Metric measure spaces with Riemannian Ricci curvature bounded from below

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Abstract

In this paper we introduce a synthetic notion of Riemannian Ricci bounds from below for metric measure spaces \((X, d, m)\) which is stable under measured Gromov-Hausdorff convergence and rules out Finsler geometries. It can be given in terms of an enforcement of the Lott, Sturm and Villani geodesic convexity condition for the entropy coupled with the linearity of the heat flow. Besides stability, it enjoys the same tensorization, global-to-local and local-to-global properties. In these spaces, that we call RCD\((K, \infty)\) spaces, we prove that the heat flow (which can be equivalently characterized either as the flow associated to the Dirichlet form, or as the Wasserstein gradient flow of the entropy) satisfies Wasserstein contraction estimates and several regularity properties, in particular Bakry-Emery estimates and the \(L^\infty - Lip\) Feller regularization. We also prove that the distance induced by the Dirichlet form coincides with \(d\), that the local energy measure has density given by the square of Cheeger’s relaxed slope and, as a consequence, that the underlying Brownian motion has continuous paths. All these results are obtained independently of Poincaré and doubling assumptions on the metric measure structure and therefore apply also to spaces which are not locally compact, as the infinite-dimensional ones.

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1 Introduction

The problem of finding synthetic notions of Ricci curvature bounds from below has been a central object of investigation in the last years. What became clear over time (see in particular [16] and [10, Appendix 2]), is that the correct class of spaces where such a synthetic notion can be given, is that of metric measure spaces, i.e. metric spaces equipped with a reference measure which can be considered as a volume measure. The goal is then to find a notion consistent with the smooth Riemannian case, which is sufficiently weak to be stable under measured Gromov-Hausdorff limits. The problem of having stability is of course in competition with the necessity to find a condition as restrictive as possible, to describe efficiently the closure of the class of Riemannian manifolds with Ricci curvature uniformly bounded from below.

In their seminal papers Lott-Villani [30] and Sturm [45] independently attacked these questions with tools based on the theory of optimal transportation, devising stable and consistent notions. In these papers, a metric measure space \((X,d,m)\) is said to have Ricci curvature bounded from below by \(K \in \mathbb{R}\) (in short: it is a \(\text{CD}(K,\infty)\) space) if the relative entropy functional

\[
\text{Ent}_m(\mu) := \int \rho \log \rho \, dm
\]

is \(K\)-geodesically convex on the Wasserstein space \((\mathcal{P}_2(X),W_2)\).

Also, in [30], [46] a synthetic notion \(\text{CD}(K,N)\) of having Ricci curvature bounded from below by \(K\) and dimension bounded above by \(N\) was given (in [30] only the case \(K = 0\) was considered when \(N < \infty\), and a number of geometric consequences of these notions, like Brunn-Minkowski and Bishop-Gromov inequalities, have been derived. In [29] it was also proved that, at least under the nonbranching assumption, the \(\text{CD}(K,N)\) condition implies also the Poincaré inequality, see also [39] for some recent progress in this direction.

An interesting fact, proved by Cordero-Erasquin, Sturm and Villani (see the conclusions of [48]), is that \(\mathbb{R}^d\) equipped with any norm and with the Lebesgue measure, is a \(\text{CD}(0,d)\) space. More generally, Ohta showed in [32] that any smooth compact Finsler manifold is a \(\text{CD}(K,N)\) space for appropriate finite \(K,N\). However, a consequence of the analysis of tangent spaces done in [10], is that a Finsler manifold arises as limit of Riemannian manifolds with Ricci curvature uniformly bounded below and dimension uniformly bounded from above, if and
only if it is Riemannian (the case of possibly unbounded dimension of the approximating sequence is covered by the stability of the heat flow proved in [19] in conjunction with the fact that the heat flow on a Finsler manifold is linear if and only if it is Riemannian [34]).

Therefore it is natural to look for a synthetic and stable notion of Ricci curvature bound which is modeled on the Riemannian setting, allows for a finer analysis and a deeper insight. This is the scope of this paper. What we do, roughly said, is to add to the CD(\(K, \infty\)) condition the linearity of the heat flow, see below for the precise definition.

Before passing to the description of the results of this paper, we recall the main results of the “calculus” in the first paper of ours [2], needed for the development and the understanding of this one.

**Calculus in metric measure spaces.** The main goals of [2] have been the identification of two notions of gradient and two gradient flows.

The first notion of gradient, that we call *minimal relaxed gradient* and denote by \(|Df|_\ast\), is inspired by Cheeger’s work [9]: it is the local quantity that provides integral representation to the functional

\[
\text{Ch}(f) := \frac{1}{2} \inf \left\{ \liminf_{h \to \infty} \int |Df_h|^2 \, dm : f_h \in \text{Lip}(X), \int |f_h - f|^2 \, dm \to 0 \right\}
\]

(here \(|Df_h|\) is the so-called local Lipschitz constant of \(f_h\)), so that \(\text{Ch}(f) = \frac{1}{2} \int |Df|^2 \, dm\). The second notion of gradient, that we call *minimal weak upper gradient* and denote by \(|Df|_w\) is, instead, inspired by Koskela-MacManus [24] (see also Shanmugalingam’s work [42]) and based on the validity of the upper gradient property

\[
|f(\gamma_1) - f(\gamma_0)| \leq \int_0^1 |Df|_w(\gamma_t)|\dot{\gamma}_t| \, dt,
\]

on “almost all” curves \(\gamma\). A note on terminology: the wording ‘minimal weak upper gradient’ has been chosen to underline the analogy with the well known concept of upper gradients, yet, as remarked in [20] - where the notation \(|Df|_w\) has been introduced - this object is defined in duality with derivative of curves and as such is closer to a cotangent notion than to a tangent one. For this reason we preferred to use the \(D\) rather than the \(\nabla\) in the notation. The same applies to the local Lipschitz constant and the minimal relaxed slope.

We proved that the minimal weak upper gradient and the minimal relaxed gradient coincide. In addition, although our notions of null set of curves differs from [42] and the definition of \(\text{Ch}\) differs from [9], we prove, a posteriori, that the gradients coincide with those in [9], [42]. Since an approximation by Lipschitz functions is implicit in the formulation (1.1), this provides a density result of Lipschitz function in the weak Sobolev topology without any doubling and Poincaré assumption on \((X, d, m)\). In the context of the present paper, where \(\text{Ch}\) will be a quadratic form even when extended to \(m\)-measurable functions using weak upper gradients, this approximation result yields the density of Lipschitz functions in the strong Sobolev topology.

The concept of minimal relaxed gradient can be used in connection with “vertical” variations of the form \(\varepsilon \mapsto f + \varepsilon g\), which occur in the study of the \(L^2(X, m)\)-gradient flow of \(\text{Ch}\), whose semigroup we shall denote by \(H_t\). On the other hand, the concept of minimal weak upper gradient is relevant in connection with “horizontal” variations of the form \(t \mapsto f(\gamma_t)\), which play an important role when study the derivative of \(\text{Ent}_m\) along geodesics. For this
reason their identification is crucial, as we will see in Section 4. Given this identification for
granted, in the present paper most results will be presented and used at the level of minimal
weak upper gradients, in order to unify the exposition.

Finally, in CD(K, ∞) spaces we identified the L²-gradient flow Ht of Ch (in the sense
of the Hilbertian theory [7]) with the W²-gradient flow of Entm in the Wasserstein space of
probability measures P₂(X) (in the sense of De Giorgi’s metric theory, see [3] and, at this
level of generality, [19]), which we shall denote by Ht. A byproduct of this identification is an
equivalent description of the entropy dissipation rate along the flow, equal to 4 ∫ |D√Ht f|² w
and to the square of the metric derivative of µt = Ht(fm) w.r.t. W₂.

All these results have been obtained in [2] under very mild assumptions on m, which
include all measures such that e⁻c²d²(x,x₀)m is finite for some c > 0 and x₀ ∈ X. In this
paper, in order to minimize the technicalities, we assume that m is a probability measure
with finite second moment. On the other hand, no local compactness assumption on (X,d)
will be needed, so that infinite-dimensional spaces fit well into this theory.

RCD(K, ∞) metric measure spaces. Coming back to this paper, we say that a metric
measure space (X,d,m) has Riemannian Ricci curvature bounded from below by K ∈ R, and
write that (X,d,m) is RCD(K, ∞), if one of the following equivalent conditions hold:

(i) (X,d,m) is a strict CD(K, ∞) space and the W²-gradient flow of Entm is additive.

(ii) (X,d,m) is a strict CD(K, ∞) space and Ch is a quadratic form in L²(X,m), so that
the L²-heat flow of Ch is linear.

(iii) The gradient flow of Entm exists for all initial data µ with supp µ ⊂ supp m and satisfies
the EVI K condition.

The equivalence of these conditions is not at all obvious, and its proof is actually one of the
main results of this paper.

Observe that in (i) and (ii) the CD(K, ∞) is enforced on the one hand considering a
stronger convexity condition (we describe this condition in the end of the introduction, being
this aspect less relevant), on the other hand adding linearity of the heat flow. A remarkable
fact is that this combination of properties can be encoded in a single one, namely the EVI K
property. This latter property can be expressed by saying that for all ν ∈ P₂(X) with finite
entropy the gradient flow 𝔄t(µ) starting from µ satisfies

\[ \frac{d}{dt} \frac{W₂²(𝐴(µ), ν)}{2} + \frac{K}{2} W₂²(𝐴(µ), ν) + Ent_m(𝐴(µ)) \leq Ent_m(ν) \quad \text{for a.e. } t ∈ (0, ∞). \] (1.2)

It is immediate to see that the RCD(K, ∞) notion is consistent with the Riemannian case:
indeed, uniqueness of geodesics in (P₂(M), W₂) between absolutely continuous measures and
the consistency of the CD(K, ∞) notion, going back to [12, 47], yield that manifolds are
strict CD(K, ∞) spaces (see below for the definition), and the fact that Ch is quadratic is
directly encoded in the Riemannian metric tensor, yielding the linearity of the heat flow. On
the other hand, the stability of RCD(K, ∞) bounds with respect to the measured Gromov-
Hausdorff convergence introduced by Fukaya [16] (see also Sturm [45]) is a consequence, not
too difficult, of condition (iii) and the general stability properties of EVIₖ flows (see also [40,
41] for a similar statement). We remark also that thanks to the results in [22, 21, 33, 38, 49],
compact and finite-dimensional spaces with Alexandrov curvature bounded from below are RCD($K,\infty$) spaces.

Another important example of a RCD(0, $\infty$) space is provided by an Hilbert space $H$ (with the canonical distance induced by its scalar product) endowed with a log-concave probability measure $m$, see [4, Theorem 5.1].

Besides this, we prove many additional properties of RCD($K,\infty$) spaces. Having (1.2) at our disposal at the level of measures, it is easy to obtain fundamental solutions, integral representation formulas, regularizing and contractivity properties of the heat flow, which exhibits a strong Feller regularization from $L^\infty(X,m)$ to Lipschitz. Denoting by $W^{1,2}(X,d,m) \subset L^2(X,m)$ the finiteness domain of $\text{Ch}$, the identification of the $L^2$-gradient flow of $\text{Ch}$ and of the $W^2$-gradient flow of $\text{Ent}_m$ in conjunction with the $K$-contractivity of $W_2$ along the heat flow, yields, as in [21], the Bakry-Émery estimate

$$|D(H_t f)|_w^2 \leq e^{-2Kt} |H_t (|Df|_w^2)| \quad m\text{-a.e. in } X$$

for all $f \in W^{1,2}(X,d,m)$. As a consequence of this, we prove that functions $f$ whose minimal weak upper gradient $|Df|_w$ belongs to $L^\infty(X,m)$ have a Lipschitz version $\tilde{f}$, with $\text{Lip}(\tilde{f}) \leq |||Df|_w||_\infty$.

In connection with the tensorization property, namely the stability of RCD($K,\infty$) metric measure spaces with respect to product (with squared product distance given by the sum of the squares of the distances in the base spaces), we are able to achieve it assuming that the base spaces are nonbranching. This limitation is due to the fact that also for the tensorization of CD($K,\infty$) spaces the nonbranching assumption has not been ruled out so far (see [45, Theorem 4.17]). On the other hand, we are able to show that the linearity of the heat flow tensorizes, when coupled just with the strict CD($K,\infty$) condition. The nonbranching assumption on the base spaces could be avoided with a proof of the tensorization property directly at the level of EVI$_K$, but we did not succeed so far in tensorizing the EVI$_K$ condition.

Since $\text{Ch}$ is a quadratic form for RCD($K,\infty$) spaces, it is tempting to take the point of view of Dirichlet forms and to describe the objects appearing in Fukushima’s theory [17] of Dirichlet forms. In this direction, see also the recent work [25] and Remark 6.9. Independently of any curvature bound we show that, whenever $\text{Ch}$ is quadratic, a Leibnitz formula holds and there exists a “local” bilinear map $(f,g) \mapsto G(f,g)$ from $[W^{1,2}(X,d,m)]^2$ to $L^1(X,m)$, that provides an integral representation to the Dirichlet form $\mathcal{E}(u,v)$ associated to $\text{Ch}$ and satisfies $G(f,f) = |Df|_w^2$. This allows us to show that the local energy measure $[u]$ of Fukushima’s theory coincides precisely with $[D\xi_x]^2 m$. If the space is RCD($K,\infty$) then the intrinsic distance $d_\mathcal{E}$, associated to the Dirichlet form by duality with functions $u$ satisfying $[u] \leq m$ is precisely $d$. The theory of Dirichlet forms can also be applied to obtain the existence of a continuous Brownian motion in RCD($K,\infty$) spaces, i.e. a Markov process with continuous sample paths and transition probabilities given by $\mathcal{H}_t(\delta_x)$.

Besides the extension to more general classes of reference measures $m$, we believe that this paper opens the door to many potential developments: among them we would like to mention the dimensional theory, namely finding appropriate “Riemannian” versions of the CD($K,N$) condition, and the study of the tangent space. In connection with the former question, since CD($K,N$) spaces are CD($K,\infty$), a first step could be analyzing them with the calculus tools we developed and to see the impact of the linearity of the heat flow and of the EVI$_K$ condition stated at the level of $\text{Ent}_m$. Concerning the latter question, it is pretty natural to expect RCD($K,\infty$) spaces to have Hilbertian tangent space for $m$-a.e. point. While
Plan of the paper. In Section 2 we introduce our main notation and the preliminary results needed for the development of the paper. With the exception of Section 2.4, where we quote from [2] the basic results we already alluded to, namely the identification of weak gradients and relaxed gradients and the identification of \( L^2 \)-gradient flow of \( \text{Ch} \) and \( W_2 \)-gradient flow of \( \text{Ent}_m \), the material is basically known. Particularly relevant for us will be the EVI\( _K \) formulation of gradient flows, discussed in Section 2.5.

In Section 3 we introduce a convexity condition, that we call strict \( \text{CD}(K, \infty) \), intermediate between the \( \text{CD}(K, \infty) \) condition, where convexity is required along some geodesic, and convexity along all geodesics. It can be stated by saying that, given any two measures, there is always an optimal geodesic plan \( \pi \) joining them such that the \( K \)-convexity holds along all the geodesics induced by weighted plans of the form \( F \pi \), where \( F \) is a bounded, non-negative function with \( \int F \, d\pi = 1 \). We also know from [14] that the EVI\( _K \) condition implies convexity along all geodesics supported in \( \text{supp} \, m \), and therefore the strict \( \text{CD}(K, \infty) \) property.

This enforcement of the \( \text{CD}(K, \infty) \) condition is needed to derive strong \( L^\infty \) bounds on the interpolating measures induced by the “good” geodesic plans. These “good” interpolating measures provide large class of test plans and are used to show, in this framework, that the “metric Brenier” theorem [2, Theorem 10.3] holds. Roughly speaking, this theorem states that, when one transports in an optimal way \( \mu \) to \( \nu \), the transportation distance \( d(\gamma_0, \gamma_1) \) depends \( \pi \)-almost surely only on the initial point \( \gamma_0 \) (and in particular it is independent on the final point \( \gamma_1 \)). Furthermore, the proof of this result provides the equality \( d(\gamma_0, \gamma_1) = |D^+ \varphi(\gamma_0)| = |D \varphi|_w(\gamma_1) \) for \( \pi \)-a.e. \( \gamma \), where \( \varphi \) is any Kantorovich potential relative to \( (\mu, \nu) \). This equality will be crucial for us when proving optimal bounds for the derivative of \( \text{Ent}_m \) along geodesics.

In Section 4 we enter the core of the paper with two basic formulas, one for the derivative of the Wasserstein distance along the heat flow (\( \rho_t m \)) (Theorem 4.1), obviously important for a deeper understanding of (1.2), the other one for the derivative of the entropy (Theorem 4.8) along a geodesic \( \mu_s = \rho_s m \). The proof of the first one uses the classical duality method and relates the derivative of \( W_2^2(\rho_t m, \nu) \) to the “vertical” derivative of the density \( \rho_t \) in the direction given by Kantorovich potential from \( \rho_t m \) to \( \nu \). The second one involves much more the calculus tools we developed. The key idea is to start from the (classical) convexity inequality for the entropy, written in terms of the optimal geodesic plan \( \pi \) from \( \rho_0 m \) to \( \rho_1 m \) and then use the crucial Lemma 4.5, relating the “horizontal” derivatives appearing in (1.3) to the “vertical” ones. In Section 4.3 the same lemma, applied to suitable plans generated by the heat flow, is the key to deduce a local quadratic structure from a globally quadratic Cheeger energy and to develop useful calculus tools, leading in particular to the identification of \( |Du|_{L^2}^2 m \) with the energy measure \([u]\) provided by the general theory of Dirichlet forms.

Section 5 is devoted to the proof of the equivalence of the three conditions defining \( \text{RCD}(K, \infty) \) spaces, while the final Section 6 treats all properties of \( \text{RCD}(K, \infty) \) spaces we already discussed: representation, contraction, and regularizing properties of the heat flow, relations with the theory of Dirichlet forms and existence of the Brownian motion, stability,
tensorization. We also discuss, in the last section, the so-called global-to-local and local-to-global implications. We prove that the first one always holds if the subset under consideration is convex, with positive $m$-measure and $m$-negligible boundary. We also prove a partial result in the other direction, from local to global, comparable to those available within the CD($K,\infty$) theory.

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2 Preliminaries

2.1 Basic notation, metric and measure theoretic concepts

Unless otherwise stated, all metric spaces $(Y,d_Y)$ we will be dealing with are complete and separable. Given a function $E : Y \to \mathbb{R} \cup \{\pm\infty\}$, we shall denote its domain $\{y : E(y) \in \mathbb{R}\}$ by $D(E)$. The slope (also called local Lipschitz constant) $|DE|(y)$ of $E$ at $y \in D(E)$ is defined by

$$|DE|(y) := \limsup_{z \to y} \frac{|E(y) - E(z)|}{d_Y(y,z)}.$$  \hspace{1cm} (2.1)

By convention we put $|DE|(y) = +\infty$ if $y \notin D(E)$ and $|DE|(y) = 0$ if $y \in D(E)$ is isolated.

We shall also need the one-sided counterparts of this concept, namely the descending slope (in the theory of gradient flows) and the ascending slope (in the theory of Kantorovich potentials). They are defined at $y \in D(E)$ by

$$|D^-E|(y) := \limsup_{z \to y} \frac{(E(z) - E(y))^+}{d_Y(y,z)}, \quad |D^+E|(y) := \limsup_{z \to y} \frac{(E(z) - E(y))^+}{d_Y(z,y)},$$

with the usual conventions if either $y$ is isolated or it does not belong to $D(E)$.

We will denote by $C([0,1];Y)$ the space of continuous curves on $(Y,d_Y)$; it is a complete and separable metric space when endowed with the sup norm. We also denote with $e_t : C([0,1];Y) \to Y$, $t \in [0,1]$, the evaluation maps

$$e_t(\gamma) := \gamma_t \quad \forall \gamma \in C([0,1];Y).$$

A curve $\gamma : [0,1] \to Y$ is said to be absolutely continuous if

$$d_Y(\gamma_t, \gamma_s) \leq \int_s^t g(r) \, dr \quad \forall s, t \in [0,1], \ s \leq t,$$  \hspace{1cm} (2.2)

for some $g \in L^1(0,1)$. If $\gamma$ is absolutely continuous, the metric speed $|\dot{\gamma}| : [0,1] \to [0,\infty]$ is defined by

$$|\dot{\gamma}| := \lim_{h \to 0} \frac{d_Y(\gamma_{t+h}, \gamma_t)}{|h|},$$

and it is possible to prove that the limit exists for a.e. $t$, that $|\dot{\gamma}| \in L^1(0,1)$, and that it is the minimal $L^1$ function (up to Lebesgue negligible sets) for which the bound (2.2) holds (see [3, Theorem 1.1.2] for the simple proof).

We shall denote by $AC^2([0,1];Y)$ the class of absolutely continuous curves with metric derivative in $L^2(0,1)$; it is easily seen to be a countable union of closed sets in $C([0,1];Y)$ and in particular a Borel subset.
A curve $\gamma \in C([0,1]; Y)$ is called constant speed geodesic if $d_Y(\gamma_t, \gamma_s) = |t-s|d_Y(\gamma_0, \gamma_1)$ for all $s, t \in [0,1]$. We shall denote by Geo($Y$) the space of constant speed geodesics, which is a closed (thus complete and separable) subset of $C([0,1]; Y)$.

$(Y,d_Y)$ is called a length space if for any $y_0, y_1 \in Y$ and $\varepsilon > 0$ there exists $\gamma \in AC([0,1]; Y)$ such that

$$\gamma_0 = y_0, \gamma_1 = y_1 \quad \text{and} \quad \text{Length}(\gamma) := \int_0^1 |\dot{\gamma}_t| \, dt \leq d_Y(y_0, y_1) + \varepsilon.$$  \hfill (2.3)

If for any $y_0, y_1 \in Y$ one can find $\gamma$ satisfying (2.3) with $\varepsilon = 0$ (and thus, up to a reparameterization, $\gamma \in Geo(Y)$), we say that $(Y, d_Y)$ is a geodesic space. We also apply the above definitions to (even non closed) subsets $Z \subset Y$, always endowed with the distance $d_Y$ induced by $Y$. It is worth noticing that if $Z$ is a length space in $Y$, then $Z$ is a length space in $Y$ as well [8, Ex. 2.4.18].

We use standard measure theoretic notation, as $C_b(X)$ for bounded continuous maps, $f_*$ for the push forward operator induced by a Borel map $f$, namely $f_*\mu(A) := \mu(f^{-1}(A))$, $\mu \res A$ for the restriction operator, namely $\mu \res A(B) = \mu(A \cap B)$.

### 2.2 Reminders on optimal transport

We assume that the reader is familiar with optimal transport, here we just recall the notation we are going to use in this paper and some potentially less known constructions. Standard references are [1, 3, 48] and occasionally we give precise references for the facts stated here.

Given a complete and separable space $(X, d)$, $\mathcal{P}_2(X)$ is the set of Borel probability measures with finite second moment, which we endow with the Wasserstein distance $W_2$ defined by

$$W_2^2(\mu, \nu) := \min \int d^2(x, y) \, d\gamma(x, y),$$  \hfill (2.4)

the minimum being taken among the collection $\text{Adm}(\mu, \nu)$ of all admissible plans (also called couplings) $\gamma$ from $\mu$ to $\nu$, i.e. all measures $\gamma \in \mathcal{P}(X \times X)$ such that $\pi_1^*\gamma = \mu, \pi_2^*\gamma = \nu$. All the minimizers of (2.4) are called optimal plans and their collection (always non empty, since $\mu, \nu \in \mathcal{P}_2(X)$) is denoted by $\text{Opt}(\mu, \nu)$. The metric space $(\mathcal{P}_2(X), W_2)$ is complete and separable; it is also a length or a geodesic space if and only if $X$ is, see for instance [1, Theorem 2.10, Remark 2.14].

Given a reference measure $m$, we shall also use the notation

$$\mathcal{P}_2(X, m) := \{ \mu \in \mathcal{P}_2(X) : \text{supp} \mu \subset \text{supp} m \}.$$  

The $c$-transform of a function $\psi : X \to \mathbb{R} \cup \{-\infty\}$, relative to the cost $c = \frac{1}{2}d^2$, is defined by

$$\psi^c(x) := \inf_{y \in X} \frac{d^2(x, y)}{2} - \psi(y).$$

Notice that still $\psi^c$ takes its values in $\mathbb{R} \cup \{-\infty\}$, unless $\psi \equiv -\infty$. A function $\varphi : X \to \mathbb{R} \cup \{-\infty\}$ is said to be $c$-concave if $\varphi = \psi^c$ for some $\psi : X \to \mathbb{R} \cup \{-\infty\}$. A set $\Gamma \subset X \times X$ is $c$-cyclically monotone if

$$\sum_{i=1}^n c(x_i, y_i) \leq \sum_{i=1}^n c(x_i, y_{\sigma(i)}) \quad \forall n \geq 1, \ (x_i, y_i) \in \Gamma, \ \sigma \text{ permutation}.$$
Given $\mu, \nu \in \mathcal{P}_2(X)$ there exists a $c$-cyclically monotone closed set $\Gamma$ containing the support of all optimal plans $\gamma$. In addition, there exists a (possibly non unique) $c$-concave function $\varphi \in L^1(X, \mu)$ such that $\varphi^e \in L^1(X, \nu)$ and $\varphi(x) + \varphi^e(y) = c(x, y)$ on $\Gamma$. Such functions are called Kantorovich potentials. We remark that the typical construction of $\varphi$ (see for instance [3, Theorem 6.1.4]) gives that $\varphi$ is locally Lipschitz in $X$ if the target measure $\nu$ has bounded support. Conversely, it can be proved that $\gamma \in \text{Adm}(\mu, \nu)$ and $\text{supp} \gamma$ $c$-cyclically monotone imply that $\gamma$ is an optimal plan.

It is not hard to check that (see for instance [2, Proposition 3.9])

$$|D^+ \varphi|(x) \leq d(x, y) \quad \text{for } \gamma\text{-a.e. } (x, y),$$

(2.5)

for any optimal plan $\gamma$ and Kantorovich potential $\varphi$ from $\mu$ to $\nu$.

If $\mu$ and $\nu$ are joined by a geodesic in $(\mathcal{P}_2(X), W_2)$, the distance $W_2$ can be equivalently characterized by

$$W_2^2(\mu, \nu) = \min \int_0^1 |\gamma_t|^2 \, d\pi(\gamma),$$

(2.6)

among all measures $\pi \in \mathcal{P}(C([0, 1]; X))$ such that $(e_0)_{\pi} = \mu$, $(e_1)_{\pi} = \nu$, where the 2-action $\int_0^1 |\gamma_t|^2 \, dt$ is taken by definition $+\infty$ if $\gamma$ is not absolutely continuous. The set of minimizing plans $\pi$ in (2.6) will be denoted by $\text{GeoOpt}(\mu, \nu)$. It is not difficult to see that $\pi \in \text{GeoOpt}(\mu, \nu)$ if and only if $\gamma := (e_0, e_1)_{\pi} \in \mathcal{P}(X \times X)$ is a minimizer in (2.4) and $\pi$ is concentrated on $\text{Geo}(X)$. Furthermore, a curve $(\mu_t)$ is a constant speed geodesic from $\mu_0$ to $\mu_1$ if and only if there exists $\pi \in \text{GeoOpt}(\mu_0, \mu_1)$ such that

$$\mu_t = (e_t)_{\pi} \quad \forall t \in [0, 1],$$

see for instance [1, Theorem 2.10] and notice that the assumption that $(X, d)$ is geodesic is never used in the proof of (i) $\iff$ (ii).

The linearity of the transport problem immediately yields that the squared Wasserstein distance $W_2^2(\cdot, \cdot)$ is jointly convex. This fact easily implies that if $(\mu^1_t), (\mu^2_t) \subset \mathcal{P}_2(X)$ are two absolutely continuous curves, so is $t \mapsto \mu_t := (1 - \lambda)\mu^1_t + \lambda\mu^2_t$ for any $\lambda \in [0, 1]$, with an explicit bound on its metric speed:

$$|\dot{\mu}_t|^2 \leq (1 - \lambda)|\dot{\mu}^1_t|^2 + \lambda|\dot{\mu}^2_t|^2 \quad \text{for a.e. } t \in [0, 1].$$

(2.7)

Finally, we recall the definition of push forward via a plan, introduced in [45] (with a different notation) and further studied in [19], [2].

**Definition 2.1 (Push forward via a plan)** Let $\gamma \in \mathcal{P}(X \times Y)$. For $\mu \in \mathcal{P}(X)$ such that $\mu = \rho(\pi_x^X \gamma) \ll \pi_x^X \gamma$, the push forward $\gamma_{\pi \gamma} \in \mathcal{P}(Y)$ of $\mu$ via $\gamma$ is defined by

$$\gamma_{\pi \gamma} := \pi_y^Y((\rho \circ \pi^X)\gamma).$$

An equivalent representation of $\gamma_{\pi \gamma}$ is

$$\gamma_{\pi \gamma} = \eta \pi_y^Y \gamma \quad \text{where } \eta(y) := \int \rho(x) \, d\gamma_y(x)$$

(2.8)

and $\{\gamma_y\}_{y \in Y} \subset \mathcal{P}(X)$ is the disintegration of $\gamma$ w.r.t. the projection on $Y$. 9
Defining $\gamma^{-1} := (\pi^Y, \pi^X)_* \gamma \in \mathcal{P}(Y \times X)$, we can define in a symmetric way the map $\nu \mapsto \gamma_z^{-1} \nu \in \mathcal{P}(X)$ for any $\nu \ll \pi^Y_z \gamma^{-1} = \pi^Y_z \gamma$.

Notice that if $\gamma$ is concentrated on the graph of a map $T : X \to Y$, it holds $\gamma_z \mu = T_z \mu$ for any $\mu \ll \pi^X_z \gamma$, and that typically $\gamma_z^{-1}(\gamma_z \mu) \neq \mu$. We collect in the following proposition the basic properties of $\gamma_z$ in connection with the Wasserstein distance.

**Proposition 2.2** The following properties hold:

(i) Let $\mu \leq C \, \pi^1_2 \gamma$ for some $C > 0$ implies $\gamma_z \mu \leq C \, \pi^2_2 \gamma$.

(ii) Let $\mu, \nu \in \mathcal{P}_2(X)$ and $\gamma \in \text{Opt}(\mu, \nu)$. Then for every $\tilde{\mu} \in \mathcal{P}_2(X)$ such that $\tilde{\mu} \ll \mu$ it holds

$$W^2_2(\tilde{\mu}, \gamma \tilde{\mu}) = \int d^2(x, y) \frac{d\tilde{\mu}}{d\mu}(x) d\gamma(x, y)$$

(2.9)

and, in particular, $\gamma \tilde{\mu} \in \mathcal{P}_2(Y)$ and $\frac{d\tilde{\mu}}{d\mu} \circ \pi^1_2 \gamma \in \text{Opt}(\tilde{\mu}, \gamma \tilde{\mu})$ if any of the two terms is finite.

