

# Strong density results in trace spaces of maps between manifolds

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**Abstract** *We deal with strong density results of smooth maps between two manifolds  $\mathcal{X}$  and  $\mathcal{Y}$  in the fractional spaces given by the traces of Sobolev maps in  $W^{1,p}$ .*

## 1 Introduction

In the last years there has been a growing interest in studying the fractional Sobolev spaces of mappings defined between manifolds, see e.g. [3, 4, 5, 6, 7, 8, 10, 14]. Motivated by these papers, in this note we are concerned with strong density results of smooth maps between two manifolds  $\mathcal{X}$  and  $\mathcal{Y}$  in the fractional spaces  $W^{1-1/p,p}$  given by the traces of Sobolev maps in  $W^{1,p}$ , for  $p > 1$ . We recall that the analogous strong density problem for Sobolev mappings between manifolds was settled in [2] and [11].

We shall consider smooth, connected, compact Riemannian manifolds  $\mathcal{X}$  and  $\mathcal{Y}$  without boundary, that are isometrically embedded into  $\mathbb{R}^l$  and  $\mathbb{R}^N$ , respectively. We shall equip  $\mathcal{X}$  and  $\mathcal{Y}$  with the metric induced by the Euclidean norms on the ambient spaces, and we let  $n := \dim \mathcal{X}$ .

Let  $p$  be a given exponent,  $1 < p < \infty$ , and denote by  $[p]$  the integer part of  $p$ . We recall, see e.g. [1], that the fractional Sobolev space  $W^{1/p}(\mathcal{X}) := W^{1-1/p,p}(\mathcal{X})$  is the Banach space of  $L^p$ -functions  $u : \mathcal{X} \rightarrow \mathbb{R}$  which have finite  $W^{1-1/p,p}$ -seminorm

$$|u|_{1/p,\mathcal{X}}^p := \int_{\mathcal{X}} \int_{\mathcal{X}} \frac{|u(x) - u(y)|^p}{|x - y|^{n+p-1}} dx dy$$

endowed with the norm

$$\|u\|_{1/p,\mathcal{X}}^p := \|u\|_{L^p(\mathcal{X})}^p + |u|_{1/p,\mathcal{X}}^p. \quad (1.1)$$

$W^{1/p}(\mathcal{X}, \mathbb{R}^N)$  is the space of vector valued maps  $u = (u^1, \dots, u^N)$  such that  $u^j \in W^{1/p}(\mathcal{X})$  for every  $j = 1, \dots, N$ . Recall that if  $\mathcal{X} = \partial\mathcal{M}$  for some smooth manifold  $\mathcal{M}$ , e.g.,  $\mathcal{X} = \mathbb{S}^n$ , the unit sphere in  $\mathbb{R}^{n+1}$ , then  $W^{1/p}(\partial\mathcal{M}, \mathbb{R}^N)$  can be characterized as the space of functions  $u$  that are *traces* of functions  $U$  in the Sobolev space  $W^{1,p}(\mathcal{M}, \mathbb{R}^N)$ . More generally, since  $\mathcal{X} \subset \mathbb{R}^l$ , denoting by  $\mathcal{C}^{n+1}$  the cylinder

$$\mathcal{C}^{n+1} := \mathcal{X} \times I \subset \mathbb{R}^l \times \mathbb{R}, \quad I := ]-1, 1[,$$

$W^{1/p}(\mathcal{X}, \mathbb{R}^N)$  can be seen as the space of functions  $u$  that are traces of functions  $U$  in the Sobolev space  $W^{1,p}(\mathcal{C}^{n+1}, \mathbb{R}^N)$ .

If  $U \in W^{1,p}(\mathcal{C}^{n+1}, \mathbb{R}^N)$ , and  $\mathcal{H}^k$  is the  $k$ -dimensional *Hausdorff measure* in  $\mathcal{C}^{n+1}$ , we will denote by

$$\mathcal{E}_p(U) := \frac{1}{p^{p/2}} \int_{\mathcal{C}^{n+1}} |Du(z)|^p d\mathcal{H}^{n+1}(z)$$

the  $p$ -energy of  $u$ . Moreover, we will write  $\mathbf{T}(U) = u$  if  $u \in W^{1/p}(\mathcal{X}, \mathbb{R}^N)$ ,  $U \in W^{1,p}(\mathcal{C}^{n+1}, \mathbb{R}^N)$  and  $U = u$  on  $\mathcal{X} \times \{0\}$ . For  $u \in W^{1/p}(\mathcal{X}, \mathbb{R}^N)$ , we shall denote by  $\text{Ext}(u)$  a function in  $W^{1,p}(\mathcal{C}^{n+1}, \mathbb{R}^N)$  that minimizes the  $p$ -energy  $\mathcal{E}_p(U)$  among all Sobolev maps  $U \in W^{1,p}(\mathcal{C}^{n+1}, \mathbb{R}^N)$  such that  $\mathbf{T}(U) = u$ .

Instead of working with the norm (1.1), we shall equip  $W^{1/p}(\mathcal{X}, \mathbb{R}^N)$  with the equivalent norm given by

$$\|u\|_{1/p,\mathcal{X}} := \|u\|_{L^p(\mathcal{X})} + \mathcal{E}_p(\text{Ext}(u)).$$

We shall study strong density results for the class

$$W^{1/p}(\mathcal{X}, \mathcal{Y}) := \{u \in W^{1/p}(\mathcal{X}, \mathbb{R}^N) \mid u(x) \in \mathcal{Y} \text{ for } \mathcal{H}^n\text{-a.e. } x \in \mathcal{X}\},$$

for  $1 < p < \infty$ . We will then denote

$$H_S^{1/p}(\mathcal{X}, \mathcal{Y}) := \{u \in W^{1/p}(\mathcal{X}, \mathcal{Y}) \mid \text{there exists } \{u_k\} \subset C^\infty(\mathcal{X}, \mathcal{Y}) \\ \text{such that } u_k \rightarrow u \text{ strongly in } W^{1/p}\}.$$

It is well-known that

$$H_S^{1/p}(\mathcal{X}, \mathcal{Y}) = W^{1/p}(\mathcal{X}, \mathcal{Y}) \quad \text{if } p \geq n + 1.$$

This follows from a standard convolution argument if  $p > n + 1$ , compare e.g. [5], and was extended by Bethuel [3] to the critical case  $p = n + 1$ . Therefore, from now on we shall always *assume that  $\mathcal{X}$  has dimension  $n > p - 1$  or, equivalently,  $n \geq [p]$* .

