setting of doubling metric spaces, see [6].

Theorem 4.8. Let $(X, d)$ be a doubling metric space. Then the Hausdorff dimension of the invariant set $K$ of any self-similar IFS in $X$ is always less than or equal to the similarity dimension, more precisely, $\mathcal{H}^{t}(K)$ is finite. Furthermore, equality between the Hausdorff, box-counting and similarity dimensions hold in case the open set condition is satisfied. Indeed, if $\mathcal{F}$ is a self-similar IFS satisfying the open set condition, then

$$
0<\mathcal{H}^{t}(K)<\infty
$$

where $t$ denotes the similarity dimension, and

$$
\operatorname{dim}_{(X, d)}^{H} K=\operatorname{dim}_{(X, d)}^{B} K=t
$$

For our purposes, it suffices to note that Carnot groups satisfy the doubling condition as we consider $(X, d)=\left(\mathbb{G}, d_{c c}\right)$ a Carnot group with CC metric. In our proofs it it will be crucial to relate an IFS in $\mathbb{G}$ with a corresponding IFS in the Euclidean space $\mathbb{R}^{m_{1}}$ which represents the first layer in the strafication of $\mathbb{G}$. In this context we say that a map $F: \mathbb{G} \rightarrow \mathbb{G}$ lifts $f: \mathbb{R}^{m_{1}} \rightarrow \mathbb{R}^{m_{1}}$ if $\pi_{1} \circ F=f \circ \pi_{1}$, where we recall that $\pi_{1}: \mathbb{G} \rightarrow \mathbb{R}^{m_{1}}$ denotes projection to the first stratum. An IFS $F_{1}, \ldots, F_{M}$ on $\mathbb{G}$ lifts an IFS $f_{1}, \ldots, f_{M}$ on $\mathbb{R}^{m_{1}}$ if $F_{i}$ lifts $f_{i}$ for each $i, i=1, \ldots, M$. A basic relation between Euclidean Lipschitz maps and their lifts which we need in subsequent proofs is the following:

Lemma 4.9. Let $F: \mathbb{G} \rightarrow \mathbb{G}$ be a contractive Lipschitz map which lifts $f: \mathbb{R}^{m_{1}} \rightarrow \mathbb{R}^{m_{1}}$. Then $f$ is a contractive Lipschitz map, and $\operatorname{Lip}_{E}(f) \leq \operatorname{Lip}_{c c}(F)$. If $F$ is a similarity with ratio $r>0$ of the form: $F(p)=q * \delta_{r}(p)$ then $f$ is a Euclidean similarity with the same ratio $r>0$.

Proof of Lemma 4.9. The first statement follows directly from (2.2) (and the subsequent statement regarding the case of equality) and (4.3). Let us note here that the inequality $\operatorname{Lip}_{E}(F) \leq \operatorname{Lip}_{c c}(F)$ is not true in general. The second statement follows directly from the explicit formulae of $F$ and $f$ for the case of similarities.

A first step towards the proof of Theorem 4.6 is Proposition 2.7 which proves the Theorem in the range $0<\alpha \leq m_{1}$.

Proof of Proposition 2.7. Let $\left\{F_{1}, \ldots, F_{M}\right\}$ and $\left\{f_{1}, \ldots, f_{M}\right\}$ be as in the statement of the proposition, and let $K$ be the invariant set for $\left\{F_{1}, \ldots, F_{M}\right\}$. Then $\pi_{1}(K)$ is the invariant set for the (Euclidean self-similar) system $\left\{f_{1}, \ldots, f_{M}\right\}$ on $\mathbb{R}^{m_{1}}$.

Since $\left\{f_{1}, \ldots, f_{M}\right\}$ satisfies the open set condition in $\mathbb{R}^{m_{1}}$ we have by Theorem 4.8

$$
0<\mathcal{H}_{E}^{\alpha}\left(\pi_{1}(K)\right)<\infty,
$$

where $\alpha$ is the similarity dimension of $\left\{f_{1}, \ldots, f_{M}\right\}$. By Lemma 4.9 it follows that the similarity dimension of $\left\{F_{1}, \ldots, F_{M}\right\}$ is also $\alpha$. By the first part of Theorem 4.8 we obtain

$$
\mathcal{H}_{c c}^{\alpha}(K)<\infty .
$$

Now Proposition 3.1, specifically, the right hand inequality in (3.1) implies

$$
0<\mathcal{H}_{E}^{\alpha}\left(\pi_{1}(K)\right) \leq \mathcal{H}_{E}^{\alpha}(K) \leq L \mathcal{H}_{c c}^{\alpha}(K)<\infty
$$

This completes the proof.
In order to prove a generalization of Proposition 2.7 to higher strata we will make essential use the following integral estimate for the Hausdorff measures of level sets of a Lipschitz map. See Theorem 7.7 in [44].

Proposition 4.10. Let $K \subset \mathbb{R}^{n}$, let $f: K \rightarrow \mathbb{R}^{m}$ be a Lipschitz map, and let $m \leq t \leq n$. If $K$ is $\mathcal{H}^{t}$ measurable with $\mathcal{H}^{s}(K)<\infty$, then $\int \mathcal{H}^{t-m}\left(K \cap f^{-1}\{y\}\right) d \mathcal{L}^{m}(y)$ exists and

$$
\int \mathcal{H}^{t-m}\left(K \cap f^{-1}\{y\}\right) d \mathcal{L}^{m}(y) \leq C \mathcal{H}^{t}(K)
$$

where $C$ depends only on $m$ and the Lipschitz constant of $f$.
We will deduce Theorem 4.6 from the following proposition. Here we denote by

$$
\Pi_{\ell}=\pi_{1} \times \cdots \times \pi_{\ell}: \mathbb{G} \rightarrow \mathbb{R}^{\sum_{j=0}^{\ell} m_{j}}
$$

the cumulative projection to the lowest $\ell$ strata.

Proposition 4.11. Let $\mathbb{G}$ and $\ell$ be as in Theorem 4.6, let $b \geq 2$ be an integer, and let $M \in$ $\left\{1,2, \ldots, b^{(\ell+1) m_{\ell+1}}\right\}$. Let

$$
\begin{gathered}
A_{j}=\left\{0, \ldots, b^{j}-1\right\}^{m_{j}} \subset \mathbb{R}^{m_{j}} \\
p_{a_{1} \cdots a_{k}}=\left(a_{1}, \ldots, a_{k}, 0, \ldots, 0\right), \quad a_{j} \in A_{j}
\end{gathered}
$$

and

$$
F_{a_{1} \cdots a_{k}}(p)=p_{a_{1} \cdots a_{k}} * \delta_{1 / b}\left(p_{a_{1} \cdots a_{k}}^{-1} * p\right) .
$$

Finally, let $B$ be any subset of $A_{\ell+1}$ of cardinality $M$, let

$$
\mathcal{F}=\left\{F_{a_{1} \cdots a_{\ell+1}}: a_{1} \in A_{1}, \ldots, a_{\ell} \in A_{\ell}, a_{\ell+1} \in B\right\},
$$

and let $K$ be the invariant set for the CC self-similar IFS $\mathcal{F}$. Then

$$
\begin{equation*}
\mathcal{H}_{c c}^{\sum_{j=0}^{\ell} j m_{j}+\frac{\log M}{\log b}}(K)<\infty \tag{4.17}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathcal{H}_{E}^{\sum_{j=0}^{\ell} m_{j}+\frac{\log M}{\log b \ell+1}}\left(\Pi_{\ell+1}(K)\right)>0 . \tag{4.18}
\end{equation*}
$$

Moreover, if $M=b^{(\ell+1) m_{\ell+1}}$ then $\mathcal{H}_{E}^{\sum_{j=0}^{\ell+1} m_{j}}$-a.e. point in $\Pi_{\ell+1}(K)$ has a unique symbolic representation

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \Pi_{\ell} \circ F_{a_{1}^{1} \cdots a_{\ell+1}^{1}} \circ \cdots \circ F_{a_{1}^{n} \ldots a_{\ell+1}^{n}}(o) \tag{4.19}
\end{equation*}
$$

for some symbol sequence $\left\{\left(\left(a_{1}^{1}, \ldots, a_{\ell+1}^{1}\right),\left(a_{1}^{2}, \ldots, a_{\ell+1}^{2}\right), \ldots,\right)\right\} \in\left(A_{1} \times \cdots \times A_{\ell+1}\right)^{\mathbb{N}}$.
Observe that if

$$
\begin{equation*}
\alpha=\sum_{j=0}^{\ell} m_{j}+\frac{\log M}{\log b^{\ell+1}} \in\left[\sum_{j=0}^{\ell} m_{j}, \sum_{j=0}^{\ell+1} m_{j}\right], \tag{4.20}
\end{equation*}
$$

then

$$
\begin{equation*}
\beta_{-}(\alpha)=\sum_{j=0}^{\ell} j m_{j}+\frac{\log M}{\log b} . \tag{4.21}
\end{equation*}
$$

Proof of Theorem 4.6. Since $\Pi_{\ell+1}:\left(\mathbb{G}, d_{E}\right) \rightarrow\left(\mathbb{R}^{\sum_{j=0}^{\ell} m_{j}}, d_{E}\right)$ is Lipschitz, Proposition 4.11 guarantees the existence of the desired set $S$ in case $\alpha$ is of the form (4.20). The set of all such values $\alpha$, as $b \geq 2$ and $M \in\left\{1,2, \ldots, b^{(\ell+1) m_{\ell+1}}\right\}$ vary, is dense in the interval $\left[\sum_{j=0}^{\ell} m_{j}, \sum_{j=0}^{\ell+1} m_{j}\right.$ ]. The case of general $\alpha$ follows from this and the monotonicity and countable stability of the Hausdorff dimension.

Proof of Proposition 4.11. The proof will be by induction on $\ell$.
Consider first the base case $\ell=0$. Let $b \geq 2$ and $M \in\left\{1, \ldots, b^{m_{1}}\right\}$, let

$$
\begin{gathered}
A_{1}=\{0, \ldots, b-1\}^{m_{1}} \subset \mathbb{R}^{m_{1}}, \\
p_{a_{1}}=\left(a_{1}, 0, \ldots, 0\right) \in \mathbb{G}, \quad a_{1} \in A_{1},
\end{gathered}
$$

and consider the contractive similarity of $\left(\mathbb{G}, d_{c c}\right)$ given by

$$
F_{a_{1}}(p)=p_{a_{1}} * \delta_{1 / b}\left(p_{a_{1}}^{-1} * p\right) .
$$

Let $B \subset A_{1}$ be any set of cardinality $M$. The CC self-similar IFS $\mathcal{F}=\left\{F_{a}: a \in B\right\}$ has similarity dimension $\alpha=\log M / \log b$. Hence $\mathcal{H}_{c c}^{\alpha}(K)<\infty$ for the invariant set $K$. On the other hand,

$$
\mathcal{H}_{E}^{\alpha}(K) \geq \mathcal{H}_{E}^{\alpha}\left(\pi_{1}(K)\right)
$$

and $\pi_{1}(K)$ is the invariant set for the Euclidean self-similar IFS $\mathcal{F}_{1}=\left\{f_{a}: a \in B\right\}, f_{a}(x)=$ $a+\frac{1}{b}(x-a)$, on $\mathbb{R}^{m_{1}}$, which satisfies the open set condition with open set $O_{1}=(0, b-1)^{m_{1}}$. Thus

$$
\mathcal{H}_{E}^{\alpha}(K)>0
$$

as desired. If $M=b^{m_{1}}$ then $\mathcal{H}_{E}^{m_{1}}$-a.e. $x_{1} \in \Pi_{1}(K)=\pi_{1}(K)$ has a unique symbolic representation relative to the IFS $\mathcal{F}$ (this is a consequence of the open set condition). This completes the proof in the case $\ell=0$.