(iii) Let $\gamma \in \mathcal{P}_2(X \times Y)$, $C > 0$ and $A_C := \{ \mu \in \mathcal{P}_2(X) : \mu \leq C \, \pi^1_2 \gamma \}$. Then

$$\mu \mapsto \gamma_z \mu \text{ is uniformly continuous in } A_C \text{ w.r.t. the } W_2 \text{ distances.}$$

(2.10)

(iv) Let $\gamma \in \mathcal{P}_2(X \times X)$ and $\mu \leq C \, \pi^1_2 \gamma$ for some constant $C$. Then

$$W^2_2(\mu, \gamma_z \mu) \leq C \int d^2(x, y) d\gamma(x, y).$$

(2.11)

**Proof.** (i) is obvious. (ii) Since $\gamma$ is optimal, $\text{supp} \left( \frac{d\tilde{\mu}}{d\mu} \circ \pi^1_2 \gamma \right) \subset \text{supp} \gamma$ is $c$-cyclically monotone. Moreover $\frac{d\tilde{\mu}}{d\mu} \circ \pi^1_2 \gamma$ is an admissible plan from $\tilde{\mu}$ to $\gamma_z \tilde{\mu}$, with cost equal to the right hand side of (2.9). Hence, if the cost is finite, from the finiteness of $W^2_2(\tilde{\mu}, \gamma \tilde{\mu})$ we infer that $\gamma \tilde{\mu} \in \mathcal{P}_2(X)$, hence $c$-cyclical monotonicity implies optimality and equality in (2.9). The same argument works if we assume that $W^2_2(\tilde{\mu}, \gamma \tilde{\mu})$ is finite.

(iii) Since the singleton $\{ \pi^1_2 \gamma \}$ is both tight and 2-uniformly integrable, the same is true for the set $A_C$, which, being $W_2$-closed, is compact (see [3, Section 5.1] for the relevant definitions and simple proofs). Hence it is sufficient to prove the continuity of the map. Let $(\mu_n) \subset A_C$ be $W_2$-converging to $\mu \in A_C$ and let $\rho_n, \rho$ be the respective densities w.r.t. $\pi^1_2 \gamma$. Since $(\mu_n)$ converges to $\mu$ in duality with $C_b(X)$ and since the densities are equibounded, we get that $\rho_n$ converge to $\rho$ weakly* in $L^\infty(X, \pi^1_2 \gamma)$. By (i) and the same argument just used we know that $(\gamma_z \mu_n) \subset \mathcal{P}_2(Y)$ is relatively compact w.r.t. the Wasserstein topology, hence to conclude it is sufficient to show that $(\gamma_z \mu_n)$ converges to $\gamma_z \mu$ in duality with $C_b(Y)$. To this aim, fix $\varphi \in C_b(Y)$ and notice that it holds

$$\int_Y \varphi(y) d\gamma_z \mu_n(y) = \int_{X \times Y} \varphi(y) \rho_n(x) d\gamma(x, y) = \int \left( \int_Y \varphi(y) d\gamma_z(y) \right) \rho_n(x) d\pi^1_2 \gamma(x),$$

where $\{ \gamma_x \}$ is the disintegration of $\gamma$ w.r.t. the projection on the first component. Since $\varphi$ is bounded, so is the map $x \mapsto \int \varphi d\gamma_z(x)$, and the claim follows.

(iv) Just notice that $\frac{d\mu}{d\pi^1_2 \gamma} \circ \pi^1_2 \gamma \in \text{Adm}(\mu, \gamma_z \mu)$. \hfill \square
The operation of push forward via a plan has also interesting properties in connection with the relative entropy functional $\Ent_m$. We recall that, given $m \in \mathcal{P}(X)$, the functional $\Ent_m : \mathcal{P}(X) \to [0, \infty]$ is defined by

$$\Ent_m(\mu) := \begin{cases} \int \frac{d\mu}{dm} \log \left( \frac{d\mu}{dm} \right) \, dm & \text{if } \mu \ll m, \\ +\infty & \text{otherwise.} \end{cases}$$

**Proposition 2.3** For all $\gamma \in \mathcal{P}(X \times Y)$ the following properties hold:

(i) For any $\gamma \ll \pi^X \gamma$ it holds $\Ent_{\gamma \sharp m}(\gamma \sharp \mu) \leq \Ent_m(\mu)$.

(ii) For any $\gamma \ll \pi^X \gamma$, $C > 0$, the map $\mu \mapsto \Ent_m(\mu) - \Ent_{\gamma \sharp m}(\gamma \sharp \mu)$ is convex in $\{\mu \in \mathcal{P}(X) : \mu \leq C m\}$.

**Proof.** (i) We follow [1, Lemma 7.4] and [45, Lemma 4.19]. We can assume $\mu \ll m$, otherwise there is nothing to prove. Then it is immediate to check from the definition that $\gamma \sharp \mu \ll \gamma \sharp m$.

Let $\mu = \rho m$, $m = \theta \pi^X \gamma$, $\gamma \sharp \mu = \eta \gamma \sharp m$, and $e(z) := z \log z$. By disintegrating $\gamma$ as in (2.8), we have that

$$\eta(y) = \int \rho(x) \, d\tilde{\gamma}_y(x), \quad \tilde{\gamma}_y = \left( \int \theta(x) \, d\gamma_y(x) \right)^{-1} \theta \gamma_y.$$

Using the convexity of $e$ and Jensen’s inequality with the probability measures $\tilde{\gamma}_y$ we get

$$e(\eta(y)) \leq \int e(\rho(x)) \, d\tilde{\gamma}_y(x).$$

Now, since $\tilde{\gamma}_y$ are the conditional probability measures of $\tilde{\gamma} := [m/\pi^X \gamma] \circ \pi^X \gamma = \theta \circ \pi^X \gamma$, whose first marginal is $m$, by integration of both sides with respect to the second marginal of $\tilde{\gamma}$, namely $\gamma \sharp m$, we get

$$\Ent_{\gamma \sharp m}(\gamma \sharp \mu) = \int e(\eta(y)) \, d\gamma \sharp m(y) \leq \int \int e(\rho(x)) \, d\tilde{\gamma}_y(x) \, d\gamma \sharp m(y) = \int \int e(\rho(x)) \, d\tilde{\gamma}(x,y) = \int e(\rho) \, dm.$$

(ii) This is proved in [2, Lemma 7.7] (see also [19, Proposition 11]). Notice that in [2] we worked under the assumption $X = Y$, but this makes no difference, since one can work on the disjoint union $X \sqcup Y$ endowed with a distance which extends those of $X, Y$. \qed

**Remark 2.4** We remark that the property (i) above is true for any internal energy kind functional: as the proof shows, under the same assumptions on $m$, $\mu$, $\gamma$ it holds

$$U_{\gamma \sharp m}(\gamma \sharp \mu) \leq U_m(\mu),$$

where $U_m(\mu)$ is given by $\int U(\rho) \, dm + U'(\infty) \mu^s(X)$ for some convex continuous function $U : [0, \infty) \to \mathbb{R} \cup \{+\infty\}$ and $\mu = \rho m + \mu^s$, with $\mu^s \perp m$.  

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On the other hand, part \((ii)\) does not always hold for these functionals: in \([19]\) it has been shown that for \(U(z) := \frac{a \alpha}{z - 1}\) one has that
\[
\mu \mapsto U_m(\mu) - U_{\gamma, m}(\gamma^* \mu)
\]
is convex on \(\{\mu \in \mathcal{P}(X) : \mu \leq Cm\}\) for any \(C > 0\) if and only if \(1 < \alpha \leq 2\). In particular, convexity does not hold for the functionals appearing in the definition of \(\text{CD}(K, N)\) bounds.

\[
\text{2.3 Metric measure spaces and Sturm’s distance } \mathbb{D}
\]
Throughout this paper we will always consider normalized metric measure spaces with finite variance, according to \([45, \S3.1]\), i.e.
\[
(X, d, m) : (X, d) \text{ is complete and separable, } m \in \mathcal{P}_2(X).
\] (2.12)
We say that the two metric measure spaces \((X, d_X, m_X)\) and \((Y, d_Y, m_Y)\) are isomorphic if there exists a
bijective isometry \(f : \text{supp } m_X \to \text{supp } m_Y\) such that
\[
f^* m_X = m_Y.
\] (2.13)
We will denote by \(\mathbb{X}\) the set of all isomorphism classes of metric measure spaces as in (2.12). Notice that \((X, d, m)\) is always isomorphic to \((\text{supp } m, d, m)\), so that it will often be not restrictive to assume the non-degeneracy condition \(\text{supp } m = X\).

We say that \((X, d, m)\) is length or geodesic if \((\text{supp } m, d)\) is so, and these notions are invariant in the isomorphism class.

In this section we recall the definition of the distance \(\mathbb{D}\) between metric measure spaces, introduced by Sturm in \([45]\), and its basic properties.

**Definition 2.5 (Coupling between metric measure spaces)** Given two normalized metric measure spaces \((X, d_X, m_X)\), \((Y, d_Y, m_Y)\) with finite variance, we consider the product space \((X \times Y, d_{XY})\), where \(d_{XY}\) is the distance defined by
\[
d_{XY}((x_1, y_1), (x_2, y_2)) := \sqrt{d_X^2(x_1, x_2) + d_Y^2(y_1, y_2)},
\]
We say that a pair \((d, \gamma)\) is an admissible coupling between \((X, d_X, m_X), (Y, d_Y, m_Y)\), and we write \((d, \gamma) \in \text{Adm}((d_X, m_X), (d_Y, m_Y))\), if:

(a) \(d\) is a pseudo distance on \(X \sqcup Y\) (i.e. points at 0 \(d\)-distance are not necessarily equal) which coincides with \(d_X\) (resp. \(d_Y\)) when restricted to \(\text{supp } m_X \times \text{supp } m_X\) (resp. \(\text{supp } m_Y \times \text{supp } m_Y\)).

(b) \(\gamma\) is a Borel measure on \(X \times Y\) such that \(\pi_X^* \gamma = m_X\) and \(\pi_Y^* \gamma = m_Y\).

It is not hard to see that the set of admissible couplings is always non empty. Notice that the restriction of \(d\) to \(X \times Y\) is Lipschitz continuous and therefore Borel (with respect to the product topology), as a simple application of the triangle inequality.
The cost \( C(d, \gamma) \) of a coupling is given by
\[
C(d, \gamma) := \int_{X \times Y} d^2(x,y) \, d\gamma(x,y).
\]
In analogy with the definition of \( W_2 \), the pseudo distance \( D((X, d_X, m_X), (Y, d_Y, m_Y)) \) is then defined as
\[
D^2((X, d_X, m_X), (Y, d_Y, m_Y)) := \inf C(d, \gamma),
\]
the infimum being taken among all couplings \((d, \gamma)\) of \((X, d_X, m_X)\) and \((Y, d_Y, m_Y)\). Since one can use the isometries in (2.13) to transfer couplings between two spaces to couplings between isomorphic spaces, a trivial consequence of the definition is that \( D \) actually depends only on the isomorphism class. In the next proposition we collect the main properties of \( D \), see [45, Section 3.1].

**Proposition 2.6 (Properties of \( D \))** The infimum in (2.14) is attained and a minimizing coupling will be called optimal. Also, \( D \) is a distance on \( X \), and in particular \( D \) vanishes only on pairs of isomorphic metric measure spaces. Finally, \((X, D)\) is a complete, separable and length metric space.

The topology induced by \( D \) is weaker than the one induced by measured Gromov-Hausdorff convergence [16]. Also, it can be shown [45, Lemma 3.18] that \( D \) metrizes the measured Gromov-Hausdorff convergence, when restricted to compact metric spaces with controlled diameter and controlled doubling constant. We also remark that, in line with what happens with the Gromov-Hausdorff distance, a \( D\)-convergent sequence of metric measure spaces can be embedded into a common metric space: in this case the possibility to work in spaces where \( \text{supp} \, m \neq \text{whole space} \) turns out to be useful.

**Proposition 2.7** Let \((X_n, d_n, m_n), n \in \mathbb{N}, \) and \((X, d, m)\) be normalized metric measure spaces with finite variance. Then the following two properties are equivalent.

(i) \((X_n, d_n, m_n) \xrightarrow{D} (X, d, m)\) as \( n \to \infty. \)

(ii) There exist a complete and separable metric space \((Y, d_Y)\) and isometries \( f_n : \text{supp} \, m_n \to Y, n \in \mathbb{N}, f : \text{supp} \, m \to Y, \) such that \( W_2((f_n)_{\sharp} m_n, f_{\sharp} m) \to 0 \) as \( n \to \infty. \)

**Proof.** (i) \( \Rightarrow \) (ii). Let \((d_n, \gamma_n)\) be optimal couplings for \((X, d, m), (X_n, d_n, m_n), n \in \mathbb{N}.\) Define \( Y := \left( \bigsqcup \text{supp} \, m_i \right) \sqcup \text{supp} \, m \) and the pseudo distance \( d_Y \) on \( Y \) by
\[
d_Y(x, x') := \begin{cases} 
  d_n(x, x'), & \text{if } x, x' \in \text{supp} \, m \sqcup \text{supp} \, m_n, \\
  \inf_{x'' \in X} d_n(x, x'') + d_m(x'', x') & \text{if } x \in \text{supp} \, m_n, \ x' \in \text{supp} \, m_m.
\end{cases}
\]
By construction the quotient metric space \((Y, d_Y)\) induced by the equivalence relation \( x \sim y \iff d_Y(x, y) = 0 \) is separable. Possibly replacing it by its abstract completion we can also assume that it is complete. Denoting by \( f_n, f \) the isometric embeddings of \( X_n, X \) into \( Y, \)
\[D((X, d, m), (X_n, d_n, m_n)) = \sqrt{\int_{X \sqcup X_n} d^2_{n}(x,y) \, d\gamma_n(x,y) \geq W_2((f_n)_{\sharp} m_n, f_{\sharp} m),}\]
so the conclusion follows.

(ii) \( \Rightarrow \) (i). Straightforward. \qed
Thanks to the previous proposition, it is possible to consider limits of sequences \( \mu_n \in \mathcal{P}_2(X_n) \):

**Definition 2.8** Let \( (X_n, d_n, m_n) \xrightarrow{\mathbb{D}} (X, d, m) \) as \( n \to \infty \). We say that a sequence \( \mu_n \in \mathcal{P}_2(X_n) \) with \( \text{supp} \mu_n \subset \text{supp} m_n \) converges to \( \mu \in \mathcal{P}_2(X) \) if \( \text{supp} \mu \subset \text{supp} m \) and there exist \( (Y, d_Y), f_n, f \) as in the previous Proposition, such that \( W_2((f_n)_\sharp \mu_n, f_\sharp \mu) \to 0 \).

Notice that Definition 2.8 yields in particular \( (X_n, d_n, \mu_n) \xrightarrow{\mathbb{D}} (X, d, \mu) \).

### 2.4 Calculus and heat flow in metric measure spaces

#### 2.4.1 Upper gradients

Recall that the slope of a Lipschitz function \( \psi \) is an upper gradient, namely \( |\psi(\gamma_1) - \psi(\gamma_0)| \) can be bounded from above by \( \int_0^1 |D\psi|(|\gamma_t|)|\dot{\gamma}_t| \, dt \) for any absolutely continuous curve \( \gamma : [0, 1] \to X \).

**Lemma 2.9** Let \( (X, d, m) \) be a normalized metric measure space with finite variance and \( \psi : X \to \mathbb{R} \) Lipschitz. For all \( \mu_t \in \text{AC}^2([0, 1]; \mathcal{P}_2(X)) \) it holds

\[
\left| \int \psi \, d\mu_1 - \int \psi \, d\mu_0 \right| \leq \int_0^1 \left( \int |D\psi|^2 \, d\mu_t \right)^{1/2} |\dot{\mu}_t| \, dt. \tag{2.15}
\]

**Proof.** Applying [28], we can find a probability measure \( \pi \) in \( C([0, 1]; X) \) concentrated on \( \text{AC}^2([0, 1]; X) \) and satisfying

\[
\mu_t = (e_t)_\sharp \pi \quad \text{for all } t \in [0, 1], \quad |\dot{\mu}_t|^2 = \int |\dot{\gamma}_t|^2 \, d\pi(\gamma) \quad \text{for a.e. } t \in (0, 1). \tag{2.16}
\]

By the upper gradient property of \( |D\psi| \) we get

\[
\left| \int \psi \, d\mu_1 - \int \psi \, d\mu_0 \right| = \left| \int (\psi \circ e_1 - \psi \circ e_0) \, d\pi \right| \leq \int \left( \int |D\psi|(\gamma_t)|\dot{\gamma}_t| \, d\pi(\gamma) \right) \, dt \\
= \int_0^1 \left( \int |D\psi|(\gamma_t)|\dot{\gamma}_t| \, d\pi(\gamma) \right) \, dt \\
\leq \int_0^1 \left( \int |D\psi|^2(\gamma_t) \, d\pi(\gamma) \right)^{1/2} \left( \int |\dot{\gamma}_t|^2 \, d\pi(\gamma) \right)^{1/2} \, dt \\
= \int_0^1 \left( \int |D\psi|^2 \, d\mu_t \right)^{1/2} |\dot{\mu}_t| \, dt. \tag*{\square}
\]

#### 2.4.2 Weak upper gradients and gradient flow of Cheeger’s energy

Here we recall the definition and basic properties of weak upper gradients of real functions in the metric measure space \( (X, d, m) \). All the concepts and statements that we consider here have been introduced and proven in [2], see \S 5. In particular, here we shall consider measures concentrated in \( \text{AC}^2([0, 1]; X) \) (see \S 2.1).
Definition 2.10 (Test plans and negligible collection of curves) We say that 
\( \pi \in \mathcal{P}(AC^2([0,1]; X)) \) is a test plan (with bounded compression) if there exists \( C = C(\pi) > 0 \) such that
\[
(e_t)_\pi \leq C m \quad \text{for every } t \in [0,1].
\]
We say that a Borel set \( A \subset AC^2([0,1]; X) \) is negligible if \( \pi(A) = 0 \) for any test plan \( \pi \).

Since we will always deal with test plans with bounded compression, we will often omit to mention explicitly the words “bounded compression”, and we will refer to them simply as test plans.

A property which holds for every curve of \( AC^2([0,1]; X) \), except possibly for a subset of a negligible set, is said to hold for almost every curve.

Definition 2.11 (Functions which are Sobolev along almost all curves) We say that \( f : X \to \mathbb{R} \) is Sobolev along almost all curves if, for a.e. curve \( \gamma \), \( f \circ \gamma \) coincides a.e. in \([0,1]\) and in \( \{0,1\} \) with an absolutely continuous map \( f_\gamma : [0,1] \to \mathbb{R} \).

Notice that the choice of the trivial test plan \( \pi := \iota \# m \), where \( \iota : X \to AC^2([0,1]; X) \) maps any point \( x \in X \) to the constant curve \( \gamma \equiv x \), yields that any Sobolev function along almost all curves is finite \( m \)-a.e. in \( X \). In this class of functions we can define the notion of weak upper gradient and of minimal weak upper gradient.

Definition 2.12 (Weak upper gradients) Given \( f : X \to \mathbb{R} \), a \( m \)-measurable function \( G : X \to [0,\infty] \) is a weak upper gradient of \( f \) if
\[
\left| \int_{\partial \gamma} f \right| \leq \int_{\gamma} G < \infty \quad \text{for a.e. curve } \gamma. \tag{2.17}
\]

Here and in the following, we write \( \int_{\partial \gamma} f \) for \( f(\gamma_t) - f(\gamma_s) \) and \( \int_{\gamma} G \) for \( \int_0^1 G(\gamma_t) |\dot{\gamma}_t| dt \).

It turns out (see [2, Proposition 5.7, Definition 5.9]) that a \( m \)-measurable function having a weak upper gradient is Sobolev along almost all curves, and that if \( G_1, G_2 \) are weak upper gradients of \( f \), then so is \( \min\{G_1, G_2\} \). It follows the existence of a weak upper gradient \( |Df|_w : X \to [0,\infty] \) having the property that
\[
|Df|_w \leq G \quad m \text{-a.e. in } X
\]
for any other weak upper gradient \( G \). Because of this \( m \)-a.e. minimality property, the function \( |Df|_w \) will be called the minimal weak upper gradient of \( f \). Also, the property of being Sobolev along a.e. curve and the minimal weak upper gradient are invariant under modifications of \( f \) in \( m \)-negligible sets ([2, Proposition 5.8]). In addition, the minimal weak upper gradient is local in the following sense: if both \( f, g \) are Sobolev along a.e. curve then it holds
\[
|Df|_w = |Dg|_w \quad m \text{-a.e. on the set } \{f = g\}. \tag{2.18}
\]

Other useful and natural properties are: the restriction inequality [2, Remark 5.6]
\[
|f(\gamma_t) - f(\gamma_s)| \leq \int_s^t |Df|_w(\gamma_r) |\dot{\gamma}_r| dr \quad \text{for a.e. } \gamma, \text{ for all } [s,t] \subset [0,1]. \tag{2.19}
\]
the chain rule [2, Proposition 5.14(b)]
\[ |D(\phi \circ f)|_w = |\phi' \circ f||Df|_w \quad \text{m-a.e. in } X, \text{ for } \phi \text{ Lipschitz}, \]  
and the weak Leibnitz rule
\[ |D(fg)|_w \leq |f||Dg|_w + |g||Df|_w \quad \text{m-a.e. in } X. \]  
The Cheeger energy is the functional defined in the class of Borel functions \( f : X \to \mathbb{R} \) by
\[
\text{Ch}(f) := \begin{cases} 
\frac{1}{2} \int |Df|^2 \, dm & \text{if } f \text{ has a weak upper gradient in } L^2(X, \mu), \\
\infty & \text{otherwise}.
\end{cases}
\]  
Using the stability properties of weak upper gradients under weak convergence ([2, Theorem 5.12]) it can be proved that Ch is convex and lower semicontinuous w.r.t. convergence in \( m \)-measure (in particular w.r.t. m-a.e. convergence). For the domain of Ch in \( L^2(X, \mu) \) we shall also use the traditional notation \( W^{1,2}(X, d, \mu) \), see [2, Remark 4.7]: it is a Banach space when endowed with the norm \( \|f\|_{W^{1,2}}^2 := \|f\|^2 + 2\text{Ch}(f) \). A nontrivial approximation theorem (see [2, Theorem 6.2]) shows that
\[
\text{Ch}(f) = \frac{1}{2} \inf \left\{ \liminf_{h \to \infty} \int |Df_h|^2 \, dm : f_h \in \text{Lip}(X), \|f_h - f\|_2 \to 0 \right\} \quad \forall f \in L^2(X, \mu),
\]  
where \( |Df| \) is the local Lipschitz constant of \( f \) defined in (2.1).

Given \( f \in W^{1,2}(X, d, \mu) \), we write \( \partial^- \text{Ch}(f) \subset L^2(X, \mu) \) for the subdifferential at \( f \) of the restriction to \( L^2(X, \mu) \) of Cheeger’s energy, namely \( \xi \in \partial^- \text{Ch}(f) \) iff
\[
\text{Ch}(g) \geq \text{Ch}(f) + \int \xi(g - f) \, dm \quad \forall g \in L^2(X, \mu).
\]  
For the Laplacian we just defined the following rough integration by parts formula holds:
\[
\left| \int g \Delta f \, dm \right| \leq \int |Dg|_w |Df|_w \, dm,
\]  
for all \( f, g \in L^2(X, \mu) \) with \( f \in D(\Delta) \) and \( g \in D(\text{Ch}) \), see [2, Proposition 4.15].

The following result is a consequence of the by now classical theory of gradient flows of convex lower semicontinuous functionals on Hilbert spaces.

**Theorem 2.13 (Gradient flow of Ch in \( L^2(X, \mu) \)).** For all \( f \in L^2(X, \mu) \) there exists a unique locally absolutely continuous curve \( (0, \infty) \ni t \mapsto f_t \in L^2(X, \mu) \) such that \( f_t \to f \) in \( L^2(X, \mu) \) as \( t \downarrow 0 \) and
\[
\frac{d}{dt} f_t \in -\partial^- \text{Ch}(f_t) \quad \text{for a.e. } t > 0,
\]
the derivative being understood in $L^2(X, m)$. This curve is also locally Lipschitz, it satisfies $f_t \in D(\Delta)$ for any $t > 0$ and
\[
\frac{d^+}{dt} f_t = \Delta f_t \quad \forall t > 0.
\]
We will denote by $H_t : f \mapsto f_t$, $L^2(X, m) \to L^2(X, m)$, the heat semigroup in $L^2(X, m)$.

Some basic properties of the heat flow that we will need later on are collected in the following proposition, see [2, Theorem 4.16] also for further details.

**Proposition 2.14 (Some properties of the heat flow)** Let $(X, d, m)$ be a normalized metric measure space with finite variance and $f \in L^2(X, m)$. Then the following statements hold:

(i) (Maximum principle) If $f \leq C$ (resp. $f \geq C$) $m$-a.e. in $X$ for some $C \in \mathbb{R}$, then $H_t(f) \leq C$ (resp. $H_t(f) \geq C$) $m$-a.e. in $X$ for any $t \geq 0$.

(ii) (1-homogeneity) $H_t(\lambda f) = \lambda H_t(f)$ for any $\lambda \in \mathbb{R}$, $t \geq 0$.

(iii) $t \mapsto \text{Ch}(H_t f)$ is locally Lipschitz in $(0, \infty)$, infinitesimal at $\infty$ and, if $f \in D(\text{Ch})$, continuous in $0$. Its right derivative is given by $-\|\Delta H_t f\|_2^2$ for every $t > 0$.

Finally, we recall a property of the minimal weak upper gradient of Kantorovich potentials [2, Lemma 10.1]:

**Proposition 2.15** Let $(X, d, m)$ be a normalized metric measure space with finite variance, $\mu = \rho m \in \mathcal{P}_2(X)$, $\nu \in \mathcal{P}_2(X)$ and let $\varphi$ be a Kantorovich potential relative to $(\mu, \nu)$. If there exist $x_0 \in \text{supp} m$ and constants $c_R > 0$ such that
\[
\rho \geq c_R > 0 \quad m\text{-a.e. in } B_R(x_0) \quad \text{for every } R > 0,
\]
then $\varphi$ is finite and absolutely continuous (in particular, Sobolev) along a.e. curve and
\[
|D\varphi|_w \leq |D^+\varphi| \quad m\text{-a.e. in } X.
\]
In particular, if $\rho \geq c > 0$ m-a.e., $|D\varphi|_w \in L^2(X, m)$.

The last statement follows easily from (2.25), the lower bound on $\rho$, and (2.5) which yields $|D^+\varphi| \in L^2(X, \mu)$.

### 2.4.3 Convex functionals: gradient flows, entropy, and the $\text{CD}(K, \infty)$ condition

Let $(Y, d_Y)$ be a complete and separable metric space, $E : Y \to \mathbb{R} \cup \{+\infty\}$, and $K \in \mathbb{R}$. We say that $E$ is $K$-geodesically convex if for any $y_0, y_1 \in D(E)$ there exists $\gamma \in \text{Geo}(Y)$ satisfying $\gamma_0 = y_0$, $\gamma_1 = y_1$ and
\[
E(\gamma_t) \leq (1 - t)E(y_0) + tE(y_1) - \frac{K}{2} t(1 - t)d_Y^2(y_0, y_1) \quad \text{for every } t \in [0, 1].
\]

Notice that if $E$ is $K$-geodesically convex, then $D(E)$ is geodesic in $Y$ and therefore $\overline{D(E)}$ is a length space.
A consequence of $K$-geodesic convexity is that the descending slope $|D^- E|$ can be calculated at all $y \in D(E)$ as
\[
|D^- E|(y) = \sup_{z \in D(E) \setminus \{y\}} \left( \frac{E(y) - E(z)}{d_Y(y,z)} + \frac{K}{2} d_Y(y,z) \right)^+. \tag{2.26}
\]
We recall (see [3, Corollary 2.4.10]) that for $K$-geodesically convex and l.s.c. functionals the descending slope is an upper gradient, in particular the property we shall need is
\[
E(y_s) \leq E(y_t) + \int_s^t |\dot{y}_r| |D^- E|(y_r) \, dr \quad \text{for every } s, t \in [0,\infty), \ s < t, \tag{2.27}
\]
for all locally absolutely continuous curves $y : [0,\infty) \to D(E)$. A metric gradient flow for the $K$-geodesically convex functional $E$ is a locally absolutely continuous curve $y : [0,\infty) \to D(E)$ along which (2.27) holds as an equality and moreover $|\dot{y}_t| = |D^- E|(y_t)$ for a.e. $t > 0$, so that the energy dissipation rate $\frac{d}{dt} E(y_t)$ is equal to $-|\dot{y}_t|^2 = -|D^- E|^2(y_t)$ for a.e. $t > 0$.

An application of Young inequality shows that metric gradient flows for $K$-geodesically convex and l.s.c. functionals can equivalently be defined as follows.

**Definition 2.16 (Metric formulation of gradient flow)** Let $E : Y \to \mathbb{R} \cup \{+\infty\}$ be a $K$-geodesically convex and l.s.c. functional. We say that a locally absolutely continuous curve $y : [0,\infty) \to D(E)$ is a gradient flow of $E$ starting from $y_0 \in D(E)$ if
\[
E(y_0) = E(y_t) + \int_0^t \frac{1}{2} |\dot{y}_r|^2 + \frac{1}{2} |D^- E|^2(y_r) \, dr \quad \forall t \geq 0. \tag{2.28}
\]

We now recall the definition of metric measure spaces with Ricci curvature bounded from below by $K \in \mathbb{R}$, following [45, §4.2] and [30, §5]. More precisely, we consider here the weaker definition of [45] and we will discuss a stronger version in Section 3: see the bibliographical references of [48, Chapter 17] for a comparison between the two approaches.

**Definition 2.17 (CD($K,\infty$) spaces)** We say that a normalized metric measure space with finite variance $(X,d,m)$ has Ricci curvature bounded from below by $K \in \mathbb{R}$ (in short: it is a CD($K,\infty$) space) if the relative entropy functional $\text{Ent}_m$ is $K$-geodesically convex on $(\mathcal{P}_2(X),W_2)$, i.e. for any pair of measures $\mu, \nu \in D(\text{Ent}_m) \cap \mathcal{P}_2(X)$ there exists a constant speed geodesic $(\mu_t) \subset \mathcal{P}_2(X)$ such that $\mu_0 = \mu, \mu_1 = \nu$ and
\[
\text{Ent}_m(\mu_t) \leq (1-t)\text{Ent}_m(\mu_0) + t\text{Ent}_m(\mu_1) + \frac{K}{2} t(1-t)W_2^2(\mu_0,\mu_1) \quad \text{for every } t \in [0,1].
\]

Notice that, in contrast with the definition given in [45] and [30] we are restricting the analysis to the case of a probability reference measure $m$ with finite second moment (but we do not assume local compactness). This is actually unneeded from the “Ricci bound” point of view (see also [2, Definition 9.1]), however in this paper we want to focus more on the geometrical aspect, rather than on the - non trivial - analytic tools needed to work in higher generality: the assumption $m \in \mathcal{P}_2(X)$ serves to this scope.

Let us also remark that a CD($K,\infty$) space $(X,d,m)$ satisfies the length property, i.e. $\text{supp} \, m$ is a length space if it is endowed with the distance $d$ [45, Remark 4.6(iii)] (the proof therein, based on an approximate midpoint construction, does not use the local compactness).
Now let \((X, d, m)\) be a \(\text{CD}(K, \infty)\) space. Then, by assumption, the relative entropy functional \(\text{Ent}_m\) is \(K\)-geodesically convex on \((\mathcal{P}_2(X), W_2)\), so that we could ask about the existence and the uniqueness of its gradient flow. The following theorem, proved in [19] for the locally compact case and generalized in [2, Theorem 9.3(ii)] holds:

**Theorem 2.18 (Gradient flow of the relative entropy)** Let \((X, d, m)\) be a normalized \(\text{CD}(K, \infty)\) metric measure space with finite variance. For any \(\mu \in D(\text{Ent}_m) \cap \mathcal{P}_2(X)\) there exists a unique gradient flow \([0, \infty) \ni t \mapsto \mu_t \in D(\text{Ent}_m) \cap \mathcal{P}_2(X)\) of \(\text{Ent}_m\) starting from \(\mu\). We will denote by \(\mathcal{H}_t : \mu \mapsto \mu_t, D(\text{Ent}_m) \cap \mathcal{P}_2(X) \rightarrow D(\text{Ent}_m) \cap \mathcal{P}_2(X)\), the gradient flow of the entropy on \(\mathcal{P}_2(X)\).