For  $n \geq [p]$ , we let  $R_{1/p}^\infty(\mathcal{X}, \mathcal{Y})$  and  $R_{1/p}^0(\mathcal{X}, \mathcal{Y})$  denote, respectively, the set of all maps  $u \in W^{1/p}(\mathcal{X}, \mathcal{Y})$  which are smooth, respectively continuous, except on a singular set  $\Sigma(u)$  of the type

$$\Sigma(u) = \bigcup_{i=1}^r \Sigma_i, \quad r \in \mathbb{N}, \quad (1.2)$$

where  $\Sigma_i$  is a smooth  $(n - [p])$ -dimensional subset of  $B^n$  with smooth boundary, if  $n \geq [p] + 1$ , and  $\Sigma_i$  is a point if  $n = [p]$ .

Using arguments from [7], in Sec. 2 we will first prove the following

**Theorem 1.1** *For every  $1 < p < n + 1$ , where  $n = \dim(\mathcal{X})$ , the class  $R_{1/p}^\infty(\mathcal{X}, \mathcal{Y})$  is dense in  $W^{1/p}(\mathcal{X}, \mathcal{Y})$ .*

In the case  $p = 2$ , this density result was proved in [14], compare also [5], in dimension  $n = 2$ , for  $\mathcal{X} = \mathbb{S}^2$  and with  $\mathcal{Y} = \mathbb{S}^1$ , the standard unit circle. For  $p = 2$ , it was extended in [7] to the case  $\mathcal{X} = \mathbb{S}^n$  in higher dimension  $n \geq 2$  and for general target manifolds  $\mathcal{Y}$ , see also [9].

Moreover, in [3] it was noticed that if  $\pi_{[p]-1}(\mathcal{Y}) \neq 0$ , and  $n \geq [p]$ , in general the strict inclusion

$$H_S^{1/p}(\mathcal{X}, \mathcal{Y}) \subsetneq W^{1/p}(\mathcal{X}, \mathcal{Y})$$

holds. More precisely, there exist functions  $u \in W^{1/p}(\mathcal{X}, \mathcal{Y})$  which cannot be approximated in  $W^{1/p}$  by sequences of smooth maps in  $W^{1/p}(\mathcal{X}, \mathcal{Y})$ .

If  $n \leq p < n + 1$ , the converse holds true. In fact, we have:

**Theorem 1.2** *If  $n \leq p < n + 1$ , and  $p > 1$ , then  $H_S^{1/p}(\mathcal{X}, \mathcal{Y}) = W^{1/p}(\mathcal{X}, \mathcal{Y})$  if and only if  $\pi_{n-1}(\mathcal{Y}) = 0$ .*

The argument given in [3, Lemma 4] to prove Theorem 1.2 is not clear to us; therefore, in Sec. 2 we shall give a different proof.

In the case of higher dimension  $n > p$ , i.e.,  $n \geq [p] + 1$ , in order to remove the  $(n - [p])$ -dimensional singular set of mappings in  $R_{1/p}^\infty(\mathcal{X}, \mathcal{Y})$ , following observations by Hang-Lin [11], we shall see that the possibly non-trivial topology of the domain manifold  $\mathcal{X}$  plays a role.

For our purposes, it is more convenient to consider "cubeulations" instead of triangulations of  $\mathcal{X}$ . These ones can be obtained by taking barycentric subdivisions of the  $n$ -simplices of any triangulation.

We let  $X^k$  denote the  $k$ -skeleton of some finite cubeulation  $X$  of  $\mathcal{X}$ . If  $u \in W^{1/p}(\mathcal{X}, \mathcal{Y})$ , possibly slightly moving the faces of  $X$  we may assume that the restriction of  $u$  to  $F$  belongs to  $W^{1/p}(F, \mathcal{Y})$  for every  $k$ -face  $F$  of  $X^k$ , where  $k = [p] - 1, \dots, n$ . In this case, we will say that  $X$  is in *generic position* with respect to  $u$ . Moreover, if  $u \in R_{1/p}^0(\mathcal{X}, \mathcal{Y})$ , and  $\Sigma(u)$  is the  $(n - [p])$ -dimensional singular set of  $u$ , compare (1.2), we say that  $X$  is in *dual position* with respect to  $u$  if  $X$  is in generic position with respect to  $u$  and  $X^{[p]-1} \cap \Sigma(u) = \emptyset$ . Possibly slightly moving the faces of  $X^{[p]-1}$ , it turns out that the cubeulation  $X$  is in dual position with respect to  $u$ .

Using arguments from [3], that go back to [16], in Sec. 3 we will prove the following  $([p] - 1)$ -homotopy type property for the class of maps in  $R_{1/p}^0(\mathcal{X}, \mathcal{Y})$ :

**Proposition 1.3** *Let  $n + 1 > p \geq 2$ . Let  $u_\infty \in R_{1/p}^0(\mathcal{X}, \mathcal{Y})$  and  $X$  be a finite cubeulation of  $\mathcal{X}$  in dual position with respect to  $u_\infty$ . Let  $\{u_i\} \subset W^{1/p}(X^{[p]-1}, \mathcal{Y}) \cap C^\infty$  be a sequence of smooth maps strongly converging in  $W^{1/p}$  to the restriction  $u_\infty|_{X^{[p]-1}}$  of  $u_\infty$  to  $X^{[p]-1}$ . Then, we find  $k_0 \in \mathbb{N}^+$  such that for every  $i \geq k_0$  the maps  $u_i$  and  $u_\infty|_{X^{[p]-1}}$  are homotopic as maps from  $X^{[p]-1}$  to  $\mathcal{Y}$ .*

As a consequence, in Sec. 4 we shall provide a characterization of strongly approximable  $R_{1/p}^0$ -maps:

**Theorem 1.4** *Let  $n + 1 > p > 1$ . Let  $u \in R_{1/p}^0(\mathcal{X}, \mathcal{Y})$  and let  $X$  be a cubeulation of  $\mathcal{X}$  in dual position with respect to  $u$ . Then,  $u$  belongs to  $H_S^{1/p}(\mathcal{X}, \mathcal{Y})$ , i.e.,  $u$  is the strong  $W^{1/p}$ -limit of a sequence of smooth maps in  $C^\infty(\mathcal{X}, \mathcal{Y})$ , if and only if the restriction  $u|_{X^{[p]-1}}$  of  $u$  to  $X^{[p]-1}$  can be extended to a continuous map from  $\mathcal{X}$  into  $\mathcal{Y}$ .*

Following Hang-Lin [11], we now recall that  $\mathcal{X}$  is said to satisfy the  $k$ -extension property with respect to  $\mathcal{Y}$ , where  $k \in \mathbb{N}$ , if for any given CW-complex  $X$  on  $\mathcal{X}$ , denoting by  $X^k$  its  $k$ -dimensional skeleton, any continuous map  $f : X^{k+1} \rightarrow \mathcal{Y}$  is such that its restriction to  $X^k$  can be extended to a continuous map from  $\mathcal{X}$  into  $\mathcal{Y}$ . We recall that the  $k$ -extension property does not depend on the choice of the CW-complex structure on  $\mathcal{X}$ , compare [11, Sec. 2.2]. Moreover, we refer to [11, Sec. 5] for examples of manifolds  $\mathcal{X}$  and  $\mathcal{Y}$  such that the  $k$ -extension property fails to hold.

As an application of the previous facts, in Sec. 4 we shall then prove the following characterization:

**Theorem 1.5** *If  $n > p > 1$ , smooth maps in  $C^\infty(\mathcal{X}, \mathcal{Y})$  are sequentially dense in  $W^{1/p}(\mathcal{X}, \mathcal{Y})$ , i.e.,  $H_S^{1/p}(\mathcal{X}, \mathcal{Y}) = W^{1/p}(\mathcal{X}, \mathcal{Y})$ , if and only if we have  $\pi_{[p]-1}(\mathcal{Y}) = 0$  and  $\mathcal{X}$  satisfies the  $([p] - 1)$ -extension property with respect to  $\mathcal{Y}$ .*

We remark that in the case  $n \leq p < n + 1$  and  $p > 1$ , Theorem 1.5 is equivalent to Theorem 1.2, as the  $(n - 1)$ -extension property is automatically satisfied if  $\pi_{n-1}(\mathcal{Y}) = 0$ .

In particular, from Theorem 1.5 we deduce:

**Corollary 1.6** *If  $n > p > 1$  and  $\pi_k(\mathcal{Y}) = 0$  for every integer  $k = [p] - 1, \dots, n - 1$ , then  $H_S^{1/p}(\mathcal{X}, \mathcal{Y}) = W^{1/p}(\mathcal{X}, \mathcal{Y})$ .*

**Corollary 1.7** *Let  $n > p \geq 2$  and  $k$  be an integer, with  $k = 1, \dots, [p] - 1$ . If  $\pi_i(\mathcal{X}) = 0$  for every  $i = 0, \dots, k - 1$  and  $\pi_j(\mathcal{Y}) = 0$  for every  $j = k, \dots, [p] - 1$ , then  $H_S^{1/p}(\mathcal{X}, \mathcal{Y}) = W^{1/p}(\mathcal{X}, \mathcal{Y})$ .*

In the model case  $\mathcal{X} = \mathbb{S}^n$ , since  $\mathbb{S}^n$  is  $(n - 1)$ -connected, i.e.,  $\pi_i(\mathbb{S}^n) = 0$  for  $i = 0, \dots, n - 1$ , taking  $k = [p] - 1$  in Corollary 1.7, on account of Theorem 1.2 we immediately obtain:

**Corollary 1.8** *If  $n + 1 > p > 1$ , smooth maps in  $C^\infty(\mathbb{S}^n, \mathcal{Y})$  are sequentially dense in  $W^{1/p}(\mathcal{X}, \mathcal{Y})$ , i.e.,  $H_S^{1/p}(\mathbb{S}^n, \mathcal{Y}) = W^{1/p}(\mathbb{S}^n, \mathcal{Y})$ , if and only if  $\pi_{[p]-1}(\mathcal{Y}) = 0$ .*

Finally, we remark that the case of domain manifolds  $\mathcal{X}$  with non zero smooth boundary can be treated in a similar way, giving analogous density results, possibly with prescribed Dirichlet conditions, compare [12] for the case of Sobolev mappings between manifolds.

## 2 Density results for $W^{1/p}$ -maps

In this section we shall prove the theorems 1.1 and 1.2. We shall essentially use arguments given in [7] for the case  $p = 2$ . However, we prefer to give a complete proof.

Since the approximation argument is *local*, by using of a standard approach based on local coordinate charts, we deduce that it suffices to prove Theorem 1.1 in the case of maps defined in the unit  $n$ -ball  $B^n$ . Moreover, since  $B^n$  is bilipschitz homeomorphic to the unit open  $n$ -cube

$$\mathcal{Q}^n := ]0, 1[^n,$$

it suffices to prove Theorem 1.1 in the case of maps defined in  $\mathcal{Q}^n$ . Therefore, in the sequel of this section we will denote

$$z = (x, t) = (x_1, \dots, x_n, t) \in \mathbb{R}^n \times \mathbb{R}$$

a point in the cylinder  $\mathcal{Q}^n \times I$ , where  $I = ]-1, 1[$ . If  $U \in W^{1,p}(\mathcal{Q}^n \times I, \mathbb{R}^N)$  and  $A$  is a "smooth"  $\mathcal{H}^k$ -measurable  $k$ -dimensional subset of  $\mathcal{Q}^n \times I$ , we denote

$$\mathcal{E}_p(U, A) := \frac{1}{p^{p/2}} \int_A |DU|_A|^p d\mathcal{H}^k, \quad \mathcal{E}_p(U) := \mathcal{E}_p(U, \mathcal{Q}^n \times I),$$