Now assume that the statement in the proposition is true for some integer $\ell-1$ and all integers $b_{0} \geq 2$ and $M_{0} \in\left\{1,2, \ldots, b^{\ell m_{\ell}}\right\}$; we will prove that it holds true for $\ell$ and any given pair of integers $b \geq 2$ and $M \in\left\{1,2, \ldots, b^{(\ell+1) m_{\ell+1}}\right\}$. Let $b$ and $M$ be given. According to the inductive hypothesis in the $(\ell-1)$-st step with $b_{0}=b$ and $M_{0}=b_{0}^{\ell m_{\ell}}$, the invariant set $K_{0}$ for the CC self-similar IFS

$$
\mathcal{F}_{0}=\left\{F_{a_{1} \cdots a_{\ell}}: a_{1} \in A_{1}, \ldots, a_{\ell} \in A_{\ell}\right\},
$$

satisfies the estimates

$$
\begin{equation*}
\mathcal{H}_{c c}^{\sum_{j=0}^{\ell} j m_{j}}\left(K_{0}\right)<\infty \tag{4.22}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathcal{H}_{E}^{\sum_{j=0}^{\ell} m_{j}}\left(\Pi_{l}\left(K_{0}\right)\right)>0, \tag{4.23}
\end{equation*}
$$

furthermore, almost every point $X_{\ell} \in \Pi_{\ell}\left(K_{0}\right)$ has a unique symbolic representation.
Now let $B$ be any subset of $A_{\ell+1}$ of cardinality $M$, let $\mathcal{F}$ be the CC self-similar IFS comprised of the mappings $F_{a_{1} \cdots a_{\ell+1}}$ for $a_{1} \in A_{1}, \ldots, a_{\ell} \in A_{\ell}$ and $a_{\ell+1} \in B$, and let $K$ be the invariant set for $\mathcal{F}$. Note that

$$
\begin{equation*}
\Pi_{\ell}\left(K_{0}\right) \subseteq \Pi_{\ell}(K) \tag{4.24}
\end{equation*}
$$

We will prove that (4.17) and (4.18) hold. The former follows immediately from the fact that $\mathcal{F}$ is CC self-similar with similarity dimension

$$
\frac{\log \left(b^{\sum_{j=0}^{\ell} j m_{j}} M\right)}{\log b}=\beta_{-}(\alpha) ;
$$

see (4.21).
To prove the latter, we will apply Proposition 4.10 with $t=\alpha, m=\sum_{j=0}^{l}$ and $f=\Pi_{\ell}$. We have to show that there exists a constant $c>0$ so that

$$
\begin{equation*}
\mathcal{H}_{E}^{\alpha-\sum_{j=0}^{\ell} m_{j}}\left(K \cap \Pi_{\ell}^{-1}\left(X_{\ell}\right)\right) \geq c \tag{4.25}
\end{equation*}
$$

for almost every $X_{l} \in \Pi_{l}(K)$.
In view of (4.23) and (4.24), Proposition 4.10 yields (4.14).
To proof of (4.25) will be achieved by the following lemma.
Lemma 4.12. Let $\pi_{q}: \mathbb{G} \rightarrow \mathbb{R}^{m_{q}}$ denote projection to the $q$-th layer, $q=\ell+1$. For every $X_{\ell} \in \Pi_{\ell}(K)$ which has a unique symbolic representation, the set $\pi_{q}\left(K \cap \Pi_{\ell}^{-1}\left(X_{\ell}\right)\right)$ is a Euclidean translate of the invariant set $K^{\prime}$ of the Euclidean self-similar IFS $\mathcal{G}=\left\{g_{a_{q}}: a_{q} \in B\right\}$ in $\mathbb{R}^{m_{q}}$, where

$$
g_{a}(x)=\frac{1}{b^{q}} x+\left(1-\frac{1}{b^{q}}\right) a .
$$

In Lemma 4.12, the translation parameter depends on $X_{\ell}=\left(x_{1}, \ldots, x_{\ell}\right)$, but the IFS $\mathcal{G}$ does not. Let us note how the proof of the proposition is completed assuming the validity of the lemma. The IFS $\mathcal{G}$ in Lemma 4.12 satisfies the open set condition (use the open set $O=\left(0, b^{q}-1\right)^{m_{q}}$ ) and has similarity dimension $t=\log M / \log b^{q}=\alpha-\sum_{j=0}^{\ell} m_{j}$, see (4.20). Thus

$$
\mathcal{H}_{E}^{t}\left(K \cap \Pi_{\ell}^{-1}\left(X_{\ell}\right)\right) \geq \mathcal{H}_{E}^{t}\left(\pi_{q}\left(K \cap \Pi_{\ell}^{-1}\left(X_{\ell}\right)\right)\right)=\mathcal{H}_{E}^{\log M / \log b^{q}}\left(K^{\prime}\right)>0
$$

for almost every $X_{\ell} \in \Pi_{\ell}(K)$. This completes the proof of Proposition 4.11, modulo the statement about almost everywhere unique symbolic representatives, which we postpone to Remark 4.13.

It remains to prove Lemma 4.12.
Proof of Lemma 4.12. Let us observe the following explicit representation for the self-similar contractions $F_{a_{1} \cdots a_{q}}$, which easily follows from (4.3):

$$
\begin{aligned}
\pi_{q}\left(F_{a_{1} \cdots a_{q}}(x)\right)= & \pi_{q}\left(p_{a_{1} \cdots a_{q}} * \delta_{1 / b}\left(p_{a_{1} \cdots a_{q}}^{-1} * x\right)\right) \\
& =\frac{1}{b^{q}} x_{q}+\left(1-\frac{1}{b^{q}}\right) a_{q}+\Phi_{q}\left(X_{\ell}, A_{\ell}\right) \\
& =g_{a_{q}}\left(x_{q}\right)+\Phi_{q}\left(X_{\ell}, A_{\ell}\right)
\end{aligned}
$$

for some polynomial $\Phi_{q}$. By assumption, $X_{\ell} \in \Pi_{\ell}(K)$ has a unique symbolic representation (4.19) and therefore $\Phi_{q}$ in fact depends only on $X_{\ell}$.

Iterating the above relation we conclude that $x_{q}^{\prime} \in \mathbb{R}^{m_{q}}$ is in $\pi_{q}\left(K \cap \Pi_{\ell}^{-1}\left(X_{\ell}\right)\right)$ if and only if

$$
\begin{equation*}
x_{q}^{\prime}=\left(1-\frac{1}{b^{q}}\right) a_{q}^{1}+\frac{1}{b^{q}}\left(1-\frac{1}{b^{q}}\right) a_{q}^{2}+\frac{1}{b^{2 q}}\left(1-\frac{1}{b^{q}}\right) a_{q}^{3}+\cdots+R\left(X_{\ell}^{\prime}\right), \tag{4.26}
\end{equation*}
$$

for some sequence of points $a_{q}^{1}, a_{q}^{2}, \ldots$. Here the remainder $R\left(X_{\ell}^{\prime}\right)$ depends only on the lower strata variables $X_{\ell}^{\prime}$, and can be computed in terms of $\Phi_{q}$. (See also (5.8) for a related statement.) Put another way,

$$
\pi_{q}\left(K \cap \Pi_{\ell}^{-1}\left(X_{\ell}^{\prime}\right)\right)=R\left(X_{\ell}^{\prime}\right)+K^{\prime}
$$

This completes the proof of the lemma.
The proof of Proposition 4.11 is also completed.
Remark 4.13. The identity in (4.26) also shows that each point in $\Pi_{\ell+1}\left(K \cap \Pi_{\ell}^{-1}\left(X_{\ell}^{\prime}\right)\right)$ has a unique symbolic representative, provided that $X_{\ell}^{\prime}$ and also $x_{q}^{\prime}$ do. If $M=b^{(\ell+1) m_{\ell+1}}, \mathcal{H}_{E}^{\sum_{j=0}^{\ell+1} m_{j}}$ a.e. point in $\Pi_{\ell+1}(K)$ is of this type, by Fubini's theorem. This proves the final claim in Proposition 4.11.

Remark 4.14. The set $S$ in Theorem 4.6 has well defined Euclidean and CC box-counting dimensions, and $\operatorname{dim}_{c c}^{B} S=\beta_{-}\left(\operatorname{dim}_{E}^{B} S\right)$. Indeed, as a CC self-similar set, $S$ necessarily satisfies $\operatorname{dim}_{c c}^{B} S=\operatorname{dim}_{c c}^{H} S=\beta_{-}(\alpha)$. Moreover,

$$
\overline{\operatorname{dim}}_{E}^{B} S \leq\left(\beta_{-}\right)^{-1}\left(\operatorname{dim}_{c c}^{B} S\right)=\alpha=\operatorname{dim}_{E}^{H} S \leq \operatorname{dim}_{E}^{B} S
$$

which shows that the Euclidean box-counting dimension of $S$ exists and equals $\alpha$.
Remark 4.15. We reiterate the purely Euclidean consequences of Theorem 4.6. The CC selfsimilar iterated function systems constructed in Proposition 4.11 can be viewed as iterated function systems in the underlying Euclidean geometry; in view of the nilpotence of $\mathbb{G}$ and the Baker-Campbell-Hausdorff formula the associated mappings are polynomial of an a priori high degree. Thus, viewed in Euclidean terms, these IFS are nonlinear and nonconformal; it is typically quite difficult to calculate explicitly the dimensions of such systems by traditional methods. Nevertheless, by our approach we obtain an explicit formula for their Euclidean Hausdorff dimension. As an illustration, we restate Example 2.10 in purely Euclidean terms. Consider the four maps of $\mathbb{R}^{4}$ given by

$$
\begin{gather*}
F_{1}(x)=\left(\frac{1}{2} x_{1}, \frac{1}{2} x_{2}, \frac{1}{4} x_{3}, \frac{1}{8} x_{4}\right),  \tag{4.27}\\
F_{2}(x)=\left(\frac{1}{2} x_{1}+\frac{1}{2}, \frac{1}{2} x_{2}, \frac{1}{4} x_{3}, \frac{1}{8} x_{4}\right), \tag{4.28}
\end{gather*}
$$

$$
\begin{equation*}
F_{3}(x)=\left(\frac{1}{2} x_{1}, \frac{1}{2} x_{2}+\frac{1}{2}, \frac{1}{4} x_{3}+\frac{1}{4} x_{1}, \frac{1}{8} x_{4}+\frac{3}{16} x_{1}^{2}\right) \tag{4.29}
\end{equation*}
$$

and

$$
\begin{equation*}
F_{4}(x)=\left(\frac{1}{2} x_{1}+\frac{1}{2}, \frac{1}{2} x_{2}+\frac{1}{2}, \frac{1}{4} x_{3}+\frac{1}{4}\left(x_{1}-1\right), \frac{1}{8} x_{4}+\frac{1}{16}\left(x_{1}-1\right)^{2}\right), \tag{4.30}
\end{equation*}
$$

where $x=\left(x_{1}, x_{2}, x_{3}, x_{4}\right)$. These are evidently not global contractive maps of $\left(\mathbb{R}^{4}, d_{E}\right)$. However, since they are precisely the contractive similarities of the Carnot Engel group specified in Example 2.2 , we know that they generate a compact invariant set in $\mathbb{R}^{4}$ whose Euclidean Hausdorff dimension is exactly equal to 2 . (See section 2 for pictures of some three dimensional projections of this set.)

Remark 4.16. We conclude this section by discussing the implications of Theorems 2.4 and 2.6 for the theory of horizontal rectifiability in codimension one in the setting of Carnot groups as developed by Franchi, Serapioni and Serra-Cassano, see e.g. [27],[26]. Let $\mathbb{G}$ be a Carnot group. We recall the following definitions from [26]:
(i) $u: \mathbb{G} \rightarrow \mathbb{R}$ is a $C_{\mathbb{G}}^{1}$ function if $X u$ is continuous for all $X \in V_{1}$,
(ii) the horizontal gradient of a $C_{\mathbb{G}}^{1}$ function $u: \mathbb{G} \rightarrow \mathbb{R}$ is the unique map $\nabla_{\mathbb{G}} u: \mathbb{G} \rightarrow V_{1}$ satisfying $X u=\left\langle X, \nabla_{\mathbb{G}} u\right\rangle$ for all $X \in V_{1}$,
(ii) a codimension one hypersurface $S$ is $\mathbb{G}$-regular if it is locally the zero set of a $C_{\mathbb{G}}^{1}$ function with nonvanishing horizontal gradient,
(iii) a set $A$ in $\mathbb{G}$ is called horizontally ( $Q-1$ )-rectifiable (or horizontally rectifiable in codimension one) if $A$ is the union of a countable family of $\mathbb{G}$-regular hypersurfaces, together with a set of $\mathcal{H}_{c c}^{Q-1}$-dimensional measure zero.
We say that $A \subset \mathbb{G}$ is $k$-rectifiable, $0 \leq k \leq N$, if it is rectifiable in the classical Euclidean sense as a subset of $\mathbb{R}^{N}: A$ is the union of a countable family of Lipschitz images of subsets of $\mathbb{R}^{k}$, together with a set of $\mathcal{H}_{E}^{k}$-dimensional measure zero.

It is of interest to understand the difference between notions of Euclidean ( $N-1$ )-rectifiability and the horizontal codimension one rectifiability of subsets of $\mathbb{G}$ with underlying space $\mathbb{R}^{N}$. The following corollary to Theorem 2.6 extends [5, Theorem 5.1] to the setting of general Carnot groups.
Corollary 4.17. Let $\mathbb{G}$ be a Carnot group of dimension $N$ and homogeneous dimension $Q$. Then every $(N-1)$-rectifiable set in $\mathbb{G}$ is horizontally $(Q-1)$-rectifiable. In every nonabelian Carnot group, there exist horizontally $(Q-1)$-rectifiable sets $A \subset \mathbb{G}$ which are not $(N-1)$-rectifiable.