Notice that the theorem says nothing about contractivity of the Wasserstein distance along the flow, a property which we address in Section 2.5. Actually, Ohta and Sturm proved in [36] that contractivity fails if \((X, d, m)\) is \(\mathbb{R}^d\) endowed with the Lebesgue measure and with a distance coming from a norm not induced by a scalar product.

### 2.4.4 The heat flow as gradient flow in \(L^2(X, m)\) and in \(\mathcal{P}_2(X)\)

One of the main result of [2] has been the following identification theorem:

**Theorem 2.19 (The heat flow as gradient flow)** Let \((X, d, m)\) be normalized metric measure space with finite variance, let \(f \in L^2(X, m)\) be such that \(\mu := f m \in \mathcal{P}_2(X)\), let \(f_t := H_t f\) and \(\mu_t := f_t m\).

(i) If \(f\) is essentially bounded then \(\mu \in AC^2([0, \infty); \mathcal{P}_2(X))\), \(t \mapsto \text{Ent}_m(\mu_t)\) is absolutely continuous in \([0, \infty)\), and

\[
- \frac{d}{dt} \text{Ent}_m(\mu_t) = |\dot{\mu}_t|^2 = \int_{\{f_t > 0\}} \frac{|Df_t|^2}{f_t} \, dm \quad \text{for a.e. } t > 0. \tag{2.29}
\]

(ii) If moreover \((X, d, m)\) is a \(\text{CD}(K, \infty)\) space, then (2.29) holds even if \(f\) is unbounded and the \(L^2\)-heat flow \(H_t\) can be identified with \(\mathcal{H}_t\), since \(\mu_t = \mathcal{H}_t \mu\) for every \(t \geq 0\).

The proof of the first statement is a consequence of three facts: the entropy dissipation identity along the heat flow [2, Proposition 4.22]

\[
- \frac{d}{dt} \text{Ent}_m(\mu_t) = \int_{\{f_t > 0\}} \frac{|Df_t|^2}{f_t} \, dm \quad \text{for a.e. } t > 0,
\]

Kuwada’s Lemma [2, Lemma 6.1]

\[
|\dot{\mu}|^2 \leq \int_{\{f_t > 0\}} \frac{|Df_t|^2}{f_t} \, dm \quad \text{for a.e. } t > 0,
\]

and the bound of the derivative of the entropy in terms of the Wasserstein metric velocity along absolutely continuous curves in \(\mathcal{P}_2(X)\) (here one needs a uniform upper bound for the densities \(f_t\)) [2, Lemma 5.17]

\[
\left| \frac{d}{dt} \text{Ent}_m(\mu_t) \right| \leq |\dot{\mu}| \left( \int_{\{f_t > 0\}} \frac{|Df_t|^2}{f_t} \, dm \right)^{1/2} \quad \text{for a.e. } t > 0. \tag{2.30}
\]
In the case of a CD\((K, \infty)\) space (2.30) holds without assuming any bound on \(f_t\); the statement (ii) corresponds to [2, Theorem 9.3(iii)].

As a consequence of Theorem 2.19, we can unambiguously define the heat flow on a CD\((K, \infty)\) space either as the gradient flow of Cheeger’s energy in \(L^2(X, m)\) or as the gradient flow of the relative entropy in \((\mathcal{P}_2(X), W_2)\), even if a distinct notation is useful not only for conceptual reasons, but also because the domains of the two gradient flows don’t match, even if we identify absolutely continuous measures with their densities.

A byproduct of this proof is also (see [2, Theorem 9.3(i)]) the equality between slope and the so-called Fisher information functional:

\[
|D^{-\text{Ent}_m}|^2(\rho_m) = 4 \int |D\sqrt{\rho}|^2_w \, dm \tag{2.31}
\]

for all probability densities \(\rho\) such that \(\sqrt{\rho} \in D(\text{Ch})\). Choosing \(f = \sqrt{\rho}\) this identity, in conjunction with the HWI inequality relating entropy, Wasserstein distance and Fisher information (see [29] or [1, Proposition 7.18]) gives the log-Sobolev inequality

\[
\int f^2 \log f^2 \, dm \leq \frac{2}{K} \int |Df|^2_w \, dm \quad \text{whenever } f \in D(\text{Ch}) \text{ and } \int f^2 \, dm = 1. \tag{2.32}
\]

2.5 EVI formulation of gradient flows

Here we recall a stronger formulation of gradient flows in a complete and separable metric space \((Y, d_Y)\), introduced and extensively studied in [3], [14], [41], which will play a key role in our analysis.

**Definition 2.20 (Gradient flows in the EVI sense)** Let \(E : Y \to \mathbb{R} \cup \{+\infty\}\) be a lower semicontinuous functional, \(K \in \mathbb{R}\) and \((0, \infty) \ni t \mapsto y_t \in D(E)\) be a locally absolutely continuous curve. We say that \((y_t)\) is a \(K\)-gradient flow for \(E\) in the Evolution Variational Inequalities sense (or, simply, it is an EVI\(_K\) gradient flow) if for any \(z \in Y\) it holds

\[
\frac{d}{dt} \frac{d^2}{dY}(y_t, z) + \frac{K}{2} d^2_Y(y_t, z) + E(y_t) \leq E(z) \quad \text{for a.e. } t \in (0, \infty). \tag{2.33}
\]

If \(\lim_{t \downarrow 0} y_t = y_0 \in D(E)\), we say that the gradient flow starts from \(y_0\).

Notice that the derivative in (2.33) exists for a.e. \(t > 0\), since \(t \mapsto d_Y(y_t, z)\) is locally absolutely continuous in \((0, \infty)\).

In the next proposition we will consider equivalent formulations of (2.33) involving subsets \(D \subset D(E)\) dense in energy: it means that for any \(y \in D(E)\) there exists a sequence \((y_n) \subset D\) such that \(d_Y(y_n, y) \to 0\) and \(E(y_n) \to E(y)\) as \(n \to \infty\).

**Proposition 2.21 (Equivalent formulations of EVI)** Let \(E, K\) be as in Definition 2.20, \(D \subset D(E)\) dense in energy, and \(y : (0, \infty) \to D(E)\) be a locally absolutely continuous curve with \(\lim_{t \downarrow 0} y_t = y_0 \in D(E)\). Then, \((y_t)\) is an EVI\(_K\) gradient flow if and only if one of the following properties is satisfied:

(i) (Dense version) The differential inequality (2.33) holds for all \(z \in D\).
Then:

\[ \frac{e^{K(t-s)}}{2} d^2_Y(y_t, z) - \frac{d^2_Y(y_s, z)}{2} \leq I_K(t-s) \left( E(z) - E(y_t) \right) \quad \text{for every } 0 \leq s \leq t, \text{ (2.34)} \]

where \( I_K(t) := \int_0^t e^{Kr} \, dr \).

(iii) (Pointwise version) For all \( z \in D \) it holds

\[ \limsup_{h \downarrow 0} \frac{d^2_Y(y_{t+h}, z) - d^2_Y(y_t, z)}{2} + \frac{K}{2} d^2_Y(y_t, z) + E(y_t) \leq E(z) \quad \text{for every } t > 0. \text{ (2.35)} \]

Proof. To get (2.34) for all \( z \in D(E) \) from (2.33), just multiply by \( e^{Kt} \) and integrate in time, using the fact that \( t \mapsto E(y_t) \) is nonincreasing (see e.g. [11] and the next Proposition); a differentiation provides the equivalence, since \( y \) is absolutely continuous. The fact that (2.34) holds for any \( z \) if and only if it holds in a set dense in energy is trivial, so that the equivalence of (ii) and Definition 2.20 is proved. The equivalences with (i) and (iii) follow by similar arguments.

We recall some basic and useful properties of gradient flows in the EVI sense; we give here the essential sketch of the proofs, referring to [3, Chap. 4] and [41] for more details and results. In particular, we emphasize that the maps \( S_t : y_0 \mapsto y_t \) that at every \( y_0 \) associate the value at time \( t \geq 0 \) of the unique \( K \)-gradient flow starting from \( y_0 \) give raise to a continuous semigroup of \( K \)-contractions according to (2.36) in a closed (possibly empty) subset of \( Y \).

**Proposition 2.22 (Properties of gradient flows in the EVI sense)** Let \( Y, E, K, y_t \) be as in Definition 2.20 and suppose that \( (y_t) \) is an EVI\(_K\) gradient flow of \( E \) starting from \( y_0 \). Then:

(i) If \( y_0 \in D(E) \), then \( y_t \) is also a metric gradient flow, i.e. (2.28) holds.

(ii) If \( (\tilde{y}_t) \) is another EVI\(_K\) gradient flow for \( E \) starting from \( \tilde{y}_0 \), it holds

\[ d_Y(y_t, \tilde{y}_t) \leq e^{-Kt} d_Y(y_0, \tilde{y}_0). \text{ (2.36)} \]

In particular, EVI\(_K\) gradient flows uniquely depend on the initial condition.

(iii) Existence of EVI\(_K\) gradient flows starting from any point in \( D \subset Y \) implies existence starting from any point in \( \overline{D} \).

(iv) \( (y_t) \) is locally Lipschitz in \( (0, \infty) \), \( y_t \in D(|D^{-}E|) \) for every \( t > 0 \), the map \( t \mapsto e^{Kt} |D^{-}E|(y_t) \) is nonincreasing, and we have the regularization estimate

\[ I_K(t) E(y_t) + \frac{(I_K(t))^2}{2} |D^{-}E|^2(y_t) \leq I_K(t) E(z) + \frac{1}{2} d^2_Y(z, y_0) \quad \forall t > 0, z \in D(E). \text{ (2.37)} \]

Proof. The fact that EVI\(_K\) gradient flows satisfy (2.28) has been proved by the third author in [41] (see also [1, Proposition 3.9]). The contractivity property (ii) has been proved in [3, Chap. 4]. Statement (iii) follows trivially from contractivity and integral formulation (2.34) of the EVI\(_K\). The fact that \( t \mapsto e^{Kt} |D^{-}E|(y_t) \) is nonincreasing follows from the energy
identity, which shows that $|D^\varepsilon E|(y_t) = |\dot{y}_t|$, and the $K$-contraction estimate (2.36), which in particular yields that $t \mapsto e^{Kt}d_Y(y_t, y_{t+h})$ is nonincreasing as well as $t \mapsto e^{Kt}|\dot{y}_t|$. An easier regularization formula for $t \mapsto E(y_t)$ follows immediately by (2.34) by choosing $s = 0$ and neglecting the term proportional to $d^2_Y(y_t, z)$. Inequality (2.37) is a consequence of the EVI$_K$, the identity $\frac{d}{dt}E(y_t) = -|D^\varepsilon E|^2(y_t)$, the previous monotonicity property and the following calculations:

$$\frac{1}{2}(I_{K}(t))^2|D^\varepsilon E|^2(y_t) = \frac{1}{2}(I_{K}(t))^2e^{2Kt}|D^\varepsilon E|^2(y_t) \leq \int_0^t I_{-K}(s)e^{-Ks}e^{2Ks}|D^\varepsilon E|^2(y_s)\,ds$$

$$= -\int_0^t I_{-K}(s)e^{Ks}(E(y_s) - E(y_t))\,ds = \int_0^t e^{Ks}(E(y_s) - E(y_t))\,ds$$

$$\leq \int_0^t -\frac{1}{2}(e^{Ks}d^2_Y(y_s, z)') + e^{Ks}(E(z) - E(y_t))\,ds \leq \frac{1}{2}d^2_Y(y_0, z) + I_{K}(t)(E(z) - E(y_t)).$$

We point out that in general existence of EVI$_K$ gradient flows is a consequence of the $K$-geodesic convexity of $E$ and of strong geometric assumptions on the metric space $(Y, d_Y)$: it is well known when $Y$ is a convex set of an Hilbert space, but existence holds even when $(Y, d_Y)$ satisfies suitable lower sectional curvature bounds in the sense of Alexandrov [22, 33, 40, 41], or when suitable compatibility conditions between $E$ and $d$ hold [3, Chapter 4] which include also spaces with nonpositive Alexandrov curvature. In the present paper we will study an important situation where EVI$_K$ gradient flows arise without any assumption on sectional curvature.

In any case, EVI$_K$ gradient flows have the following interesting geometric consequence on the functional $E$ [14, Theorem 3.2]: if EVI$_K$ gradient flows exist for any initial data, then the functional is $K$-convex along any geodesic contained in $\overline{D(E)}$. Recall that the standard definition of geodesic convexity, e.g. the one involved in Definition 2.17 of CD($K, \infty$) metric measure spaces, requires convexity along some geodesic; this choice is usually motivated by stability properties w.r.t. $\Gamma$-convergence [3, Thm. 9.1.4] and Sturm-Gromov-Hausdorff convergence in the case of metric measure spaces (see also the next section). We state this property in a quantitative way, which will turn out to be useful in the following.

**Proposition 2.23** Let $E$, $K$, $y_t$ be as in Definition 2.20 and assume that for every $y_0 \in \overline{D(E)}$ there exists the EVI$_K$ gradient flow $y_t := S_t(y_0)$ for $E$ starting from $y_0$. If $\varepsilon \geq 0$ and $\gamma : [0, 1] \to \overline{D(E)}$ is a Lipschitz curve satisfying

$$d_Y(\gamma_{s_1}, \gamma_{s_2}) \leq L|s_1 - s_2|, \quad L^2 \leq d^2_Y(\gamma_0, \gamma_1) + \varepsilon^2 \quad \text{for every } s_1, s_2 \in [0, 1],$$

then for every $t > 0$ and $s \in [0, 1]$

$$E(S_t(\gamma_s)) \leq (1-s)E(y_0) + sE(y_1) - \frac{K}{2}s(1-s)d^2_Y(y_0, y_1) + \frac{\varepsilon^2}{2I_{K}(t)}s(1-s).$$

In particular $E$ is $K$-convex along all geodesics contained in $\overline{D(E)}$.

The last statement is an immediate consequence of (2.39) by choosing $\varepsilon = 0$ and letting $t \downarrow 0$. 

22
3 Strict CD($K, \infty$) spaces

As usual, in all this section we will assume that $(X, d, m)$ is a normalized metric measure space with finite variance, see (2.12).

**Definition 3.1 (Strict CD($K, \infty$) spaces)** We say that $(X, d, m)$ is a strict CD($K, \infty$) space if for every $\mu_0, \mu_1 \in D(\text{Ent}_m) \cap \mathcal{P}_2(X)$ there exists an optimal geodesic plan $\pi$ from $\mu_0$ to $\mu_1$ such that $K$-convexity of the entropy holds along all weighted plans $\pi_F := F \pi$, where $F : \text{Geo}(X) \to \mathbb{R}$ is any Borel, bounded, non-negative function such that $\int F \, d\pi = 1$. More precisely, for any such $F$, the interpolated measures $\mu_{F,t} := (e_t)_* \pi_F$ satisfy:

$$\text{Ent}_m(\mu_{F,t}) \leq (1-t)\text{Ent}_m(\mu_{F,0}) + t\text{Ent}_m(\mu_{F,1}) - \frac{K}{2} t(1-t)W_2^2(\mu_{F,0}, \mu_{F,1}) \quad \forall t \in [0,1].$$

It is unclear to us whether this notion is stable w.r.t $\mathcal{D}$-convergence. As such, it should be handled with care. We introduced this definition for two reasons. The first one is that applying Proposition 2.23 we will show in Lemma 5.2 that if a length metric measure space $(X, d, m)$ admits existence of EVI$_K$ gradient flows of $\text{Ent}_m$ for any initial measure $\mu \in D(\text{Ent}_m) \cap \mathcal{P}_2(X)$, then it is a strict CD($K, \infty$) space. Given that spaces admitting EVI$_K$ gradient flows for $\text{Ent}_m$ are the main subject of investigation of this paper, it is interesting to study a priori the properties of strict CD($K, \infty$) spaces. The other reason is due to the fact that the proof that linearity of the heat flow implies the existence of EVI$_K$ gradient flows of the entropy requires additional $L^\infty$-estimates for displacement interpolations which looks unavailable in general CD($K, \infty$) spaces.

**Remark 3.2 (The nonbranching case)** If a space $(X, d, m)$ is CD($K, \infty$) and nonbranching, then it is also strict CD($K, \infty$) according to the previous definition.

Indeed, pick $\mu_0, \mu_1 \in D(\text{Ent}_m)$, let $\pi \in \text{GeoOpt}(\mu_0, \mu_1)$ be such that the relative entropy is $K$-convex along $((e_t)_* \pi)$, so that $\text{Ent}_m((e_t)_* \pi)$ is bounded in $[0,1]$. Now, pick $F$ as in Definition 3.1, let $\mu_{F,t} := (e_t)_* \pi$ and notice that the real function $s \mapsto \phi(s) := \text{Ent}_m(\mu_{F,s})$ is bounded (thus in particular $\mu_{F,s} \in D(\text{Ent}_m)$) in $[0,1]$, since $\mu_{F,t} \leq \sup |F|(e_t)_* \pi$.

The nonbranching assumption ensures that for any $t \in (0,1)$ there is a unique geodesic connecting $\mu_{F,t}$ to $\mu_{F,0}$ (and similarly to $\mu_{F,1}$). Hence, since $(X, d, m)$ is a CD($K, \infty$) space, the restriction of $\phi$ to all the intervals of the form $[0,t]$ and $[t,1]$ for $t \in (0,1)$ is $K$-convex and finite. It follows that $\phi$ is $K$-convex in $[0,1]$.

In order to better understand the next basic interpolation estimate, let us consider the simpler case of an optimal geodesic plan $\pi \in \text{GeoOpt}(\mu_0, \mu_1)$ in a nonbranching CD($K, \infty$) space $(X, d, m)$. Assuming that $\mu_i = \rho_i m \in D(\text{Ent}_m)$ and setting $\mu_t := \rho_t m$, along $\pi$-a.e. geodesic $\gamma$ the real map $t \mapsto \log \rho_t(\gamma_t)$ is $K$-convex and therefore $\rho_t(\gamma_t)$ can be pointwise estimated by [48, Thm. 30.32, (30.51)]

$$\rho_t(\gamma_t) \leq e^{-\frac{K}{2} t(1-t) d^2(\gamma_0, \gamma_1)} \rho_0(\gamma_1) e^{-t} \rho_1(\gamma_t)^t \quad \text{for every } t \in [0,1], \text{ for } \pi\text{-a.e. } \gamma. \quad (3.1)$$

Inequality (3.1) for smooth Riemannian manifolds goes back to [12]. If $\mu_i$ have bounded supports, one immediately gets the uniform $L^\infty$-bound:

$$\|\rho_t\|_{\infty} \leq e^{\frac{K}{2} t(1-t) S^2} \|\rho_0\|_{1-t} \|\rho_1\|_{\infty}, \quad \text{with } S := \sup \{ d(x_0, x_1) : x_i \in \text{supp}(\mu_i) \}. \quad (3.2)$$
When \( K \geq 0 \) (3.2) is also a consequence of the definition (stronger than (2.17)) of spaces with non-negative Ricci curvature given by [30], which in particular yields the geodesic convexity of all the functionals \( U_p(\mu) := \int \rho^p \, dm \) whenever \( \mu = \rho \, m \) and \( p > 1 \).

If we know that only \( \rho_1 \) is supported in a bounded set, we can still get a weighted \( L^\infty \)-bound on \( \rho_t \). Let us assume that

\[
\text{supp } \rho_1 \subset C, \quad \text{with } D_i := \text{diam}(C) < \infty, \quad D(x) := \text{dist}(x, C) \quad \text{for } x \in X,
\]

and let us observe that for \( \pi \)-a.e. \( \gamma \) we have \( \gamma_1 \in \text{supp } \mu_1 \), so that for every \( t \in [0, 1) \) it holds

\[
d(\gamma_0, \gamma_1) = \frac{d(\gamma_t, \gamma_1)}{1 - t} \leq \frac{D(\gamma_t) + D_i}{1 - t},
\]

\[
D(\gamma_0) \geq d(\gamma_t, \gamma_t) - D_i - d(\gamma_0, \gamma_t) = (1 - 2t)d(\gamma_0, \gamma_1) - D_i \geq \frac{1 - 2t}{1 - t} D(\gamma_t) - D_i
\]

(notice that the derivation of (3.5) is valid for \( t < 1/2 \), and that the inequality is trivial if \( t \geq 1/2 \)). Substituting the above bounds in (3.1) we get

\[
\rho_t(x) \leq e^{\frac{K^-(t)}{2} \left( (D(x) + D_i)^2 \right) \left( (\rho_0)_{L^\infty(R(D(x),t),m)} \right) \left( \rho_1 \right)_{L^\infty}}, \quad \text{m.-a.e. in } X,
\]

where

\[
R(D, t) := \left\{ y \in X : D(y) \geq \frac{1 - 2t}{1 - t} D - D_i \right\}, \quad D \geq 0, \ t \in [0, 1).
\]

The next lemma shows that the strict \( CD(K, \infty) \) condition is sufficient to obtain the same estimates.

**Proposition 3.3 (Interpolation properties)** Let \( (X, d, m) \) be a strict \( CD(K, \infty) \) space and let \( \rho_0, \rho_1 \) be probability densities such that \( \mu_t = \rho_t \, m \in D(\text{Ent}_m) \cap \mathcal{P}_2(X) \). Assume that \( \rho_1 \) is bounded and with support in a bounded set \( C \) as in (3.3) and let \( \pi \in \text{GeoOpt}(\mu_0, \mu_1) \) as in Definition 3.1. Then for all \( t \in [0, 1) \) the density \( \rho_t \) of \( \mu_t = (e_t)_* \pi \) satisfies (3.6). Furthermore, if also \( \rho_0 \) is bounded with bounded support, then (3.2) holds and \( \sup_t \, \rho_t \, \| \rho_t \|_{L^\infty} < \infty \).

**Proof.** Let \( \pi \) be given by the strict \( CD(K, \infty) \) condition. Fix \( t \in (0, 1) \) and assume that (3.6) does not hold on a Borel set \( B \) of positive \( m \)-measure. Then we can find a Borel set \( A \subset B \) with \( m(A) > 0 \) such that

\[
\rho_t(x) > e^{\frac{K^-}{2} \left( (D_1 + D_i)^2 \right) \left( (\rho_0)_{L^\infty(R(D_2,t),m)} \right) \left( \rho_1 \right)_{L^\infty}}, \quad \forall x \in A,
\]

where

\[
K := \| \rho_0 \|_{L^\infty(R(D_2,t),m)}, \quad D_1 := \sup_{x \in A} D(x).
\]

To build \( A \), it suffices to slice \( B \) in countably many pieces where the oscillation of \( D \) is sufficiently small. We have \( \pi((e_t)^{-1}(A)) = \mu_t(A) > 0 \), thus the plan \( \tilde{\pi} := c \pi \, e_t^{-1}(A) \), where \( c := [\mu_t(A)]^{-1} \) is the normalizing constant, is well defined. Let \( \tilde{\rho}_s \) be the density of \( \tilde{\mu}_s = (e_s)_* \tilde{\pi} \). By definition it holds \( \tilde{\rho}_t = c \rho_t \) on \( A \) and \( \tilde{\rho}_t = 0 \) on \( X \setminus A \), thus we have:

\[
\text{Ent}_m(\tilde{\mu}_t) = \int \tilde{\rho}_t \log \tilde{\rho}_t \, dm > \log c + \frac{K^-}{2} \frac{t}{1 - t} (D_1 + D_i)^2 + (1 - t) \log M + t \log \| \rho_1 \|_{L^\infty}. \quad (3.9)
\]
On the other hand, we have \( \tilde{\rho}_0 \leq c\rho_0 \) and \( \tilde{\rho}_1 \leq c\rho_1 \) hence

\[
\text{Ent}_m(\tilde{\mu}_0) = \int \log(\tilde{\rho}_0 \circ e_0) \, d\tilde{\pi} \leq \log c + \log \left( \|\rho_0 \circ e_0\|_{L^\infty(\text{Geo}(X), \tilde{\pi})} \right),
\]

(3.10)

\[
\text{Ent}_m(\tilde{\mu}_1) = \int \log(\tilde{\rho}_1 \circ e_1) \, d\tilde{\pi} \leq \log c + \log \|\rho_1\|_{\infty}.
\]

(3.11)

Now observe that \( \tilde{\pi} \)-a.e. geodesic \( \gamma \) satisfies \( \gamma_t \in A \) and \( \gamma_1 \in \text{supp}\rho_1 \subset C \), so that (3.4) and (3.5) yield

\[
d(\gamma_0, \gamma_1) \leq \frac{D_1 + Di}{1 - t}, \quad D(\gamma_0) \geq \frac{1 - 2t}{1 - t}D_2 - Di, \quad \text{i.e.} \quad \gamma_0 \in R(D_2, t),
\]

where \( D_2 := \inf_{x \in A} D(x) \). Integrating the squared first inequality w.r.t. \( \tilde{\pi} \) and combining the second one, (3.10), and (3.8) we get

\[
W^2_2(\tilde{\mu}_0, \tilde{\mu}_1) \leq \left( \frac{D_1 + Di}{1 - t} \right)^2, \quad \text{Ent}_m(\tilde{\mu}_0) \leq \log c + \log M.
\]

(3.12)

Inequalities (3.9), (3.11), and (3.12) contradict the \( K \)-convexity of the entropy along \( ((e_s)_s \tilde{\pi}) \), so the proof of the first claim is concluded.

The proof of (3.2) when also \( \rho_0 \) has bounded support follows the same lines just used. Let \( t \in (0, 1) \) and assume that (3.2) does not hold. Thus there exists a Borel set \( A \) of positive \( m \)-measure such that \( \rho_t > e^{K^{-t(1-t)}S^2/2}\|\rho_0\|_1^{-t}\|\rho_1\|_\infty \) in \( A \). As before, we define \( \tilde{\pi} := c\pi \leq e^{-1}(A) \), where \( c \) is the normalizing constant: the inequalities

\[
\begin{align*}
\text{Ent}_m((e_t)_s \tilde{\pi}) &> \log c + \frac{K}{2} t(1-t)S^2 + (1-t) \log \|\rho_0\|_\infty + t \log \|\rho_1\|_\infty, \\
\text{Ent}_m((e_0)_s \tilde{\pi}) &\leq \log c + \log \|\rho_0\|_\infty, \quad \text{Ent}_m((e_1)_s \tilde{\pi}) \leq \log c + \log \|\rho_1\|_\infty, \\
W^2_2((e_0)_s \tilde{\pi}, (e_1)_s \tilde{\pi}) &\leq S^2,
\end{align*}
\]

contradict the \( K \)-convexity of the entropy along \( ((e_s)_s \tilde{\pi}) \).

In the sequel we will occasionally use the stretching/restriction operator \( \text{restr}_0^s \) in \( C([0, 1]; X) \), defined for all \( s \in [0, 1] \) by

\[
\text{restr}_0^s(\gamma)_t := \gamma_{ts}, \quad t \in [0, 1].
\]

**Proposition 3.4 (Existence of test plans)** Let \( (X, d, m) \) be a strict \( CD(K, \infty) \) space and let \( \rho_0, \rho_1 \) be probability densities. Assume that \( \rho_1 \) is bounded with support contained in a bounded set \( C \) as in (3.3), that \( \rho_0 \) is bounded and there exist nonnegative constants \( c, C, R \) such that satisfies

\[
\rho_0(x) \leq ce^{-gK^{-((D(x)-C)^2)}}, \quad \text{whenever} \quad D(x) := \text{dist}(x, C) > R.
\]

(3.13)

Then, for \( \pi \in \text{GeoOpt}(\rho_0, \rho_1, m) \) as in Definition 3.1, \( \text{restr}_0^{1/3}(\pi) \) is a test plan (recall Definition 2.10).
Proof. In order to avoid cumbersome formulas, in this proof we switch to the exp notation. We need to prove that \( \sup_X \rho_t \) is uniformly bounded in \([0, 1/3]\). Let \( D_i = \text{diam}(C), \ L \) a constant to be specified later, \( A := \{ y : D(y) \leq L \} \) and set \( \pi^1 := \pi \circ e_0^{-1}(A), \ \pi^2 := \pi \circ e_0^{-1}(X \setminus A) \). Choosing \( L \) large enough we have \( \alpha := \pi(e_0^{-1}(A)) > 0 \) and we can also assume that \( \alpha < 1 \) (otherwise, \( \rho_0 \) has bounded support and the second part of Proposition 3.3 applies). Also, possibly increasing \( R \) and taking (3.13) into account, we can assume that \( \rho_0(x) \leq 1 \) wherever \( D(x) \geq R \).

Denoting by \( \tilde{\pi}^1, \tilde{\pi}^2 \) the corresponding renormalized plans, it suffices to show that both have bounded densities in the time interval \([0, 1/3]\), because \( \pi \) is a convex combination of them. Concerning \( \tilde{\pi}^1 \), notice that both \( (e_0)_2 \tilde{\pi}^1 \) and \( (e_1)_2 \tilde{\pi}^1 \) have bounded support and bounded density, so that the conclusion follows from the second part of Proposition 3.3.

For \( \tilde{\pi}^2 \) we argue as follows. Pick \( \gamma \in \text{supp} \tilde{\pi}^2 \) and notice that \( \gamma_1 \in \text{supp} \rho_1 \) and \( t \leq \frac{1}{3} \) give the inequality

\[
D(\gamma_t) \geq d(\gamma_t, \gamma_1) - D_i = (1 - t)d(\gamma_0, \gamma_1) - D_i \geq (1 - t)D(\gamma_0) - D_i \geq \frac{2}{3}D(\gamma_0) - D_i.
\]

So, choosing \( L \) sufficiently large (depending only on \( D_i \) and \( R \)), we have

\[
\gamma_0 \in X \setminus A \implies \frac{D(\gamma_t)}{2} - D_i > R.
\]

Recalling the definition (3.7) of \( R(D, t) \) and using the fact that \( t \in [0, 1/3] \), we get that

\[
y \in R(D(\gamma_t), t) \implies D(y) \geq \frac{1 - 2t}{1 - t}D(\gamma_t) - D_i \geq \frac{D(\gamma_t)}{2} - D_i > R \quad \text{for all } \gamma \in \text{supp} \tilde{\pi}^2,
\]

and therefore (3.13) gives

\[
\sup_{R(D(\gamma_t), t)} \rho_0 \leq c\exp\left(-9K^-\left(\frac{D(\gamma_t)}{2} - D_i - C\right)^2\right) \quad \text{for all } \gamma \in \text{supp} \tilde{\pi}^2.
\]

Now, by applying (3.6) to \( \tilde{\pi}^2 \), we get that the density \( \eta_t \) of \( (e_t)_2 \tilde{\pi}^2 \) satisfies

\[
\eta_t(\gamma_t) \leq \frac{1}{1 - \alpha} \exp\left(\frac{K^-}{4}(D(\gamma_t) + D_i)^2\right)\|\rho_0\|_{L^\infty(R(D(\gamma_t), t), \mu_0)}^{1-t}\|\rho_1\|_{L^\infty(x)\tilde{\pi}^2}^t \quad \text{for } \tilde{\pi}^2\text{-a.e. } \gamma.
\]

Using the fact that \( t \) varies in \([0, 1/3]\) and \( \rho_0 \leq 1 \) in \( R(D(\gamma_t), t) \), we eventually get (with \( \tilde{c} = \max\{c, 1\} \))

\[
\eta_t(\gamma_t) \leq \tilde{c}\max\{\|\rho_0\|_{L^\infty(x)\tilde{\pi}^2}^{1/3}, 1\} \exp\left(\frac{K^-}{4}(D(\gamma_t) + D_i)^2 - 6K^-\left(\frac{D(\gamma_t)}{2} - D_i - C\right)^2\right) \quad \text{for } \tilde{\pi}^2\text{-a.e. } \gamma.
\]

Since \(-\frac{2}{3}K^-D^2(\gamma_t)\) is the leading term in the exponential, the right-hand side is bounded and we deduce that \( \|\eta_t\|_{L^\infty(x)\tilde{\pi}^2} = \|\eta_t \circ e_t\|_{L^\infty(Geo(X), \tilde{\pi}^2)} \) is uniformly bounded. \( \square \)

\textbf{Proposition 3.5 (Metric Brenier theorem for strict CD}(K, \infty) \textbf{spaces)} Let \((X, d, m)\) be a strict CD\((K, \infty)\) space, \(x_0 \in X\), \(\mu_0 = \rho_0 m \in \mathcal{P}_2(X)\) with

\[
0 < c_R \leq \rho_0 \leq c_R^{-1} \quad m\text{-a.e. in } B_R(x_0) \quad \text{for every } R > 0,
\]

(3.14)
and $\mu_1 \in \mathcal{P}_2(X)$ with bounded support and bounded density. Then, for $\pi \in \text{GeoOpt}(\mu_0, \mu_1)$ as in Definition 3.1, there exists $L \in L^2(X, \mu_0)$ such that

$$L(\gamma_0) = d(\gamma_0, \gamma_1) \quad \text{for } \pi\text{-a.e. } \gamma \in \text{Geo}(X).$$

Furthermore,

$$L(x) = |D\varphi|_\mu(x) = |D^+\varphi|(x) \quad \text{for } \mu_0\text{-a.e. } x \in X,$$

where $\varphi$ is any Kantorovich potential relative to $(\mu_0, \mu_1)$.