the  $k$ -dimensional  $p$ -energy integral of the restriction  $U|_A$  of  $U$  to  $A$ . As in the introduction, we will write  $\mathbf{T}(U) = u$  if  $u \in W^{1/p}(\mathcal{Q}^n, \mathbb{R}^N)$  is the *trace* of  $U$  on  $\mathcal{Q}^n \times \{0\}$ . If  $v = (v_1, \dots, v_k) \in \mathbb{R}^k$ , we set

$$\|v\|_k := \max_{1 \leq i \leq k} |v_i|.$$

Also, for  $i = 1, \dots, n+1$  and  $\lambda \in \mathbb{R}$ , we denote by  $P(\lambda, i)$  the restriction to  $\mathcal{Q}^n \times I$  of the hyperplane of  $\mathbb{R}^{n+1} = \mathbb{R}^n \times \mathbb{R}$  containing the point  $\lambda e_i$  and orthogonal to  $e_i$ , where  $\{e_1, \dots, e_{n+1}\}$  is the canonical basis of  $\mathbb{R}^{n+1}$ , i.e.,

$$P(\lambda, i) := \{z \in \mathcal{Q}^n \times I \mid (z - \lambda e_i \mid e_i)_{\mathbb{R}^{n+1}} = 0\}.$$

For  $m \in \mathbb{N}^+$  and  $a = (a_1, \dots, a_n) \in [1/(4m), 3/(4m)]^n$  we denote by  $\mathcal{L}_m$  the grid of  $\mathbb{R}^n \times \mathbb{R}$

$$\mathcal{L}_m := \bigcup_{i=1}^n \bigcup_{j=0}^{m-1} P(a_i + j/m, i) \quad (2.1)$$

and by  $C_m^{(k)}$  the  $k$ -skeleton of the grid of  $\mathcal{Q}^n$  given by the intersection of  $\mathcal{L}_m$  with the  $n$ -space  $\mathbb{R}^n \times \{0\}$ . Moreover, we denote

$$\begin{aligned} \mathcal{Q}_m^n &:= a + [0, (m-1)/m]^n \\ \Sigma_m^{(k)} &:= C_m^{(k)} \cap \mathcal{Q}_m^n, \quad k = 0, \dots, n \end{aligned} \quad (2.2)$$

the closed  $n$ -cube of side  $(m-1)/m$  inside  $\mathcal{Q}^n$  and the part of the  $k$ -skeleton  $C_m^{(k)}$  that is contained in  $\mathcal{Q}_m^n$ .

**Remark 2.1** For future use, we set

$$\mathcal{Y}_\varepsilon := \overline{U_\varepsilon(\mathcal{Y})},$$

where  $U_\varepsilon(A) := \{y \in \mathbb{R}^N \mid \text{dist}(y, A) < \varepsilon\}$  is the  $\varepsilon$ -neighborhood of  $A \subset \mathbb{R}^N$ , and we observe that, since  $\mathcal{Y}$  is smooth and compact, there exists  $\varepsilon_0 > 0$  such that for  $0 < \varepsilon < \varepsilon_0$  the nearest point projection  $\Pi_\varepsilon$  of  $\mathcal{Y}_\varepsilon$  onto  $\mathcal{Y}$  is a well defined Lipschitz map with Lipschitz constant  $\text{Lip}(\Pi_\varepsilon) \leq (1 + c\varepsilon) \rightarrow 1^+$  as  $\varepsilon \rightarrow 0^+$ . Notice that for  $0 < \varepsilon \leq \varepsilon_0$ , the  $\varepsilon$ -neighborhood  $\mathcal{Y}_\varepsilon$  is equivalent to  $\mathcal{Y}$  in the sense of the algebraic topology.

Let  $u \in W^{1/p}(\mathcal{Q}^n, \mathcal{Y})$  and  $U : \mathcal{Q}^n \times I \rightarrow \mathbb{R}^N$  be the extension  $\text{Ext}(u)$  of  $u$ , so that  $U \in W^{1,p}(\mathcal{Q}^n \times I, \mathbb{R}^N)$  and  $\mathbf{T}(U) = u$ . Notice that  $U$  is continuous outside  $\mathcal{Q}^n \times \{0\}$ . Moreover, we denote

$$U^{(m)} := U|_{C_m^{(d-1)} \times I} \quad (2.3)$$

the restriction of  $U$  to the  $d$ -skeleton  $C_m^{(d-1)} \times I$ , where  $d = [p]$ .

In order to prove Theorem 1.1, we first make use of the argument of [3, 2.1], that goes back to [15], and show that if the restriction  $U^{(m)}$  belongs to  $W^{1,p}(C_m^{(d-1)} \times I, \mathbb{R}^N)$ , then it can be approximated by continuous maps  $U_h^{(m)}$  such that their traces take values in the neighborhood  $\mathcal{Y}_{\varepsilon_0}$  of  $\mathcal{Y}$ , Proposition 2.2. Secondly, we will suitably modify the extension  $U$  in such a way that it agrees with  $U_h^{(m)}$  on the  $d$ -skeleton  $C_m^{(d-1)} \times I$ , Proposition 2.4.

**Proposition 2.2** *Let  $n+1 > p \geq 2$  and  $d = [p]$ . Assume that  $U^{(m)} \in W^{1,p}(C_m^{(d-1)} \times I, \mathbb{R}^N)$ . There exists a sequence of continuous maps  $\{U_h^{(m)}\}_h$  in  $W^{1,p}(\Sigma_m^{(d-1)} \times I, \mathbb{R}^N)$  such that  $U_h^{(m)} \rightarrow U^{(m)}$  strongly in  $W^{1,p}(\Sigma_m^{(d-1)} \times I, \mathbb{R}^N)$  and the traces  $\mathbf{T}(U_h^{(m)}) \in W^{1/p}(\Sigma_m^{(d-1)}, \mathcal{Y}_{\varepsilon_0})$  for every  $h$ .*

**Remark 2.3** If  $1 < p < 2$ , since  $d = [p] = 1$ , Proposition 2.2 holds true by taking  $U_h^{(m)} = U^{(m)}$ , see (2.3).