Proof. Let $A \subset \mathbb{G}=\mathbb{R}^{N}$ be ( $N-1$ )-rectifiable. By standard Euclidean geometric measure theory, $A=Z \cup \bigcup_{i=1}^{\infty} S_{i}$, where $S_{i}$ is the zero set of a $C^{1}$ function $f_{i}: \mathbb{R}^{N} \rightarrow \mathbb{R}$ and $\mathcal{H}_{E}^{N-1}(Z)=0$. We denote by $C\left(S_{i}\right)$ the characteristic set of the hypersurface $S_{i}$, i.e., the set of points $x \in S_{i}$ for which $H_{x} \mathbb{G} \subset T_{x} S_{i}$. The complement of $C\left(S_{i}\right)$ in $S_{i}$ is the subset of $\left\{f_{i}=0\right\}$ on which $\nabla_{\mathbb{G}} f_{i} \neq 0$. By [40, Theorem 6.6.2], $\mathcal{H}_{c c}^{Q-1}\left(C\left(S_{i}\right)\right)=0$. By Proposition 3.1, $\mathcal{H}_{c c}^{Q-1}(Z)=0$. We have

$$
A=\left(Z \cup \bigcup_{i=1}^{\infty} C\left(S_{i}\right)\right) \cup \bigcup_{i=1}^{\infty}\left(S_{i} \backslash C\left(S_{i}\right)\right)=Z^{\prime} \cup \bigcup_{i=1}^{\infty} S_{i}^{\prime},
$$

where $\mathcal{H}_{c c}^{Q-1}\left(Z^{\prime}\right)=0$ and $S_{i}^{\prime}$ is a $\mathbb{G}$-regular hypersurface. Thus $A$ is horizontally $(Q-1)$-rectifiable.
To construct a set $A$ in a nonabelian Carnot group $\mathbb{G}$ as in the second assertion, observe that $\left(\beta_{-}\right)^{-1}(Q-1)=N-s^{-1}$, where $s$ is the step of the group. Since $\mathbb{G}$ is nonabelian, $s \geq 2$. We may choose a pair of monotone increasing sequences $\left(\alpha_{\nu}\right)$ and ( $\beta_{\nu}$ ) satisfying $N-1<\alpha_{1}$, $\lim _{\nu \rightarrow \infty} \alpha_{\nu}=N-s^{-1}$, and $\beta_{\nu}=\beta_{-}\left(\alpha_{\nu}\right)$. With $A_{\alpha, \beta}$ the set constructed in Theorem 2.6, we have

$$
A=\bigcup_{\nu=1}^{\infty} A_{\alpha_{\nu}, \beta_{\nu}}
$$

satisfies $\mathcal{H}_{c c}^{Q-1}(A)=0$ (so $A$ is trivially horizontally $(Q-1)$-rectifiable) but $\operatorname{dim}_{E} A \geq \alpha_{1}>N-1$. In fact we have that $\operatorname{dim}_{E} A=N-s^{-1}$ and so $A$ is not $(N-1)$-rectifiable.

Kirchheim and Serra-Cassano [38] have constructed an $\mathbb{H}^{1}$-regular hypersurface in $\mathbb{H}^{1}$ whose Euclidean Hausdorff dimension is 2.5 , even locally at every point. Note that $2.5=\left(\beta_{-}^{\mathbb{H}^{1}}\right)^{-1}(3)$. It would be interesting to perform a similar construction in a general Carnot group $\mathbb{G}$ : i.e. to give an example of a $\mathbb{G}$-regular hypersurface of Euclidean dimension $N-s^{-1}$.

## 5. CC self-similar invariant sets in Carnot groups are almost surely horizontal

This section is devoted to the proof of Theorem 2.8, which establishes the equality

$$
\operatorname{dim}_{c c} K=\beta_{-}\left(\operatorname{dim}_{E} K\right)
$$

almost surely for generic members of certain finite-dimensional parameterized families of CC selfsimilar sets $K$ in a Carnot group $\mathbb{G}$. Inspiration for this type of result comes from work of Falconer [20], [22], which establishes similar results for generic members of certain families of self-affine invariant sets in Euclidean space. In view of the fact that the group operation in $\mathbb{G}$ is given by polynomial maps, our results return purely Euclidean dividends: we obtain almost sure dimension statements for families of nonlinear, nonconformal Euclidean invariant sets. In the following section, we illustrate this point in the jet space Carnot groups.

Let us begin by briefly recalling the work of Falconer [20]. The singular value function of a contractive linear map $A: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ is defined as

$$
\varphi^{t}(A)= \begin{cases}1, & t=0 \\ \mu_{1} \mu_{2} \cdots \mu_{m-1} \mu_{m}^{t-m+1}, & m-1<t \leq m \\ \left(\mu_{1} \cdots \mu_{n}\right)^{t / n}, & t \geq n\end{cases}
$$

where $1>\mu_{1} \geq \mu_{2} \geq \cdots \geq \mu_{n} \geq 0$ denote the singular values of $A$, i.e., the positive square roots of the eigenvalues of $A^{*} A$. The operator norm of $A$ is the largest eigenvalue $\|A\|=\mu_{1}$.

Next, let $\mathbf{A}=\left\{A_{1}, \ldots, A_{M}\right\}$ be a finite collection of contractive linear maps. Then for any $t \geq 0$ the limit

$$
\begin{equation*}
\lim _{m \rightarrow \infty}\left(\sum_{w:|w|=k} \varphi^{t}\left(A_{w}\right)\right)^{1 / m} \tag{5.1}
\end{equation*}
$$

exists, where the sum is taken over all words $w=w_{1} w_{2} \cdots w_{m}$ of length $m$ in the letters $\{1,2, \ldots, M\}$ and $A_{w}=A_{w_{1}} \cdots A_{w_{m}}$. (For a more complete review of the symbolic dynamics of iterated function systems, see subsection 5.1.) The expression in (5.1) is a strictly decreasing, continuous function of $t$, and we let

$$
d(\mathbf{A})=\begin{gather*}
\text { the unique nonnegative value of } t \text { such }  \tag{5.2}\\
\text { that the quantity in (5.1) is equal to one. }
\end{gather*}
$$

Falconer [20] proved Theorem 5.1 with $\left\|A_{i}\right\|<\frac{1}{3}$ for all $i$; the stated generalization is due to Solomyak [54].

Theorem 5.1 (Falconer, Solomyak). Assume that $\left\|A_{i}\right\|<\frac{1}{2}$ for all $i=1, \ldots, M$. Then, for almost every $\mathbf{b}=\left(b_{1}, \ldots, b_{M}\right) \in \mathbb{R}^{n \times M}$, we have

$$
\operatorname{dim}_{E} K(\mathbf{b})=\min \{d(\mathbf{A}), n\},
$$

where $K(\mathbf{b})$ denotes the invariant set for the affine $\operatorname{IFS}\left\{F_{1}, \ldots, F_{M}\right\}, F_{i}(x)=A_{i} x+b_{i}$.

Theorem 5.1 has been generalized to the setting of horizontal self-affine IFS in the first Heisenberg group by the first two authors in [7] (see also [4]). The purpose of this section is to prove Theorem 2.8 which provides a far-reaching generalization of Falconer's almost sure dimension result to the setting of horizontal self-similar IFS in general Carnot groups. A further generalization to horizontal self-affine Carnot IFS is presumably possible, but we do not address this here.

As will be explained in more detail in the following section, the transition formula

$$
\alpha=\left(\beta_{-}\right)^{-1}(\beta)
$$

in (2.10), which arises from the lower dimension comparison statement in Theorem 2.4, encodes the same information as Falconer's formulas (5.1) and (5.2) in the setting of jet space groups.
5.1. Symbolic dynamics and iterated function systems. In this subsection, we recall the formalism of symbolic dynamics in the context of iterated function systems. Our notation follows [37]. Let $\mathcal{F}=\left\{F_{1}, \ldots, F_{M}\right\}$ be a self-similar IFS on a complete metric space ( $X, d$ ), and denote by $r_{i}$ the contraction ratio associated to $F_{i}$. For $k \geq 1$, define

$$
W_{k}:=\{1, \ldots, M\}^{k}=\left\{w_{1} \cdots w_{k}: w_{m} \in\{1, \ldots, M\}, 1 \leq m \leq k\right\},
$$

called the set of words of length $k$ in the alphabet $\{1, \ldots, M\}$. For $k=0$, set $W_{0}=\{\emptyset\}$ and call $\emptyset$ the empty word. Finally, define

$$
W_{*}=\bigcup_{k=0}^{\infty} W_{k}
$$

to be the set of finite sequences and

$$
\Sigma=\left\{w_{1} w_{2} \cdots: w_{m} \in W_{1}\right\}
$$

the set of infinite sequences.
We write $v w$ for the concatenation of two words $v, w \in W_{*}: v w=v_{1} v_{2} \cdots v_{k} w_{1} w_{2} \cdots w_{l}$ if $v=v_{1} \cdots v_{k} \in W_{k}$ and $w=w_{1} \cdots w_{l} \in W_{l}$. If $w=v v^{\prime}$ for some word $v^{\prime}$ we say that $v$ is a subword of $w$. The largest common subword of $v$ and $w$ will be denoted $v \wedge w$; this is characterized as the unique common subword of $v$ and $w$ which is maximal with respect to length. We will abuse notation slightly, denoting by $w$ both finite and infinite words.

For $S \subset X$ and $w=w_{1} \ldots w_{k} \in W_{*}$, define $F_{w}=F_{w_{1}} \circ \cdots \circ F_{w_{k}}, r_{w}=r_{w_{1}} \cdots r_{w_{k}}$, and $S_{w}=F_{w}(S)$.

We equip $\Sigma$ with the product topology induced by the discrete topology on the alphabet. Then there exists a canonical continuous surjection $\pi: \Sigma \rightarrow K$ to the invariant set of $\mathcal{F}$, characterized by the relation $\{\pi(w)\}=\bigcap_{k=1}^{\infty} F_{w_{1} \cdots w_{k}}(K)$. Alternatively,

$$
\pi(w)=\lim _{k \rightarrow \infty} F_{w_{1} \cdots w_{k}}\left(x_{0}\right)
$$

for any fixed $x_{0} \in X$. The map $\pi$ is called the canonical symbol map for the IFS $\left\{F_{1}, \ldots, F_{M}\right\}$.
We record the commutation relation

$$
\begin{equation*}
\pi \circ \sigma_{w}=F_{w} \circ \pi, \quad w \in W_{*}, \tag{5.3}
\end{equation*}
$$

where $\sigma: \Sigma \rightarrow \Sigma$ denotes the left shift,

$$
\sigma\left(w_{1} w_{2} w_{3} \cdots\right)=w_{2} w_{3} \cdots,
$$

and $\sigma_{w}: \Sigma \rightarrow \Sigma$ the map which prepends $w$ to its argument,

$$
\sigma_{w}(v)=w v
$$

The cylinder set over $w \in W_{*}$ is $\Sigma_{w}=\sigma_{w}(\Sigma)$; this set consists of all infinite words which begin with $w$. By (5.3), $\pi\left(\Sigma_{w}\right)=K_{w}$. A partition of $\Sigma$ is a disjoint collection of cylinder sets which covers $\Sigma$.
5.2. Proof of Theorem 2.8. The proof of Theorem 2.8 uses energy estimates to obtain almost sure lower bounds on Hausdorff dimension. We recall the following standard result, see, for example Theorems 4.2 and 4.13 in [21] or Theorem 8.7 in [44].
Proposition 5.2. Let $A$ be a subset of a complete metric space $(X, d)$ and let $\mu$ be a positive and finite Borel regular measure supported on $A$ whose s-energy

$$
\int_{X} \int_{X} d(x, y)^{-s} d \mu(x) d \mu(y)
$$

is finite. Then the Hausdorff dimension of $A$ is at least $s$.
Assume that $\mathcal{F}$ is a self-similar IFS as above, and let $t \geq 0$ be the similarity dimension for $\mathcal{F}$. Following Kigami [37], we introduce a probability measure $\lambda$ on the symbol space $\Sigma$ as follows:

$$
\begin{equation*}
\lambda(E)=\lim _{m \rightarrow \infty} \inf _{\Lambda} \sum_{\substack{w \in \Lambda \\ E \cap \Sigma_{w} \neq \emptyset}} r_{w}^{t}, \tag{5.4}
\end{equation*}
$$

where the infimum is taken over all partitions $\Lambda$ of $\Sigma$ into cylinder sets defined by words of length at least $m$. Note that

$$
\begin{equation*}
\lambda\left(\Sigma_{w}\right)=r_{w}^{t} \tag{5.5}
\end{equation*}
$$

for cylinder sets $\Sigma_{w}$, indeed, $\sum_{v \in \Lambda: \Sigma_{w} \cap \Sigma_{v} \neq \emptyset} r_{v}^{t}=r_{w}^{t}$ if $\Lambda$ is a partition by words of length at least $|w|$.

Let us recall the notations for $\mathbf{r}, \mathbf{P}, \alpha(\mathbf{r}), \beta(\mathbf{r})$ introduced before the statement of Theorem 2.8. In our proofs below we shall consider the measure $\lambda$ for the value $t=\beta(\mathbf{r})$ and we emphasize on the fact that $\lambda$ depends only on $\mathbf{r}$ and not on $\mathbf{P}$. We will use $\lambda$ in this connection for invariant sets $K(\mathbf{P})$ where $\mathbf{P}$ varies but $\mathbf{r}$ is fixed. Furthermore, for $\mathbf{P} \in \mathbb{G}^{M}$ we denote the canonical symbol map by $\pi_{\mathbf{P}}: \Sigma \rightarrow K(\mathbf{P})$. An essential ingredient in the proof of Theorem 2.8 is the following statement.