**Proof.** We apply the metric Brenier Theorem 10.3 of [2] with $V(x) = d(x, x_0)$. To this aim, we need only to show that

$$(e_t)_2 \pi(B \cap B_R(x_0)) \leq C(R)(m(B) \text{ for every } t \in [0,1/2], \ B \in \mathcal{B}(X), \ R > 0. \quad (3.15)$$

Denoting by $R_1$ the radius of a ball containing the support of $\mu_1$, notice that if a curve $\gamma$ in the support of $\pi$ hits $B_R(x_0)$ at some time $s \in [0,1/2]$, then

$$d(\gamma_0, \gamma_1) \leq 2d(\gamma_s, \gamma_1) \leq 2(R + R_1)$$

because $\gamma_1 \in B_{R_1}(x_0)$. Possibly restricting $\pi$ to the set of $\gamma$’s hitting $B_R(x_0)$ at some $s \in [0,1/2]$, an operation which does not affect $((e_t)_2 \pi)_{L}B_R(x_0)$ for $t \in [0,1/2]$, we get that $(e_0)_2 \pi$, $(e_1)_2 \pi$ have bounded support and bounded densities, thus the conclusion follows from the second part of Proposition 3.3. \hfill $\Box$

### 4 Key formulas

#### 4.1 Derivative of the squared Wasserstein distance

In this short section we compute the derivative of the squared Wasserstein distance along the heat flow in a normalized metric measure space $(X, d, m)$ with finite variance (see (2.12)).

**Theorem 4.1 (Derivative of squared Wasserstein distance)** Let $(X, d, m) \in \mathcal{P}_2(X)$ such that $0 < c \leq & 0 < C < \infty$ and define $\mu_t := \mathcal{H}_t(\mu) = \rho t m$. Let $\sigma \in \mathcal{P}_2(X)$ and for any $t > 0$ let $\varphi_t$ be a Kantorovich potential relative to $(\mu_t, \sigma)$. Then for a.e. $t > 0$ it holds

$$\frac{d}{dt} \frac{1}{2} W^2_2(\mu_t, \sigma) \leq \frac{Ch(\rho_t - \varepsilon \varphi_t) - Ch(\rho_t)}{\varepsilon} \quad \forall \varepsilon > 0. \quad (4.1)$$

**Proof.** Since $t \mapsto \rho t m$ is a locally absolutely continuous curve in $\mathcal{P}_2(X)$, the derivative at the left hand side of (4.1) exists for a.e. $t > 0$. Also, the derivative of $t \mapsto \rho t = \mathcal{H}_t(\rho) \in L^2(X, m)$ exists for a.e. $t > 0$. Fix $t_0 > 0$ where both derivatives exist and notice that since $\varphi_{t_0}$ is a Kantorovich potential for $(\mu_{t_0}, \sigma)$ it holds

$$\frac{1}{2} W^2_2(\mu_{t_0}, \sigma) = \int \varphi_{t_0} d\mu_{t_0} + \int \varphi_{t_0} d\sigma$$

$$\frac{1}{2} W^2_2(\mu_{t_0-h}, \sigma) \geq \int \varphi_{t_0} d\mu_{t_0-h} + \int \varphi_{t_0} d\sigma \quad \text{for all } h \text{ such that } t_0 - h > 0.$$
Taking the difference between the first identity and the second inequality, dividing by \( h > 0 \), and letting \( h \to 0 \) we obtain
\[
\frac{d}{dt} \frac{1}{2} W^2_t(\mu, \sigma)|_{t=t_0} \leq \liminf_{h \downarrow 0} \int \varphi_{t_0} \frac{\rho_{t_0} - \rho_{t_0-h}}{h} \, dm.
\]

Now recall that \( \varphi_{t_0} \in L^1(X, \mu_{t_0}) \), so that by our assumption on \( \rho \) and the maximum principle (Proposition 2.14) we deduce that \( \varphi_{t_0} \in L^1(X, m) \). By Proposition 2.15 we have \( |D\varphi_{t_0}|w \in L^2(X, m) \).

Now, if \( \varphi_{t_0} \in L^2(X, m) \) the estimate of the lim inf with the difference quotient of \( \text{Ch} \) is just a consequence of the following three facts: the first one is that, for all \( t > 0 \) we have \( h^{-1}(\rho_{t+h} - \rho_t) \to \Delta \rho_t \) as \( h \downarrow 0 \) in \( L^2(X, m) \); the second one is that we have chosen \( t_0 \) such that the full limit exists; the third one is the inequality
\[
\text{Ch}(\rho_{t_0}) + \varepsilon \int \varphi_{t_0} \Delta \rho_{t_0} \, dm \leq \text{Ch}(\rho_{t_0} - \varepsilon \varphi_{t_0}) \quad \forall \varepsilon > 0
\]
provided by the inclusion \( -\Delta \rho_{t_0} \in \partial^- \text{Ch}(\rho_{t_0}) \).

For the general case, fix \( t_0 > 0 \) as before, \( \varepsilon > 0 \) and let \( \varphi^N := \max\{\min\{\varphi_{t_0}, N\}, -N\} \in L^2(X, m) \) be the truncated functions. Since the chain rule (2.20) gives \( |D\varphi^N| w \leq |D\varphi_{t_0}| w \), the locality of the minimal weak upper gradient (2.18) and the dominated convergence theorem ensures that \( \text{Ch}(\rho_t - \varepsilon \varphi^N) \to \text{Ch}(\rho_t - \varepsilon \varphi_{t_0}) \) as \( N \to \infty \). Applying Lemma 4.2 below with \( \varepsilon = \varphi_{t_0} - \varphi^N \) we get
\[
\sup_{h \in (0, t_0/2)} \left| \int (\varphi_{t_0} - \varphi^N) \frac{\rho_{t_0} - \rho_{t_0-h}}{h} \, dm \right|^2 \\
\leq \sup_{h \in (0, t_0/2)} \frac{1}{h^2} \int_{t_0-h}^{t_0} \left( \int |D\varphi_{t_0}|^2 w \rho_s \, dm \right) \, ds,
\]
and hence
\[
\limsup_{N \to \infty} \sup_{h \in (0, t_0/2)} \left| \int (\varphi_{t_0} - \varphi^N) \frac{\rho_{t_0} - \rho_{t_0-h}}{h} \, dm \right| = 0,
\]
which is sufficient to conclude, applying the lim inf estimate to all functions \( \varphi^N \) and then passing to the limit.

\begin{lemma}
With the same notation and assumptions of the previous theorem, for every \( f \in L^1(X, m) \) and \( [s, t] \subset (0, \infty) \) it holds
\[
\left| \int f \frac{\rho_t - \rho_s}{t-s} \, dm \right|^2 \leq \frac{1}{t-s} \int_s^t \left( \int |Df|^2 w \rho_r \, dm \right) \left( \int \frac{|D\rho|^2 w}{\rho_r} \, dm \right) \, dr.
\]
\end{lemma}

\begin{proof}
Assume first that \( f \in L^2(X, m) \). Then from (2.23) we get
\[
\left| \int f \Delta \rho_r \, dm \right|^2 \leq \left( \int |Df| w |D\rho_r| w \, dm \right)^2 \leq \int |Df|^2 w \rho_r \, dm \int \frac{|D\rho_r|^2 w}{\rho_r} \, dm,
\]
for all \( r > 0 \), and the thesis follows by integration in \((s, t)\).
\end{proof}
For the general case, let \( f^N := \max\{\min\{f, N\}, -N\} \in L^2(X, m) \) be the truncated functions. By Proposition 2.14(i) we know that \( \rho_t - \rho_s \in L^\infty(X, m) \), so that

\[
\lim_{N \to \infty} \int f^N \frac{\rho_t - \rho_s}{t - s} \, dm = \int f \frac{\rho_t - \rho_s}{t - s} \, dm,
\]

by dominated convergence. Also, by the chain rule (2.20) we have \( |Df^N|_w \leq |Df|_w \) m.a.e. in \( X \). The conclusion follows.

\( \square \)

### 4.2 Derivative of the entropy along a geodesic

We now look for a formula to bound from below the derivative of the entropy along a geodesic, which is going to be a much harder task compared to Theorem 4.1, due to the lack of a change of variable formula. From the technical point of view, we will need to assume that the normalized metric measure space \((X, d, m)\) has finite variance and is a strict \( \text{CD}(K, \infty) \) space, in order to apply the metric Brenier theorem 3.5. From the geometric point of view, the key property that we will use is given by Lemma 4.5 where we relate “horizontal” to “vertical” derivatives. In order to better understand the point, we propose the following simple example.

**Example 4.3** Let \( \| \cdot \| \) be a smooth, strictly convex norm on \( \mathbb{R}^d \) and let \( \| \cdot \|_* \) be the dual norm. Let \( \mathcal{L} \) be the duality map from \((\mathbb{R}^d, \| \cdot \|)\) to \((\mathbb{R}^d, \| \cdot \|_*)\) and let \( \mathcal{L}^* \) be its inverse (respectively, the differentials of the maps \( \frac{1}{2}\| \cdot \|^2 \) and \( \frac{1}{2}\| \cdot \|^2_2 \)). For a smooth map \( f : \mathbb{R}^d \to \mathbb{R} \) its differential \( Df(x) \) at any point \( x \) is intrinsically defined as cotangent vector. To define the gradient \( \nabla g(x) \) of a function \( g : \mathbb{R}^d \to \mathbb{R} \) (which is a tangent vector), the norm comes into play via the formula \( \nabla g(x) := \mathcal{L}^*(Dg(x)) \). Notice that the gradient can be characterized without invoking the duality map: first of all one evaluates the slope

\[
|Dg|(x) := \limsup_{y \to x} \frac{|g(x) - g(y)|}{\|x - y\|} = \|Dg(x)\|_*; \tag{4.3}
\]

then one looks for smooth curves \( \gamma : (-\delta, \delta) \to \mathbb{R}^d \) such that

\[
\gamma_{0} = x, \quad \frac{d}{dt} g(\gamma_{t})|_{t=0} = \|\dot{\gamma}_{0}\|^{2} = |Dg|^{2}(x). \tag{4.4}
\]

In this case \( \nabla g(x) = \dot{\gamma}_{0} \) and \( |Dg|(x) = \|\nabla g(x)\| \).

Now, given two smooth functions \( f, g \), the real number \( Df(\nabla g)(x) \) is well defined as the application of the cotangent vector \( Df(x) \) to the tangent vector \( \nabla g(x) \).

What we want to point out, is that there are in principle and in practice two very different ways of obtaining \( Df(\nabla g)(x) \) from a derivation. The first one, maybe more conventional, is the “horizontal derivative”:

\[
Df(\nabla g)(x) = Df(\gamma_{0}) = \lim_{t \to 0} \frac{f(\gamma(t)) - f(\gamma_{0})}{t}, \quad \text{where} \ \gamma \ \text{is any curve as in (4.4)}.
\]

The second one is the “vertical derivative”, where we consider perturbations of the slope

\[
Df(\nabla g)(x) = \lim_{\varepsilon \to 0} \frac{1}{2} \|D(g + \varepsilon f)(x)\|^{2}_{*} - \frac{1}{2} \|Dg(x)\|^{2}_{*} / \varepsilon.
\]

It coincides with the previous quantity thanks to the “dual” representation (4.3).
We emphasize that this relation between horizontal and vertical derivation holds in a purely metric setting: compare the statement of the example with that of Lemma 4.5 below (the plan \( \pi \) playing the role of a curve \( \gamma \) as in (4.4), moving points in the direction of \(-\nabla g\).

For \( \gamma \in AC^2([0, 1]; X) \) we set

\[
    E_t(\gamma) := \sqrt{t \int_0^t |\dot{\gamma}_s|^2 \, ds}.
\]

(5.5) Notice that \( E_t(\gamma) \) reduces to \( d(\gamma_0, \gamma_t) \) if \( \gamma \in Geo(X) \). In the sequel it is tacitly understood that the undetermined ratios of the form

\[
    \frac{f(\gamma_t) - f(\gamma_0)}{E_t(\gamma)}
\]

are set equal to 0 whenever \( E_t(\gamma) = 0 \), i.e. \( \gamma \) is constant in \([0, t]\).

Recall that the notion of negligible collections of curves in \( AC^2([0, 1]; X) \) has been introduced in Definition 2.10.

**Lemma 4.4** Let \( f : X \to \mathbb{R} \) be a Borel function, Sobolev on almost every curve, such that \( |Df|_w \in L^2(X, m) \), and let \( \pi \) be a test plan. Then

\[
    \limsup_{t \downarrow 0} \int \left| \frac{f(\gamma_t) - f(\gamma_0)}{E_t(\gamma)} \right|^2 \, d\pi(\gamma) \leq \int |Df|_w^2(\gamma_0) \, d\pi(\gamma). \tag{5.6}
\]

Assume moreover that \( \pi \in GeoOpt(\rho_0 m, \rho_1 m) \) (in particular \( \rho_0, \rho_1 \) are essentially bounded), \( \rho_1 m \) has bounded support, and \( \rho_0 \) satisfies the lower bound (2.24). If \( \varphi \) is a Kantorovich potential relative to \( \pi \) with \( |D\varphi|_w \in L^2(X, m) \) then

\[
    \lim_{t \downarrow 0} \frac{\varphi(\gamma_t) - \varphi(\gamma_0)}{E_t(\gamma)} = |D\varphi|_w(\gamma_0) \quad \text{in} \ L^2(Geo(X), \pi). \tag{5.7}
\]

**Proof.** For any \( t \in (0, 1) \) and \( \pi \)-a.e. \( \gamma \) it holds

\[
    \left| \frac{f(\gamma_t) - f(\gamma_0)}{E_t(\gamma)} \right|^2 \leq \left( \frac{\int_0^t |Df|_w(\gamma_s) |\dot{\gamma}_s| \, ds}{E_t^2(\gamma)} \right)^2 \leq \frac{1}{t} \int_0^t |Df|_w^2(\gamma_s) \, ds. \tag{5.8}
\]

Hence

\[
    \int \left| \frac{f(\gamma_t) - f(\gamma_0)}{E_t(\gamma)} \right|^2 \, d\pi(\gamma) \leq \frac{1}{t} \int_0^t |Df|_w^2(\gamma_s) \, ds \, d\pi(\gamma) = \left( \frac{1}{t} \int_0^t \rho_s \, ds \right) |Df|_w^2 \, dm,
\]

where \( \rho_s \) is the density of \((e_s)\pi\). Now notice that \( \rho_t m \to \rho_0 m \) as \( t \downarrow 0 \) in duality with continuous and bounded functions and that \( \sup_{t} \|\rho_t\|_{\infty} < \infty \). Hence \( \rho_t \to \rho_0 \) weakly* in \( L^\infty(X, m) \) and the conclusion follows from the fact that \( |Df|_w^2 \in L^1(X, m) \).

For the second part of the statement, notice that \( E_t(\gamma) = d(\gamma_0, \gamma_t) \) since \( \pi \) in this case is concentrated on Geo\((X)\), and \( |D^+ \varphi|_w(\gamma_0) = |D\varphi|_w(\gamma_0) \) for \( \pi \)-a.e. \( \gamma \) by Proposition 3.5. We can then apply [2, Theorems 10.3, 10.4], observing that the proof of Theorem 10.4 only depends on the property \( |D^+ \varphi| = |D\varphi|_w \in L^2(X, m) \) we assumed. \( \square \)
Lemma 4.5 (Horizontal and vertical derivatives) Let $f, g : X \to \mathbb{R}$ be Borel functions, Sobolev on almost every curve, such that both $|Df|_w$ and $|Dg|_w$ belong to $L^2(X, \mathbb{m})$, and let $\pi$ be a test plan. Assume that

$$
\lim_{t \to 0} \frac{g(\gamma_0) - g(\gamma_t)}{E_t(\gamma)} = \lim_{t \to 0} \frac{E_t(\gamma)}{t} = |Dg|_w(\gamma_0) \quad \text{in } L^2(\AC^2([0, 1]; X), \pi). \tag{4.9}
$$

Then

$$
\liminf_{t \to 0} \int \frac{f(\gamma_t) - f(\gamma_0)}{t} \, d\pi(\gamma) \geq \limsup_{\varepsilon \to 0} \int \frac{|Dg|_w^2(\gamma_0) - |Dg + \varepsilon f|_w^2(\gamma_0)}{2\varepsilon} \, d\pi(\gamma). \tag{4.10}
$$

Proof. Define functions $F_t, G_t : AC^2([0, 1]; X) \to \mathbb{R}$ by

$$
F_t(\gamma) := \frac{f(\gamma_0) - f(\gamma_t)}{E_t(\gamma)}, \quad G_t(\gamma) := \frac{g(\gamma_0) - g(\gamma_t)}{E_t(\gamma)}.
$$

By (4.9) we get

$$
\lim_{t \to 0} \int G_t^2 \, d\pi = \int |Dg|_w^2(\gamma_0) \, d\pi(\gamma). \tag{4.11}
$$

Applying Lemma 4.4 to the function $g + \varepsilon f$ we obtain

$$
\int |D(g + \varepsilon f)|_w^2(\gamma_0) \, d\pi(\gamma) \geq \limsup_{t \to 0} \int \left| \frac{(g + \varepsilon f)(\gamma_0) - (g + \varepsilon f)(\gamma_t)}{E_t(\gamma)} \right|^2 \, d\pi(\gamma)
$$

$$
\geq \limsup_{t \to 0} \int (G_t^2(\gamma) + 2\varepsilon G_t F_t) \, d\pi(\gamma). \tag{4.12}
$$

Subtracting this inequality from (4.11) we get

$$
\frac{1}{2} \int \frac{|Dg|_w^2(\gamma_0) - |Dg + \varepsilon f|_w^2(\gamma_0)}{\varepsilon} \, d\pi(\gamma) \leq \liminf_{t \to 0} - \int G_t(\gamma) F_t(\gamma) \, d\pi(\gamma).
$$

By assumption, we know that $\|G_t - E_t/t\|_2 \to 0$ as $t \downarrow 0$. Also, by Lemma 4.4, we have $\sup_t \|F_t\|_2 < \infty$. Thus it holds

$$
\liminf_{t \to 0} - \int G_t(\gamma) F_t(\gamma) \, d\pi(\gamma) = \liminf_{t \to 0} - \int \frac{E_t(\gamma)}{t} F_t(\gamma) \, d\pi(\gamma) = \liminf_{t \to 0} \int \frac{f(\gamma_t) - f(\gamma_0)}{t} \, d\pi(\gamma).
$$

Before turning to the proof of the estimate of the derivative of the entropy along a geodesic, we need two more lemmas.

**Lemma 4.6** Let $(X, d, \mathbb{m})$ be a normalized metric measure space, $\pi$ a test plan and $\chi_n : X \to [0, 1]$ monotonically convergent to 1. Define the plans $\pi^n := c_n (\chi_n \circ e_0) \pi$, where $c_n$ is the normalizing constant. Then

$$
\lim_{n \to \infty} \Ent_\mathbb{m}( (e_t)_\sharp \pi^n) = \Ent_\mathbb{m}( (e_t)_\sharp \pi) \quad \forall t \in [0, 1].
$$

Proof. If $\rho_{n,t}$ are the densities w.r.t. $\mathbb{m}$ of $(e_t)_\sharp (\chi_n \circ e_0 \pi)$, by monotone convergence we have $\int \rho_{n,t} \log \rho_{n,t} \, d\mathbb{m} \to \Ent_\mathbb{m}( (e_t)_\sharp \pi)$. Since $c_n \downarrow 1$ the thesis follows. \hfill $\Box$

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We now turn to the proof of appropriate chain rules; the original proof of the second identity below was incomplete in the initial version of this paper and it has been fixed in [20], we report the correct argument.

Lemma 4.7 Let \( f, g : X \to \mathbb{R} \) be Sobolev functions along a.e. curve, let \( J \) be an interval containing \( g(X) \) and let \( \phi : J \to \mathbb{R} \) be nondecreasing, Lipschitz and \( C^1 \). Then

\[
\lim_{\varepsilon \downarrow 0} \frac{|D(f + \varepsilon \phi(g))|^2_w - |Df|^2_w}{\varepsilon} = \phi'(g) \lim_{\varepsilon \downarrow 0} \frac{|D(f + \varepsilon g)|^2_w - |Df|^2_w}{\varepsilon} \quad m\text{-a.e. in } X. \tag{4.13}
\]

Similarly, under the same assumptions on \( \phi \), if \( Ch \) is a quadratic form and \( |Df|_w, |Dg|_w \in L^2(X, m) \), it holds

\[
\lim_{\varepsilon \downarrow 0} \int \frac{|D(\phi(g) + \varepsilon f)|^2_w - |D\phi(g)|^2_w}{\varepsilon} \, dm = \int \phi'(g) \lim_{\varepsilon \downarrow 0} \frac{|D(g + \varepsilon f)|^2_w - |Dg|^2_w}{\varepsilon} \, dm. \tag{4.14}
\]

Proof. Let us first observe that for every \( f, g \in D(Ch) \) the inequality

\[
|D((1 - \lambda)f + \lambda g)|_w \leq (1 - \lambda)|Df|_w + \lambda|Dg|_w \quad m\text{-a.e. in } X,
\]

valid for any \( \lambda \in [0, 1] \), immediately yields that \( \varepsilon \mapsto |D(f + \varepsilon g)|^2_w \) satisfies the usual convexity inequality \( m\text{-a.e. and } \varepsilon \mapsto \varepsilon^{-1}|D(f + \varepsilon g)|^2_w - |Df|^2_w \) is nondecreasing \( m\text{-a.e. in } \mathbb{R} \setminus \{0\} \), in the sense that

\[
\frac{|D(f + \varepsilon' g)|^2_w - |Df|^2_w}{\varepsilon'} \leq \frac{|D(f + \varepsilon g)|^2_w - |Df|^2_w}{\varepsilon} \quad m\text{-a.e. in } X \text{ for } \varepsilon, \varepsilon' \in \mathbb{R} \setminus \{0\}, \varepsilon' \leq \varepsilon.
\]

Applying this monotonicity formula to both sides of (4.13) (in one case with \( g \) replaced by \( \phi(g) \)), we immediately see that the limits in (4.13) exist \( m\text{-a.e.} \). When \( |Df|_w, |Dg|_w \in L^2(X, m) \), the monotone convergence and the lower bound obtained by taking a negative \( \varepsilon' \) in the previous monotonicity formula also show that the limits exist in \( L^1(X, m) \) along any monotonically decreasing sequence \( (\varepsilon_i) \subset (0, \infty) \). This obviously implies existence of the full limit as \( \varepsilon \downarrow 0 \) and shows that both sides of (4.14) are well defined.

Let us now consider the equality in (4.13). Notice that it is invariant under addition of constants to \( \phi \) and multiplication of \( \phi \) by positive constants, hence if \( \phi \) is affine the thesis is obvious. In addition, since \( |Dh|_w = 0 \) \( m\text{-a.e.} \) in all level sets \( h^{-1}(c) \), the formula holds \( m\text{-a.e.} \) on any level set of \( g \). Then, by locality, the formula holds if \( \phi \) is countably piecewise affine, i.e. if there is a partition of \( J \) in countably many intervals where \( \phi \) is affine. In the general case, thanks to the \( C^1 \) regularity of \( \phi \), for any \( \delta > 0 \) we can find a countably piecewise affine \( \phi_\delta \) such that \( \|D(\phi - \phi_\delta)\|_\infty < \delta \) and use the estimate

\[
|D(f + \varepsilon \phi(g))|_w - |D(f + \varepsilon \phi_\delta(g))|_w \leq \varepsilon |D(\phi - \phi_\delta)(g)|_w \leq \varepsilon \delta |Dg|_w
\]

to conclude the proof of the first equality.

For the second identity start noticing that the trivial equality

\[
\frac{|D(af + \varepsilon f)|^2_w - |D(af)|^2_w}{2\varepsilon} = a \frac{|D(g + \varepsilon f)|^2_w - |Dg|^2_w}{2\varepsilon} \quad a > 0,
\]

and the locality property of minimal weak upper gradients yield that (4.14) holds if \( \phi \) is countably piecewise affine and strictly increasing. For the general case we use again an approximation argument. Let \( B : [W^{1,2}(X, d, m)]^2 \to \mathbb{R} \) be the bilinear form induced by \( 2Ch \), notice
that $|B(f,g)| \leq \|Df\|_W L^2(X,m) \|Dg\|_W L^2(X,m)$ and that for every $f,g,\tilde{g} \in W^{1,2}(X,d,m)$ and $\varepsilon > 0$ it holds

$$\left| \int \frac{|D(g + \varepsilon f)|^2_W - |Dg|^2_W}{2\varepsilon} dm - \int \frac{|D(\tilde{g} + \varepsilon f)|^2_W - |D\tilde{g}|^2_W}{2\varepsilon} dm \right|$$

$$\leq \frac{1}{\varepsilon} |B(g + \varepsilon f, g + \varepsilon f) - B(g, g) - B(\tilde{g} + \varepsilon f, \tilde{g} + \varepsilon f) + B(\tilde{g}, \tilde{g})|$$

$$\leq \frac{1}{\varepsilon} |B(g - \tilde{g}, 2\varepsilon f)|$$

$$\leq 2 \|Df\|_W L^2(X,m) \|D(g - \tilde{g})\|_W L^2(X,m).$$

To conclude, let $\phi$ as in the hypothesis, and for $\delta > 0$ find a countably piecewise affine function $\phi_\delta$ such that $\|\phi - \phi_\delta\|_\infty < \delta$, use the estimate we just proved with $\phi \circ g$ in place of $g$ and $\phi_\delta \circ g$ in place of $\tilde{g}$, the fact that for $\phi_\delta$ we know that (4.14) holds and the trivial bound $|D(\phi \circ g - \phi_\delta \circ g)|_W \leq \|\phi - \phi_\delta\|_\infty |Dg|_W$. \hfill \Box

We are finally ready to prove the main result of this section.

**Theorem 4.8 (Derivative of the entropy along a geodesic)** Let $(X,d,m)$ be a strict CD($K$, $\infty$) normalized metric measure space with finite variance and let $\sigma_0$, $\sigma_1$ be bounded probability densities. Assume that $\sigma_1$ has bounded support as in (3.3), and let $\varphi$ be a Kantorovich potential from $\sigma_0 m$ to $\sigma_1 m$.

(a) If $|D\varphi|_W \in L^2(X,m)$, $\log \sigma_0 \in D(\operatorname{Ch})$ and there exist nonnegative constants $c,C,R$ such that

$$\sigma_0(x) \leq c e^{-9K^{-1}(D(x) - C)^2} \quad \text{whenever} \quad D(x) := \operatorname{dist}(x, \operatorname{supp} \sigma_1) > R,$$

(4.15)

then for any $\pi \in \operatorname{GeoOpt}(\sigma_0 m, \sigma_1 m)$ as in Definition 3.1 and $\mu_t = (e_t)_t \pi$ it holds

$$\liminf_{t \downarrow 0} \frac{\operatorname{Ent}_m(\mu_t) - \operatorname{Ent}_m(\mu_0)}{t} \geq \frac{\operatorname{Ch}(\varphi) - \operatorname{Ch}(\varphi + \varepsilon \sigma_0)}{\varepsilon} \quad \forall \varepsilon > 0. \quad (4.16)$$

(b) If $\sigma_0 \geq c > 0$ m-a.e. in $X$ for some constant $c$, then

$$\operatorname{Ent}_m(\sigma_1 m) - \operatorname{Ent}_m(\sigma_0 m) - \frac{K}{2} W^2_2(\sigma_0 m, \sigma_1 m) \geq \frac{\operatorname{Ch}(\varphi) - \operatorname{Ch}(\varphi + \varepsilon \sigma_0)}{\varepsilon} \quad \forall \varepsilon > 0. \quad (4.17)$$

Proof. (a) Since $\log \sigma_0 \in D(\operatorname{Ch})$ and $\sigma_0$ is bounded we have $\operatorname{Ch}(\sigma_0) < \infty$. By Proposition 3.4 we get that $(\operatorname{rest}^{1/3}_{t=0}) \pi$ is a test plan.

Now observe that the convexity of $z \mapsto \log \sigma$ gives

$$\frac{\operatorname{Ent}_m(\mu_t) - \operatorname{Ent}_m(\mu_0)}{t} \geq \int \frac{\log \sigma_t - \sigma_0}{t} dm = \int \frac{\log(\sigma_0 \circ e_t) - \log(\sigma_0 \circ e_0)}{t} d\pi. \quad (4.18)$$

Here we make the fundamental use of Lemma 4.5: take $f := \log \sigma_0$, $g := \varphi$ and notice that thanks to Proposition 3.5 and the second part of Lemma 4.4 applied with $\pi$, the assumptions of Lemma 4.5 are satisfied by $\pi$. Thus we have

$$\liminf_{t \downarrow 0} \int \frac{\log(\sigma_0 \circ e_t) - \log(\sigma_0 \circ e_0)}{t} d\pi \geq \int \|D\varphi\|_W^2(\gamma_0) - \|D(\varphi + \varepsilon \log \sigma_0)\|_W^2(\gamma_0) \frac{2\varepsilon}{2\varepsilon} d\pi(\gamma)$$

$$= \int \|D\varphi\|_W^2 - \|D(\varphi + \varepsilon \log \sigma_0)\|_W^2 \sigma_0 dm. \quad (4.19)$$
Since $\log \sigma_0 \in D(\text{Ch})$, the integrand in the r.h.s. of (4.19) is dominated, so that Lemma 4.7 yields

$$
\lim_{\varepsilon \downarrow 0} \left| \frac{\int |D\varphi|^2_w |D(\varphi + \varepsilon \log \sigma_0)|^2_w \sigma_0 \, dm}{\varepsilon} \right| = \int \lim_{\varepsilon \downarrow 0} \left| \frac{|D\varphi|^2_w - |D(\varphi + \varepsilon \log \sigma_0)|^2_w \sigma_0 \, dm}{\varepsilon} \right| = \int \lim_{\varepsilon \downarrow 0} \left| \frac{|D\varphi|^2_w - |D(\varphi + \varepsilon \log \sigma_0)|^2_w \sigma_0 \, dm}{\varepsilon} \right| = \lim_{\varepsilon \downarrow 0} \int \left| \frac{|D\varphi|^2_w - |D(\varphi + \varepsilon \log \sigma_0)|^2_w \sigma_0 \, dm}{\varepsilon} \right| = 2 \lim_{\varepsilon \downarrow 0} \frac{\text{Ch}(\varphi) - \text{Ch}(\varphi + \varepsilon \sigma_0)}{\varepsilon}.
$$

Now the convexity of $\text{Ch}$ together with (4.18) and (4.19) proves (4.16).