**PROOF OF PROPOSITION 2.2:** If  $z = (x, t) \in \Sigma_m^{(d-1)} \times I$  and  $0 < h < 1/(4m)$  we denote by

$$C(z, h) := \overline{B}^n(x, h/2) \times [t - h/2, t + h/2]$$

the cylinder centered at  $z$  over the ball of diameter  $h$  and height  $h$ , and by

$$\Sigma(z, h) := C(z, h) \cap (C_m^{(d-1)} \times I)$$

the intersection of the cylinder with the  $d$ -skeleton  $C_m^{(d-1)} \times I$ . Setting then, for  $z \in \Sigma_m^{(d-1)} \times I$ ,

$$U_h^{(m)}(z) := \int_{\Sigma(z,h)} U^{(m)}(y) d\mathcal{H}^d(y) := \frac{1}{\mathcal{H}^d(\Sigma(z,h))} \int_{\Sigma(z,h)} U^{(m)}(y) d\mathcal{H}^d(y),$$

it is not difficult to show that  $U_h^{(m)} \in W^{1,p}(\Sigma_m^{(d-1)} \times I, \mathbb{R}^N)$  is continuous and that  $U_h^{(m)} \rightarrow U^{(m)}$  strongly in  $W^{1,p}$  as  $h \rightarrow 0^+$ .

It remains to show that if  $u_h^{(m)} := \mathbf{T}(U_h^{(m)})$ , possibly passing to a subsequence  $u_h^{(m)}(\Sigma_m^{(d-1)}) \subset \mathcal{Y}_{\varepsilon_0}$  for every  $h$ . To this aim, for  $\varepsilon > 0$  to be determined later, choose  $h_\varepsilon > 0$  small so that for any  $0 < h \leq h_\varepsilon$

$$\int_{\Sigma(z,h)} |DU^{(m)}(y)|^p d\mathcal{H}^d(y) \leq \varepsilon \quad \forall z \in \Sigma_m^{(d-1)} \times I. \quad (2.4)$$

For fixed  $P_0 \in \Sigma_m^{(d-1)} \times \{0\}$ , we observe that the connected set  $\Sigma(P_0, h)$  always contains a  $d$ -cube  $R_1$  of side  $h$ . More precisely, assume for example  $P_0 = (x_0^1, \dots, x_0^n, 0)$ , where  $x_0^l \in a_l + [0, (m-1)/m]$ , for  $l = 1, \dots, d-1$ , and  $x_0^i = a_i + j_i/m$ , for  $i = d, \dots, n$ . Then we have

$$\Sigma(P_0, h) = R_1 \cup \bigcup_{i=2}^K R_i, \quad K = \binom{n}{d-1},$$

where  $R_1$  is the  $d$ -cube

$$R_1 := \left( \prod_{l=1}^{d-1} [x_0^l - h/2, x_0^l + h/2] \right) \times \{(x_0^d, \dots, x_0^n)\} \times [-h/2, h/2]$$

and  $R_i := \tilde{R}_i \times [-h/2, h/2]$  for  $i = 2, \dots, K$ , where  $\tilde{R}_i$  is a possibly degenerate  $(d-1)$ -parallelepiped of diameter lower than  $\sqrt{d-1}h$ , and edges parallel to the coordinate axes. In particular, we have

$$h^d \leq \mathcal{H}^d(\Sigma(P_0, h)) \leq ch^d$$

for some dimensional constant  $c > 0$ , not depending on  $P_0$ .

Slicing the  $d$ -cube  $R_1$  with hyperplanes orthogonal to the direction  $e_1$ , and setting  $c_p := 2p^{-p/2}$ , for every  $h \leq h_\varepsilon$  we find  $h_1 \in [x_0^1 - h/2, x_0^1 + h/2]$  such that

$$\begin{aligned} \mathcal{E}_p(U^{(m)}, R_1 \cap P(h_1, 1)) &\leq \frac{2}{h} \mathcal{E}_p(U^{(m)}, R_1) \\ &\leq \frac{c_p}{h} \int_{\Sigma(P_0, h)} |DU^{(m)}(y)|^p d\mathcal{H}^d \leq c_p \frac{\varepsilon}{h}. \end{aligned}$$

We now choose  $z_0 \in R_1 \cap P(h_1, 1) \cap (\Sigma_m^{(d-1)} \times \{0\})$  and set  $y_h^{(m)} := U^{(m)}(z_0)$  in such a way that  $y_h^{(m)} \in \mathcal{Y}$ . Applying the Sobolev embedding theorem, since  $R_1 \cap P(h_1, 1)$  is a  $(d-1)$ -cube of side  $h$ , and  $d = [p]$ , it follows that

$$\max_{z \in R_1 \cap P(h_1, 1)} |U^{(m)}(z) - y_h^{(m)}| \leq ch^{1-d/p} \varepsilon^{1/p} \leq c\varepsilon^{1/p}. \quad (2.5)$$

Moreover, we note that

$$|U_h^{(m)}(P_0) - y_h^{(m)}| \leq \int_{\Sigma(P_0, h)} |U^{(m)}(y) - y_h^{(m)}| d\mathcal{H}^d(y). \quad (2.6)$$

Let  $\eta$  be a positive number to be determined later. We slice the  $d$ -dimensional set  $\Sigma(P_0, h)$  with hyperplanes orthogonal to the "vertical" direction  $e_{n+1}$ , and denote

$$\Omega_{h'} := \Sigma(P_0, h) \cap P(h', n+1), \quad h' \in [-h/2, h/2].$$

Setting

$$A_h := \{h' \in [-h/2, h/2] : p^{p/2} \mathcal{E}_p(U^{(m)}, \Omega_{h'}) \leq \varepsilon \eta / h\}$$

and  $B_h := [-h/2, h/2] \setminus A_h$ , by (2.4) we have  $\mathcal{L}^1(B_h) \leq h/\eta$ . Moreover, for every  $h'$  the set  $\Omega_{h'}$  is given by the connected union of  $K = \binom{n}{d-1}$  parallelepipeds of dimension not greater than  $d-1$  and diameter lower than  $\sqrt{d-1}h$ . Since  $h^{1-d/p} \leq 1$ , by the Sobolev theorem we obtain that for every  $h' \in A_h$

$$\max_{z, y \in \Omega_{h'}} |U^{(m)}(z) - U^{(m)}(y)| \leq c\eta^{1/p} \varepsilon^{1/p}.$$