Proposition 5.3. Let $\mathbb{G}$ and $\mathbf{r}$ be as in Theorem 2.8, and define $\alpha=\alpha(\mathbf{r})$ and $\beta=\beta(\mathbf{r})$ as before. For each $0<R<\infty$ and $\alpha^{\prime}<\alpha$,

$$
\begin{equation*}
\int_{B(R)^{M}} \int_{\Sigma} \int_{\Sigma}\left|\pi_{\mathbf{P}}(u)-\pi_{\mathbf{P}}(v)\right|_{E}^{-\alpha^{\prime}} d \lambda(u) d \lambda(v) d \mathbf{P}<\infty \tag{5.6}
\end{equation*}
$$

where $B(R)$ denotes the (Euclidean) ball of radius $R$ in $\mathbb{G}$ centered at $o \in \mathbb{G}, d \mathbf{P}$ denotes the element of integration with respect to the $M$-fold product of Haar measures on $\mathbb{G}^{M}$, and $d \lambda$ is the measure defined in (5.4) with $t=\beta$.

Proof of Theorem 2.8. As discussed in section 2, to prove the Hausdorff dimension statements in Theorem 2.8 it suffices to prove the inequality

$$
\operatorname{dim}_{E} K(\mathbf{P}) \geq \alpha
$$

for almost every $\mathbf{P} \in \mathbb{G}^{M}$. For each $0<R<\infty$, we obtain from (5.6) that

$$
\int_{\Sigma} \int_{\Sigma}\left|\pi_{\mathbf{P}}(u)-\pi_{\mathbf{P}}(v)\right|_{E}^{-\alpha^{\prime}} d \lambda(u) d \lambda(v)<\infty
$$

for almost every $\mathbf{P} \in B(R)^{M}$, hence

$$
\int_{K(\mathbf{P})} \int_{K(\mathbf{P})}|p-q|_{E}^{-\alpha^{\prime}} d\left(\left(\pi_{\mathbf{P}}\right)_{\#} \lambda\right)(p) d\left(\left(\pi_{\mathbf{P}}\right)_{\#} \lambda\right)(q)<\infty
$$

where the integration is with respect to the pushforward measure $\left(\pi_{\mathbf{P}}\right)_{\#} \lambda$. By Proposition 5.2, $\operatorname{dim}_{E} K(\mathbf{P}) \geq \alpha^{\prime}$ for every such $\mathbf{P}$. Letting $\alpha^{\prime} \rightarrow \alpha$ and $R \rightarrow \infty$ completes the proof in the Hausdorff dimension case. The box-counting dimension case follows once we observe that condition (a) for upper box-counting dimension holds by the general theory of iterated function systems.

We derive Proposition 5.3 from the following technical lemma which is the heart of the matter in our proof.
Lemma 5.4. Assume that $\gamma:=\max \left\{r_{1}, \ldots, r_{M}\right\}<\frac{1}{2}$. For each $R<\infty$ and $0 \leq s \leq N$, there exists a constant $C=C(R, \mathbb{G}, \alpha, \gamma)$ so that

$$
\begin{equation*}
\int_{B(R)^{M}}\left|\pi_{\mathbf{P}}(v)^{-1} * \pi_{\mathbf{P}}(u)\right|_{E}^{-\alpha} d \mathbf{P} \leq \frac{C}{r_{u \wedge v}^{\beta-(\alpha)}} \tag{5.7}
\end{equation*}
$$

for all $u, v \in \Sigma$.
Proof of Proposition 5.3. Let $\beta^{\prime}=\beta_{-}\left(\alpha^{\prime}\right)$. Recall that $\beta$ is defined as in (2.9). By monotonicity of $\beta_{-}, \beta>\beta^{\prime}$. Using Fubini's theorem, (5.7), (3.3) and (5.5), we estimate the integral in (5.6) as follows:

$$
\begin{aligned}
& \int_{B(R)^{M}} \int_{\Sigma} \int_{\Sigma}\left|\pi_{\mathbf{P}}(u)-\pi_{\mathbf{P}}(v)\right|_{E}^{-\alpha^{\prime}} d \lambda(u) d \lambda(v) d \mathbf{P} \\
& \leq \int_{B(R)^{M}}\left|\pi_{\mathbf{P}}(v)^{-1} * \pi_{\mathbf{P}}(u)\right|_{E}^{-\alpha} d \mathbf{P} \\
& \leq C\left(R, \mathbb{G}, \alpha^{\prime}\right) \int_{\Sigma} \int_{\Sigma} r_{u \wedge v}^{-\beta^{\prime}} d \lambda(u) d \lambda(v) \\
&=C\left(R, \mathbb{G}, \alpha^{\prime}\right) \sum_{w \in W_{*}} \sum_{i \neq j} r_{w}^{-\beta^{\prime}} \lambda\left(\Sigma_{w i}\right) \lambda\left(\Sigma_{w j}\right) \\
& \leq C\left(R, \mathbb{G}, \alpha^{\prime}\right) \sum_{w \in W_{*}} r_{w}^{\beta-\beta^{\prime}} \lambda\left(\Sigma_{w}\right) \\
& \leq C\left(R, \mathbb{G}, \alpha^{\prime}\right) \sum_{m=1}^{\infty} 2^{-m\left(\beta-\beta^{\prime}\right)} \sum_{w \in W_{m}} \lambda\left(\Sigma_{w}\right) .
\end{aligned}
$$

The latter expression is finite since $\sum_{w \in W_{m}} \lambda\left(\Sigma_{w}\right)=1$ and $\beta>\beta^{\prime}$.
In the proof of Lemma 5.4 we will make use of the following explicit representation for the symbolic representation map $\pi_{\mathbf{P}}: \Sigma \rightarrow K(\mathbf{P})$ : if $u=u_{1} u_{2} \cdots u_{m} \cdots \in \Sigma$, then

$$
\begin{align*}
\pi_{\mathbf{P}}(u) & =\lim _{m \rightarrow \infty} F_{u_{1}} \circ \cdots \circ F_{u_{m}}(o) \\
& =\lim _{m \rightarrow \infty} p_{u_{1}} * \delta_{r_{u_{1}}}\left(p_{u_{2}} * \delta_{r_{u_{2}}}\left(p_{u_{3}} * \cdots *\left(p_{u_{m}} * \delta_{r_{u_{m}}}(o)\right) \cdots\right)\right)  \tag{5.8}\\
& =p_{u_{1}} * \delta_{r_{u_{1}}} p_{u_{2}} * \delta_{r_{u_{1}} r_{u_{2}}} p_{u_{3}} * \cdots * \delta_{r_{u_{1}} \cdots r_{u_{m-1}}} p_{u_{m}} * \cdots .
\end{align*}
$$

Proof of Lemma 5.4. Let $0<R<\infty$ and $0 \leq s \leq N$. By the Ball-Box theorem, it suffices to verify (5.7) with the region of integration replaced by the $M$-fold product of CC balls $B_{c c}(R)^{M}$.

Using the notation $|x|_{c c}=d_{c c}(x, 0)$ let us observe that if $\mathbf{P} \in B_{c c}(0, R)$, then (5.8) and iterations of the triangle inequality for $d_{c c}$ imply that

$$
\begin{align*}
\left|\pi_{\mathbf{P}}(u)\right|_{c c} & \leq\left|p_{u_{1}}\right|_{c c}+r_{u_{1}}\left|p_{u_{2}}\right|_{c c}+r_{u_{1}} r_{u_{2}}\left|p_{u_{3}}\right|_{c c}+\cdots \\
& \leq R+\frac{1}{2} R+\frac{1}{4} R+\cdots=2 R, \tag{5.9}
\end{align*}
$$

hence

$$
\pi_{\mathbf{P}}(u) \in B_{c c}(0,2 R)
$$

for all $u \in \Sigma$ and $\mathbf{P} \in B_{c c}(R)$.
Now let $u, v \in \Sigma$, let $w=u \wedge v$, and assume that $|w|=k$. Since the maps $F_{j}$ are CC similarities,

$$
d_{c c}\left(\pi_{\mathbf{P}}(u), \pi_{\mathbf{P}}(v)\right)=r_{w} d_{c c}\left(\pi_{\mathbf{P}}\left(\sigma^{k} u\right), \pi_{\mathbf{P}}\left(\sigma^{k} v\right)\right) \leq 4 R r_{w}
$$

by (5.9), so

$$
\pi_{\mathbf{P}}(v)^{-1} * \pi_{\mathbf{P}}(u) \in B_{c c}\left(0,4 R r_{w}\right)
$$

By the Ball-Box theorem, we conclude that

$$
\begin{equation*}
\left[\pi_{\mathbf{P}}(v)^{-1} * \pi_{\mathbf{P}}(u)\right]_{j} \in \operatorname{Box}_{E}^{m_{j}}\left(\left(C^{\prime} r_{w}\right)^{j}\right), \tag{5.10}
\end{equation*}
$$

where $C^{\prime}$ depends only on $R$ and $C_{B B}$ and the Euclidean box in (5.10) is taken in $\mathbb{R}^{m_{j}}$.
Next, we record a useful explicit representation for the $j$-th layer stratum of $\pi_{\mathbf{P}}(v)^{-1} * \pi_{\mathbf{P}}(u)$. Recall that $\mathbf{P}=\left(p_{1}, \ldots, p_{M}\right)$. We write each $p_{i} \in \mathbb{G}$ in exponential coordinates as $p_{i}=\left(p_{i 1}, \ldots, p_{i s}\right)$ where $p_{i j} \in \mathbb{R}^{m_{j}}$ for $j=1, \ldots, s$. Without loss of generality, we may assume that $u_{k+1}=1$ and $v_{k+1}=2$.

From (5.8) and (4.3) we find

$$
\begin{align*}
& {\left[\pi_{\mathbf{P}}(v)^{-1} * \pi_{\mathbf{P}}(u)\right]_{j}} \\
& \quad=r_{w}^{j}\left(p_{1 j}-p_{2 j}+\sum_{m=k+2}^{\infty} r_{1}^{j} r_{u_{k+2}}^{j} \cdots r_{u_{m-1}}^{j} p_{u_{m}, j}-r_{2}^{j} r_{v_{k+2}}^{j} \cdots r_{v_{m-1}}^{j} p_{v_{m}, j}\right)  \tag{5.11}\\
& \quad+\Theta_{j}\left(P_{1, j-1}, \ldots, P_{M, j-1}\right) \\
& = \\
& r_{w}^{j}\left(p_{1 j}-p_{2 j}+\sum_{i=1}^{M} E_{i j}\left(p_{i j}\right)\right)+\Theta_{j}\left(P_{1, j-1}, \ldots, P_{M, j-1}\right),
\end{align*}
$$

where $\Theta_{j}$ is a weighted homogeneous polynomial in the lower strata variables $P_{1, j-1}, \ldots, P_{M, j-1}$ and $E_{1 j}, \ldots, E_{M j}: \mathbb{R}^{m_{j}} \rightarrow \mathbb{R}^{m_{j}}$ are linear maps. In fact, each $E_{i j}$ is just a standard Euclidean dilation of $\mathbb{R}^{m_{j}}$. Here we have used the notation from (4.2) for the cumulative lower strata variables $P_{i j}$ associated to $p_{i} \in \mathbb{G}$. An explicit computation using (5.11) shows that

$$
\begin{equation*}
E_{i j}\left(x_{j}\right)=\rho_{j} x_{j}, \quad x_{j} \in \mathbb{R}^{m_{j}} \tag{5.12}
\end{equation*}
$$

where $\rho_{j}$ is the sum over $m \in \mathbb{N}$ of terms of the form $\epsilon_{m, 1} r_{\eta_{m, 1}}^{j}+\epsilon_{m, 2} r_{\eta_{m, 2}}^{j}$ with $\eta_{m, 1}, \eta_{m, 2} \in W_{m}$ and $\left(\epsilon_{m, 1}, \epsilon_{m, 2}\right) \in\{(0,0),(+1,0),(0,-1),(+1,-1)\}$. Note that $\eta_{m, i}$ and $\epsilon_{m, i}, i=1,2$ (hence also $\rho_{j}$ and $E_{i j}$ ) depend on $u$ and $v$; see the middle expression in (5.11) for the explicit formula. For simplicity, we omit mention of this dependence in the notation.