(b) Observe that by the lower bound on $\sigma_0$ and Proposition 2.15 we know that $|D\varphi|_w \in L^2(X, \mu)$ and the statement makes sense. We can also assume $\text{Ch}(\sigma_0) < \infty$, indeed if not the inequality $|D(\varphi + \varepsilon \sigma_0)|_w \geq \varepsilon |D\sigma_0|_w - |D\varphi|_w$ implies $\text{Ch}(\varphi + \varepsilon \sigma_0) = \infty$ and there is nothing to prove.

Let $D(x) := d(x, \text{supp} \sigma_1)$ and $h_n : [0, \infty) \to [0, \infty)$ be given by

$$
h_n(t) := e^{-9K^\sharp ((r-n)^+)^2}.
$$

Define the cut-off functions $\chi_n(x) := h_n(D(x))$, and notice that the $h_n$’s are equi-Lipschitz, so are the $\chi_n$’s.

Notice that $\chi_n \uparrow 1$ in $X$ as $n \to \infty$. Define $\pi_n := c_n(\chi_n \circ e_0) \pi$, $\pi \in \text{GeoOpt}(\sigma_0 m, \sigma_1 m)$ as in Definition 3.1 and $c_n \downarrow 1$ being the normalizing constant, and $\mu_t^n := (e_t)^\# \pi^n = \sigma_t^n m$.

We claim that $\text{Ch}(\varphi + \varepsilon \sigma_0^n)$ converges to $\text{Ch}(\varphi + \varepsilon \sigma_0)$ as $n \to \infty$. To prove the claim, let $L$ be a uniform bound on the Lipschitz constants of the $\chi^n$ and notice that the inequality (2.21) yields $|D(\chi_n \sigma_0)|_w \leq \chi_n |D\sigma_0|_w + \sigma_0 |D\chi_n|_w \leq |D\sigma_0|_w + L \|\sigma\|_\infty$, so that the sequence $(|D(\chi_n \sigma_0)|_w)$ is dominated in $L^2(X, m)$. Now just observe that by the locality principle (2.18) we have $|D\sigma_0|_w = |D(\chi_n \sigma_0)|_w$ m.a.e. in $\{\chi_n = 1\} = \{D \leq n\}$.

Taking the previous claim into account, by Lemma 4.6 we have that $\text{Ent}_m(\mu_t^n) \to \text{Ent}_m(\mu_t)$ for any $t \in [0, 1]$, so that

$$
\text{Ent}_m(\sigma_1 m) - \text{Ent}_m(\sigma_0 m) - \frac{K}{2} W^2(\sigma_0 m, \sigma_1 m)
= \lim_{n \to \infty} \text{Ent}_m(\sigma_1^n m) - \text{Ent}_m(\sigma_0^n m) - \frac{K}{2} W^2(\sigma_0^n m, \sigma_1^n m)
\geq \liminf_{n \to \infty} \liminf_{t \downarrow 0} \frac{\text{Ent}_m(\sigma_1^n m) - \text{Ent}_m(\sigma_0^n m)}{t} \geq \liminf_{n \to \infty} \frac{\text{Ch}(\varphi) - \text{Ch}(\varphi + \varepsilon \sigma_0^n)}{\varepsilon}
= \frac{\text{Ch}(\varphi) - \text{Ch}(\varphi + \varepsilon \sigma_0)}{\varepsilon}
$$

for all $\varepsilon > 0$, provided that statement (a) is applicable to $(\sigma_0^n m, \sigma_1^n m)$.

To conclude, we prove that $\sigma_0^n$ satisfies the assumptions made in (a). Indeed, (4.15) is satisfied by construction (with $c = 2 \|\sigma_0\|_\infty$, $C = R = n$), thanks to

$$
\sigma_0^n(x) = c_n \chi_n(x) \sigma_0(x) \leq 2 \|\sigma_0\|_\infty e^{-9K^\sharp (D(x) - n)^2}
$$

whenever $D(x) \geq n$,
for \( n \) large enough to ensure \( c_n \leq 2 \). In addition, the inequality \(|D \log \chi_n|(x) \leq 18K^{-1}D(x)|\) gives

\[
|D \log \sigma^n_0|_w(x) \leq |D \log \chi_n|_w(x) + |D \log \sigma_0|_w(x) \leq 18K^{-1}D(x) + \frac{1}{c} |D \sigma_0|_w(x),
\]

so that \( |D \log \sigma^n_0|_w \in D(\text{Ch}) \). \( \square \)

### 4.3 Quadratic Cheeger’s energies

Fix a normalized metric measure space \((X, d, m)\) with finite variance; without assuming any curvature bound, in this section we apply the tools obtained in Lemma 4.5 to derive useful locality and structural properties on the Cheeger energy in the distinguished case when \( \text{Ch} \) is a quadratic form on \( L^2(X, m) \). Since \( \text{Ch} \) is 2-homogeneous and convex, this property is easily seen to be equivalent to the parallelogram identity (see for instance [13, Proposition 11.9])

\[
\text{Ch}(f + g) + \text{Ch}(f - g) = 2\text{Ch}(f) + 2\text{Ch}(g) \quad \text{for every } f, g \in L^2(X, m).
\]

(4.20)

If this is the case we will denote by \( \mathcal{E} \) the associated Dirichlet form with domain \( D(\mathcal{E}) := W^{1,2}(X, d, m) \), i.e. \( \mathcal{E} : [D(\mathcal{E})]^2 \to \mathbb{R} \) is the unique bilinear symmetric form satisfying (see e.g. [13, Prop. 11.9])

\[
\mathcal{E}(f, f) = 2\text{Ch}(f) \quad \forall f \in W^{1,2}(X, d, m).
\]

Recall that \( W^{1,2}(X, d, m) = D(\text{Ch}) \cap L^2(X, m) \).

We will occasionally use this density criterion in the theory of linear semigroups.

**Lemma 4.9 (Density of invariant sets)** Let \( \mathcal{E} \) be the bilinear form associated to a non-negative and lower semicontinuous quadratic form \( Q \) in a Hilbert space \( H \), and let \( S_t \) be the associated evolution semigroup. If a subspace \( V \subset D(\mathcal{E}) \) is dense for the norm of \( H \) and \( S_t \)-invariant, then \( V \) is also dense in \( D(\mathcal{E}) \) for the Hilbert norm \( \sqrt{\mathcal{E}(u, u) + (u, u)^2} \).

**Proof.** If \( u \in D(\mathcal{E}) \) satisfies \( \mathcal{E}(u, w) + (u, w) = 0 \) for all \( w \in V \), we can choose \( w = S_tv \), \( v \in V \), and use the fact that \( S_t \) is self-adjoint to get

\[
\mathcal{E}(S_tv, v) + (S_tv, v) = \mathcal{E}(u, S_tv) + (u, S_tv) = 0 \quad \forall v \in V, \ t > 0.
\]

Since \( S_tv \) belongs to the domain of the infinitesimal generator of \( S_tv, v \mapsto \mathcal{E}(S_tv, v) \) is continuous in \( D(\mathcal{E}) \) for the \( H \) norm, hence \( \mathcal{E}(S_tv, v) + (S_tv, v) = 0 \) for all \( v \in D(\mathcal{E}) \) and \( t > 0 \). Choosing \( v = S_tv \) and letting \( t \downarrow 0 \) gives \( u = 0 \). \( \square \)

**Proposition 4.10 (Properties of \( W^{1,2}(X, d, m) \))** If \( \text{Ch} \) is quadratic in \( L^2(X, m) \) then \( W^{1,2}(X, d, m) \) endowed with the norm \( \sqrt{\|f\|^2 + \mathcal{E}(f, f)} \) is a separable Hilbert space and Lipschitz functions are dense.

**Proof.** We already know that \( W^{1,2}(X, d, m) \) is complete [2, Remark 4.7] and therefore it is a Hilbert space since \( \text{Ch} \) is quadratic. In particular if \( f_n, f \in W^{1,2}(X, d, m) \) satisfy \( \|f_n - f\|_2 \to 0 \) and \( \text{Ch}(f_n) \to \text{Ch}(f) \) then \( f_n \to f \) strongly in \( W^{1,2}(X, d, m) \). In fact, by the parallelogram identity and the \( L^2(X, m) \)-lower semicontinuity of \( \text{Ch} \)

\[
\lim_{n \to \infty} \sup \text{Ch}(f - f_n) = \lim_{n \to \infty} \sup \left(2\text{Ch}(f) + 2\text{Ch}(f_n) - \text{Ch}(f + f_n) \right)
\]

\[
= 4\text{Ch}(f) - \lim_{n \to \infty} \inf \text{Ch}(f + f_n) \leq 4\text{Ch}(f) - \text{Ch}(2f) = 0.
\]

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The density of Lipschitz function thus follows by (2.22). The separability of $W^{1,2}(X,d,m)$ follows by considering the invariant set $V := \bigcup_{t>0} H_t L^2(X,m)$, which is a subspace thanks to the semigroup property, dense in $W^{1,2}(X,d,m)$ thanks to Lemma 4.9. Using (2.37) and the separability of $L^2(X,m)$ it is easy to check that $V$ is separable with respect to the $W^{1,2}(X,d,m)$ norm, whence the separability of $W^{1,2}(X,d,m)$ follows.

The terminology Dirichlet form, borrowed from [17], is justified by the fact that $\mathcal{E}$ is closed (because $\text{Ch}$ is $L^2(X,m)$-lower semicontinuous) and Markovian (by the chain rule (2.20)). Good references on the theory of Dirichlet forms are [17, 18] for locally compact spaces and [31]. The second reference (but see also [18, A.4]), where the theory is extended to infinite-dimensional spaces and even to some classes of non-symmetric forms is more appropriate for us, since we are not assuming local compactness of our spaces.

In this section we analyze the basic properties of this form and relate the energy measure $[f]$ appearing in Fukushima’s theory, a kind of localization of $\mathcal{E}$, to $|Df|_w$. Recall that for any $f \in D(\mathcal{E}) \cap L^\infty(X,m)$ the energy measure $[f]$ (notice the factor $1/2$ with respect to the definition of [18, (3.2.14)]) is defined by

$$[f](\varphi) := \mathcal{E}(f,f\varphi) - \mathcal{E}(\frac{f^2}{2},\varphi) \quad \text{for any } \varphi \in D(\mathcal{E}) \cap L^\infty(X,m).$$

(4.21)

We shall prove in Theorem 4.18 that $[f] = |Df|_w^2 m$. The first step concerns locality, which is not difficult to prove in our setting:

**Proposition 4.11** $\mathcal{E}$ is strongly local:

$$f, g \in D(\mathcal{E}), \text{ } g \text{ constant on } \{f \neq 0\} \implies \mathcal{E}(f,g) = 0. \quad (4.22)$$

**Proof.** By definition we have

$$2\mathcal{E}(f,g) = \int |D(f+g)|_w^2 - |Df|_w^2 - |Dg|_w^2 \, dm. \quad (4.23)$$

By the assumption on $g$, locality (2.18) and chain rule (2.20), we get that $|D(f+g)|_w = |Df|_w$ and $|Dg|_w$ vanishes m-a.e. on $\{f \neq 0\}$. On the other hand, m-a.e. on $X \setminus \{f \neq 0\}$ we have $|D(f+g)|_w = |Dg|_w$ and $|Df|_w$ vanishes.

The identification of $[f]$ with $|Df|_w^2 m$ requires a deeper understanding of the Leibnitz formula in our context. Our goal is to prove the existence of a bilinear symmetric map from $[D(\text{Ch})]^2$ to $L^1(X,m)$, that we will denote by $G(f,g)$, which gives a pointwise representation of the Dirichlet form, in the sense that

$$\mathcal{E}(f,g) = \int G(f,g) \, dm \quad \text{for every } f, g \in W^{1,2}(X,d,m).$$

A consequence of Theorem 4.18 will be that $G(f,g)$ coincides with the well known “carré du champ” operator $\Gamma(f,g)$, but we preferred to keep a distinguished notation because our definition of $G(f,g)$ is different from the one of $\Gamma(f,g)$ and their identification will only come later on. As a byproduct of the identity $G = \Gamma$ we will show that the Laplacian satisfies a suitable formulation of the diffusion condition [6, 1.3], so that useful estimates can be derived by the so called $\Gamma$-calculus. An example of application will be given in Section 6.2.
Definition 4.12 (The function $G(f, g)$) For $f, g \in D(Ch)$ we define $G(f, g)$ as

$$G(f, g) := \lim_{\varepsilon \downarrow 0} \frac{|D(f + \varepsilon g)|^2_w - |Df|^2_w}{2\varepsilon} \quad (4.24)$$

where the limit is understood in $L^1(X, m)$ and pointwise $m$-a.e. in $X$.

The existence of the limit in (4.24) follows by the argument at the beginning of the proof of Lemma 4.7. We also have

$$G(f, f) = |Df|^2_w \quad m\text{-a.e. in } X. \quad (4.25)$$

Notice also that we don’t know, yet, whether $(f, g) \mapsto G(f, g)$ is symmetric, or bilinear, the only trivial consequence of the definition being the positive homogeneity w.r.t. $g$. Now we examine the continuity properties of $G(f, g)$ with respect to $g$.

Proposition 4.13 For $f, g, \tilde{g} \in D(Ch)$ it holds

$$|G(f, g) - G(f, \tilde{g})| \leq |Df||D(g - \tilde{g})|_w \quad m\text{-a.e. in } X$$

and, in particular, $G(f, g) \in L^1(X, m)$ and

$$|G(f, g)| \leq |Df||Dg|_w \quad m\text{-a.e. in } X. \quad (4.26)$$

Proof. It follows from

$$\left| |D(f + \varepsilon g)|^2_w - |Df|^2_w \right| = \left| |D(f + \varepsilon \tilde{g})|^2_w - |Df|^2_w \right|$$

$$\leq \varepsilon |D(g - \tilde{g})|_w \left( |D(f + \varepsilon g)|_w + |D(f + \varepsilon \tilde{g})|_w \right),$$

dividing by $\varepsilon$, letting $\varepsilon \downarrow 0$ and using the strong convergence of $|D(f + \varepsilon g)|_w$ and $|D(f + \varepsilon \tilde{g})|_w$ to $|Df|_w$.\qed

Observe that the second chain rule given in Lemma 4.7 grants that

$$\int G(\phi \circ f, g) \, dm = \int (\phi' \circ f) G(f, g) \, dm \quad (4.27)$$

for $\phi$ nondecreasing and $C^1$ on an interval containing the image of $f$.

Proposition 4.14 For any $f, g \in D(Ch)$ it holds

$$E(f, g) = \int G(f, g) \, dm. \quad (4.28)$$

Also, we have

$$G(f, g) = -G(-f, g) = -G(f, -g) = G(-f, -g) \quad m\text{-a.e. in } X. \quad (4.29)$$

Proof. The equality (4.28) follows by replacing $g$ by $\varepsilon g$ into (4.23), dividing by $\varepsilon$ and letting $\varepsilon \downarrow 0$. To get (4.29) notice that the $m$-a.e. convexity of $\varepsilon \mapsto |D(f + \varepsilon g)|^2_w(x)$ in $\mathbb{R}$ yields

$$G(f, g) + G(f, -g) \geq 0 \quad m\text{-a.e. in } X. \quad (4.30)$$

Since $E(f, g) = -E(f, -g)$ we can use (4.28) to obtain that the sum in (4.30) is null $m$-a.e. in $X$. We conclude using the identity $G(f, g) = G(-f, -g)$, a trivial consequence of the definition.\qed
Lemma 4.15  Let \( u \in D(\text{Ch}) \) be a given bounded function and let \( E_t(\gamma) \) be defined as in \((4.5)\). Then there exists a test plan \( \pi \) satisfying \( (e_0)_*\pi = m \) and

\[
\lim_{t \downarrow 0} \frac{E_t}{t} = \lim_{t \downarrow 0} \frac{u \circ e_0 - u \circ e_t}{E_t} = |Du|_w \circ e_0 \quad \text{in } L^2(\mathcal{AC}^2([0,1]; X), \pi).
\]  

(4.31)

Proof. Let \( \rho_0 := c e^u \), where \( c \) is the normalization constant, put \( \mu_0 := \rho_0 m \) and \( \rho_t := H_t(\rho_0) \). Notice that \( \rho_0 \) is uniformly bounded away from 0 and \( \infty \) and that \( \text{Ch}(\rho_t) \rightarrow \text{Ch}(\rho_0) \) as \( t \downarrow 0 \) implies, by the same Hilbertian argument of Proposition 4.10, strong convergence of \( |D \rho_t|_w \) to \( |D \rho_0|_w \) in \( L^2(X, m) \). Define the functions \( A_t, B_t, C_t, D_t : \mathcal{AC}^2([0,1]; X) \rightarrow \mathbb{R} \) by (with the usual convention if \( E_t(\gamma) = 0 \))

\[
A_t(\gamma) := \frac{\log \rho_0(\gamma_0) - \log \rho_0(\gamma_t)}{t} = \frac{u(\gamma_0) - u(\gamma_t)}{t},
\]

\[
B_t(\gamma) := \frac{\log \rho_0(\gamma_0) - \log \rho_0(\gamma_t)}{E_t(\gamma)} = \frac{u(\gamma_0) - u(\gamma_t)}{E_t(\gamma)},
\]

\[
C_t(\gamma) := \frac{E_t(\gamma)}{t},
\]

\[
D_t(\gamma) := \sqrt{\frac{1}{t} \int_0^t \frac{|D \rho_0|_w^2(\gamma_s)}{\rho_0^2(\gamma_s)} \, ds} = \sqrt{\frac{1}{t} \int_0^t |D u|_w^2(\gamma_s) \, ds}.
\]

Now use \([28]\) to get the existence of a plan \( \pi \in \mathcal{P}(\mathcal{AC}^2([0,1]; X)) \) such that \( (e_t)_*\pi = \mu_t := \rho_t m \) for all \( t \in [0,1] \) and

\[
\int |\gamma_t|^2 \, d\pi(\gamma) = |\mu_t|^2 \quad \text{for a.e. } t \in [0,1],
\]

where \( |\mu| \) is the metric velocity of \( \mu \) in \( \mathcal{P}_2(X) \). The maximum principle ensures that \( \pi \) is a test plan.

By Lemma 4.16 below we get that \( D_t \rightarrow |D u|_w \circ e_0 \) in \( L^2(\mathcal{AC}^2([0,1]; X), \pi) \). From the second equality in \((2.29)\) we have

\[
\lim_{t \downarrow 0} \|C_t\|^2_2 = \lim_{t \downarrow 0} \frac{1}{t} \int_0^t |\gamma_s|^2 \, d\pi = \lim_{t \downarrow 0} \frac{1}{t} \int_0^t |\mu_s|^2 \, ds = \lim_{t \downarrow 0} \frac{1}{t} \int_0^t \frac{|D \rho_0|_w^2}{\rho_0} \, dm \, ds = \int \frac{|D \rho_0|_w^2}{\rho_0} \, dm = \|D u|_w \circ e_0\|^2_2,
\]

(4.32)

and from Lemma 4.4 and \((4.8)\) we know that

\[
|B_t| \leq D_t \quad \text{and} \quad \limsup_{t \downarrow 0} \|B_t\|^2_2 \leq \|D u|_w \circ e_0\|^2_2.
\]

(4.33)

Estimates \((4.32)\) and \((4.33)\) imply

\[
\limsup_{t \downarrow 0} \int A_t \, d\pi = \limsup_{t \downarrow 0} \int B_t C_t \, d\pi \leq \limsup_{t \downarrow 0} \int |B_t| C_t \, d\pi \leq \limsup_{t \downarrow 0} \|B_t\|_2 \|C_t\|_2 \leq \|D u|_w \circ e_0\|^2_2.
\]

(4.34)

Notice that from the convexity of \( z \mapsto z \log z \) we have

\[
\int A_t \, d\pi = \int \frac{\log \rho_0(\rho_0 - \rho_t)}{t} \, dm \geq \frac{\text{Ent}_m(\mu_0) - \text{Ent}_m(\mu_t)}{t},
\]
and from the first equality in (2.29) we deduce
\[
\lim_{t \to 0} \frac{\text{Ent}_m(\mu_0) - \text{Ent}_m(\mu_t)}{t} = \lim_{t \to 0} \frac{1}{t} \int_0^t \frac{|D\rho_s|^2}{\rho_s} \, dm \, ds = \int \frac{|D\rho_0|^2}{\rho_0} \, dm = ||Du|_w \circ e_0||^2_2.
\]
Thus from (4.34) we deduce that \( \int A_t \, d\pi \) converges to \( ||Du|_w \circ e_0||^2_2 \) as \( t \to 0 \). Repeating now (4.34) with \( \lim \inf \) we deduce that also \( ||B_t||^2_2 \) converges as \( t \downarrow 0 \) to \( ||Du|_w \circ e_0||^2_2 \). Now, this convergence, the first inequality in (4.33) and the \( L^2 \)-convergence of \( D_t \) to \( |Du|_w \circ e_0 \) yield the \( L^2 \)-convergence of \( |B_t| \) to the same limit.

Finally, from the fact that the first inequality in (4.34) is an equality, we get that also \( B_t \) converges to \( |Du|_w \circ e_0 \) in \( L^2(\pi) \). Also, since the second inequality in (4.34) is an equality and (4.32) holds one can conclude that \( C_t \) converges to \( |Du|_w \circ e_0 \) in \( L^2(\pi) \) as well.

Thus \( \pi \) has all the required properties, except the fact that \( (e_0)_\sharp \pi \) is not \( m \). To conclude, just replace \( \pi \) with \( \tilde{c}\rho_0^{-1} \circ e_0 \pi \), \( \tilde{c} \) being the renormalization constant. \( \square \)

**Lemma 4.16** Let \( f \in L^1(X, m) \) be nonnegative and define \( F_t : AC^2([0, 1]; X) \to [0, \infty], \ t \in [0, 1], \) by
\[
F_t(\gamma) := \sqrt{\frac{1}{t} \int_0^t f(\gamma_s) \, ds} \quad t \in (0, 1], \quad F_0 := \sqrt{\int_0^1 f(\gamma_0) \, ds}.
\]
Then \( F_t \to F_0 \) in \( L^2(AC^2([0, 1]; X), \pi) \) as \( t \downarrow 0 \) for any test plan \( \pi \) whose 2-action \( \int \int_0^1 |\dot{\gamma}|^2 \, dt \, d\pi(\gamma) \) is finite.

**Proof.** To prove the thesis it is sufficient to show that \( F_t^2 \to F_0^2 \) in \( L^1(AC^2([0, 1]; X), \pi) \).

Now assume first that \( f \) is Lipschitz. In this case the conclusion easily follows from the inequality \( |F_t^2(\gamma) - F_0^2(\gamma)| \leq \text{Lip}(f) \frac{1}{t} \int_0^t |\dot{\gamma}_0, \gamma_s| \, ds \) and the fact that \( \int_0^t |\dot{\gamma}|^2 \, dt \, d\pi(\gamma) < \infty \). To pass to the general case, notice that Lipschitz functions are dense in \( L^1(X, m) \) and conclude by the continuity estimates
\[
\left| \frac{1}{t} \int_0^t h(\gamma_s) \, ds \right| \, d\pi \leq \frac{1}{t} \int_0^t \int |h(\gamma_s)| \, d\pi \, ds \leq C\norm{h}_1, \quad \int |h(\gamma_0)| \, d\pi \leq C\norm{h}_1,
\]
where \( C > 0 \) satisfies \( (e_t)_\sharp \pi \leq Cm \) for any \( t \in [0, 1] \). \( \square \)

**Proposition 4.17 (Leibnitz formula for nonnegative functions)** Let \( f, g, h \in D(Ch) \cap L^\infty(X, m) \) with \( g, h \) nonnegative. Then
\[
\mathcal{E}(f, gh) = \int G(f, gh) \, dm = \int hG(f, g) + gG(f, h) \, dm.
\] (4.35)

**Proof.** Notice first that if \((g_n), (h_n)\) are equibounded and converge in \( W^{1, 2}(X, d, m) \) to \( g, h \) respectively then (2.21) ensures that \( g_nh_n \) converge to \( gh \) strongly in \( W^{1, 2}(X, d, m) \). Hence, taking Proposition 4.10 and Proposition 4.13 into account, we can assume with no loss of generality \( g, h \) to be bounded, nonnegative and Lipschitz.

Now we apply Lemma 4.15 with \( u = f \). The definition of \( G(f, gh) \) and inequality (4.10) gives
\[
\int G(f, gh) \, dm = \lim_{\epsilon \downarrow 0} \int \frac{|D(f + \epsilon gh)|^2}{\epsilon} - |Df|^2 \, dm \geq \limsup_{\epsilon \downarrow 0} \int \frac{g(\gamma_0)h(\gamma_0) - g(\gamma)h(\gamma)}{t} \, d\pi(\gamma).
\]
Now observe that the convergence

\[ \left| \frac{(g(\gamma_t) - g(\gamma_0))(h(\gamma_t) - h(\gamma_0))}{t} \right| \leq \text{Lip}(g) \text{Lip}(h) \frac{d^2(\gamma_0, \gamma_t)}{t} \to 0 \quad \text{in } L^1(\pi), \]

ensures that

\[ \limsup_{t \downarrow 0} \int g(\gamma_0)h(\gamma_t) - g(\gamma_t)h(\gamma_0) \, d\pi(\gamma) \geq \liminf_{t \downarrow 0} \int g(\gamma_0)h(\gamma_0) - g(\gamma_t)h(\gamma_t) \, d\pi(\gamma) \]
\[ \geq \liminf_{t \downarrow 0} \int g(\gamma_0)h(\gamma_0) - h(\gamma_t) \, d\pi(\gamma) + \liminf_{t \downarrow 0} \int h(\gamma_0)g(\gamma_0) - g(\gamma_t) \, d\pi(\gamma). \]

Now applying inequality (4.10) to the plans \((g \circ e_0) \pi\) and \((h \circ e_0) \pi\) we get

\[ \liminf_{t \downarrow 0} \int g(\gamma_0)h(\gamma_0) - h(\gamma_t) \, d\pi(\gamma) \geq \limsup_{\epsilon \downarrow 0} \int g \frac{|Df|_w^2 - |D(f - \epsilon h)|_w^2}{\epsilon} \, dm, \]
\[ \liminf_{t \downarrow 0} \int h(\gamma_0)g(\gamma_0) - g(\gamma_t) \, d\pi(\gamma) \geq \limsup_{\epsilon \downarrow 0} \int h \frac{|Df|_w^2 - |D(f - \epsilon g)|_w^2}{\epsilon} \, dm. \]

Recalling the convergence in \(L^1(X, m)\) of the difference quotients in (4.24) and the identities (4.29) we get

\[ \limsup_{\epsilon \downarrow 0} \int g \frac{|Df|_w^2 - |D(f - \epsilon h)|_w^2}{\epsilon} \, dm = - \int g \text{G}(f, -h) \, dm = \int g \text{G}(f, h) \, dm, \]
\[ \limsup_{\epsilon \downarrow 0} \int h \frac{|Df|_w^2 - |D(f - \epsilon g)|_w^2}{\epsilon} \, dm = - \int h \text{G}(f, -g) \, dm = \int h \text{G}(f, g) \, dm. \]

Thus we proved that the inequality \(\geq\) always holds in (4.35). Replacing \(f\) with \(-f\) and using (4.29) once more we get the opposite one and the conclusion. \(\square\)

**Theorem 4.18 (Leibnitz formula and identification of \([f]\))** Let \((X, d, m)\) be a normalized metric measure space with finite variance and let us assume that Cheeger's energy \(\text{Ch}\) is quadratic in \(L^1(\pi)\) as in (4.20). Then

(i) The map \((f, g) \mapsto \text{G}(f, g)\) from \([\text{D}(\text{Ch})]_2^2\) to \(L^1(X, m)\) is bilinear, symmetric and satisfies (4.26). In particular it is continuous from \([W^{1,2}(X, d, m)]_2^2\) to \(L^1(X, m)\).

(ii) For all \(f, g \in \text{D}(\text{Ch})\) it holds

\[ |D(f + g)|_w^2 + |D(f - g)|_w^2 = 2|Df|_w^2 + 2|Dg|_w^2 \quad m\text{-a.e. in } X. \quad \text{(4.36)} \]

In particular \(\text{Ch}\) is a quadratic form in \(L^1(X, m)\).

(iii) The Leibnitz formula (4.35) holds with equality and with no sign restriction on \(g, h\).

(iv) The energy measure \([f]\) in (4.21) coincides with \(|Df|_w^2 \, m\) and \(\text{G}(f, g) = \Gamma(f, g)\) m-a.e. for any \(f, g \in W^{1,2}(X, d, m)\).
Proof. Statements (iii) and (iv) follow easily by (i). The continuity bound follows at once from (4.26). In order to show symmetry and bilinearity it is sufficient to prove (4.36) when \( f, g \in D(\text{Ch}) \). In turn, this property follows if we are able to prove that

\[
f \mapsto \int h|Df|^2_w \, dm \text{ is quadratic in } D(\text{Ch})
\]

(4.37)

for all \( h \in L^\infty(X,m) \) nonnegative. Since \( D(\text{Ch}) \cap L^\infty(X,m) \) is weakly* dense in \( L^\infty(X,m) \), it is sufficient to prove this property for nonnegative \( h \in D(\text{Ch}) \cap L^\infty(X,m) \). Pick \( f = g \in D(\text{Ch}) \cap L^\infty(X,m) \) nonnegative in (4.35) to get

\[
\int h|Df|^2_w \, dm = -\int f G(f,h) \, dm + \int G(f,fh) \, dm \\
= -\int G(\frac{f^2}{2},h) \, dm + \int G(f,fh) \, dm \\
= -\mathcal{E}(\frac{f^2}{2},h) + \mathcal{E}(f,fh),
\]

having used equation (4.27) in the second equality. Now, splitting \( f \) in positive and negative parts, we can extend the formula to \( D(\text{Ch}) \cap L^\infty(X,m) \), since \( \mathcal{E} \) is bilinear and the strong locality ensures \( \mathcal{E}(f^+,f^-h) = 0, \mathcal{E}(f^-,f^+h) = 0 \). Both maps \( f \mapsto \mathcal{E}(f^2/2,h) \) and \( f \mapsto \mathcal{E}(f,fh) \) are immediately seen to be quadratic, so the same is true for \( \int |Df|^2_w \, dm \). Thus we proved that the map \( \int h|Df|^2_w \, dm \) is quadratic on \( D(\text{Ch}) \cap L^\infty(X,m) \). The statement for the full domain \( D(\text{Ch}) \) follows from a simple truncation argument: if \( f^N := \max\{\min\{f,N\},-N\}, g^N := \max\{\min\{g,N\},-N\} \in L^2(X,m) \) are the truncated functions, the chain rule (2.20) gives

\[
\int h|D(f_N + g_N)|^2_w \, dm + \int h|D(f_N - g_N)|^2_w \, dm \leq 2 \int h|Df|^2_w \, dm + 2 \int h|Dg|^2_w,
\]

which yields in the limit one inequality. A similar argument applied to \( f + g \) and \( f - g \) provides the converse inequality and proves (4.37). Finally, we can use the fact that \( h \) is arbitrary to prove the pointwise formulation (4.36). \( \square \)

The property (4.37) shows that if \( (X,d,m) \) gives rise to a quadratic Cheeger’s energy, also \( (X,d,\text{hm}) \) enjoys the same property, provided a uniform bound \( 0 < c \leq h \leq c^{-1} \) is satisfied (indeed, we can use [2, Lemma 4.11] to prove that \( |Df|^2_w \) is independent of \( h \)). The next result considers the case when \( h \) is the characteristic function of a closed subset of \( X \).