Note that  $\Omega_{h'}$  intersects  $R_1 \cap P(h_1, 1)$  for every  $h'$ . Therefore, combining with (2.5) we obtain

$$\max_{y \in \Omega_{h'}} |U^{(m)}(y) - y_h^{(m)}| \leq c(\eta^{1/p} + 1) \varepsilon^{1/p} \quad \forall h' \in A_h. \quad (2.7)$$

By Fubini theorem we write

$$\begin{aligned} \int_{\Sigma(P_0, h)} |U^{(m)}(y) - y_h^{(m)}| d\mathcal{H}^d(y) &= \int_{B_h} \int_{\Omega_{h'}} |U^{(m)}(y) - y_h^{(m)}| d\mathcal{H}^{d-1} dh' \\ &+ \int_{A_h} \int_{\Omega_{h'}} |U^{(m)}(y) - y_h^{(m)}| d\mathcal{H}^{d-1} dh'. \end{aligned}$$

Since  $\|U^{(m)}\|_\infty \leq K_\infty < \infty$  by the compactness of  $\mathcal{Y}$ , whereas  $\mathcal{L}^1(B_h) \leq h/\eta$  and  $h^d \leq \mathcal{H}^d(\Sigma(P_0, h)) \leq ch^d$ , using (2.6) and (2.7) we get

$$|U_h^{(m)}(P_0) - y_h^{(m)}| \leq c_1 \frac{K_\infty}{\eta} + c_2 (\eta^{1/p} + 1) \varepsilon^{1/p}. \quad (2.8)$$

Finally, taking first  $\eta$  large so that  $c_1 K_\infty/\eta < \varepsilon_0/2$ , and then  $\varepsilon$  small so that  $c_2 (\eta^{1/p} + 1) \varepsilon^{1/p} < \varepsilon_0/2$ , by the arbitrariness of  $P_0$  in  $\Sigma_m^{(d-1)} \times \{0\}$  we conclude that

$$\text{dist}(u_h^{(m)}(x), \mathcal{Y}) < \varepsilon_0 \quad \forall x \in \Sigma_m^{(d-1)}$$

for every  $h \leq h_\varepsilon$ , which clearly yields the assertion.  $\square$

**Proposition 2.4** *Let  $n+1 > p > 1$  and  $d = [p]$ . Assume that  $U^{(m)} \in W^{1,p}(C_m^{(d-1)} \times I, \mathbb{R}^N)$ . Then there exists a sequence of maps  $\{V_h^{(m)}\}_h$  in  $W^{1,p}(\mathcal{Q}_m^n \times I, \mathbb{R}^N)$ , continuous out of  $\mathcal{Q}_m^n \times \{0\}$ , such that  $V_h^{(m)} \rightarrow U|_{\mathcal{Q}_m^n \times I}$  strongly in  $W^{1,p}(\mathcal{Q}_m^n \times I, \mathbb{R}^N)$ , with  $V_h^{(m)}|_{\Sigma_m^{(d-1)} \times I} = U_h^{(m)}$ , see Proposition 2.2. In particular we have*

$$\mathbf{T}(V_h^{(m)})|_{\Sigma_m^{(d-1)}} \in W^{1/p}(\Sigma_m^{(d-1)}, \mathcal{Y}_{\varepsilon_0}) \quad \forall h.$$

PROOF: We first consider the case  $n = d = [p]$ .

The case  $n = d = [p]$ . Let  $\mathcal{C}_m$  denote the family of all  $n$ -cubes  $Q$  of side  $1/m$  with boundary contained in the  $(n-1)$ -grid  $\Sigma_m^{(n-1)}$ , i.e.  $\partial Q \subset \Sigma_m^{(n-1)}$ , so that

$$\cup \mathcal{C}_m = \mathcal{Q}_m^n.$$

Let  $0 < \varepsilon < 1/2$  to be fixed later. If  $Q \in \mathcal{C}_m$ , we define  $V_h^{(Q)} : Q \times I \rightarrow \mathbb{R}^N$  by setting for every  $(x, t) \in Q \times I$

$$V_h^{(Q)} := \begin{cases} U\left(q + \frac{x-q}{1-\varepsilon}, t\right) & \text{if } \rho \leq \frac{1-\varepsilon}{2m} \\ S(\rho) U_h^{(m)}(y, t) + (1-S(\rho)) U(y, t) & \text{if } \frac{1-\varepsilon}{2m} \leq \rho \leq \frac{1}{2m}. \end{cases} \quad (2.9)$$

Here  $\rho = \rho(x) := \|x - q\|_n$ , where  $q$  is the center of  $Q$ , so that  $\rho(x) = 1/(2m)$  if  $x \in \partial Q$ ; moreover

$$y = y(x) := q + \frac{1}{2m} \frac{x-q}{\rho(x)}$$

and finally

$$S(\rho) := \frac{2m}{\varepsilon} \rho + \frac{\varepsilon - 1}{\varepsilon}, \quad (2.10)$$

so that  $S(1/(2m)) = 1$  and  $S((1-\varepsilon)/(2m)) = 0$ . Trivially  $V_h^{(Q)}$  is a function in  $W^{1,p}(Q \times I, \mathbb{R}^N)$ , continuous out of  $Q \times \{0\}$ . Moreover, it is readily checked that

$$\int_{\{\rho(x) \leq (1-\varepsilon)/(2m)\} \times I} |DV_h^{(Q)}|^p dx dt \leq (1-\varepsilon)^{n-p} p^{p/2} \mathcal{E}_p(U, Q \times I)$$

and

$$\begin{aligned} \int_{\{(1-\varepsilon)/(2m) \leq \rho(x) \leq 1/(2m)\} \times I} |DV_h^{(Q)}|^p dx dt &\leq c(m, p) \frac{1}{\varepsilon} \int_{\partial Q \times I} |U - U_h^{(m)}|^p d\mathcal{H}^n \\ &+ c(m, p) \varepsilon \int_{\partial Q \times I} (|D_\tau U|^p + |D_\tau U_h^{(m)}|^p) d\mathcal{H}^n, \end{aligned}$$