The following argument is inspired by Falconer [20]. Our goal is to show that for each $0 \leq l \leq s-1$ the change of variables $\mathbf{P} \rightarrow \mathbf{P}$ defined by

$$
\begin{align*}
& p_{1 j} \mapsto \begin{cases}q_{j}:=\left[\pi_{\mathbf{P}}(v)^{-1} * \pi_{\mathbf{P}}(u)\right]_{j}, & j=1, \ldots, l+1, \\
p_{1 j}, & j=l+2, \ldots, s,\end{cases}  \tag{5.13}\\
& p_{i j} \mapsto p_{i j}, \quad i=2, \ldots, M, j=1, \ldots, s,
\end{align*}
$$

is invertible.
Since $r_{i} \leq \gamma<\frac{1}{2}$ for all $i$ and $j \geq 1$, (5.12) yields

$$
\| E_{i j}| |=\left|\rho_{j}\right| \leq \sum_{m=1}^{\infty} \max \left\{\left|\epsilon_{m, 1}\right|,\left|\epsilon_{m, 2}\right|\right\} \gamma^{j m} \leq \sum_{m=1}^{\infty} \gamma^{j m}=\frac{\gamma^{j}}{1-\gamma^{j}}<1
$$

for each $i$, thus $E_{i j}$ is a strict contraction and $I+E_{1 j}$ is invertible with

$$
\begin{equation*}
\left\|\left(I+E_{1 j}\right)^{-1}\right\| \leq \frac{1-\gamma^{j}}{1-2 \gamma^{j}} \tag{5.14}
\end{equation*}
$$

Using the lower triangular form of (5.11) it follows that the change of variables (5.13) is invertible. We compute its Jacobian determinant as:

$$
\begin{equation*}
d q_{j}=r_{w}^{j m_{j}} \operatorname{det}\left(I+E_{1 j}\right) d p_{1 j} \tag{5.15}
\end{equation*}
$$

and observe that

$$
\begin{equation*}
\operatorname{det}\left(\left(I+E_{1 j}\right)^{-1}\right) \leq\left\|\left(I+E_{1 j}\right)^{-1}\right\|^{m_{j}} \leq\left(\frac{1-\gamma^{j}}{1-2 \gamma^{j}}\right)^{m_{j}} \tag{5.16}
\end{equation*}
$$

by Hadamard's inequality and (5.14).
Finally, we estimate

$$
\begin{equation*}
I:=\int_{B_{c c}(R)^{M}}\left|\pi_{\mathbf{P}}(v)^{-1} * \pi_{\mathbf{P}}(u)\right|_{E}^{-\alpha} d \mathbf{P} \tag{5.17}
\end{equation*}
$$

We fix $\ell=\ell(\alpha) \in\{0, \ldots, s-1\}$ as in the statement of Theorem 2.4: $l$ is the unique integer satisfying

$$
\sum_{j=0}^{\ell} m_{j}<\alpha \leq \sum_{j=0}^{\ell+1} m_{j}
$$

We bound the integrand in (5.17) from above by

$$
\left|\left(\left[\pi_{\mathbf{P}}(v)^{-1} * \pi_{\mathbf{P}}(u)\right]_{1}, \ldots,\left[\pi_{\mathbf{P}}(v)^{-1} * \pi_{\mathbf{P}}(u)\right]_{\ell+1}\right)\right|_{E}^{-\alpha} .
$$

Making the preceding change of variables and using (5.10), (5.15) and (5.16), we conclude that

$$
I \leq C(R, \mathbb{G}, \gamma) r_{w}^{-\sum_{j=0}^{\ell+1} j m_{j}} \times \int_{\operatorname{Box}_{E}^{m_{1}}\left(C^{\prime} r_{w}\right)} \cdots \int_{\operatorname{Box}_{E}^{m_{\ell+1}}\left(\left(C^{\prime} r_{w}\right)^{l+1}\right)}\left|\left(q_{1}, \ldots, q_{\ell+1}\right)\right|_{E}^{-\alpha} d q_{\ell+1} \cdots d q_{1}
$$

or more simply,

$$
I \leq C(R, \mathbb{G}, \gamma) r_{w}^{-\sum_{j=0}^{\ell+1} j m_{j}} \int_{\Pi_{\ell+1} \operatorname{Box}_{c c}\left(C^{\prime} r_{w}\right)}\left|Q_{\ell+1}\right|_{E}^{-\alpha} d Q_{\ell+1}
$$

To conclude the proof, we write

$$
\Pi_{\ell+1} \operatorname{Box}_{c c}\left(C^{\prime} r_{w}\right)=\bigcup_{\sigma \subset S} A_{\sigma}
$$

where the union is taken over all subsets $\sigma$ of $S=\{1, \ldots, \ell+1\}$ and $A_{\sigma}$ denotes the set of points $Q_{\ell+1}=\left(q_{1}, \ldots, q_{\ell+1}\right)$ in $\Pi_{\ell+1} \operatorname{Box}_{c c}\left(C^{\prime} r_{w}\right)$ for which $\left|q_{j}\right| \leq\left(C^{\prime} r_{w}\right)^{\ell+1}$ for all $j \in \sigma$. Then

$$
\int_{A_{S}}\left|Q_{\ell+1}\right|_{E}^{-\alpha} d Q_{\ell+1} \leq \int_{B_{E}^{\sum_{j=0}^{\ell+1} m_{j}}\left(\sqrt{N}\left(C^{\prime} r_{w}\right)^{\ell+1}\right)}\left|Q_{\ell+1}\right|_{E}^{-\alpha} d Q_{\ell+1}
$$

and

$$
\int_{A_{\sigma}}\left|Q_{\ell+1}\right|_{E}^{-\alpha} d Q_{\ell+1} \leq r_{w}^{\sum_{j \in S \backslash \sigma} j m_{j}} \int_{\mathbb{R}^{\Sigma_{j \in \sigma} m_{j}} \backslash B_{E}^{\sum_{j \in \sigma} m_{j}}\left(\left(C^{\prime} r_{w}\right)^{\ell+1}\right)}\left|Q_{\sigma}\right|_{E}^{-\alpha} d Q_{\sigma}
$$

for $\sigma=\left\{\sigma_{1}, \ldots, \sigma_{\# \sigma}\right\} \subsetneq S$ (with obvious notation $Q_{\sigma}=\left(q_{\sigma_{1}}, \ldots, q_{\sigma_{\# \sigma}}\right)$ ). In either case we obtain

$$
\int_{A_{\sigma}}\left|Q_{\ell+1}\right|_{E}^{-\alpha} d Q_{\ell+1} \leq C(R, \mathbb{G}, \alpha) r_{w}^{(\ell+1)\left(\sum_{j=1}^{\ell+1} m_{j}-\alpha\right)}
$$

summing over all subsets of $S$ yields

$$
I \leq C(R, \mathbb{G}, \alpha, \gamma) r_{w}^{-\sum_{j=0}^{\ell+1} j m_{j}} r_{w}^{(\ell+1)\left(\sum_{j=0}^{\ell+1} m_{j}-\alpha\right)}=C(R, \mathbb{G}, \alpha, \gamma) r_{w}^{-\beta-(\alpha)} .
$$

This completes the proof of Lemma 5.4.

## 6. Jet spaces

Our goal in this section is twofold. First, we will illustrate the main results of this paper in the context of a well-known explicit class of Carnot groups: the jet spaces $J^{k}(\mathbb{R}, \mathbb{R})$. In the standard Carnot group presentation of $J^{k}(\mathbb{R}, \mathbb{R})$, similarity maps are polynomial in the underlying Euclidean geometry.

In the second part of the section will describe an alternate Carnot group presentation of $J^{k}(\mathbb{R}, \mathbb{R})$ for which similarities are affine maps in the Euclidean geometry and indeed, for which the constituent linear maps are given by triangular matrices. We will then relate our work to that of Falconer and Miao in [18].
6.1. Jet spaces as Carnot groups: the classical model. References for this material include section 6.4 in $[47, \S 6.4],[58]$ and [59]. General discussions of the geometry of jet spaces and jet bundles can be found in [51] and [53].

The $k$-th order Taylor polynomial of a $C^{k}$ function $\mathbf{f}: \mathbb{R} \rightarrow \mathbb{R}$ at a point $x_{0} \in \mathbb{R}$ is

$$
\left(T_{x_{0}}^{k} \mathbf{f}\right)(\xi)=\sum_{i=0}^{k} \mathbf{f}^{(i)}\left(x_{0}\right) \frac{\left(\xi-x_{0}\right)^{i}}{i!}
$$

Two functions $\mathbf{f}_{1}, \mathbf{f}_{2} \in C^{k}(\mathbb{R})$ are defined to be equivalent at $x_{0}$, written $\mathbf{f}_{1} \sim_{x_{0}} \mathbf{f}_{2}$, if $T_{x_{0}}^{k} \mathbf{f}_{1}=T_{x_{0}}^{k} \mathbf{f}_{2}$. The equivalence class of $\mathbf{f}$ is the $k$-jet of $\mathbf{f}$ at $x_{0}$, $\operatorname{denoted}^{\operatorname{jet}}{ }_{x_{0}}^{k}(\mathbf{f})$. The $k$-th order jet space is

$$
J^{k}(\mathbb{R}, \mathbb{R}):=\bigcup_{x_{0} \in \mathbb{R}} C^{k}(\mathbb{R}) / \sim_{x_{0}}
$$

We identify $J^{k}(\mathbb{R}, \mathbb{R})$ with the Euclidean space $\mathbb{R}^{k+2}$ by introducing coordinates $x: J^{k}(\mathbb{R}, \mathbb{R}) \rightarrow \mathbb{R}$ and $u_{j}: J^{k}(\mathbb{R}, \mathbb{R}) \rightarrow \mathbb{R}, 0 \leq j \leq k$, where $x\left(\operatorname{jet}_{x_{0}}^{k}(\mathbf{f})\right)=x_{0}$ and $u_{j}\left(\operatorname{jet}_{x_{0}}^{k}(\mathbf{f})\right)=\mathbf{f}^{(j)}\left(x_{0}\right)$. In this coordinate system we will write elements of $J^{k}(\mathbb{R}, \mathbb{R})$ as $(k+2)$-tuples

$$
p=\left(x, u^{(k)}\right)=\left(x, u_{k}, \ldots, u_{0}\right) .
$$

Contact and horizontal structures in $J^{k}(\mathbb{R}, \mathbb{R})$. The $k$-jet of a map $\mathbf{f} \in C^{k}(\mathbb{R})$ is the section $x_{0} \mapsto \operatorname{jet}_{x_{0}}^{k}(\mathbf{f})$ of the bundle $x: J^{k}(\mathbb{R}, \mathbb{R}) \rightarrow \mathbb{R}$. A contact form $\theta$ on $J^{k}(\mathbb{R}, \mathbb{R})$ is a 1 -form satisfying $\left(\text { jet }_{\bullet}^{k}(\mathbf{f})\right)^{*} \theta=0$ for all $k$-jets $\operatorname{jet}_{\bullet}^{k}(\mathbf{f})$. By the chain rule, the cotangent space is framed by the collection of 1-forms $d x, \omega_{k}=d u_{k}$, and $\omega_{j}=d u_{j}-u_{j+1} d x$ where $j=0, \ldots, k-1$.

The horizontal tangent bundle $\mathcal{H}$ is defined pointwise by

$$
\mathcal{H}_{p}=\left\{V \in T_{p} J^{k}(\mathbb{R}, \mathbb{R}): \omega_{j}(V)=0 \text { for all } j=0, \ldots, k-1\right\}
$$

In coordinates,

$$
V=d x(V) X+\omega_{k}(V) U_{k},
$$

where $X=\frac{\partial}{\partial x}+u_{k} \frac{\partial}{\partial u_{k-1}}+\cdots+u_{1} \frac{\partial}{\partial u_{0}}$ and $U_{j}=\frac{\partial}{\partial u_{j}}$ for $j=0, \ldots, k$. We note the nontrivial commutation relations

$$
\begin{equation*}
\left[U_{j}, X\right]=U_{j-1}, \quad j=1, \ldots, k \tag{6.1}
\end{equation*}
$$

Setting $V_{1}=\mathcal{H}=\operatorname{span}\left\{X, U_{k}\right\}$ and $V_{j}=\operatorname{span}\left\{U_{k-j+1}\right\}=\left[V_{1}, V_{j-1}\right]$ for $j=2, \ldots, k+1$, we obtain a $(k+1)$-step nilpotent Lie algebra $\mathfrak{j}^{k}=\mathfrak{j}^{k}(\mathbb{R}, \mathbb{R})=\mathfrak{v}_{1} \oplus \cdots \oplus \mathfrak{v}_{k+1}$ which gives $J^{k}(\mathbb{R}, \mathbb{R})$ the structure of a $(k+1)$-step Carnot group.

The homogeneous dimension of $J^{k}(\mathbb{R}, \mathbb{R})$ is $Q=1+\binom{k+2}{2}$ while the underlying Euclidean space is $\mathbb{R}^{k+2}$. The bases $\left\{X, U_{k}, \ldots, U_{0}\right\}$ and $\left\{d x, \omega_{k}, \ldots, \omega_{0}\right\}$ are dual. Note that it is the vector fields $X$ and $U_{k}$ which define the horizontal directions in this presentation.

Remark 6.1. $\mathfrak{j}^{1}$ is isomorphic to the Lie algebra of the first Heisenberg group, and $\mathfrak{j}^{2}$ is isomorphic to the Lie algebra of the Engel group. In general, $\mathrm{j}^{k}$ is known as the $k$ th Goursat algebra or model filiform algebra. It arises naturally in control theory as the configuration space for optimal path planning in the kinematics of multi-stage trailers, cf. [45].
The group law, dilations and similarities in $J^{k}(\mathbb{R}, \mathbb{R})$. Using the above introduced, so- called second kind coordinates, the group law reads as follows:

$$
\left(x, u^{(k)}\right) \odot\left(y, v^{(k)}\right)=\left(z, w^{(k)}\right),
$$

where $z=x+y$ and

$$
\begin{equation*}
w_{j}=v_{j}+\sum_{l=j}^{k} u_{l} \frac{y^{l-j}}{(l-j)!}, \quad 0 \leq j \leq k \tag{6.2}
\end{equation*}
$$

The dilation of $J^{k}(\mathbb{R}, \mathbb{R})$ by scaling factor $r$ is

$$
\begin{equation*}
\delta_{r}\left(x, u^{(k)}\right)=\left(r x, r u_{k}, r^{2} u_{k-1}, \ldots, r^{k+1} u_{0}\right) . \tag{6.3}
\end{equation*}
$$

From (6.2) it follows that similarities in $J^{k}(\mathbb{R}, \mathbb{R})$ are given by polynomials of degree $k+1$ in this model.