**Theorem 4.19** Let \( (X,d,m) \) be a normalized metric measure space with finite variance, \( \Omega \subset X \) an open set with positive measure such that \( m(\partial \Omega) = 0 \) and let \( Y := \Omega \). For \( f : Y \to \mathbb{R} \), denote by \( |Df|_{w,Y} \) the minimal weak upper gradient of \( f \) calculated in the metric measure space \((Y,d,m(Y)^{-1}m|_Y))\). Then:

(i) Let \( g : Y \to \mathbb{R} \) be Borel, with a weak upper gradient and such that \( \text{dist}(\text{supp} \, g, \partial Y) > 0 \). Define \( f : X \to \mathbb{R} \) by \( f|_Y := g \) and \( f|_{X \setminus Y} := 0 \). Then \( |Df|_w = \chi_Y|Dg|_{w,Y} \) m-a.e. in \( X \).

(ii) Let \( f : X \to \mathbb{R} \) Borel with a weak upper gradient, and define \( g : Y \to \mathbb{R} \) by \( g := f|_Y \). Then \( g \) has a weak upper gradient and \( |Dg|_w = |Dg|_{w,Y} \) m-a.e. in \( Y \).
(iii) If moreover $\text{Ch}$ is a quadratic form in $L^2(X, \mathfrak{m})$ according to (4.20), then

$$
\text{Ch}_Y(f) := \begin{cases} 
\int_\gamma |Df|^2_{w,Y} \, d\mathfrak{m}_Y & \text{if } f \text{ is Sobolev a.e. curve in } Y, \\
+\infty & \text{otherwise},
\end{cases}
$$

is a quadratic form in $L^2(Y, \mathfrak{m}_Y)$.

Proof. (i) Let $R := \text{dist(supp } g, \partial \Omega) > 0$. For any test plan $\pi$ in $X$ we have to prove the upper gradient inequality (2.17) with $G = \chi_Y|Dg|_{w,Y}$ for $\pi$-a.e. $\gamma$. With no loss of generality we can assume that, for some constant $C$, $\int_0^1 |\gamma'|^2 \, dt \leq C$ for $\pi$-a.e. $\gamma$. Now, notice that if the upper gradient inequality holds for two curves with a common endpoint, it holds for their concatenation; hence, possibly splitting the curves in the concatenation of the (reparameterized) curves in the intervals $[(i-1)/N, i/N]$, with $1 \leq i \leq N$ and $N > (4C)/R^2$, we can assume with no loss of generality that $\pi$-a.e. curve has length less than $R/2$. By the definition of $R$, $\pi$-a.e. curve either does not intersect supp $g$, or it is entirely contained in $\Omega$. In the former case the upper gradient inequality is trivial, in the latter we use the test plan in $Y$ induced by the family of curves contained in $\Omega$. This argument shows that $|Df|_w \leq \chi_Y|Dg|_{w,Y}$. The converse inequality follows trivially from the fact that the class of test plans in $Y$ is contained in the class of test plans in $X$.

(ii) Since the class of test plans in $Y$ is contained in the class of test plans in $X$, we have that $g$ is Sobolev along a.e. curve and that $|Dg|_{w,Y} \leq |Df|_w$ $\mathfrak{m}$-a.e. in $Y$. For the other implication, let $(B_n)$ be an increasing sequence of subsets of $\Omega$ such that $\Omega = \cup_n B_n$ and $\text{dist}(B_n, X \setminus \Omega) > 0$ for every $n \in \mathbb{N}$. Also, let $(\chi_n)$ be a sequence of Lipschitz functions on $X$ with supp$(\chi_n) \subset \Omega$ and $\chi_n \equiv 1$ on $B_n$ for every $n \in \mathbb{N}$. Consider the functions $f_n := f\chi_n$ and $g_n := f_n|_Y$. Since $\text{dist(supp}(g_n), \partial Y) > 0$ we can apply point (i) above and deduce that $|Df_n|_w = \chi_Y|Dg_n|_{w,Y}$ $\mathfrak{m}$-a.e. on $X$ for every $n \in \mathbb{N}$. By locality we also have $|Df_n|_w = |Df|_w$ and $|Dg_n|_{w,Y} = |Dg|_{w,Y}$ $\mathfrak{m}$-a.e. on $B_n$. Conclude noticing that the assumption $\mathfrak{m}(\partial \Omega) = 0$ yields $\mathfrak{m}(Y \setminus \cup_n B_n) = 0$.

(iii) Fix $r > 0$, define

$$
Y_r := \{ x \in Y : d(x, \partial Y) > r \},
$$

so that $Y_r \uparrow Y \setminus \partial Y$ as $r \downarrow 0$, and let $\chi_r : Y \to [0, 1]$ be a Lipschitz cut-off function with support contained in $Y_{r/2}$ and identically equal to 1 on $Y_r$. Notice that, since $\mathfrak{m}(\partial Y) = 0$, to prove the quadratic property of $\text{Ch}_Y$ it is sufficient to prove, for all $r > 0$, that $f \mapsto \int_{Y_r} |Df|^2_{w,Y} \, d\mathfrak{m}_Y$ is quadratic in the class of functions which are Sobolev along a.e. curve in $Y$. By the previous points and the locality principle (2.18) we know that

$$
|Df|_{w,Y} = |D(f\chi_r)|_w = |Df|_w \quad \mathfrak{m}$-a.e. in $Y_r,
$$
so that the conclusion follows from (4.36) of Theorem 4.18.

Remark 4.20 If the space under consideration supports a weak local 1-2 Poincaré inequality and the measure is doubling, then the results of Cheeger [9] ensure the existence of an $L^\infty$-cotangent bundle and, under the assumption that $\text{Ch}$ is quadratic, Theorem 4.18 can be interpreted as the existence of a canonical scalar product $G(\cdot, \cdot)$ in such cotangent bundle for which it holds $\sqrt{G(f, f)} = |Df| = |Df|_w \mathfrak{m}$-a.e. for every Lipschitz function $f$ on $X$.

Yet, Theorem 4.18 can be stated and proved even if such cotangent bundle is not defined. In this direction it is worth to point out that the property ‘$\text{Ch}$ is quadratic’ is not a bi-Lipschitz invariant (e.g. consider $\mathbb{R}^d$ with the Lebesgue measure and two different norms, one
Hilbertian the other not) and in this sense one should not try to read it via the Lipschitz charts built by Cheeger.

On a different side, one might wonder whether under the assumption ‘Ch is quadratic’ and a curvature bound one can deduce that for Lipschitz functions $f$ it holds $|Df|_w = |Df|$ a.e.. We don’t know a general answer to this question, but the property holds at least for a wide class of Kantorovich potentials, thanks to the metric Brenier theorem proved in [2, Theorem 10.3] (see also its version reported here in Proposition 3.5).

## 5 Riemannian Ricci bounds: definition

We say that a normalized metric measure space with finite variance $(X, d, m)$ has Riemannian Ricci curvature bounded below by $K$ (in short, a $\text{RCD}(K, \infty)$ space) if any of the 3 equivalent conditions of Theorem 5.1 below is fulfilled. Basically, one adds to the strict $\text{CD}(K, \infty)$ condition a linearity assumption on the heat flow, stated either at the level of $H_t$ or at the level of $\mathcal{H}_t$. A remarkable fact is that all these conditions are encoded in the EVI$_K$ property of the gradient flow.

Before stating the theorem we observe that linearity at the level of $\mathcal{H}_t$ will be understood as additivity, namely

$$\mathcal{H}_t((1 - \lambda)\mu + \lambda\nu) = (1 - \lambda)\mathcal{H}_t(\mu) + \lambda\mathcal{H}_t(\nu) \quad \forall \mu, \nu \in \mathcal{P}_2(X, m), \quad \lambda \in [0, 1].$$

**Theorem 5.1 (3 general equivalences)** Let $(X, d, m)$ be a normalized metric measure spaces with finite variance as in (2.12). Then the following three properties are equivalent.

(i) $(X, d, m)$ is a strict $\text{CD}(K, \infty)$ space and the semigroup $\mathcal{H}_t$ on $\mathcal{P}_2(X, m)$ is additive.

(ii) $(X, d, m)$ is a strict $\text{CD}(K, \infty)$ space and $\text{Ch}$ is a quadratic form on $L^2(X, m)$ according to (4.20).

(iii) $(X, d, m)$ is a length space and any $\mu \in \mathcal{P}_2(X, m)$ is the starting point of an EVI$_K$ gradient flow of $\text{Ent}_m$.

If any of these conditions holds, the semigroups $H_t$ and $\mathcal{H}_t$ are also related for all $t \geq 0$ by

$$(H_t f)m = \int f(x) \mathcal{H}_t(\delta_x) \, dm(x) \quad \forall f \in L^2(X, m),$$

meaning that the signed measure $(H_t f)m$ is the weighted superposition, with weight $f(x)$, of the probability measures $\mathcal{H}_t(\delta_x)$.

**Proof.** $(i) \Rightarrow (ii)$. The additivity assumption on the heat semigroup, the identification Theorem 2.19 and the 1-homogeneity of the heat semigroup in $L^2(X, m)$ (Proposition 2.14), easily yield that the heat semigroup $H_t$ is linear in $L^2(X, m)$ as well (see the proof of (5.1) below). This further implies that its infinitesimal generator $-\Delta$ is a linear operator, so that $D(\Delta)$ is a linear subspace of $L^2(X, m)$ and $\Delta : D(\Delta) \to L^2$ is linear. Given $f \in D(\text{Ch})$, recall that $t \mapsto \text{Ch}(H_t(f))$ is continuous on $[0, \infty)$ and locally Lipschitz on $(0, \infty)$, goes to 0 as $t \to \infty$ and $\frac{d}{dt}\text{Ch}(H_t(f)) = -\|\Delta H_t(f)\|_2^2$ for a.e. $t > 0$ (Proposition 2.14(iii)), thus

$$\text{Ch}(f) = \int_0^\infty \|\Delta H_t(f)\|_2^2 \, dt \quad \forall f \in D(\text{Ch}).$$
Now, recall that quadratic forms can be characterized in terms of the parallelogram identity; thus \( \text{Ch} \), being on its domain an integral of the quadratic forms \( f \mapsto \| \Delta H_t(f) \|_2^2 \), is a quadratic form.

\((ii) \Rightarrow (iii)\). Using \((iii)\) of Proposition 2.22, to conclude it is sufficient to show that \( \mathcal{H}_t(\mu) \) is an \( \text{EVI}_K \) gradient flow for \( \text{Ent}_m \) for any \( \mu \ll m \) with density uniformly bounded away from 0 and infinity. Thus, choose \( \mu = \rho m \in \mathcal{P}_2(X) \) such that \( 0 < c \leq \rho \leq C < \infty \) and define \( \mu_t := \mathcal{H}_t(\mu) = \rho_t m \). By Proposition 2.21, in order to check that \( (\mu_t) \) is an \( \text{EVI}_K \) gradient flow it is sufficient to pick reference measures \( \nu \) in (2.33) of the form \( \nu = \sigma m \in \mathcal{P}_2(X) \), with \( \sigma \) bounded and with bounded support. For any \( t > 0 \), choose \( \pi_t \in \text{GeoOpt}(\mu_t, \nu) \) given by the strict CD\((K, \infty)\) condition and let \( \varphi_t \) be a Kantorovich potential for \( (\mu_t, \nu) \). Now, recall that Theorem 4.8(b) provides the lower bound

\[
\text{Ent}_m(\nu) - \text{Ent}_m(\mu_t) - \frac{K}{2} \int W_2^2(\mu_t, \nu) \geq \lim_{\varepsilon \downarrow 0} \frac{\text{Ch}(\varphi_t) - \text{Ch}(\varphi_t + \varepsilon \rho_t)}{\varepsilon},
\]

thus to conclude it is sufficient to show that for a.e. \( t > 0 \) it holds

\[
\frac{d}{dt} \frac{1}{2} W_2^2(\mu_t, \nu) \leq \lim_{\varepsilon \downarrow 0} \frac{\text{Ch}(\varphi_t) - \text{Ch}(\varphi_t + \varepsilon \rho_t)}{\varepsilon}.
\]

By Theorem 4.1 we know that for a.e. \( t > 0 \) it holds

\[
\frac{d}{dt} \frac{1}{2} W_2^2(\mu_t, \nu) \leq \lim_{\varepsilon \downarrow 0} \frac{\text{Ch}(\rho_t + \varepsilon \varphi_t) - \text{Ch}(\rho_t)}{\varepsilon}.
\]

In order to obtain (5.2) from (5.3) we crucially use the hypothesis on Cheeger’s energy: the fact that \( \text{Ch} \) is a quadratic form ensures the identity

\[
\frac{\text{Ch}(\rho_t - \varepsilon \varphi_t) - \text{Ch}(\rho_t)}{\varepsilon} = \frac{\text{Ch}(\varphi_t) - \text{Ch}(\varphi_t + \varepsilon \rho_t)}{\varepsilon} + \varepsilon \text{Ch}(\rho_t) + \varepsilon \text{Ch}(\varphi_t)
\]

and therefore (5.2) is proved.

\((iii) \Rightarrow (i)\). By Lemma 5.2 below we deduce that \((X, d, m)\) is a strict CD\((K, \infty)\) space. We turn to the additivity. Let \((\mu_t^0), (\mu_t^1)\) be two \( \text{EVI}_K \) gradient flows of the relative entropy and define \( \mu_t := (1 - \lambda)\mu_t^0 + \lambda \mu_t^1, \lambda \in (0, 1) \). To conclude it is sufficient to show that \( (\mu_t) \) is an \( \text{EVI}_K \) gradient flow of the relative entropy as well. By (2.7) we know that \( (\mu_t) \subset \mathcal{P}_2(X) \) is an absolutely continuous curve, so we need only to show that

\[
\limsup_{h \downarrow 0} \frac{e^{Kh} W_2^2(\mu_t + h, \nu) - W_2^2(\mu_t, \nu)}{2h} + \text{Ent}_m(\mu_t) \leq \text{Ent}_m(\nu), \quad \forall t > 0.
\]

Thus, given a reference measure \( \nu \), for any \( t > 0 \) let \( \gamma_t \in \text{Opt}(\mu_t, \nu) \), define \( \nu_t^0 := (\gamma_t)_* \mu_t^0, \nu_t^1 := (\gamma_t)_* \mu_t^1 \) (recall Definition 2.1 and notice that \( \mu_t^0, \mu_t^1 \ll \mu_t = \pi_t^\# \gamma_t \)). By equation (2.9) we have

\[
W_2^2(\mu_t, \nu) = \int d^2(x, y) d\gamma_t(x, y) = \int d^2(x, y) ((1 - \lambda) \frac{d\mu_t^0}{d\mu_t}(x) + \lambda \frac{d\mu_t^1}{d\mu_t}(x)) d\gamma_t(x, y)
\]

\[
= (1 - \lambda) \int d^2(x, y) \frac{d\mu_t^0}{d\mu_t}(x) d\gamma_t(x, y) + \lambda \int d^2(x, y) \frac{d\mu_t^1}{d\mu_t}(x) d\gamma_t(x, y)
\]

\[
= (1 - \lambda) W_2^2(\mu_t^0, \nu_t^0) + \lambda W_2^2(\mu_t^1, \nu_t^1),
\]

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while the convexity of \( W^2_2 \) yields

\[
W^2_2(\mu_{t+h}, \nu) \leq (1 - \lambda) W^2_2(\mu_{t+h}, \nu^0_t) + \lambda W^2_2(\mu_{t+h}, \nu^1_t), \quad \forall h > 0.
\]

Hence for any \( t \geq 0 \) we have

\[
\limsup_{h \downarrow 0} \frac{e^{kh} W^2_2(\mu_{t+h}, \nu) - W^2_2(\mu_t, \nu)}{2h} \leq (1 - \lambda) \limsup_{h \downarrow 0} \frac{e^{kh} W^2_2(\mu_{t+h}, \nu^0_t) - W^2_2(\mu_t, \nu^0_t)}{2h} \\
+ \lambda \limsup_{h \downarrow 0} \frac{e^{kh} W^2_2(\mu_{t+h}, \nu^1_t) - W^2_2(\mu_t, \nu^1_t)}{2h}. \quad (5.5)
\]

Now we use the assumption that \((\mu^0_t)\) and \((\mu^1_t)\) are gradient flows in the EVI\(_K\) sense: fix \( t \) and choose respectively \( \nu^0_t \) and \( \nu^1_t \) as reference measures in (2.35) to get

\[
\limsup_{h \downarrow 0} \frac{e^{kh} W^2_2(\mu^0_{t+h}, \nu^0_t) - W^2_2(\mu_t, \nu^0_t)}{2h} \leq \operatorname{Ent}_m(\nu^0_t) - \operatorname{Ent}_m(\mu^0_t), \quad (5.6)
\]

\[
\limsup_{h \downarrow 0} \frac{e^{kh} W^2_2(\mu^1_{t+h}, \nu^1_t) - W^2_2(\mu_t, \nu^1_t)}{2h} \leq \operatorname{Ent}_m(\nu^1_t) - \operatorname{Ent}_m(\mu^1_t). \quad (5.7)
\]

Inequalities (5.5), (5.6) and (5.7) yield (5.4).

Finally, from Proposition 2.3 we have

\[
\operatorname{Ent}_m(\mu_t) - \operatorname{Ent}_m(\nu_t) \leq (1 - \lambda) \left( \operatorname{Ent}_m(\mu^0_t) - \operatorname{Ent}_m(\nu^0_t) \right) + \lambda \left( \operatorname{Ent}_m(\mu^1_t) - \operatorname{Ent}_m(\nu^1_t) \right). \quad (5.7)
\]

Finally, we prove (5.1). By linearity we can assume that \( f \) is a probability density. Notice that the additivity of the semigroup \( \mathcal{H}_t \) gives \( \mathcal{H}_t(\sum a_i \delta_{x_i}) = \sum a_i \mathcal{H}_t(\delta_{x_i}) \) whenever \( a_i \geq 0 \), \( \sum a_i = 1 \) and \( x_i \in \text{supp}\, m \). Hence, if \( f \) is a continuous probability density in \( \text{supp}\, m \) with bounded support, by a Riemann sum approximation we can use the continuity of \( \mathcal{H}_t \) to get

\[
\mathcal{H}_t(fm) = \int f(x) \mathcal{H}_t(\delta_x) \, dm(x)
\]

and the identification of gradient flows provides (5.1). By a monotone class argument we extend the validity of the formula from continuous to Borel functions \( f \in L^2(X, m) \). \hfill \( \Box \)

**Lemma 5.2** Any normalized metric measure space \((X, d, m)\) with finite variance and satisfying condition (iii) of Theorem 5.1 is a strict CD\((K, \infty)\) space.

**Proof.** Let us first prove that \((X, d, m)\) is a CD\((K, \infty)\) space. We notice that, since by assumption \( \text{supp}\, m, d \) is a length space, then \( P_2(X, m) \) is a length metric space. Therefore, up to a suitable reparameterization, for every \( \mu_0, \mu_1 \in D(\operatorname{Ent}_m) \subset P_2(X, m) \) and \( \varepsilon > 0 \) there exists a \( L_\varepsilon\)-Lipschitz curve \((\mu^\varepsilon) \in \operatorname{Lip}(0, 1; P_2(X, m))\) connecting \( \mu_0 \) to \( \mu_1 \) with \( L^2_\varepsilon \leq W^2_2(\mu_0, \mu_1) + \varepsilon^2 \).

We can thus set \( \tilde{\mu}^\varepsilon_s := \mathcal{H}_s(\mu^\varepsilon) \), where \( \mathcal{H}_t(\mu) \) denotes the EVI\(_K\)-gradient flow starting from \( \mu \), so that by (2.39) of Proposition 2.23 we get

\[
\operatorname{Ent}_m(\tilde{\mu}^\varepsilon_s) \leq (1 - s)\operatorname{Ent}_m(\mu_0) + s\operatorname{Ent}_m(\mu_1) - \frac{K}{2} s(1 - s) W^2_2(\mu_0, \mu_1) + \frac{\varepsilon^2}{1_K(\varepsilon)}.
\]
Since $\varepsilon^2/I_K(\varepsilon) \to 0$ as $\varepsilon \downarrow 0$, the family $\{\mu_{\varepsilon}^x\}$ has uniformly bounded entropy and therefore it is tight. By $(ii)$ of Proposition 2.22 we know that

$$W_2(\mu_{\varepsilon}^x, \tilde{\mu}_{\varepsilon}^x) \leq e^{-K\varepsilon} |r-s| \quad \text{for every } r, s \in [0,1], \varepsilon > 0.$$ 

Since $\lim\sup_{\varepsilon \downarrow 0} L_\varepsilon \leq W_2(\mu_0, \mu_1)$, we can apply the refined Ascoli-Arzelà compactness theorem of [3, Prop. 3.3.1] to find a vanishing sequence $\varepsilon_n \downarrow 0$ and a limit curve $(\mu_s) \subset \mathcal{P}_2(X,\mathfrak{m})$ connecting $\mu_0$ to $\mu_1$ such that

$$\mu_{\varepsilon_n} \rightarrow \mu_s \quad \text{in } \mathcal{P}(X), \quad W_2(\mu_r, \mu_s) \leq W_2(\mu_0, \mu_1)|r-s|, \quad \operatorname{Ent}_m(\mu_s) < \infty \quad \text{for every } r, s \in [0,1].$$

It turns out that $(\mu_s)$ is a geodesic in $D(\operatorname{Ent}_m)$ connecting $\mu_0$ to $\mu_1$ and therefore Proposition 2.23 shows that $\operatorname{Ent}_m$ is $K$-convex along $\mu_s$.

The same Proposition shows that $\operatorname{Ent}_m$ is $K$-convex along any geodesic contained in $\mathcal{P}_2(X,\mathfrak{m})$: in particular, taking any optimal geodesic plan $\pi$ as the one induced by the geodesic obtained by the previous argument, $\operatorname{Ent}_m$ satisfies the $K$-convexity inequality associated to $\pi_F$ as in Definition 3.1, since all the measures $\mu_{F,t}$ belong to $D(\operatorname{Ent}_m)$.

6 Riemannian Ricci bounds: properties

6.1 Heat Flow

In this section we study more in detail the properties of the $L^2$-semigroup $H_t$ in a RCD($K,\infty$) space $(X,d,\mathfrak{m})$ and the additional informations that one can obtain from the relation (5.1) with the $W_2$-semigroup $\mathcal{H}_t$. First of all, let us remark that since $\operatorname{Ch}$ is quadratic the operator $\Delta$ is in fact the infinitesimal generator of $H_t$, and therefore is linear. Furthermore, denoting by $\mathcal{E}(u,v) : [D(\operatorname{Ch})]^2 \rightarrow \mathbb{R}$ the Dirichlet form induced by $\operatorname{Ch}$, the relation $\mathcal{E}(u,v) = -\int v \Delta u \, d\mathfrak{m}$ for $u \in D(\Delta)$, $v \in D(\operatorname{Ch})$ implies that $\Delta$ is self-adjoint in $L^2(X,\mathfrak{m})$ and the same is true for $H_t$.

Also, again by Definition 2.22, and the definition of RCD($K,\infty$) spaces, we know that for any $x \in \text{supp} \mathfrak{m}$ there exists a unique EVI$_K$ gradient flow $\mathcal{H}_t(\delta_x)$ of $\operatorname{Ent}_m$ starting from $\delta_x$, related to $H_t$ by (5.1).

Since $\operatorname{Ent}_m(\mathcal{H}_t(\delta_x)) < \infty$ for any $t > 0$, it holds $\mathcal{H}_t(\delta_x) \ll \mathfrak{m}$, so that $\mathcal{H}_t(\delta_x)$ has a density, that we shall denote by $\rho_t[x]$. The functions $\rho_t[x](y)$ are the so-called transition probabilities of the semigroup. By standard measurable selection arguments we can choose versions of these densities in such a way that the map $(x,y) \mapsto \rho_t[x](y)$ is $\mathfrak{m} \times \mathfrak{m}$-measurable for all $t > 0$.

In the next theorem we prove additional properties of the flows. The information on both effects of the identification theorem: for instance the symmetry property of transition probabilities is not at all obvious when looking at $\mathcal{H}_t$ only from the optimal transport point of view, and heavily relies on (5.1), whose proof in turn relies on the identification Theorem 2.19 proved in [2]. On the other hand, the regularizing properties of $H_t$ are deduced by duality by those of $\mathcal{H}_t$, using in particular the contractivity estimate (see (2.36))

$$W_2(\mathcal{H}_t(\mu), \mathcal{H}_t(\nu)) \leq e^{-Kt} W_2(\mu, \nu) \quad t \geq 0, \mu, \nu \in \mathcal{P}_2(X,\mathfrak{m}).$$

and the regularization estimates for the Entropy and its slope (apply (2.37) with $z := \mathfrak{m}$)

$$I_K(t) \operatorname{Ent}_m(\mathcal{H}_t(\mu)) + \frac{(I_K(t))^2}{2} |D^\perp \operatorname{Ent}_m|^2(\mathcal{H}_t(\mu)) \leq \frac{1}{2} W_2^2(\mu, \mathfrak{m}).$$

(6.2)
Notice also that (6.1) yields $W_1(\mathcal{H}_t(\delta_x),\mathcal{H}_t(\delta_y)) \leq e^{-Kt}d(x,y)$ for all $x, y \in \text{supp} \, m$ and $t \geq 0$. This implies that $\text{RCD}(K,\infty)$ spaces have Ricci curvature bounded from below by $K$ according to [37], [23]. Notice also that using (5.1), the identification of gradient flows and a simple convexity argument, we can recover the inequality

$$W_1(\mathcal{H}_t(\mu),\mathcal{H}_t(\nu)) \leq e^{-Kt}W_1(\mu,\nu)$$

first when $\mu, \nu \in \mathcal{P}_2(X,m)$ have densities in $L^2(X,m)$ and then, by approximation, in the general case when $\mu, \nu \in \mathcal{P}_1(X,m)$.

Further relevant properties will be obtained in the next section.

**Theorem 6.1 (Regularizing properties of the heat flow)** Let $(X,d,m)$ be a $\text{RCD}(K,\infty)$ space. Then:

(i) The transition probability densities are symmetric

$$\rho_t[x](y) = \rho_t[y](x) \quad m \times m\text{-a.e. in } X \times X, \text{ for all } t > 0, \quad (6.3)$$

and satisfy for all $x \in X$ the Chapman-Kolmogorov formula:

$$\rho_{t+s}[x](y) = \int \rho_t[z]\rho_s[z](y) \, dm(z) \quad \text{for } m\text{-a.e. } y \in X, \text{ for all } t, s \geq 0. \quad (6.4)$$

(ii) The formula

$$\tilde{H}_t f(x) := \int f(y) \, d\mathcal{H}_t(\delta_x)(y) \quad x \in \text{supp } m \quad (6.5)$$

provides a version of $H_t f$ for every $f \in L^2(X,m)$, an extension of $H_t$ to a continuous contraction semigroup in $L^1(X,m)$ which is pointwise everywhere defined if $f \in L^\infty(X,m)$.

(iii) The semigroup $\tilde{H}_t$ maps contractively $L^\infty(X,m)$ in $C_b(\text{supp } m)$ and, in addition, $\tilde{H}_t f(x)$ belongs to $C_b((0,\infty) \times \text{supp } m)$.

(iv) If $f : \text{supp } m \to \mathbb{R}$ is Lipschitz, then $\tilde{H}_t f$ is Lipschitz on $\text{supp } m$ as well and $\text{Lip}(\tilde{H}_t f) \leq e^{-Kt} \text{Lip}(f)$.

**Proof.** (i). Fix $f, g \in C_b(X)$ and notice that (5.1) gives

$$\int g \, H_t f \, dm = \int f(x) \int g(y) \, d\mathcal{H}_t(\delta_x)(y) \, dm(x) = \int \int f(x)g(y)\rho_t[z](y) \, dm(y) \, dm(x).$$

Reversing the roles of $f$ and $g$ and using the fact that $H_t$ is self-adjoint it follows that $\int \int (\rho_t[z](y) - \rho_t[y](x)) f(x)g(y) \, dm \, dm$ vanishes, and since $f$ and $g$ are arbitrary we obtain (6.3). Formula (6.4) is a direct consequence of the semigroup property $\mathcal{H}_{t+s}(\delta_x) = \mathcal{H}_t(\mathcal{H}_s(\delta_x))$.

(ii) Using the symmetry of transition probabilities, for $f \in L^1(X,m)$ nonnegative we get $||H_t f||_1 = \int \int f(y)\rho_t[y](x) \, dm(x) \, dm(y) = ||f||_1$. By linearity this shows that $\tilde{H}_t$ is well defined $m$-a.e. and defines a contraction semigroup in $L^1(X,m)$. The fact that the right hand side in (6.5) provides a version of $H_t f$ follows once more from (5.1) and the symmetry of transition probabilities.
(iii) Contractivity of $\tilde{H}_t$ in $L^\infty(X,m)$ is straightforward. By (6.1) we get that $\mathcal{H}_t(\delta_y) \to \mathcal{H}_t^*(\delta_x)$ in duality with $C_0(X)$ when $y \to x$ in $X$ and $s \to t$. Also, the a priori estimate (2.37) shows that $(t,y) \mapsto \text{Ent}_m(\mathcal{H}_t(\delta_y))$ is bounded on sets of the form $(\epsilon, \infty) \times B$, with $B$ bounded and $\epsilon > 0$. Thus the family $\{\rho_x[y]\}_{y \in B,L \geq x}$ is equi-integrable. This shows that $\rho_x[y] \to \rho_y[x]$ weakly in $L^1(X,m)$ when $(y,s) \to (x,t) \in X \times (0,\infty)$ and proves the continuity of $H_t f(x)$.

(iv) By (6.5) we get $|H_t f(x) - H_t f(y)| \leq \text{Lip}(f) W_1(\mathcal{H}_t(\delta_x),\mathcal{H}_t(\delta_y)) \leq \text{Lip}(f) W_2(\mathcal{H}_t(\delta_x),\mathcal{H}_t(\delta_y))$. We can now use (6.1) to conclude (see [26] for a generalization of this duality argument).

Using Lemma 2.9 we can refine (iv) of Theorem 6.1 and prove by a kind of duality argument [26] a Bakry-Émery estimate in RCD($K,\infty$) spaces.

**Theorem 6.2 (Bakry-Émery in RCD($K,\infty$) spaces)** For any $f \in D(Ch)$ and $t > 0$ we have

$$|D(H_t f)|^2_w \leq e^{-2Kt} \mathcal{H}_t(|Df|^2)_w \, \text{m.a.e. in } X.$$ (6.6)

In addition, if $|Df|_w \in L^\infty(X,m)$ and $t > 0$, then $e^{-Kt}(H_t|Df|^2)_w^{1/2}$ is an upper gradient of $H_t f$ on $\text{supp } \mathcal{m}$, so that

$$|D\tilde{H}_t f| \leq e^{-Kt}(H_t|Df|^2)_w^{1/2} \, \text{pointwise in } \text{supp } \mathcal{m},$$ (6.7)

and $f$ has a Lipschitz version $\tilde{f} : X \to \mathbb{R}$, with $\text{Lip}(\tilde{f}) \leq |||Df|||_w$.