where  $\tau$  is an orthonormal frame to  $\Sigma_m^{(n-1)} \times I$  and  $c(m, p) > 0$  only depends on  $m$  and  $p$ . Define now  $V_h^{(m)} : \mathcal{Q}_m^n \times I \rightarrow \mathbb{R}^N$  by  $V_h^{(m)}(x, t) := V_h^{(Q)}(x, t)$  if  $x \in Q$  for some  $Q \in \mathcal{C}_m$ . Then  $\{V_h^{(m)}\}_h$  is a sequence in  $W^{1,p}(\mathcal{Q}_m^n \times I, \mathbb{R}^N)$ , continuous out of  $\mathcal{Q}_m^n \times \{0\}$ , such that

$$\begin{aligned} \mathcal{E}_p(V_h^{(m)}, \mathcal{Q}_m^n \times I) &\leq (1-\varepsilon)^{n-p} \mathcal{E}_p(U, \mathcal{Q}_m^n \times I) \\ &+ c_1(m, p) \frac{1}{\varepsilon} \int_{\Sigma_m^{(n-1)} \times I} |U^{(m)} - U_h^{(m)}|^p d\mathcal{H}^n \\ &+ c_2(m, p) \varepsilon \int_{\Sigma_m^{(n-1)} \times I} (|D_\tau U^{(m)}|^p + |D_\tau U_h^{(m)}|^p) d\mathcal{H}^n, \end{aligned}$$

see (2.3). Moreover, since  $U_h^{(m)} \rightarrow U^{(m)}$  strongly in  $W^{1,p}(\Sigma_m^{(n-1)} \times I, \mathbb{R}^N)$ , see Proposition 2.2, there exists  $\bar{h} \in \mathbb{N}$  such that for every  $h \geq \bar{h}$

$$\int_{\Sigma_m^{(n-1)} \times I} |D_\tau U_h^{(m)}|^p d\mathcal{H}^n \leq 2 \int_{\Sigma_m^{(n-1)} \times I} |D_\tau U^{(m)}|^p d\mathcal{H}^n.$$

Now, for every  $j \in \mathbb{N}^+$  we first choose  $\varepsilon = \varepsilon_j \in (0, 1/2)$  small so that  $\varepsilon_j \searrow 0$ ,

$$(1 - \varepsilon_j)^{n-p} \mathcal{E}_p(U, \mathcal{Q}_m^n \times I) \leq \mathcal{E}_p(U, \mathcal{Q}_m^n \times I) + \frac{1}{j}$$

and

$$3c_2(m, p) \varepsilon_j \int_{\Sigma_m^{(n-1)} \times I} |D_\tau U^{(m)}|^p d\mathcal{H}^n \leq \frac{1}{j}.$$

Secondly, by the  $L^p$ -convergence of  $U_h^{(m)}$  to  $U^{(m)}$ , we take  $h = h_j \geq \bar{h}$  large so that  $h_{j+1} > h_j$  and

$$c_1(m, p) \frac{1}{\varepsilon_j} \int_{\Sigma_m^{(n-1)} \times I} |U^{(m)} - U_{h_j}^{(m)}|^p d\mathcal{H}^n \leq \frac{1}{j} \quad \forall j.$$

Finally, since by the previous estimates

$$\mathcal{E}_p(V_{h_j}^{(m)}, \mathcal{Q}_m^n \times I) \leq \mathcal{E}_p(U, \mathcal{Q}_m^n \times I) + \frac{3}{j},$$

we relabel  $\{V_j^{(m)}\}$  the subsequence  $\{V_{h_j}^{(m)}\}$ , where  $\varepsilon = \varepsilon_j$  in (2.9). Using again the strong convergence of  $U_h^{(m)}$  to  $U^{(m)}$  in  $W^{1,p}(\Sigma_m^{(n-1)} \times I, \mathbb{R}^N)$ , the Poincaré inequality yields the strong  $L^p$ -convergence of  $V_j^{(m)}$  to  $U$ , and hence the assertion, by uniform convexity.

The case  $n - 1 \geq d = [p]$ . We first set  $V_h^{(m)} = U_h^{(m)}$  on  $\Sigma_m^{(d-1)} \times I$ , according to Proposition 2.2. Arguing by induction on the dimension  $k = d, \dots, n$ , by the inductive hypothesis we have already defined  $V_h^{(m)} : \Sigma_m^{(k-1)} \times I \rightarrow \mathbb{R}^N$  in such a way that  $V_h^{(m)} \rightarrow U_{|\Sigma_m^{(k-1)} \times I}$  strongly in  $W^{1,p}(\Sigma_m^{(k-1)} \times I, \mathbb{R}^N)$ .

We now extend  $\{V_h^{(m)}\}$  to  $\Sigma_m^{(k)} \times I$  as follows. Let  $F$  be a  $k$ -face of side  $1/m$  of  $\Sigma_m^{(k)}$ , and hence with boundary contained in  $\Sigma_m^{(k-1)}$ . Without loss of generality, we suppose  $F$  oriented by  $e_1 \wedge \dots \wedge e_k$ , and we set

$$x = (\tilde{x}, \hat{x}) \in \mathbb{R}^k \times \mathbb{R}^{n-k}.$$

Similarly to (2.9), we define  $V_h^{(F)} : F \times I \rightarrow \mathbb{R}^N$  by setting for  $(x, t) \in F \times I$

$$V_h^{(F)} := \begin{cases} U\left(\tilde{q} + \frac{\tilde{x} - \tilde{q}}{1 - \varepsilon}, \hat{q}, t\right) & \text{if } \rho \leq \frac{1 - \varepsilon}{2m} \\ S(\rho) V_h^{(m)}(y, \hat{q}, t) + (1 - S(\rho)) U(y, \hat{q}, t) & \text{if } \frac{1 - \varepsilon}{2m} \leq \rho \leq \frac{1}{2m}. \end{cases}$$

Here  $\rho = \rho(\tilde{x}) := \|\tilde{x} - \tilde{q}\|_k$ , where  $(\tilde{q}, \hat{q}) \in \mathbb{R}^k \times \mathbb{R}^{n-k}$  is the center of  $F$ ; moreover

$$y = y(\tilde{x}) := \tilde{q} + \frac{1}{2m} \frac{\tilde{x} - \tilde{q}}{\rho(\tilde{x})}$$

and  $S(\rho)$  is given by (2.10).