Theorem 2.4 and Theorem 2.6 applied to the case of the jet space $J^{k}(\mathbb{R}, \mathbb{R})$ read as follows.
Theorem 6.2. Let $A \subseteq J^{k}(\mathbb{R}, \mathbb{R})$ be an arbitrary subset of the jet space $J^{k}(\mathbb{R}, \mathbb{R})$ with the underlying space $\mathbb{R}^{k+2}$. Then the following sharp dimension inequality holds:

$$
\beta_{-}\left(\operatorname{dim}_{E}(A)\right) \leq \operatorname{dim}_{c c}(A) \leq \beta_{+}\left(\operatorname{dim}_{E}(A) .\right.
$$

The upper dimension comparison function for $J^{k}(\mathbb{R}, \mathbb{R})$ is

$$
\beta_{+}(\alpha)= \begin{cases}(l+1) \alpha+\binom{k-l+1}{2}, & \alpha \in[k-l, k+1-l], l=1, \ldots, k,  \tag{6.4}\\ \alpha+\binom{k+1}{2}, & \alpha \in[k, k+2] .\end{cases}
$$

The lower dimension comparison function for $J^{k}(\mathbb{R}, \mathbb{R})$ is

$$
\beta_{-}(\alpha)= \begin{cases}\alpha, & \alpha \in[0,2]  \tag{6.5}\\ (l+1) \alpha+1-\binom{l+2}{2}, & \alpha \in[l+1, l+2], \\ l=1, \ldots, k .\end{cases}
$$

6.2. Jet spaces as Carnot groups: an alternate model. We now describe another Carnot group model for the jet space $J^{k}(\mathbb{R}, \mathbb{R})$. The principal advantage of this model, in the context of this paper, is that left translation is given by affine maps in the underlying Euclidean geometry. Thus CC self-similar IFS's are Euclidean self-affine. This gives us the posibility to compare our results with the recent work of Falconer and Miao in [18].

In this model, we identify $J^{k}(\mathbb{R}, \mathbb{R})$ with $\mathbb{R}^{k+2}$ by introducing a different set of coordinates: $x: J^{k}(\mathbb{R}, \mathbb{R}) \rightarrow \mathbb{R}$ and $\tilde{u}_{j}: J^{k}(\mathbb{R}, \mathbb{R}) \rightarrow \mathbb{R}, 0 \leq j \leq k$, where $x\left(\right.$ jet $\left._{x_{0}}^{k}(\mathbf{f})\right)=x_{0}$ and

$$
\begin{equation*}
\tilde{u}_{j}\left(\operatorname{jet}_{x_{0}}^{k}(\mathbf{f})\right)=\left.\frac{\partial}{\partial \xi^{j}}\left(T_{x_{0}}^{k} \mathbf{f}\right)(\xi)\right|_{\xi=0}=\sum_{i=j}^{k} f^{(i)}\left(x_{0}\right) \frac{\left(-x_{0}\right)^{i-j}}{(i-j)!} . \tag{6.6}
\end{equation*}
$$

In these coordinates we will write elements of $J^{k}(\mathbb{R}, \mathbb{R})$ as $(k+2)$-tuples $p=\left(x, \tilde{u}^{(k)}\right)=\left(x, \tilde{u}_{k}, \ldots, \tilde{u}_{0}\right)$. We obtain from (6.6) the coordinate transformation $\phi\left(x, u^{(k)}\right)=\left(x, \tilde{u}^{(k)}\right)$, where

$$
\tilde{u}_{j}=\sum_{i=j}^{k} u_{i} \frac{(-x)^{i}}{i!}
$$

which converts between the two models. Indeed, we define the group law so that $\phi$ becomes an isomorphism, setting

$$
\left(x, \tilde{u}^{(k)}\right) *\left(y, \tilde{v}^{(k)}\right)=\phi\left(\phi^{-1}\left(x, \tilde{u}^{(k)}\right) \odot \phi^{-1}\left(y, \tilde{v}^{(k)}\right)\right)=\left(x+y, \tilde{w}^{(k)}\right)
$$

and

$$
\tilde{w}_{j}=\tilde{u}_{j}+\sum_{l=j}^{k} \tilde{v}_{l} \frac{(-x)^{l-j}}{(l-j)!}, \quad 0 \leq j \leq k
$$

It now follows that the left invariant vector fields are given by

$$
\tilde{X}=\frac{\partial}{\partial x} \quad \text { and } \quad \tilde{U}_{j}=\frac{\partial}{\partial \tilde{u}_{j}}-x \frac{\partial}{\partial \tilde{u}_{j-1}}+\cdots+\frac{1}{j!}(-x)^{j} \frac{\partial}{\partial \tilde{u}_{0}},
$$

where $0 \leq j \leq k$, and we observe that these vector fields satisfy the nontrivial commutation relations

$$
\begin{equation*}
\left[\tilde{U}_{j}, \tilde{X}\right]=\tilde{U}_{j-1}, \quad j=1, \ldots, k . \tag{6.7}
\end{equation*}
$$

Thus $\mathfrak{j}^{k}(\mathbb{R}, \mathbb{R})=\mathfrak{v}_{1} \oplus \cdots \oplus \mathfrak{v}_{k+1}$ where $\mathfrak{v}_{1}, \ldots, \mathfrak{v}_{k+1}$ correspond to the vector bundles $V_{1}=\operatorname{span}\left\{\tilde{X}, \tilde{U}_{k}\right\}$ and $V_{j}=\operatorname{span}\left\{\tilde{U}_{k-j+1}\right\}$ for $j=2, \ldots, k$. The dual forms are $d x, d \tilde{u}_{k}, \tilde{\omega}_{k-1}, \ldots, \tilde{\omega}_{0}$ where

$$
\tilde{\omega}_{j}=\sum_{\ell=j}^{k} \frac{x^{\ell-j}}{(\ell-j)!} d \tilde{u}_{\ell}
$$

for $j=0, \ldots, k-1$. In this model the dilation by scaling factor $r$ is

$$
\begin{equation*}
\delta_{r}\left(x, \tilde{u}^{(k)}\right)=\left(r x, r \tilde{u}_{k}, r^{2} \tilde{u}_{k-1}, \ldots, r^{k+1} \tilde{u}_{0}\right) . \tag{6.8}
\end{equation*}
$$

We emphasize again the crucial feature of this model: left translation $\left(y, \tilde{v}^{(k)}\right) \rightarrow\left(x, \tilde{u}^{(k)}\right) *\left(y, \tilde{v}^{(k)}\right)$ is an affine map of the underlying Euclidean space $\mathbb{R}^{k+2}$. With dilations $\delta_{r}$ defined as in (6.8), we see that the CC similarity

$$
\left(z, \tilde{w}^{(k)}\right)=F\left(x, \tilde{u}^{(k)}\right)=\left(a, \tilde{b}^{(k)}\right) * \delta_{r}\left(x, \tilde{u}^{(k)}\right),
$$

for fixed $p_{0}=\left(a, \tilde{b}^{(k)}\right) \in J^{k}(\mathbb{R}, \mathbb{R})$, takes the form $z=r x+a$ and

$$
\tilde{w}_{j}=\sum_{l=j}^{k} r^{k+1-l} \tilde{u}_{l} \frac{(-a)^{l-j}}{(l-j)!}+\tilde{b}_{j}
$$

for $0 \leq j \leq k$. Observe that $F$ is a Euclidean affine map of the form

$$
\left(\begin{array}{c}
z  \tag{6.9}\\
\tilde{w}_{k} \\
\vdots \\
\tilde{w}_{1} \\
\tilde{w}_{0}
\end{array}\right)=\left(\begin{array}{cccccc}
r & & & & & \\
0 & r & & & & \\
0 & -r a & r^{2} & & & \\
\vdots & \vdots & \ddots & \ddots & & \\
0 & \frac{r(-a)^{k-1}}{(k-1)!} & \cdots & -r^{k-1} a & r^{k} & \\
0 & \frac{r\left(-a k^{k}\right.}{k!} & \cdots & \frac{r^{k-1} a^{2}}{2} & -r^{k} a & r^{k+1}
\end{array}\right)\left(\begin{array}{c}
x \\
\tilde{u}_{k} \\
\vdots \\
\tilde{u}_{1} \\
\tilde{u}_{0}
\end{array}\right)+\left(\begin{array}{c}
a \\
\tilde{b}_{k} \\
\vdots \\
\tilde{b}_{1} \\
\tilde{b}_{0}
\end{array}\right) .
$$

6.3. A relation between self-similar sub-Riemannian fractal geometry and self-affine Euclidean fractal geometry in jet spaces. Let us recall that Theorem 5.1 of Falconer gives an explicit expression for the almost sure dimension of the invariant sets of Euclidean self-affine iterated function systems which involves taking a limit of an average of the singular value functions of iterated products of the constituent linear maps $A_{1}, \ldots, A_{M}$. Formula (5.2) is in many cases difficult to use in practice due to the presence of the limit, and further work has been done to identify specific situations where the calculation can be streamlined. In [18], Falconer and Miao provide a simple closed-form expression for the critical exponent $d(\mathbf{A})$ in case the matrices $A_{i}$
are upper triangular. According to Corollary 2.6 in [18], for a collection A of contractive upper triangular matrices $A_{1}, \ldots, A_{M}$ on $\mathbb{R}^{n}$, the critical exponent $d(\mathbf{A})$ defined in (5.2) can be recovered as follows: Let $a_{j j^{\prime}}^{i}$ denote the $\left(j, j^{\prime}\right)$-th entry in the matrix $A_{i}$. For $0<t \leq n$ define $D(t)$ piecewise on the subintervals $m-1<t \leq m, m \in\{1, \ldots, n\}$, as follows: for $m=1$ set

$$
\begin{equation*}
D(t)=\max _{j_{1}^{\prime}} \sum_{i=1}^{M}\left|a_{j_{1}^{\prime} \prime_{1}^{\prime}}^{i}\right|^{t}, \tag{6.10}
\end{equation*}
$$

and for $2 \leq m$ set

$$
\begin{equation*}
D(t)=\max _{\substack{\left\{j_{1}, \ldots, j_{m}-1\right\} \\\left\{j_{1}^{\prime}, \ldots, j_{m}^{\prime}\right\}}} \sum_{i=1}^{M}\left|\prod_{\ell=1}^{m-1} a_{j_{\ell} j_{\ell}}^{i}\right|^{m-t}\left|\prod_{\ell=1}^{m} a_{j_{\ell}^{\prime} j_{\ell}^{\prime}}^{i}\right|^{t-m+1} \tag{6.11}
\end{equation*}
$$

where the maximum is taken over all $(m-1)$-tuples $\left\{j_{1}, \ldots, j_{m-1}\right\}$ and $m$-tuples $\left\{j_{1}^{\prime}, \ldots, j_{m}^{\prime}\right\}$ with distinct entries in $\{1, \ldots, n\}$. The critical exponent $d(\mathbf{A})$ is the unique $t$ such that $D(t)=1$.

It is worth emphasizing the fact that the above expression for the critical exponent depends only on the diagonal entries of the matrices $A_{i}$. This will be important for us later on in this section.

The fact that the matrix part of $F$ is lower triangular is a feature of our presentation of $J^{k}(\mathbb{R}, \mathbb{R})$; this minor discrepancy with the Falconer-Miao formalism is immaterial. One can either permute the coordinates in $J^{k}(\mathbb{R}, \mathbb{R})$ so that the matrix part becomes upper triangular, or restate the results of [18] for lower triangular matrices.

The following statement makes the connection between Theorem 2.8 and the Falconer-Miao result.
Proposition 6.3. Fix $r_{1}, \ldots, r_{M}<1$ so that $\sum_{i=1}^{M} r_{i}^{\beta}=1$ and let $A_{1}=A_{1}\left(r_{1}, a_{1}\right), \ldots, A_{M}=$ $A_{M}\left(r_{M}, a_{m}\right)$ be matrices in the form which occur in (6.9). Then the equality

$$
\begin{equation*}
\beta=\beta_{-}(d(\mathbf{A})) \tag{6.12}
\end{equation*}
$$

holds, where $d(\mathbf{A})$ is the Falconer-Miao critical exponent defined above by the relations (6.10), (6.11) and the condition $D(d(\mathbf{A}))=1$.