**Proof.** With no loss of generality we can assume, by a truncation argument, that $f \in L^\infty(X,m)$.

Given $f : X \to \mathbb{R}$ Lipschitz and $x,y \in \text{supp } \mathcal{m}$, let $\gamma_s \in AC^2([0,1];\text{supp } \mathcal{m})$ be connecting $x$ to $y$. Given $t > 0$, we can then apply Lemma 2.9 with $\mu_s := \mathcal{H}_t(\delta_{\gamma_s})$ to get

$$|\tilde{H}_t f(x) - \tilde{H}_t f(y)| = \left| \int f \, d\mathcal{H}_t(\delta_x) - \int f \, d\mathcal{H}_t(\delta_y) \right| \leq \int_0^1 \left( \int |Df|^2 \, d\mu_s \right)^{1/2} |\mu_s| \, ds$$ (6.8)

$$\leq e^{-Kt} \int_0^1 \left( \int |Df|^2 \, d\mu_s \right)^{1/2} |\gamma_s| \, ds = e^{-Kt} \int_0^1 (\tilde{H}_t(|Df|^2)(\gamma_s))^{1/2} |\gamma_s| \, ds$$

(in the last inequality we used the contractivity property, which provides the upper bound on $|\tilde{\mu}_s|$). Notice that we can use the length property of $\text{supp } \mathcal{m}$ to get, by a limiting argument,

$$|\tilde{H}_t f(x) - \tilde{H}_t f(y)| \leq d(x,y) \sup \left\{ e^{-Kt}(\tilde{H}_t(|Df|^2))^{1/2}(z) : d(z,x) \leq 2d(x,y) \right\}$$ (6.9)

for all $x,y \in \text{supp } \mathcal{m}$. Taking the continuity of $\tilde{H}_t|Df|^2$ into account, this implies the Lipschitz Bakry-Émery estimate

$$|D\tilde{H}_t f|^2 \leq e^{-2Kt}\tilde{H}_t|Df|^2 \quad \text{in } \text{supp } \mathcal{m}.$$ (6.7)

To prove (6.6) for functions $f \in D(Ch)$ we approximate $f$ in the strong $W^{1,2}$ topology by Lipschitz functions $f_n$ in such a way that $|Df_n| \to |Df|_w$ in $L^2(X,m)$ and use the stability properties of weak upper gradients.

Now, assume that $L := |||Df|||_w$ is finite. From (6.6) we obtain that for all $t > 0$ the continuous function $f_t := \tilde{H}_t f$ satisfy $|||Df_t|||_w \leq Le^{-Kt}$. Given $x,y \in \text{supp } \mathcal{m}$, fix
with (2.31), we get the Logarithmic-Sobolev inequality for $K$ measures in $P$, the weak upper gradient property then gives

$$\left| \int_{B_r(x)} f_t \, dm - \int_{B_r(y)} f_t \, dm \right| \leq \int \int_0^1 |Df_t|_w(\gamma_s)|\gamma_s| \, ds \, d\pi(\gamma).$$

Now, since $(e_t)_t \, \pi \ll m$ we can use (6.6) to estimate the right hand side as follows:

$$\left| \int_{B_r(x)} f_t \, dm - \int_{B_r(y)} f_t \, dm \right| \leq (2r + d(x,y))e^{-Kt} \sup \left\{ (\tilde{H}_t|Df|_w^2)^{1/2}(z) : d(z,x) \leq 2r + d(x,y) \right\}.$$

We can now let $r \to 0$ to get

$$|f_t(x) - f_t(y)| \leq d(x,y)e^{-Kt} \sup \left\{ (\tilde{H}_t|Df|_w^2)^{1/2}(z) : d(z,x) \leq 2d(x,y) \right\}.$$

This provides the Lipschitz estimate on $f_t$, the upper gradient property and (6.7). Finally, choosing a sequence $(t_i) \downarrow 0$ such that $f_{t_i} \to f$ m.a.e. we obtain a set $Y \subset \text{supp} \, m$ of full $m$-measure such that $f|_Y$ is $L$-Lipschitz; $f$ is any $L$-Lipschitz extension of $f|_Y$ to $X$. □

**Remark 6.3 (Weak Bochner inequality)** Following verbatim the proof in [21, Theorem 4.6], relative to the Alexandrov case, one can use the Leibnitz rule of Theorem 4.18 and the Bakry-Émery estimate to prove the corresponding Bochner’s inequality (in the case $N = \infty$; see [50] for the case $N < \infty$ in Alexandrov spaces and [35] for the Finsler setting)

$$\frac{1}{2} \Delta(G(f,f)) - G(\Delta f,f) \geq K G(f,f)$$

in a weak form. Precisely, for all $f \in D(\Delta)$ with $\Delta f \in W^{1,2}(X,d,m)$ and all $g \in D(\Delta)$ bounded and nonnegative, with $\Delta g \in L^\infty(X,m)$, it holds:

$$\frac{1}{2} \int \Delta g \, |Df|_w^2 \, dm - \int g \, G(\Delta f,f) \, dm \geq K \int g |Df|_w^2 \, dm.$$

Notice that (6.2) provides a $L \log L$ regularization of the semigroup $\mathcal{M}$ starting from arbitrary measures in $\mathcal{P}(X,m)$. When $X$ is a RCD($K,\infty$) space with $K > 0$, then combining the slope inequality for $K$-geodesically convex functionals [3, Lemma 2.4.13]

$$\text{Ent}_m(\mu) \leq \frac{1}{2K} |D^{-}\text{Ent}_m|^2(\mu)$$

with (2.31), we get the Logarithmic-Sobolev inequality

$$\int f \log f \, dm \leq \frac{1}{2K} \int_{f > 0} \frac{|Df|_w^2}{f} \, dm \quad \text{if} \quad \sqrt{f} \in W^{1,2}(X,d,m), \ f m \in \mathcal{P}(X), \quad (6.10)$$

which in particular yields the hypercontractivity of $H_t$, see e.g. [5].

When $H_t$ is ultracontractive, i.e. there exists $p > 1$ such that

$$||H_t f||_p \leq C(t)||f||_1 \quad \text{for every} \quad f \in L^2(X,m), \ t > 0, \quad (6.11)$$

then we can deduce a global Lipschitz regularity for the transition probabilities, see also [21, Proposition 4.4].

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Proposition 6.4 (Ultracontractivity yields Lipschitz continuity of $H_t f$ and $\mathcal{H}_t(\mu)$)

Let us suppose that $H$ satisfies the ultracontractivity estimate (6.11). Then

$$|D(\tilde{H}_t f)|^2 \leq e^{-2K_s \tilde{H}_t(E_f f)^2} \text{ in } supp m, \text{ for all } f \in L^2(X, m),$$ \hspace{1cm} (6.12)

for every $t > 0$ maps $L^1(X, m)$ into $L_p(supp m)$ continuously and for every $\mu \in \mathcal{P}_2(X, m)$ $\mathcal{H}_t(\mu)$ has a Lipschitz density with Lipschitz constant bounded by $L(t)$ independent of $\mu$.

For every $x \in supp m$ the transition probability densities $\rho_t[x]$ admit a Lipschitz representative $\tilde{\rho}_t(x, \cdot)$ in $supp m$, $\tilde{\rho}_t$ is symmetric,

$$|\tilde{\rho}_t(x_1, y_1) - \tilde{\rho}_t(x_2, y_2)| \leq L(t)(d(x_1, x_2) + d(y_1, y_2)) \text{ for every } x_1, y_1 \in supp m$$ \hspace{1cm} (6.13)

and the curve $t \mapsto \tilde{\rho}_t(x, y)$ is analytic in $(0, \infty)$ for every $x, y \in supp m$.

**Proof.** Let us first show that we can improve (6.6) to the pointwise bound (6.12).

Indeed, we can first use (6.11) to get, by approximation, $\|\rho_t[x]\|_p \leq C(t)$ for all $x \in supp m$.

Using the Young inequality for linear semigroups, this gives the implication

$$\|H_t f\|_{q^*} \leq C(t)\|f\|_q$$ \hspace{1cm} whenever $\frac{1}{q^*} + 1 \leq \frac{1}{q} + \frac{1}{p}.$

Then, choosing $N \geq 1$ so large that $p \geq N/(N - 1)$, by iterating this estimate $N$ times the semigroup property yields the $L^1 \mapsto L^\infty$ regularization

$$\sup_{supp m} \|\tilde{H}_t f\| \leq (C(t)/N)^N \|f\|_1 \quad \forall f \in L^1(X, m).$$ \hspace{1cm} (6.14)

Now we can apply the first part of Theorem 6.2 to $u_s := H_{t-s} f$, whose minimal weak upper gradient is in $L^\infty(X, m)$, to obtain that $e^{-K_s}(H_s(E_{u_s} f)^2)^{1/2}$ is an upper gradient of $H_t f$ and then pass to the limit as $s \downarrow 0$ to obtain that $(H_t(E_{u_{\frac{1}{2}}} f)^2)^{1/2}$ is an upper gradient of $H_t f$ on $supp m$. Using the length property as in the proof of Theorem 6.2, from this estimate the bound on the slope of $H_t f$ follows.

In particular we obtain that $H_t f$ is Lipschitz and bounded on $supp m$ for all $t > 0$. Using again the inequality $\|\rho_t[x]\|_\infty \leq C(t)$ for all $x \in supp m$ and the semigroup property we obtain that also $\mathcal{H}_t(\mu)$ has a Lipschitz density for all $\mu \in \mathcal{P}_2(X, m)$ with Lipschitz constant bounded by $L(t)$ independent of $\mu$.

In particular, for every $t > 0$ and $x \in supp m$ the transition probability densities $\rho_t[x]$ admit a Lipschitz representative $\tilde{\rho}_t(x, \cdot)$ such that

$$|\tilde{\rho}_t(x_1, y_1) - \tilde{\rho}_t(x_2, y_2)| \leq \tilde{C}(t) d(y_1, y_2) \quad \text{for every } x_1, y_1, y_2 \in supp m.$$ \hspace{1cm} (6.15)

Choosing $f^r = m(B_r(x))^{-1} \chi_{B_r(x)}$ we also get for $f_t^r = \tilde{H}_t f^r$

$$\left| m(B_r(x))^{-1} \int_{B_r(z)} \left( \tilde{\rho}_t(y_1, z) - \tilde{\rho}_t(y_2, z) \right) dm(z) \right| = |f_t^r(y_1) - f_t^r(y_2)| \leq \tilde{C}(t) d(y_1, y_2).$$

On the other hand, (6.15) yields

$$|f_t^r(y_i) - \tilde{\rho}_t(y_i, x)| \leq \tilde{C}(t)r \quad i = 1, 2,$$

so that passing to the limit as $r \downarrow 0$ we obtain

$$|\tilde{\rho}_t(y_1, x) - \tilde{\rho}_t(y_2, x)| \leq \tilde{C}(t) d(y_1, y_2) \quad \text{for every } x, y_1, y_2 \in supp m$$ \hspace{1cm} (6.16)
which shows that \((x, y) \mapsto \rho_t(x, y)\) is Lipschitz on \(\text{supp} \mathfrak{m} \times \text{supp} \mathfrak{m}\). The symmetry follows then by (6.3).

In order to check the smoothness with respect to time, it is sufficient to recall that \(H_t\) is an analytic semigroup in \(L^2(X, \mathfrak{m})\), so that for every \(\varepsilon > 0\)

\[
t \mapsto \tilde{\rho}_{t+2\varepsilon}(x, y) = H_{\varepsilon}(H_t \tilde{\rho}_\varepsilon(x, \cdot))(y)
\]

is analytic in \((0, \infty)\), since \(\tilde{H}_\varepsilon\) is a bounded linear map from \(L^2(X, \mathfrak{m})\) to Lip\((\text{supp} \mathfrak{m})\) and \(\tilde{\rho}_\varepsilon(x, \cdot) \in L^2(X, \mathfrak{m})\).

Theorem 6.5 (Lipschitz regularization) If \(f \in L^2(X, \mathfrak{m})\) then \(H_t f \in D(\mathcal{E})\) for every \(t > 0\) and

\[
2I_{2K}(t)|DH_t f|_w^2 \leq H_t f^2 \quad \text{m-a.e. in } X; \tag{6.17}
\]

in particular, if \(f \in L^\infty(X, \mathfrak{m})\) then \(H_t f \in \text{Lip}(\text{supp} \mathfrak{m})\) for every \(t > 0\) with

\[
\sqrt{2I_{2K}(t)} \text{Lip}(H_t f) \leq \|f\|_\infty \quad \text{for every } t > 0. \tag{6.18}
\]

Proof. Let us consider two bounded Lipschitz functions \(f, \varphi\) with \(\varphi\) nonnegative, and let us set

\[
G(s) := \int (H_{t-s}f)^2 H_s \varphi \, d\mathfrak{m}, \quad G(0) = \int (H_t f)^2 \varphi \, d\mathfrak{m}, \quad G(t) = \int f^2 H_t \varphi \, d\mathfrak{m}. \tag{6.19}
\]

It is easy to check that \(G\) is of class \(C^1\) and, evaluating the derivative of \(G\), we obtain thanks to (4.21)

\[
G'(s) = -\mathcal{E}((H_{t-s}f)^2, H_s \varphi) - 2 \int H_{t-s}f \Delta H_{t-s} f H_s \varphi \, d\mathfrak{m}
\]

\[
= -\mathcal{E}((H_{t-s}f)^2, H_s \varphi) + 2\mathcal{E}(H_{t-s}f, H_{t-s} f H_s \varphi) \, d\mathfrak{m} = 2 \int |D(H_{t-s}f)|_w^2 H_s \varphi \, d\mathfrak{m}.
\]

Using the fact that \(H_t\) is selfadjoint and applying the Bakry-Émery estimate (6.6) we get

\[
G'(s) = 2 \int H_s \left(|D(H_{t-s}f)|_w^2\right) \varphi \, d\mathfrak{m} \geq 2e^{2Ks} \int |D(H_t f)|_w^2 \varphi \, d\mathfrak{m}
\]

and an integration in time yields

\[
\int \left(H_t f^2 - (H_t f)^2 - 2I_{2K}(t)|D(H_t f)|_w^2\right) \varphi \, d\mathfrak{m} \geq 0. \tag{6.20}
\]

Since \(\varphi\) is arbitrary nonnegative, neglecting the term \((H_t f)^2\) we get the bound (6.17). We can now use Theorem 6.2 to obtain (6.18). \qed
By duality one immediately gets:

**Corollary 6.6 (W₁-L¹ regularization)** For every \( x, y \in \text{supp} \, m \) and \( t > 0 \) we have
\[
\sqrt{I_{2K}(t)} \int |\rho_t[x](z) - \rho_t[y](z)| \, dm(z) \leq d(x,y).
\]
(6.21)

More generally, the map \( h_t : \mu \mapsto \mathcal{H}_t(\mu)/dm \) satisfies
\[
\sqrt{I_{2K}(t)} \|h_t\mu - h_t\nu\|_{L^1(X,m)} \leq W_1(\mu,\nu).
\]
(6.22)

### 6.2 Dirichlet form and Brownian motion

In this section we fix a RCD\((K,\infty)\) space \((X,d,m)\). Recalling that the associated Cheeger’s energy is a quadratic form, we will denote by \( \mathcal{E} \) the associated Dirichlet form as in Section 4.3. In particular \( \mathcal{C} \) satisfies all the properties stated in Theorem 4.18.

Notice also that (see for instance [17, Theorem 5.2.3]) it is not difficult to compute \([f]\) in terms of \( H_t \) or in terms of \( \mathcal{H}_t(\delta_x) \) by
\[
[f] = \lim_{t \downarrow 0} \frac{1}{2t} (f^2 + H_t f^2 - 2fH_t f), \quad [f](\varphi) = \lim_{t \downarrow 0} \frac{1}{2t} \int \int (f(x) - f(y))^2 \varphi(y) \, d\mathcal{H}_t(\delta_x)(y) \, dm(y).
\]
(6.23)

A direct application of the theory of Dirichlet forms yields the existence of a Brownian motion in \((X,d,m)\) with continuous sample paths. Continuity of sample paths depends on a locality property, which in our context holds in a particularly strong form, see (4.22), and on a regularity property [31, Definition IV-3.1], which is proved in the next lemma.

**Lemma 6.7 (Quasi-regularity)** The Dirichlet form \( \mathcal{E} \) is quasi-regular.

**Proof.** First of all, arguing exactly as in [4, Theorem 1.2], [31, Proposition IV.4.2] (the construction therein uses only distance functions and the inequality \( d(\cdot,x) \leq m \)), we prove a tightness property, namely the existence of a nondecreasing sequence of compact sets \( F_n \subset \text{supp} \, m \) satisfying \( \text{cap}_{\mathcal{E}}(\text{supp} \, m \setminus F_n) \to 0 \) (here \( \text{cap}_{\mathcal{E}} \) is the capacity associated to \( \mathcal{E} \)).

By Proposition 4.10, Lipschitz and bounded functions provide a subset dense in \( D(\mathcal{E}) \) with respect to the \( W^{1,2} \) norm.

Finally, the collection of functions of the form \( d(\cdot,x_i) \wedge q \), where \( \{x_i\}_{i \in \mathbb{N}} \) is dense in \( X \) and \( q \in \mathbb{Q} \cap (0,\infty) \), is a countable set of \( D(\mathcal{E}) \) admitting a continuous version and separating the points of \( X \). \( \square \)

**Theorem 6.8 (Brownian motion)** Let \((X,d,m)\) be a RCD\((K,\infty)\) space. There exists a unique (in law) Markov process \( \{X_t\}_{t \geq 0} \) in \((\text{supp} \, m, d)\) with continuous sample paths in \([0,\infty)\) and transition probabilities \( \mathcal{H}_t(\delta_x) \), i.e.
\[
P(X_{s+t} \in A | X_s = x) = \mathcal{H}_t(\delta_x)(A) \quad \forall s, t \geq 0, \ A \text{ Borel}
\]
(6.24)
for \( m \)-a.e. \( x \in \text{supp} \, m \).
Proof. Uniqueness in law is obvious, since all finite-dimensional distributions are uniquely determined by (6.24), (6.4) and the Markov property.

Since \( \mathcal{E} \) is a strongly local and quasi-regular Dirichlet form, we may apply [31, Theorem IV.3.5, Theorem V.1.5] to obtain a Markov family \( \{P_x\}_{x \in \text{supp } \mu} \) of probability measures in \( C([0, \infty); X) \) satisfying

\[
\tilde{H}_t f(x) = \int f(\gamma_t) \, dP_x(\gamma) \quad \text{for all } t \geq 0, \ f \in C_b(X), \ x \in X \setminus N
\]

with \( \mu(N) = 0 \). Then we can take the law \( P := \int \mathbb{P}_x \, d\mu(x) \) in \( C([0, \infty); X) \) and consider the canonical process \( X_t(\gamma) = \gamma(t) \) to obtain the result. \( \square \)

As a further step we consider the distance induced by the bilinear form \( \mathcal{E} \)

\[
d_{\mathcal{E}}(x, y) := \sup \{|\tilde{g}(x) - \tilde{g}(y)| : g \in D(\mathcal{E}), \ |g| \leq \mu\} \quad \forall (x, y) \in \text{supp } \mu \times \text{supp } \mu, \quad (6.25)
\]

which we identify in Theorem 6.10 with \( d \) (the function \( \tilde{g} \) is the continuous representative in the Lebesgue class of \( g \), see Theorem 6.2).

Remark 6.9 In [25] the techniques of [21, 2] are applied to a case slightly different than the one considered here. The starting point of [25] is a Dirichlet form \( \mathcal{E} \) on a measure space \((X, \mu)\) and \( X \) is endowed with the distance \( d_{\mathcal{E}} \). Assuming compactness of \((X, d_{\mathcal{E}})\), \( K \)-geodesic convexity of \( \text{Ent}_\mu \) in \( \mathcal{P}_2(X) \) with cost function \( c = d_{\mathcal{E}}^2 \), doubling, weak \((1, 2)\)-Poincaré inequality and the validity of the so-called Newtonian property, the authors prove that the \( L^2(X, \mu) \) heat flow induced by \( \mathcal{E} \) coincides with \( \mathcal{H}_t \). The authors also analyze some consequences of this identification, as Bakry-Émery estimates and the short time asymptotic of the heat kernel (a theme discussed neither here nor in [21]). As a consequence of [25, Theorem 5.1] and [2, Theorem 9.3] the Dirichlet form coincides with the Cheeger energy of \((X, d_{\mathcal{E}}, \mu)\) (because their flows coincide). This is a non trivial property, because as shown in [44], a Dirichlet form is not uniquely determined by its intrinsic distance, see also the next result. \( \square \)

Theorem 6.10 (Identification of \( d_\mathcal{E} \) and \( d \)) The function \( d_{\mathcal{E}} \) in (6.25) coincides with \( d \) on \( \text{supp } \mu \times \text{supp } \mu \).

Proof. Choosing \( g(z) = d(z, x) \), since \( |g| = |Dg|_{L^2(\mu)} \leq \mu \) we obtain immediately that \( d_{\mathcal{E}}(x, y) \geq d(x, y) \) on \( \text{supp } \mu \times \text{supp } \mu \). In order to prove the converse inequality we notice that \( |g| \leq \mu \) implies, by Theorem 6.2, that the continuous representative \( \tilde{g} \) has Lipschitz constant less than 1 in \( X \), hence \( |\tilde{g}(x) - \tilde{g}(y)| \leq d(x, y) \). \( \square \)

Notice also that, as a consequence of [39, Theorem 1.3] and the density of Lipschitz functions one has the weak local \((1, 1)\)-Poincaré inequality

\[
\int_{B_r(x)} |u - \bar{u}| \, d\mu \leq 4r \int_{B_{2r}(x)} |Du| \, d\mu \quad \text{with } \bar{u} := \frac{1}{\mu(B_r(x))} \int_{B_r(x)} u \, d\mu
\]

for all \( x \in \text{supp } \mu, \ r > 0, \ u \in W^{1,2}(X, d, \mu) \), which implies the standard weak local \((1, 1)\)-Poincaré inequality under doubling assumptions on \( \mu \).
6.3 Convergence of the Heat flow and stability

Here we prove that the heat flow is stable w.r.t. $\mathcal{D}$-convergence (see §2.3). We will prove this by showing that the EVI formulation is well adapted to pass to the limit along a sequence of converging measures in the sense of Definition 2.8. As a byproduct, recalling condition (iii) of Theorem 5.1, we will prove that Riemannian Ricci curvature bounds are stable w.r.t. $\mathcal{D}$-convergence.

**Theorem 6.11 (Convergence of the Heat flow and stability)** If $(X_n, d_n, m_n) \in \mathbb{X}$, $n \in \mathbb{N}$, is a family of $\text{RCD}(K, \infty)$ spaces satisfying

$$\lim_{n \to \infty} \mathcal{D}( (X_n, d_n, m_n), (X, d, m) ) = 0,$$

then $(X, d, m)$ is an RCD$(K, \infty)$ space as well.

Moreover, if $\mu^n \in \mathcal{P}_2(X_n)$ is converging to $\mu \in \mathcal{P}_2(X)$ according to Definition 2.8, then for every $t \geq 0$ the solutions $\mu^n_t = \mathcal{H}^n_t(\mu^n)$ of the Heat semigroup in $\mathcal{P}_2(X_n)$ converge to $\mu_t \in \mathcal{P}_2(X)$ and $\mu_t$ is the EVI$_K$ gradient flow of $\text{Ent}_m$ starting from $\mu$ in $\mathcal{P}_2(X)$.

The following lemma collects a few preliminary results which will be useful for the proof.

**Lemma 6.12** Let $(Y, d)$ be a separable and complete metric space and let $m_n \in \mathcal{P}_2(Y)$ be converging to $m$ in $(\mathcal{P}_2(Y), W_2)$ as $n \to \infty$. Then

(i) For every $\nu \in \mathcal{P}_2(Y)$ with $\text{supp} \nu \subset \text{supp} m$ there exists a sequence $\nu^h = \rho^h m \in \mathcal{P}_2(Y)$ with $\rho^h \in L^\infty(Y, m)$ converging to $\nu$ in $\mathcal{P}_2(Y)$.

(ii) If $\nu = \sigma m \in \mathcal{P}_2(Y)$ with $\sigma \in L^\infty(Y, m)$ then there exists a sequence $\nu^n = \sigma^n m_n \in \mathcal{P}_2(Y)$ converging to $\mu \in \mathcal{P}_2(Y)$ with $\sup \|\sigma^n\|_{L^\infty(Y, m_n)} \leq \|\sigma\|_{L^\infty(Y, m)}$ and $\text{Ent}_m(\nu^n) \leq \text{Ent}_m(\nu)$.

(iii) Any family of absolutely continuous curves $\mu^n \in \text{AC}^2_{loc}([0, \infty); \mathcal{P}_2(Y))$ with

$$\mu^n_t = \rho^n m_n, \quad \sup_n \|\rho^n\|_{L^\infty(Y, m_n)} < \infty, \quad \sup_n \int_0^t |\dot{\mu}^n_t|^2 \, ds < \infty$$

for every $t > 0$, (6.27)

is relatively compact in $\text{C}^0_{loc}([0, \infty); \mathcal{P}_2(Y))$.

**Proof.** The proof of (i) is straightforward (see e.g. the argument of [3, Example 11.2.11]).

Concerning (ii), we choose optimal couplings $\gamma_n \in \text{Opt}(m, m_n)$ and define $\nu^n := (\gamma_n)_# \nu \in \mathcal{P}_2(Y)$. By (i) of Proposition 2.2 we have $\nu^n = \sigma^n m_n$ with $\|\sigma^n\|_{L^\infty(Y, m_n)} \leq \|\sigma\|_{L^\infty(Y, m)}$, $\text{Ent}_m(\nu^n) \leq \text{Ent}_m(\nu)$, and moreover $W^2_2(\nu^n, \nu) \leq \|\sigma\|_{L^\infty(Y, m)} W^2_2(m_n, m) \to 0$.

Finally, in order to prove (iii) we claim that the set

$$\mathcal{K}_C := \{ \nu = \sigma^n m_n : \|\sigma^n\|_{L^\infty(Y, m_n)} \leq C, \ n \in \mathbb{N} \}$$

is relatively compact in $\mathcal{P}_2(Y)$: indeed the sequence $(m_n)_n$ is 2-uniformly integrable and tight, since $m_n$ converges to $m$ in $\mathcal{P}_2(Y)$ as $n \to \infty$. Thus the same is true for $\mathcal{K}_C$ which is therefore relatively compact (see [3] Section 5.1 for the relevant definitions and properties).

It follows that for every $t \geq 0$ the sequence $(\mu^n_t)_n$ is contained in a relatively compact set of $\mathcal{P}_2(Y)$; moreover, the estimate on the metric velocity of (6.27) shows that the curves $t \mapsto \mu^n_t$ are uniformly equicontinuous in every compact interval with respect to the Wasserstein distance $W_2$ in $\mathcal{P}_2(Y)$. The thesis then follows by Ascoli-Arzelà Theorem. \qed
Proof of Theorem 6.11. By Proposition 2.6 it is not restrictive to assume that \(X_n = X = Y\), \(d_n = d = d_Y\), and \(m_n, m, \mu^n, \mu \in \mathcal{P}_2(Y)\) with \(W_2(m_n, m) \to 0\).

Let us first show that if \(\mu^n = \rho^n m_n\) with \(\|\rho^n\|_{L^\infty(Y,m_n)} \leq C\) converges to \(\mu\) in \((\mathcal{P}_2(Y), W_2)\) then the curves \(\mu^n_k = \mathcal{H}_t^n(\mu^n) \in \mathcal{P}_2(Y)\) converge to a continuous curve \((\mu_t)\) on \([0, \infty)\) starting from \(\mu\) which is locally absolutely continuous on \((0, \infty)\) and satisfies

\[
eq \frac{e^{K(s-t)}}{2} W_2^2(\mu_s, \nu) - \frac{1}{2} W_2^2(\mu_t, \nu) + I_K(s-t) \Ent_m(\mu_s) \leq I_K(s-t) \Ent_m(\nu) \quad \forall t \leq s, \quad (6.28)
\]

for any \(\nu \in \mathcal{P}_2(X)\) with bounded density.

By (ii) of Lemma 6.12 we can find a sequence \(\nu^n = \sigma^n m_n \in \mathcal{P}_2(Y)\) converging to \(\nu\) in \((\mathcal{P}_2(Y), W_2)\) as \(n \to \infty\) with \(\Ent_{m_n}(\nu^n) \leq \Ent_m(\nu)\). Since \((X_n, d_n, m_n)\) is a RCD\((K, \infty)\) space, we know that \(\mu^n_t\) satisfies

\[
eq \frac{e^{K(s-t)}}{2} W_2^2(\mu^n_s, \nu^n) - \frac{1}{2} W_2^2(\mu^n_t, \nu^n) + I_K(s-t) \Ent_m(\mu^n_s) \leq I_K(s-t) \Ent_m(\nu^n) \quad \forall t \leq s, \quad (6.29)
\]

By the maximum principle (Proposition 2.14) we get \(\mu^n_t \leq C m_n\) for any \(n, t\). Also, the energy dissipation equality (2.28) yields that

\[
\frac{1}{2} \int_t^s |\mu^n_t|^2 dr \leq \Ent_{m^n}(\mu^n) \leq C \log C. \quad (6.30)
\]

By (iii) of Lemma 6.12 we obtain a subsequence \((n_k) \uparrow \infty\) and a curve \(\mu \in AC^2_{\text{loc}}([0, \infty); \mathcal{P}_2(Y))\) such that \(\mu^{n_k}_t \to \mu_t\) in \((\mathcal{P}_2(Y), W_2)\) as \(k \to \infty\) for any \(t \geq 0\).

We thus have \(W_2(\mu^{n_k}_t, \nu^{n_k}) \to W_2(\mu_t, \nu)\) for any \(t \in [0, \infty)\) and the joint lower semicontinuity of the relative entropy yield

\[
\Ent_m(\mu_t) \leq \liminf_{k \to \infty} \Ent_{m^n_k}(\mu^{n_k}_t).
\]

Thus, we can pass to the limit in (6.29) to get (6.28). Since the solution of the EVI \(K\) starting from \(\mu\) is unique, we obtain the convergence of the whole sequence \(\mu^n_t\) to \(\mu_t\) as \(n \to \infty\).

We can now easily prove that \((X, d, m)\) is a RCD\((K, \infty)\) space, by using the characterization in (iii) of Theorem 5.1. By Proposition 2.22 and (i) of Lemma 6.12 it is sufficient to prove that for any measure \(\mu = \rho m\) with \(\rho \in L^\infty(X, m)\), there exists a continuous curve \((\mu_t)\) on \([0, \infty)\) starting from \(\mu\) which is locally absolutely continuous on \((0, \infty)\) and satisfies (6.28). By (ii) of Lemma 6.12 we find a sequence \(\mu^n = \rho^n m_n\) with \(\|\rho^n\|_{L^\infty(Y,m_n)} \leq \|\rho\|_{L^\infty(Y,m)}\) converging to \(\mu\) in \((\mathcal{P}_2(Y), W_2)\) and we just proved that the limit \(\mu_t\) of the heat flows \(\mu^n_t = \mathcal{H}_t^n(\mu^n)\) as \(n \to \infty\) solve (6.28).

It remains to prove the last statement of the theorem for a general sequence \(\mu^n\) converging to \(\mu\) in \(\mathcal{P}_2(Y)\) with \(\text{supp } \mu^n \subset \text{supp } m_n\). Arguing as before, since \(\text{supp } \mu \subset \text{supp } m\) we can find an approximating sequence \(\mu^h = \rho^h m\) with \(\rho^h \in L^\infty(Y, m)\) converging to \(\mu\) in \((\mathcal{P}_2(Y), W_2)\) as \(h \to \infty\). We then define \(\mu^{h,n} = \rho^{h,n} m_n\) as in (ii) of Lemma 6.12 and we set \(\mu^{h,n}_t = \mathcal{H}_t(\mu^{h,n}), \mu_t = \mathcal{H}_t(\mu)\); here \(\mathcal{H}\) is the Heat flow generated by the entropy functional \(\Ent_m\) in \(\mathcal{P}_2(Y)\).