Proof. Fix $r_{1}, \ldots, r_{M}<1$ so that $\sum_{i=1}^{M} r_{i}^{\beta}=1$ and let $A_{1}=A_{1}\left(r_{1}, a_{1}\right), \ldots, A_{M}=A_{M}\left(r_{M}, a_{m}\right)$ be matrices in the form which occur in (6.9). We observe that the $j$-th diagonal entry of $A_{i}\left(r_{i}, a_{i}\right)$ is

$$
r_{i}^{\max \{j-1,1\}}
$$

where $1 \leq j \leq k+2$.
We consider the expressions in (6.10) and (6.11). For $m=1$, the maximum in (6.10) occurs when $j_{1}^{\prime}=1$ and we have

$$
D(t)=\sum_{i=1}^{M} r_{i}^{t}=\sum_{i=1}^{M} r_{i}^{\beta_{-}(t)}
$$

where $0<t \leq 1$. For $2 \leq m$, the maximum in (6.11) occurs when $j_{\ell}=j_{\ell}^{\prime}=\ell$. Furthermore the parameter $l$ from Theorem 2.4 is given by $l=m-2$, and

$$
\begin{aligned}
D(t) & =\sum_{i=1}^{M} r_{i}^{(1+1+2+\cdots+(m-2))(m-t)+(1+1+2+\cdots+(m-1))(t-m+1)} \\
& =\sum_{i=1}^{M} r_{i}^{(m-1) t+1-\binom{m}{2}}=\sum_{i=1}^{M} r_{i}^{(l+1) t+1-\binom{l+2}{2}}=\sum_{i=1}^{M} r_{i}^{\beta-(t)},
\end{aligned}
$$

where $m-1<t \leq m$. (See (6.5).) Thus $D(t)=\sum_{i=1}^{M} r_{i}^{\beta_{-}(t)}$ for all $t \in[0, k+2]$ and we conclude that $\beta_{-}(d(\mathbf{A}))$ coincides with the similarity dimension of any CC self-similar IFS in $J^{k}(\mathbb{R}, \mathbb{R})$ whose matrix parts are the given matrices $A_{1}, \ldots, A_{M}$.

As a corollary to Theorem 2.8 , we observe that the dimension of the invariant set in $\mathbb{R}^{k+2}$ for a self-affine IFS consisisting of maps of the form (6.9) is equal to $d(\mathbf{A})$ almost surely. We must point out an important caveat. Falconer and Miao treat the case when the linear parts are fixed upper triangular matrices and the translation parameters vary. However, as is emphasized in [18], the expression for $D(t)$ in (6.10) and (6.11) depends only on the diagonal entries of the matrices $A_{i}$. It is therefore reasonable to expect that the value of $d(\mathbf{A})$ continues to provide the correct almost sure dimension even if variation is allowed in the linear parts, provided it only occurs in off-diagonal entries. In (6.9), we see that the matrices which arise in CC similarities of $J^{k}(\mathbb{R}, \mathbb{R})$ have precisely this dependence on the translation parameters and this expectation is confirmed by Theorem 2.8.

It would be interesting to prove the Falconer-Miao almost sure dimension formula in the more general case when the off-diagonal entries depend on the parameters in a more general manner than in (6.9).
Remark 6.4. The general jet space Carnot groups $J^{k}\left(\mathbb{R}^{m}, \mathbb{R}^{n}\right)$ (see [59]) also admit a presentation in which left translation is a Euclidean affine map. Analogs of the above results continue to hold in this setting. It would be interesting to characterize the class of Carnot groups which admit a presentation in which left translations are affine maps in the underlying Euclidean geometry, and to relate Theorem (2.8) to the results of Falconer-Miao in that case.

## 7. Another example

To further illustrate the principal application of our theory to the computation of dimensions of nonlinear Euclidean fractals, we describe another example of a three-dimensional horizontal fractal in a six-dimensional Carnot group of step four.

We consider the three-step nilpotent Lie algebra $\mathfrak{g}$ modeled by strictly upper triangular matrices of the form

$$
A=\left(\begin{array}{ccccc}
0 & x_{1} & x_{3} & x_{4} & x_{6} \\
0 & 0 & x_{2} & -x_{3} & x_{5} \\
0 & 0 & 0 & x_{1} & x_{3} \\
0 & 0 & 0 & 0 & x_{2} \\
0 & 0 & 0 & 0 & 0
\end{array}\right),
$$

and let $\mathbb{G}$ be the associated nilpotent Lie group. We identify $\mathfrak{g}$ with $\mathbb{R}^{6}$ via the correspondence $A \leftrightarrow\left(x_{1}, x_{2}, x_{3}, x_{4}, x_{5}, x_{6}\right)$. We denote by $e_{i}$ the $i$ th standard basis element in $\mathbb{R}^{6}$, and will use the same notation to refer to the corresponding element of $\mathfrak{g}$. This Lie algebra admits a stratified vector space decomposition $\mathfrak{g}=\mathfrak{v}_{1} \oplus \mathfrak{v}_{2} \oplus \mathfrak{v}_{3} \oplus \mathfrak{v}_{4}$, where $\mathfrak{v}_{1}=\operatorname{span}\left\{e_{1}, e_{2}\right\}$, $\mathfrak{v}_{2}=\operatorname{span}\left\{e_{3}\right\}$, $\mathfrak{v}_{3}=\operatorname{span}\left\{e_{4}, e_{5}\right\}$ and $\mathfrak{v}_{4}=\operatorname{span}\left\{e_{6}\right\}$. We observe the relations $\left[e_{1}, e_{2}\right]=e_{3},\left[e_{1}, e_{3}\right]=-2 e_{4}$, $\left[e_{2}, e_{3}\right]=2 e_{5},\left[e_{1}, e_{5}\right]=\left[e_{4}, e_{2}\right]=e_{6}$, all other brackets being equal to zero. Upon introducing an inner product on $\mathfrak{g}$ so that the subspaces $\mathfrak{v}_{i}$ are orthogonal, we equip $\mathbb{G}$ with the structure of a four-step Carnot group of dimension $N=6$ with strata dimensions $m_{1}=2, m_{2}=1, m_{3}=2$ and $m_{4}=1$. The homogeneous dimension is $Q=14$. The upper and lower dimension comparison functions for this group are easily computed to be

$$
\beta_{+}(\alpha)=\min \{4 \alpha, 3 \alpha+1,2 \alpha+4, \alpha+8\}
$$

and

$$
\beta_{-}(\alpha)=\max \{\alpha, 2 \alpha-2,3 \alpha-5,4 \alpha-10\} .
$$

The Carnot group multiplication is given in second kind coordinates by the operation $x \odot y=z$, where $z_{1}=x_{1}+y_{1}, z_{2}=x_{2}+y_{2}, z_{3}=x_{3}+y_{3}-x_{2} y_{1}, z_{4}=x_{4}+y_{4}+2 x_{3} y_{1}-x_{2} y_{1}^{2}$,

$$
z_{5}=x_{5}+y_{5}+2 x_{2} y_{1} y_{2}-2 x_{3} y_{2}+x_{2}^{2} y_{1},
$$

and

$$
z_{6}=x_{6}+y_{6}-x_{5} y_{1}+x_{4} y_{2}-x_{2} y_{1}^{2} y_{2}+2 x_{3} y_{1} y_{2}-\frac{1}{2} x_{2}^{2} y_{1}^{2}
$$

Observe that left translation is given by cubic maps in the underlying Euclidean geometry. Dilations in this group are of the form $\delta_{r}(x)=\left(r x_{1}, r x_{2}, r^{2} x_{3}, r^{3} x_{4}, r^{3} x_{5}, r^{4} x_{6}\right)$. The projection $\Pi_{3}: \mathbb{R}^{6} \rightarrow \mathbb{R}^{3}$ given by $x \mapsto\left(x_{1}, x_{2}, x_{3}\right)$ functions as a sub-Riemannian projection (in particular, as a contractive Lipschitz map) from $\mathbb{G}=\mathbb{R}^{6}$ to the first jet space $J^{1}(\mathbb{R}, \mathbb{R})=\mathbb{R}^{3}$ equipped with the CC metrics.
Proposition 7.1. Let $\left\{F_{i}\right\}_{1 \leq i \leq 16}$ be the Carnot-Carathéodory self-similar iterated function system in $\mathbb{G}$ consisting of the maps $F_{i}(x)=p_{i} \odot \delta_{1 / 2}\left(p_{i}^{-1} \odot x\right)$, where the points $p_{i}$ enumerate the set

$$
\{(i, j, k, 0,0,0): i \in\{0,1\}, j \in\{0,1\}, k \in\{0,1,2,3\}\}
$$

and let $S$ be the invariant set for this IFS. Then $\operatorname{dim}_{c c} S=4$ and $\operatorname{dim}_{E} S=3$.
Proof. The projection of this IFS into $J^{1}(\mathbb{R}, \mathbb{R})$ (as described in the paragraph preceding the statement of the proposition) coincides with the IFS defining the Strichartz tile $T_{2} \subset \mathbb{H}^{1}$, under the identification of $J^{1}(\mathbb{R}, \mathbb{R})$ with $\mathbb{H}^{1}$ discussed in section 6 . Thus $\Pi_{3}(S)=T_{2}$ and so

$$
\operatorname{dim}_{c c} S \geq 4 \quad \text { and } \quad \operatorname{dim}_{E} S \geq 3
$$

by (2.12) and (2.13). On the other hand, since 4 is the similarity dimension of the defining IFS $\left\{F_{i}\right\}$, we also have $\operatorname{dim}_{c c} S \leq 4$ by Theorem 4.8. Hence $\operatorname{dim}_{c c} S=4$, and then also $\operatorname{dim}_{E} S=3$ by Theorem 2.4.

Figure 5 shows projections of $S$ into various three-dimensional subspaces of $\mathbb{R}^{6}$. Curiously, these pictures suggest that all of these coordinate projections appear to have dimension strictly less than three. Note that generic three-dimensional projections of a set $S \subset \mathbb{R}^{6}$ of Hausdorff dimension three should again have Hausdorff dimension three, see, e.g., Corollary 9.4 in [44].


Figure 5. Three dimensional projections of $S$ in the 2121 Carnot group $\mathbb{G}$ : (a) into $x_{1} x_{2} x_{4}$-space, (b) into $x_{1} x_{2} x_{6}$-space, (c) into $x_{1} x_{3} x_{6}$-space, (d) into $x_{2} x_{4} x_{5}$-space, (e) into $x_{2} x_{4} x_{6}$-space, (f) into $x_{4} x_{5} x_{6}$-space

## 8. Open problems and questions

We conclude with remarks, problems and questions motivated by these investigations.
8.1. Dimension comparison for submanifolds. Solve Problem 1.1 on general Carnot groups. The original formulation of Gromov's problem concerns dimension comparison for smooth submanifolds. The solution (1.1) to this problem in $\mathbb{H}^{1}$ hints at the inherent difficulties, which exceed those involved in our solution to Problem 1.2. Indeed, while the solution to Problem 1.2 involves only the strata dimensions, the solution to Problem 1.1 involves the structure of the Lie algebra, specifically, the commutation relations. We indicate in Figure 6 the solution to Problem 1.1 in the Heisenberg groups $\mathbb{H}^{n}$ and the Engel group $\mathbb{E}$, superimposed on the regions $\Delta\left(\mathbb{H}^{n}\right)$ and $\Delta(\mathbb{E})$.


Figure 6. Solution to Problems 1.1 and 1.2 in (a) $\mathbb{H}^{n}$, (b) $\mathbb{E}$
Note that certain points with integral coordinates in $\Delta(\mathbb{E})$ are omitted in Figure 6(b). In fact, $\mathbb{E}$ contains no surfaces with CC dimension 2, nor any 3-dimensional hypersurfaces with CC dimension 4 or 5 . A more precise version of the latter assertion can be found in [30, $\S 2.1]: \mathcal{H}_{c c}^{Q-1}(S)>0$ for every hypersurface $S$ in a Carnot group $\mathbb{G}$. To see that $\mathbb{E}$ contains no surfaces with CC dimension 2, we note that the projection $\Pi_{2}: \mathbb{E}=J^{2}(\mathbb{R}, \mathbb{R}) \rightarrow J^{1}(\mathbb{R}, \mathbb{R})$ is 1-Lipschitz when domain and target are equipped with their CC metric. Let $S \subset \mathbb{E}$ be a surface. We distinguish two cases. If the projection $\Pi_{2}(S) \subset J^{1}(\mathbb{R}, \mathbb{R})$ is also a surface, then $\operatorname{dim}_{c c} S \geq \operatorname{dim}_{c c} \Pi_{2}(S)=3$ by (1.1). On the other hand, if $\Pi_{2}(S)$ is a curve, then $S$ contains a nontrivial line segment $L$ in the direction of the highest stratum, and again $\operatorname{dim}_{c c} S \geq \operatorname{dim}_{c c} L=3$.

We provide further illustration through a list of the CC Hausdorff dimensions of the coordinate subspaces of $\mathbb{E}$. Using the presentation of $\mathbb{E}$ from Example 2.2, we have that the coordinate axes have dimensions

$$
\operatorname{dim}_{c c} \exp \operatorname{span} U_{1}=\operatorname{dim}_{c c} \exp \operatorname{span} U_{2}=1,
$$

$\operatorname{dim}_{c c} \exp \operatorname{span} V=2$, and $\operatorname{dim}_{c c} \exp \operatorname{span} W=3$. Among coordinate 2 -dimensional subspaces we have

$$
\begin{gather*}
\operatorname{dim}_{c c} \exp \operatorname{span}\left\{U_{2}, V\right\}=3,  \tag{8.1}\\
\operatorname{dim}_{c c} \exp \operatorname{span}\{X, Y\}=4 \quad \text { if }\{X, Y\}=\left\{U_{1}, U_{2}\right\},\left\{U_{1}, V\right\},\left\{U_{1}, W\right\} \text { or }\left\{U_{2}, W\right\}, \tag{8.2}
\end{gather*}
$$

and

$$
\begin{equation*}
\operatorname{dim}_{c c} \exp \operatorname{span}\{V, W\}=5, \tag{8.3}
\end{equation*}
$$

while all coordinate hyperplanes have CC Hausdorff dimension 6. A more complete discussion of the Hausdorff dimensions of submanifolds of $\mathbb{E}$ can be found in section 4 of [43]. The values in (8.1)-(8.3) may be verified as a straightforward application of [43, (1.4), (1.5) and (4.2)].
8.2. Hausdorff measure sharpness in the dimension comparison theorem. Establish the sharpness theorem 2.6 for the dimension comparison problem on the level of the Hausdorff measure. More precisely, for each $\alpha$ and $\beta$ with $\beta_{-}(\alpha) \leq \beta \leq \beta_{+}(\alpha)$, find a set $A \subset \mathbb{G}$ with $0<\mathcal{H}_{E}^{\alpha}(A)<\infty$ and $0<\mathcal{H}_{c c}^{\beta}(A)<\infty$. Our approach in section 4 only provides examples of such sets for a countable family of dimension value pairs $\left(\alpha, \beta_{-}(\alpha)\right)$. The almost sure dimension formulae stated in Theorem 2.8 hold for all possible dimension pairs but Theorem 2.8 does not provide any informaion on the absolute continuity of the appropriate Hausdorff measures.
8.3. Topological structure of Carnot fractals. There are several natural topological questions which arise in connection with fractals in Carnot groups. For example, every iterated function system in $\mathbb{R}^{2}$ satisfying the open set condition lifts to iterated function systems in $\mathbb{H}^{1}$ which also satisfy the open set condition. This fact simplifies greatly the computation of the dimensions of such Heisenberg fractals as it permits the use of Theorem 4.8. The proof of the preceding observation relies on the fact that the group law in $\mathbb{H}^{1}$ (or any two-step Carnot group) involves Euclidean affine maps. We do not know when a Euclidean IFS satisfying the open set condition in the first layer of a Carnot group $\mathbb{G}$ lift to IFS in $\mathbb{G}$ which again satisfy the open set condition. Similarly, in [4] we showed that if the invariant set of an IFS in $\mathbb{R}^{2}$ is connected, then some lift to $\mathbb{H}^{1}$ is again connected, provided the contraction ratios of the defining maps were sufficiently small, and conversely, that lifts of IFS in $\mathbb{R}^{2}$ satisfying the technical post-critical finiteness condition are generically totally disconnected. Analogs of such results in more general groups remain to be established.
8.4. Exceptional sets. Estimate the size of the set of translation parameter vectors $\mathbf{P}$ for which $\operatorname{dim}_{c c} K(\mathbf{P})$ exceeds $\beta_{-}\left(\operatorname{dim}_{E} K(\mathbf{P})\right)$ by a definite amount. It should be possible to use potentialtheoretic arguments as in this paper to estimate the Hausdorff dimension (in either of the product metrics $\left(d_{E}\right)^{M}$ or $\left(d_{c c}\right)^{M}$ on $\left.\mathbb{G}^{M}\right)$ of the set of vectors $\mathbf{P}$ for which $\operatorname{dim}_{c c} K(\mathbf{P}) \geq \beta_{-}\left(\operatorname{dim}_{E} K(\mathbf{P})\right)+\epsilon$, for fixed $\epsilon>0$. A similar result in the context of the almost sure dimension theory for Euclidean self-affine sets has recently been established by Falconer and Miao [19]. It may even be the case that the exceptional set

$$
\begin{equation*}
E=\left\{\mathbf{P} \in \mathbb{G}^{M}: \operatorname{dim}_{c c} K(\mathbf{P})>\beta_{-}\left(\operatorname{dim}_{E} K(\mathbf{P})\right)\right\} \tag{8.4}
\end{equation*}
$$

lies in a hypersurface. This is true, for instance, when $\mathbb{G}=\mathbb{H}^{1}$ and $M=2$, as we now demonstrate.
Example 8.1. Let $\mathbf{r}=\left(r_{1}, r_{2}\right) \in(0,1)^{2}$ with $r_{1}+r_{2}<1$. Consider the invariant set $K(\mathbf{P})$ for $\left\{F_{1}, F_{2}\right\}, F_{i}(p)=p_{i} * \delta_{r_{i}}(p)$ as $\mathbf{P}=\left(p_{1}, p_{2}\right)$ varies in $\mathbb{H}^{1} \times \mathbb{H}^{1}$. When $\pi_{1}\left(p_{1}\right)=\pi_{1}\left(p_{2}\right), K(\mathbf{P})$ is a Cantor set lying along a translate of the $x_{3}$-axis, and satisfies $\operatorname{dim}_{c c} K(\mathbf{P})=2 \operatorname{dim}_{E} K(\mathbf{P})$. Otherwise, $K(\mathbf{P})$ is a horizontal set (in fact, a subset of a horizontal curve), and satisfies $\operatorname{dim}_{c c} K(\mathbf{P})=$ $\operatorname{dim}_{E} K(\mathbf{P})$. Thus in this case $E=\left\{\left(p_{1}, p_{2}\right): \pi_{1}\left(p_{1}\right)=\pi_{1}\left(p_{2}\right)\right\}$, a hyperplane in $\mathbb{H}^{1} \times \mathbb{H}^{1}$.
8.5. Carnot-Carathéodory manifolds. Extend the results of this paper to equiregular CarnotCarathéodory manifolds. One approach to this question would be to reduce to the Carnot group situation by studying the regularity of the exponential map which provides local parameterizations of charts on the manifold $M$ by Mitchell's approximating Carnot group [46]. If one could show that such map is locally bi-Lipschitz at regular points, the dimension comparison problem for $M$ could be related to the corresponding problem for the approximating group. Unfortunately, such parameterizations are in general only known to be bi-Hölder continuous with exponent given by the reciprocal of the step, which is too weak to provide any nontrivial information about dimension comparison on $M$. Compare the discussion in section 7.6 of [9].

These difficulties can be overcome in some situations. We indicate the solution to Problems 1.2 and 1.1 in the Martinet space $\mathbb{M}[47, \S 2.3$, Chapter 3].

Example 8.2. We recall that $\mathbb{M}$ is the Carnot-Carathéodory manifold whose underlying space is $\mathbb{R}^{3}$ (we use coordinates $\tilde{p}=(\tilde{x}, \tilde{y}, \tilde{z})$ ) with horizontal distribution $H \mathbb{M}$ given as the span of the vector
fields $\tilde{X}=\frac{\partial}{\partial \tilde{x}}$ and $\tilde{Y}=\frac{\partial}{\partial \tilde{y}}+\tilde{x}^{2} \frac{\partial}{\partial \tilde{z}}$, or equivalently as the kernel of the defining form $\tilde{\omega}=d \tilde{z}-\tilde{x}^{2} d \tilde{y}$. We note the existence of a singular locus $\Sigma=\{\tilde{p}: \tilde{x}=0\}$ in $\mathbb{M}$; the number of brackets required to span the full tangent space is equal to 2 at all points in $\mathbb{M} \backslash \Sigma$, but is equal to 3 at all points in $\Sigma$.

The CC metric on $\mathbb{M}$ is defined as for Carnot groups: $d_{c c}(\tilde{p}, \tilde{q})$ is the infimum of the lengths of all horizontal paths joining $\tilde{p}$ and $\tilde{q}$, where an absolutely continuous path $\gamma:[a, b] \rightarrow \mathbb{M}$ is horizontal if $\gamma^{\prime}(t)$ lies in $H_{\gamma(t)} \mathbb{M}$ for almost every $t$, and the length is computed with respect to the fiberwise inner product on $H \mathbb{M}$ for which $\tilde{X}$ and $\tilde{Y}$ are an orthonormal basis.

Comparing Hausdorff dimensions of subsets $A$ with respect to the sub-Riemannian and Euclidean dimensions on $\mathbb{M}=\mathbb{R}^{3}$, we find

$$
\begin{equation*}
\beta_{-}^{\mathbb{M}}\left(\operatorname{dim}_{E} A\right) \leq \operatorname{dim}_{c c} A \leq \beta_{+}^{\mathbb{M}}\left(\operatorname{dim}_{E} A\right), \tag{8.5}
\end{equation*}
$$

where $\beta_{-}^{\mathbb{M}}(\alpha)=\max \{\alpha, 2 \alpha-2\}$ and $\beta_{+}^{\mathbb{M}}(\alpha)=\min \{3 \alpha, \alpha+2,4\}$, see Figure 7 .


Figure 7. Solutions to Problems 1.2 and 1.1 in $\mathbb{M}$
To verify (8.5), we write $\mathbb{M}=\Omega_{+} \cup \Sigma \cup \Omega_{-}$, where $\Omega_{+}=\{\tilde{p}: \tilde{x}>0\}$ and $\Omega_{-}=\{\tilde{p}: \tilde{x}<0\}$. Equipped with the CC metric, each of the regions $\Omega_{ \pm}$is locally bi-Lipschitz equivalent with a domain in $\mathbb{H}^{1}$ (alternatively, $\left.J^{1}(\mathbb{R}, \mathbb{R})\right)$, in fact, the map $p=(x, y, z) \mapsto(\sqrt{x}, y, z)$ is locally biLipschitz from the domain $\left\{p \in J^{1}(\mathbb{R}, \mathbb{R}): x>0\right\}$ to $\Omega_{+} \subset \mathbb{M}$. A simple computation shows that the CC metric in the singular locus $\Sigma$ satisfies an estimate of the form

$$
d_{c c}\left(\left(0, \tilde{y}_{1}, \tilde{z}_{1}\right),\left(0, \tilde{y}_{2}, \tilde{z}_{2}\right)\right) \simeq\left|y_{1}-y_{2}\right|+\left|z_{1}-z_{2}\right|^{1 / 3} .
$$

In effect, the solutions to Problems 1.2 and 1.1 in $\mathbb{M}$ can be obtained by combining the solutions in $\mathbb{H}^{1}$ and $\Sigma$. Using product sets and Fubini-type theorems for Hausdorff measure in $\mathbb{R}^{2}$, we obtain

$$
\beta_{-}^{S}\left(\operatorname{dim}_{E} A\right) \leq \operatorname{dim}_{c c} A \leq \beta_{+}^{S}\left(\operatorname{dim}_{E} A\right), \quad \forall A \subset \Sigma
$$

where $\beta_{-}^{S}(\alpha)=\max \{\alpha, 3 \alpha-2\}$ and $\beta_{+}^{S}(\alpha)=\min \{3 \alpha, \alpha+2\}$. Since any set $A \subset \mathbb{M}$ can be decomposed in the form

$$
A=\left(A \cap \Omega_{+}\right) \cup(A \cap \Sigma) \cup\left(A \cap \Omega_{-}\right),
$$

we easily obtain (8.5). Unions of suitable examples in $\Omega_{ \pm}$and $\Sigma$ show that the bounds $\beta_{ \pm}^{\mathbb{M}}$ are sharp. Summarizing,

$$
\Delta(\mathbb{M})=\operatorname{co}\left(\Delta\left(\mathbb{H}^{1}\right) \cup \Delta(\Sigma)\right)
$$

where $\operatorname{co}(S)$ denotes the convex hull of $S$. Figure 7 also shows the corresponding solution to Problem 1.1; we leave to the reader the identification of the relevant examples.

The preceding argument demonstrates the subtleties which arise for this problem in the singular locus, where the higher commutator relations are counterbalanced by the fact that such loci are typically of a smaller (Euclidean) dimension.
8.6. Other metric spaces. Our theme in this paper has been the study of measure and dimension comparison for two compatible metrics on a common space with the aim of quantifying the degree to which sub-Riemannian metrics are non-Riemannian. It would be interesting to identify other situations where similar considerations arise. Analysis on postcritically finite self-similar fractals presents itself as a natural candidate. We refer to [37] and [57] for introductions to this fascinating subject. A sharp dimension comparison theorem relating the resistance metric associated to a Dirichlet form on a postcritically finite self-similar Euclidean fractal and the underlying Euclidean metric on such a fractal would quantify the well-known philosophy which asserts the essentially non-Euclidean character of the resistance metric. Other examples to consider could include the boundaries of various Gromov hyperbolic spaces equipped with their visual metrics. The Gromov boundaries of certain hyperbolic buildings $I_{p q}$, introduced by Bourdon [10], [11], and later studied by Bourdon and Pajot [12], [13], provide another source of metric measure spaces with good firstorder analytic properties. Note that each of these spaces is homeomorphic with the Menger curve.

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[^0]:    Date: August 6, 2007.
    Z. M. Balogh supported by the Swiss Nationalfond and Project GALA"Sub-Riemannian geometric analysis in Lie groups".
    J. T. Tyson supported by NSF grant DMS 0555869.
    B. Warhurst supported by ARC Discovery grant "Geometry of Nilpotent Groups".