Since \((X_n, d_n, m_n)\) and \((X, d, m)\) are RCD\((K, \infty)\) spaces, we know by Proposition 2.22 that the flows \(\mathcal{H}^n\) and \(\mathcal{H}\) are \(K\)-contractive, i.e. they satisfy (2.36). By the triangle inequality,
it follows that
\[
W_2(\mu_t^n, \mu_t) \leq W_2(\mu_t^n, \tilde{\mu}_t^{n,h}) + W_2(\tilde{\mu}_t^{n,h}, \mu_t) + W_2(\mu_t^n, \mu_t)
\]
\[
\leq e^{-Kt} \left( W_2(\mu^n, \tilde{\mu}^{n,h}) + W_2(\tilde{\mu}^h, \mu) + W_2(\mu^n, \tilde{\mu}^h) \right)
\]
\[
\leq e^{-Kt} \left( W_2(\mu^n, \mu) + 2W_2(\tilde{\mu}^h, \mu) + W_2(\mu^h, \tilde{\mu}^{n,h}) \right) + W_2(\tilde{\mu}^{n,h}, \tilde{\mu}^h).
\]
Passing to the limit as \( n \to \infty \) and recalling that for every \( h \in \mathbb{N} \) \((\tilde{\mu}^{h,n})_n \) have uniformly bounded densities, we get
\[
\limsup_{n \to \infty} W_2(\mu_t^n, \mu_t) \leq 2e^{-Kt} W_2(\tilde{\mu}^h, \mu) \quad \text{for every } h \in \mathbb{N}.
\]
Since \( W_2(\tilde{\mu}^h, \mu) \to 0 \) as \( h \to \infty \) we conclude. \( \square \)

We remark that it looks much harder to pass to the limit in (ii) of Theorem 5.1, because in general we gain no information about convergence of Cheeger’s energies by the \( \mathbb{D} \)-convergence of the spaces. To see why, just observe that in [45] it has been proved that any space \((X, d, m) \in X \) can be \( \mathbb{D} \)-approximated by a sequence of finite spaces and that in these spaces Cheeger’s energy is trivially null.

### 6.4 Tensorization

In this section we shall prove the following tensorization property of \( \text{RCD}(K, \infty) \) spaces:

**Theorem 6.13 (Tensorization)** Let \((X, d_X, m_X), (Y, d_Y, m_Y)\) be normalized metric measure spaces with finite variance and define the product space \((Z, d, m)\) as \( Z := X \times Y \), \( m := m_X \times m_Y \) and
\[
d((x, y), (x', y')) := \sqrt{d_X^2(x, x') + d_Y^2(y, y')}.\]
Assume that both \((X, d_X, m_X)\) and \((Y, d_Y, m_Y)\) are \( \text{RCD}(K, \infty) \) and nonbranching. Then \((Z, d, m)\) is \( \text{RCD}(K, \infty) \) and nonbranching as well.

As a simple example of application of Theorems 6.11 and 6.13 consider a sequence of normalized and nonbranching \( \text{RCD}(K, \infty) \) spaces \((X_n, d_n, m_n), n \in \mathbb{N}\), and a sequence of points \( \bar{x}_n \in X_n \) such that
\[
\sum_{n \in \mathbb{N}} \int_{X_n} d_n^2(x, \bar{x}_n) \, dm_n(x) < \infty.
\]
On the set
\[
X := \left\{ x = (x_n)_{n \in \mathbb{N}} \in \prod_{n \in \mathbb{N}} X_n : \sum_{n \in \mathbb{N}} d_n^2(x_n, \bar{x}_n) < \infty \right\},
\]
we introduce the distance
\[
d^2(x, y) := \sum_{n \in \mathbb{N}} d_n^2(x_n, y_n),
\]
and the tensor measure \( m := \otimes_{n \in \mathbb{N}} m_n \). It is easy to see that \((X, d, m)\) can be obtained as the \( \mathbb{D} \)-limit as \( N \uparrow \infty \) of the \( \text{RCD}(K, \infty) \) spaces \((X^N, d^N, m^N)\) obtained by taking the tensor product of the first \( N \) spaces \((X_n, d_n, m_n), n = 1, \ldots, N\). It is sufficient to consider the isometric imbedding of \( X^N \) into \( X \) given by
\[
f^N(x_1, \ldots, x_N) := (x_1, \ldots, x_N, \bar{x}_{N+1}, \bar{x}_{N+2}, \ldots);
\]
observing that
\[ W_2^2(m, f_2^N m^N) \leq \sum_{n=N+1}^{\infty} \int_{X_n} d_n^2(x, \bar{x}_n) \, dm_n. \]

The proof of Theorem 6.13 is not elementary. Before turning to the details, we comment on the statement of the theorem: the nonbranching assumption is needed in particular because, up to now, it is not known whether the CD\((K, \infty)\) tensorizes: what is known is that the product of two nonbranching CD\((K, \infty)\) spaces is CD\((K, \infty)\) [45, Proposition 4.16]. Thus, the result follows combining this tensorization property with another tensorization property at the level of Cheeger’s energies, proved in Theorem 6.19, that ensures that Cheeger’s energy in \(Z\) is a quadratic form. Finally we use the nonbranching assumption once more to show that \((Z, d)\) is nonbranching as well and therefore strict CD\((K, \infty)\) holds.

Throughout this section we assume that the base spaces \((X, d_X, m_X), (Y, d_Y, m_Y)\) are RCD\((K, \infty)\), even though for the proof of some intermediate results suffice weaker assumptions.

Keeping the notation of Theorem 6.13 in mind, given \(f: Z \rightarrow \mathbb{R}\) we shall denote \(f^x\) the function \(f(x, \cdot)\) and by \(f^y\) the function \((\cdot, y)\). Having in mind Beppo-Levi’s pioneering paper [27], we denote by \(BL^{1,2}(Z, d, m)\) the space of functions \(f \in L^2(Z, m)\) satisfying:

(a) \(f^x \in D(Ch^Y)\) for \(m_X\)-a.e. \(x \in X\) and \(f^y \in D(Ch^X)\) for \(m_Y\)-a.e. \(y \in X\).

(b) \(|Df^y|^2_{w_2}(x) \in L^1(Z, m)\) and \(|Df^x|^2_{w_2}(y) \in L^1(Z, m)\).

For any \(f \in BL^{1,2}(Z, d, m)\) the cartesian gradient
\[ |Df|_c(x, y) := \sqrt{|Df^y|^2_{w_2}(x) + |Df^x|^2_{w_2}(y)} \]
is well defined and belongs to \(L^2(Z, m)\).

Accordingly, we shall denote by \(Ch^c: L^2(Z, m) \rightarrow [0, \infty)\) the quadratic form associated to \(|Df|_c\), namely
\[ Ch^c(f) := \int \text{Ch}^X(f^y) \, dm(y) + \int \text{Ch}^Y(f^x) \, dm(x) = \frac{1}{2} \int |Df|_c^2(x, y) \, dm(x, y), \]
if \(f \in BL^{1,2}(Z, d, m)\), \(+\infty\) otherwise. It is not hard to show that the two terms which define \(Ch^c\) are \(L^2(Z, m)\)-lower semicontinuous, which implies in particular that \(Ch^c\) is lower semicontinuous: indeed, considering for instance \(\text{Ch}^Y(f^x)\) \(m\)-a.e. \(x \in X\); then, the lower semicontinuity of Cheeger’s functional \(\text{Ch}^Y\) in the base space \(Y\) and Fatou’s lemma provide the lower semicontinuity (the same argument applies to \(\int \text{Ch}^X(f^y) \, dm(y)\)). The crucial statement that we will prove in order to achieve the tensorization is that the objects \(|Df|_c\) and \(|Df|_w\) coincide on \((Z, d, m)\). We remark that the curvature assumption is only used - via the regularization properties of the heat flow - in Lemma 6.15 to prove the inequality \(|Df|_w \leq |Df|_c|\).

**Lemma 6.14** If \(f \in \text{Lip}(Z)\) then \(|Df|_w \leq \sqrt{|Df^x|^2 + |Df^y|^2}\) \(m\)-a.e. in \(Z\). In particular
\[ |Df|_w \leq \sqrt{g_1^2 + g_2^2} \quad m\text{-a.e. in } Z \tag{6.31} \]
wherever \(g_1, g_2: Z \rightarrow \mathbb{R}\) are bounded Borel functions such that \(g_1(x, \cdot)\) is a upper semicontinuous upper gradient of \(f^x\) and \(g_2(\cdot, y)\) is a upper semicontinuous upper gradient of \(f^y\).
Proof. We will prove that the cartesian slope \( \sqrt{|Df_x|^2 + |Df_y|^2} \) is a weak upper gradient for Lipschitz functions \( f \). If \( \gamma = (\gamma^X, \gamma^Y) \in AC^2([0, 1]; \mathbb{Z}) \) we need to prove that for a.e. \( t \) the inequality

\[
\left| \frac{d}{dt} (f \circ \gamma) \right|(t) \leq \sqrt{|Df_{\gamma^X}^X|^2(\gamma^X_t) + |Df_{\gamma^Y}^Y|^2(\gamma^X_t) \sqrt{|\dot{\gamma}^X_t|^2 + |\dot{\gamma}^Y_t|^2}} \tag{6.32}
\]

holds. A pointwise proof of this inequality seems not to be easy, on the other hand, working at the level of distributional derivatives, in [3, Lemma 4.3.4] it is proved that a.e. in \([0, 1]\) it holds

\[
\left| \frac{d}{dt} (f \circ \gamma) \right|(t) \leq \limsup_{h \to 0} \frac{|f(\gamma^X_{t-h}, \gamma^Y_t) - f(\gamma^X_t, \gamma^Y_t)|}{h} + \limsup_{h \to 0} \frac{|f(\gamma^X_t, \gamma^Y_{t+h}) - f(\gamma^X_t, \gamma^Y_t)|}{h},
\]

so that

\[
\left| \frac{d}{dt} (f \circ \gamma) \right|(t) \leq |Df_{\gamma^X}^X|(\gamma^X_t) + |Df_{\gamma^Y}^Y|(\gamma^X_t) \quad \text{a.e. in } [0, 1],
\]

from which (6.32) readily follows. The estimate (6.31) follows noticing that any upper semi-continuous upper gradient provides an upper bound of the slope. \( \Box \)

In the next lemma we will improve the inequality \( |Df|_w \leq \sqrt{|Df_x|^2 + |Df_y|^2} \) obtaining \( |Df|_c \) in the right hand side. To this aim we consider, as a regularizing operator, the product semigroup \( \tilde{H}^X_t \) in \( L^2(\mathbb{Z}, \mathbb{m}) \), pointwise defined by

\[
\tilde{H}^X_t f(x, y) := \int \int f(x', y') \rho^X_t[x](x') \rho^Y_t[y](y') \, dm_X(x') \, dm_Y(y') \tag{6.33}
\]

where \( \rho^X_t[x](x') \) and \( \rho^Y_t[y](y') \) are the transition probability densities in the base spaces (see also (6.37) below for an equivalent description in terms of iterated operators). Denoting by \( \tilde{H}^X_t, \tilde{H}^Y_t \) the corresponding flows on \( X \) and \( Y \) respectively, (6.33) can be equivalently written as

\[
\tilde{H}^X_t f(x, y) = \tilde{H}^Y_t (\tilde{H}^X_t f(\cdot, y'))(x) = \tilde{H}^X_t (\tilde{H}^Y_t f(x', \cdot))(y)(x); \tag{6.34}
\]

the action of \( \tilde{H}^X_t \) is particularly simple on tensor products \( f(x, y) = f_X(x)f_Y(y) \):

\[
\tilde{H}^X_t (f_X f_Y)(x, y) = \tilde{H}^X_t f_X(x) \tilde{H}^Y_t f_Y(y). \tag{6.35}
\]

It is easy to show that \( \tilde{H}^X_t \) retains the same properties of its “factors” \( \tilde{H}^X_t, \tilde{H}^Y_t \) in the base spaces, in particular it is mass preserving, self-adjoint, satisfies the maximum principle, regularizes from \( L^\infty(\mathbb{Z}, \mathbb{m}) \) to \( C_b(\mathbb{Z}) \) and leaves Lip(\( \mathbb{Z} \)) invariant. In addition, \( \tilde{H}^X_t \) can also be viewed as the \( L^2(\mathbb{Z}, \mathbb{m}) \)-gradient flow of \( \text{Ch}^c \), namely the solution to

\[
\frac{d}{dt} f_t = \Delta^c f_t, \tag{6.36}
\]

where \( \Delta^c \) is the linear selfadjoint operator in \( L^2(\mathbb{Z}, \mathbb{m}) \) induced by \( \text{Ch}^c \). In fact, on tensor products \( f = f_X f_Y \) one can check directly from the definition that

\[
f \in D(\Delta^c) \iff f_X \in D(\Delta_X), f_Y \in D(\Delta_Y), \text{ with } \Delta^c f = f_Y \Delta_X f_X + f_X \Delta_Y f_Y,
\]

so that (6.36) is clearly equivalent to (6.35); one can then extend the validity of (6.36) by linearity to the collection of all the linear combinations of tensor products, which is dense in \( L^2(\mathbb{Z}, \mathbb{m}) \).
Lemma 6.15 For all \( f \in \text{Lip}(Z) \) it holds \( |Df|_w \leq |Df|_c \text{ m.a.e. in } Z \).

Proof. Set \( F_1(x,y) := |Df^y|_w(x) \) and \( F_2(x,y) := |Df^x|_w(y) \). We consider the regularization \( f_t := \tilde{H}_t f \) of \( f \). Writing
\[
f_t(x,y) = \tilde{H}_t^X G(\cdot,y)(x)
\]
with \( G(x',y) := \tilde{H}_t^Y f(x',\cdot)(y) \), we can use first Theorem 6.2 and then the convexity of \( g \rightarrow |Dg|_w \) to get
\[
|Df^y_t|(x) \leq e^{-Kt(\tilde{H}_t^X |DG(\cdot,y)|^2_w)}(x)
\]
\[
\leq e^{-Kt(\tilde{H}_t^X \tilde{H}_t^Y F_1^2)}(x,y)
\]
\[
= e^{-Kt(\tilde{H}_t^2 F_1^2)}(x,y).
\]

Analogously, reversing the role of the variables we get
\[
|Df^x_t|(y) \leq e^{-Kt(\tilde{H}_t^2 F_2^2)}(y).
\]

So, we may take \( g_1(x,y) := e^{-Kt(\tilde{H}_t^2 F_1^2)} \) and \( g_2 := e^{-Kt(\tilde{H}_t^2 F_2^2)} \) in Lemma 6.14 to get
\[
|Df^t_t|_w \leq e^{-2Kt\tilde{H}_t^2(F_1^2 + F_2^2)} = e^{-2Kt\tilde{H}_t^2}|Df|_c^2 \text{ m.a.e. in } Z.
\]

Letting \( t \downarrow 0 \) the stability property of weak upper gradients and the strong continuity of the semigroup provide the result. \( \square \)

The proof of the converse inequality is more involved. It rests mainly in an improvement in product spaces of the Hamilton-Jacobi inequality satisfied by the Hopf-Lax semigroup (see Lemma 6.16 below) and on its consequence, an improved metric derivative that we obtain in Lemma 6.17 along solutions to the \( L^2(Z,\mu) \)-gradient flow of \( \text{Ch}^c \) defined in (6.33) or, equivalently, in (6.36).

In [2, Section 3], a very detailed analysis of the differentiability properties of the Hopf-Lax semigroup
\[
Q_t g(w) := \inf_{w' \in W} g(w') + \frac{1}{2t} \text{d}^2_W(w',w)
\]
in a metric space \((W,\text{d}_W)\) has been made. The analysis is based on the quantities
\[
D^+_g(w,t) := \sup_{n \to \infty} \lim_{n \to \infty} \text{d}_W(w,w'_n), \quad D^-_g(w,t) := \inf_{n \to \infty} \lim_{n \to \infty} \text{d}_W(w,w_n),
\]
where the supremum and the infimum run among all minimizing sequences \((w_n)\) in (6.38).

These quantities reduce respectively to the maximum and minimum distance from \( w \) of minimizers in the locally compact case. Confining for simplicity our discussion to the case of bounded functions, which suffices for our purposes, it has been shown that \( D^+_g \) and \( D^-_g \) are respectively upper and lower semicontinuous in \( W \times (0,\infty) \), that \( D^-_g(\cdot,t)/t \) is an upper gradient of \( Q_t g \) and that the following pointwise equality holds:
\[
\frac{d^+}{dt} Q_t g(w) + \frac{(D^+_g(w,t))^2}{2t^2} = 0,
\]
where we recall that \( d^+/dt \) stands for right derivative (part of the statement is its existence at every point). Notice that, since \( D^+_g(\cdot,t)/t \geq D^-_g(\cdot,t)/t \) is an upper semicontinuous upper gradient of \( Q_t g \), (6.39) implies the Hamilton-Jacobi subsolution property \( \frac{d^+}{dt} Q_t g + |DQ_t g|^2/2 \leq 0 \), but in the sequel we shall need the sharper form (6.39).
Lemma 6.16 Let $g : Z \to \mathbb{R}$ be a bounded function. Then, for all $t > 0$ the function $Q_{tg}$ satisfies
\[
\frac{d^+}{dt} Q_{tg} + \frac{1}{2} |D Q_{tg}|_c^2 \leq 0 \quad \text{m-a.e. in } Z.
\] (6.40)

Proof. Taking (6.39) into account and the definition of $|D Q_{tg}|_c$ (recall the notation $f^x(y) = f(x,y) = f^y(x)$), suffices to show that for all $t > 0$ it holds
\[
\frac{|D_g^+((x,y),t)|^2}{t^2} \geq |D(Q_{tg})|^2_{w}(x) + |D(Q_{tg})|^2_{w}(y) \quad \text{m-a.e. in } Z.
\] (6.41)

In order to prove (6.41), notice that we can minimize first in one variable and then in the other one to get
\[
(Q_{tg})^y(x) = Q_t^X(L_{t,y})(x), \quad (Q_{tg})^x(y) = Q_t^Y(R_{t,x})(y),
\] (6.42)
where $L_{t,y}(x') := Q_t^Y g(x', \cdot)(y)$ and $R_{t,x}(y') := Q_t^X g(\cdot, y')(x)$. Since $D^-(\cdot, t)/t$ is an upper gradient, we see that (6.41) is a consequence of the pointwise inequality
\[
[D^+_g((x,y),t)]^2 \geq [D_{L_{t,y}}^+(x,t)]^2 + [D_{R_{t,x}}^-(y,t)]^2.
\] (6.43)

In order to prove (6.43), let us consider a minimizing sequence $(x_n, y_n)$ for $Q_{tg}(x,y)$; since
\[
Q_{tg}(x,y) = \lim_{n \to \infty} g(x_n, y_n) + \frac{1}{2t} d_Y^2(y_n, y) + \frac{1}{2t} d_X^2(x_n, x)
\geq \liminf_{n \to \infty} L_{t,y}(x_n) + \frac{1}{2t} d_X^2(x_n, x) \geq Q_t^X(L_{t,y})(x)
\]
we can use (6.42) to obtain that all inequalities are equalities: this implies that the liminf is a limit and that $(x_n)$ is a minimizing sequence for $Q_t^X \varphi(x)$, with $\varphi(x) = L_{t,y}(x)$. Analogously, $(y_n)$ is a minimizing sequence for $Q_t^Y \psi(y)$, where $\psi(y) = R_{t,x}(y)$. Taking into account the definitions of $D^\pm$, this yields (6.43). □

Lemma 6.17 (Kuwada’s lemma in product spaces) Let $f \in L^\infty(Z, m)$ be a probability density and let $f_t$ be the solution of the $L^2$-gradient flow of $\text{Ch}^c$ starting from $f$. Then $\mu_t = f_t m \in \mathcal{P}_2(X)$ for all $t \geq 0$ and
\[
|\mu_t|^2 \leq \int_{\{f_t > 0\}} \frac{|D f_t|^2}{f_t} \, dm \quad \text{for a.e. } t > 0.
\] (6.44)

Proof. The proof can be achieved following verbatim the proof of the analogous result [2, Lemma 6.1], this time working with $|D f_t|_c$ in place of $|D f_t|_w$: this replacement is possible in view of the improved Hamilton-Jacobi inequality (6.40) and of the calculus rules
\[
- \int g \Delta^c f \, dm \leq \int |D f|_c|D g|_c \, dm, \quad - \int \phi(f) \Delta^c f \, dm = \int \phi'(f)|D f|_c^2 \, dm,
\] (6.45)
which follow immediately as for the analogous properties of the partial Laplacians [2, Prop. 4.15]. □
Proposition 6.18 We have $D(Ch) \subset BL^{1,2}(Z, d, m)$. In addition, for all $f \in D(Ch)$ there exist $f_n \in D(Ch^c)$ converging to $f$ in $L^2(Z, m)$ and satisfying

$$
\limsup_{n \to \infty} Ch^c(f_n) \leq Ch(f). \quad (6.46)
$$

Proof. We argue exactly as in [2, Theorem 6.2], where we identify weak upper gradients and relaxed gradients, the only difference being the use of the gradient flow of $Ch^c$ and the improved estimate (6.44).

Pick $f \in D(Ch)$. With a truncation argument, we can assume that $c^{-1} \geq f \geq c > 0$ $m$-almost everywhere in $Z$ with $\int f^2 \, dm = 1$. We consider the gradient flow $(h_t)$ of $Ch^c$ with initial datum $h := f^2$, setting $\mu_t = h_t \, m$, and we apply Lemma 6.17. The maximum principle yields $c^{-1} \geq f_t \geq c$ and a standard argument based on (6.36) and (6.45) yields the energy dissipation identity

$$
\frac{d}{dt} \int h_t \log h_t \, dm = -\int_{\{h_t > 0\}} \frac{|Dh_t|^2}{h_t} \, dm. \quad (6.47)
$$

Now, inequality (6.44) gives

$$
\int (h \log h - h_t \log h_t) \, dm \leq \int \log h(h - h_t) \, dm \leq \left( \int_0^t \int g^2 h_s \, dm \, ds \right)^{1/2} \left( \int_0^t |\dot{\mu}_s|^2 \, ds \right)^{1/2}.
$$

Recalling the entropy dissipation formula (6.47) we obtain

$$
\int_0^t \int \frac{|Dh_s|^2}{h_s} \, dm \, ds \leq \int_0^t \int g^2 h_s \, dm \, ds.
$$

Now, the chain rule and the identity $g = 2f^{-1}|Df|_w$ give

$$
\int_0^t \frac{|Dh_s|^2}{h_s} \, dm \, ds \leq \int_0^t \int |Df|_w f^{-2} h_s \, dm \, ds,
$$

so that dividing by $t$ and passing to the limit as $t \downarrow 0$ we get (6.46), since $\sqrt{h_s}$ are equibounded and converge strongly to $f$ in $L^2(Z, m)$ as $s \downarrow 0$. \qed

Theorem 6.19 Let $f \in L^2(Z, m)$. Then $f \in D(Ch)$ if and only if $f \in D(Ch^c)$ and $|Df|_w = |Df|_c$ $m$-a.e. in $Z$. In particular $Ch = Ch^c$ is a quadratic form.

Proof. By Proposition 6.18 we obtain that $f \in D(Ch)$ implies $f \in D(Ch^c)$ and $Ch^c(f) \leq Ch(f)$. If $f \in \text{Lip}(Z)$, Lemma 6.15 yields $|Df|_w \leq |Df|_c$ $m$-a.e. in $Z$ and the converse inequality $Ch(f) \leq Ch^c(f)$ follows that the functionals and the gradients coincide in $\text{Lip}(Z)$. Since $\text{Lip}(Z)$ is a $L^2(Z, m)$-dense and invariant subset for $H^c$, for all $f \in D(Ch^c)$ we can apply Lemma 4.9 to obtain $(f_n) \subset \text{Lip}(Z)$ satisfying $Ch^c(f - f_n) \to 0$ and we can pass to the limit as $n \to \infty$ in the inequality $|Df_n|_w \leq |Df_n|_c$ to get $|Df|_w \leq |Df|_c$. Hence, $Ch(f) = Ch^c(f)$ and the respective gradients coincide. \qed
Proof. (of Theorem 6.13) Theorem 6.19 ensures that Cheeger’s energy in this space is a quadratic form.

The proof that $(Z, d, m)$ is nonbranching is simple, and we just sketch the argument. It is immediately seen that the nonbranching property is implied by the stability of constant speed geodesics under projections, namely if $\gamma = (\gamma^X, \gamma^Y) \in \text{Geo}(Z)$, then $\gamma^X \in \text{Geo}(X)$ and $\gamma^Y \in \text{Geo}(Y)$. This stability property can be shown as follows: in any metric space, constant speed geodesics are characterized by

$$\int_0^1 |\dot{\gamma}_t|^2 \, dt = d^2(\gamma_0, \gamma_1),$$

while for all other curves the inequality $\geq$ holds. Since $|\dot{\gamma}_t|^2 = |\dot{\gamma}^X_t|^2 + |\dot{\gamma}^Y_t|^2$ wherever the metric derivatives of the components exist, we obtain $\int_0^1 |\dot{\gamma}^X_t|^2 \, dt = d^2_X(\gamma^X_0, \gamma^X_1)$ and $\int_0^1 |\dot{\gamma}^Y_t|^2 \, dt = d^2_Y(\gamma^Y_0, \gamma^Y_1)$, so that both $\gamma^X$ and $\gamma^Y$ are constant speed geodesics.

Finally, we prove the strict $\text{CD}(K, \infty)$ property. Since the space is nonbranching, by Remark 3.2 it is sufficient to prove that it is a $\text{CD}(K, \infty)$ space. To prove this, we argue exactly as in [45, Lemma 4.7 and Proposition 4.16], taking into account the tightness of the sublevels of $\text{Ent}_m$ to remove the compactness assumption. We omit the details. □

6.5 Locality

Here we study the locality properties of $\text{RCD}(K, \infty)$ spaces. As for the tensorization, we will adopt the point of view of the definition coming from the Dirichlet form, rather than the ones coming from the properties of the heat flow. The reason is simple. On one side, the heat flow does not localize at all: even on $\mathbb{R}^d$ to know how the heat flow behaves on the whole space gives little information about the behaviour of the flow on a bounded region (we recall that, with our definitions, the heat flow that we consider reduces to the classical one with homogeneous Neumann boundary condition). On the other hand, Cheeger’s energy comes out as a local object, and we will see that the analysis carried out in Section 4.3 and Section 6.2 will allow us to quickly derive the locality properties we are looking for.

There are two questions we want to answer. The first one is: say that we have a $\text{RCD}(K, \infty)$ space and a convex subregion, can we say that this subregion - endowed with the restricted distance and measure - is a $\text{RCD}(K, \infty)$ space as well? The second one is: suppose that a space is covered by subregions, each one being a $\text{RCD}(K, \infty)$ space, can we say that the whole space is $\text{RCD}(K, \infty)$?

The first question has a simple answer: yes. The second one is more delicate, the problem coming from proving the convexity of the entropy. The analogous question for $\text{CD}(K, \infty)$ spaces has, as of today, two different answers. On one side there is Sturm’s result [45, Theorem 4.17] saying that this local-to-global property holds if the space is nonbranching and the domain of the entropy is geodesically convex. On the other side there is Villani’s result [48, Theorem 30.42]) which still requires the space to be nonbranching, but replaces the global convexity of the domain on the entropy with the geodesic convexity of $X$ and a local condition, roughly speaking “$(X, d, m)$ is finite dimensional near $m$-almost every point” (in a sense which we won’t specify).

Our answer to the local-to-global question in the $\text{RCD}(K, \infty)$ setting will be based on the following assumptions, besides the obvious one that the covering subregions are $\text{RCD}(K, \infty)$: the space is nonbranching and $\text{CD}(K, \infty)$, so that independently from the approach one has
at disposal to prove the local to global for CD\((K,\infty)\), as soon as the space is nonbranching, RCD\((K,\infty)\) globalizes as well.

**Theorem 6.20 (Global to Local)** Let \((X,d,m)\) be a RCD\((K,\infty)\) space, let \(\Omega \subset \text{supp} \, m\) be an open subset with \(m(\Omega) > 0\) and \(m(\partial \Omega) = 0\) and put \(Y := \overline{\Omega} \subset X\). Then, if \((Y,d)\) is a geodesic space, \((Y,d,m_Y)\) is a RCD\((K,\infty)\) space as well, where \(m_Y := (m(Y))^{-1}m_{\mid Y}\).

**Proof.** Since \(Y\) is closed, \((Y,d,m_Y)\) is a metric measure space (normalized, with finite variance). Let us first remark that for every \(\mu \in \mathcal{P}_2(X)\)

\[
\text{Ent}_{m_Y}(\mu) < \infty \iff \text{supp} \, \mu \subset Y, \quad \text{Ent}_m(\mu) < \infty, \quad (6.48)
\]

and in this case \(\text{Ent}_{m_Y}(\mu) = c_Y + \text{Ent}_m(\mu)\), where \(c_Y = \log(m(Y))\). Therefore, thanks to the RCD\((K,\infty)\) property of \((X,d,m)\), the functional \(\text{Ent}_{m_Y}\) is \(K\)-geodesically convex on any Wasserstein geodesic \((\mu_s)\) with \(\text{supp} \, \mu_s \subset Y\) for all \(s \in [0, 1]\). In particular, \((Y,d_Y,m_Y)\) is a strict CD\((K,\infty)\) space. Thus, to conclude we simply apply (iii) of Theorem 4.19. \(\square\)

The previous result is similar to the following lower Ricci curvature bound for weighted spaces:

**Proposition 6.21 (Weighted spaces)** Let \((X,d,m)\) be a RCD\((K,\infty)\) with \(\text{supp} \, m = X\) space and let \(V : X \mapsto \mathbb{R}\) be a continuous \(H\)-geodesically convex function bounded from below with \(\int e^{-V} \, dm = 1\). Then \((X,d,e^{-V}m)\) is a RCD\((K+H,\infty)\) space.

The proof follows by the same arguments, applying [45, Proposition 4.14] and Proposition 2.23 (showing that \((X,d,e^{-V}m)\) is a strict CD\((K+H,\infty)\) space), [2, Lemma 4.11] for the invariance of weak gradients with respect to the multiplicative perturbation, and (ii) of Theorem 4.18.

We conclude this section with the globalization result.

**Theorem 6.22 (Local to Global)** Let \((X,d,m)\) be a normalized metric measure space with finite variance and let \(\{\Omega_i\}_{i \in I}\) be a cover of \(X\) made of finitely or countably many open sets of positive \(m\)-measure, with \(m(\partial \Omega_i) = 0\) for every \(i \in I\). Let \(Y_i := \overline{\Omega_i}\) and \(m_i := [m(Y_i)]^{-1}m_{\mid Y_i}\). Assume that the Cheeger functional associated to \((Y_i,d,m_i)\) is quadratic. Assume also that \((X,d,m)\) is nonbranching and CD\((K,\infty)\). Then \((X,d,m)\) is a RCD\((K,\infty)\) space.

**Proof.** We start proving that \(\text{Ch}\) is a quadratic form. Notice that it holds

\[
2\text{Ch}(f) = \int |Df|_m^2 \, dm = \sum_i \int_{X_i} |Df|_{m_i}^2 \, dm
\]

where \(X_i := Y_i \setminus \cup_{j<i} Y_j\). Let \(f_i := f\mid_{Y_i}\), and recall that by Theorem 4.19 we know that \(|Df_i|_{m,Y_i} = |Df|_m\) \(m\)-a.e. on \(Y_i\). Also, by Theorem 4.18 we have that for \(i\) and any Borel subset \(A\) of \(Y_i\), the map \(f \mapsto \int_A |Df|^2_{m,Y_i} \, dm\) is quadratic. Choosing \(A = X_i\) the conclusion follows.

The fact that \((X,d,m)\) is a strict CD\((K,\infty)\) space follows from the fact that it is nonbranching and CD\((K,\infty)\), as in Remark 3.2. \(\square\)
References