We then extend  $V_h^{(m)} : \Sigma_m^{(k)} \times I \rightarrow \mathbb{R}^N$  by setting  $V_h^{(m)}(x, t) := V_h^{(F)}(x, t)$  if  $x \in F$  for some  $k$ -face  $F$  as above. Similarly to the case  $n = d = [p]$ , using that  $V_h^{(m)} \rightarrow U_{|\Sigma_m^{(k-1)} \times I}$  strongly in  $W^{1,p}(\Sigma_m^{(k-1)} \times I, \mathbb{R}^N)$ , and by suitably choosing  $\varepsilon = \varepsilon_j \searrow 0$ , we infer that  $\{V_h^{(m)}\}_h$  is a sequence in  $W^{1,p}(\Sigma_m^{(k)} \times I, \mathbb{R}^N)$ , continuous out of  $\Sigma_m^{(k)} \times \{0\}$ , such that, possibly passing to a subsequence,  $V_{h_j}^{(m)} \rightarrow U_{|\Sigma_m^{(k)} \times I}$  strongly in  $W^{1,p}(\Sigma_m^{(k)} \times I, \mathbb{R}^N)$ . The proof of Proposition 2.4 is complete.  $\square$

PROOF OF THEOREM 1.1: Let  $u \in W^{1/p}(\mathcal{Q}^n, \mathcal{Y})$  and  $U : \mathcal{Q}^n \times I \rightarrow \mathbb{R}^N$  be the extension  $\text{Ext}(u)$  of  $u$ , so that  $U \in W^{1,p}(\mathcal{Q}^n \times I, \mathbb{R}^N)$  and  $\mathbf{T}(U) = u$ . We proceed along the lines of [3, Lemma 5], and we first consider the case  $n = [p]$ .

The case  $n = d = [p]$ . Let  $m \in \mathbb{N}^+$ . Since for  $i = 1, \dots, n$  we have

$$\begin{aligned} \int_{1/(4m)}^{3/(4m)} \sum_{j=0}^{m-1} \mathcal{E}_p(U, P(t + j/m, i)) dt &\leq \sum_{j=0}^{m-1} \mathcal{E}_p(U, \{j/m \leq x_i \leq (j+1)/m\}) \\ &= \mathcal{E}_p(U, \mathcal{Q}^n \times I), \end{aligned}$$

we find a vector  $a = a(m) \in [1/(4m), 3/(4m)]^n$  such that

$$U_{|P(a_i + j/m, i)} \in W^{1,p}(P(a_i + j/m, i), \mathbb{R}^N)$$

for every  $i = 1, \dots, n$  and  $j = 0, \dots, m - 1$ , and

$$\mathcal{E}_p(U, C_m^{(n-1)} \times I) \leq cm \mathcal{E}_p(U, \mathcal{Q}_m^n \times I). \quad (2.11)$$

We now apply Propositions 2.2 and 2.4 with  $a = a(m)$ . Slicing the cylinder  $\mathcal{Q}_m^n \times I$  with hyperplanes  $P(t, n+1)$  orthogonal to the "vertical" direction  $e_{n+1}$ , since  $\{V_h^{(m)}\}$  converges to  $U_{|\mathcal{Q}_m^n \times I}$  strongly in  $W^{1,p}(\mathcal{Q}_m^n \times I, \mathbb{R}^N)$ , Proposition 2.4, we may and do choose  $a_{n+1} \in [1/(4m), 3/(4m)]$  so that

$$V_{h|P(a_{n+1} - j/m, n+1)}^{(m)} \in W^{1,p}(P(a_{n+1} - j/m, n+1), \mathbb{R}^N)$$

for every  $h$  and for  $j = 0, 1$ , with

$$\sum_{j=0,1} \mathcal{E}_p(V_h^{(m)}, P(a_{n+1} - j/m, n+1)) \leq cm \mathcal{E}_p(U, \mathcal{Q}_m^n \times I) \quad (2.12)$$



for every  $h$ . Let  $\mathcal{F}_m$  denote the family of  $(n+1)$ -cubes of  $\mathcal{Q}_m^n \times I$ , of side  $1/m$ , whose boundary lies in the  $n$ -skeleton

$$\mathcal{L}_m \cup \bigcup_{j=0,1} P(a_{n+1} - j/m, n+1),$$

compare (2.1), and let  $\{C_l\}_{l=1}^{(m-1)^n}$  be a list of the  $(n+1)$ -cubes in  $\mathcal{F}_m$ . Notice that each  $C_l$  intersects the  $n$ -cube  $\mathcal{Q}^n \times \{0\}$ .

Recall that  $V_h^{(m)}|_{\Sigma_m^{(n-1)} \times I} = U_h^{(m)}$ , where  $U_h^{(m)} \rightarrow U^{(m)}$  strongly in  $W^{1,p}(\Sigma_m^{(n-1)} \times I, \mathbb{R}^N)$ , see Propositions 2.2 and 2.4. Then, as in [3, Lemma 5], by refining the slicing arguments in (2.11) and (2.12) we in fact may and do choose  $(a_1, \dots, a_{n+1}) \in [1/(4m), 3/(4m)]^{n+1}$  in such a way that

$$\sum_{l=1}^{(m-1)^n} \mathcal{E}_p(V_h^{(m)}, \partial C_l) \leq cm \mathcal{E}_p(U, G_m) \quad \forall h \geq \bar{h}, \quad (2.13)$$

where

$$G_m := \mathcal{Q}^n \times ]-10m^{-1}, 10m^{-1}[.$$

For every  $l$  let  $f_l$  be a bilipschitz homeomorphism between  $C_l$  and  $[-1/(2m), 1/(2m)]^{n+1}$  such that

$$\begin{aligned} f_l(C_l \cap (\mathcal{Q}^n \times \{0\})) &= [-1/(2m), 1/(2m)]^n \times \{0\} \\ f_l(\partial C_l \cap (\mathcal{Q}^n \times \{0\})) &= \partial[-1/(2m), 1/(2m)]^n \times \{0\} \end{aligned}$$

and  $\|Df_l\|_\infty \leq K$ ,  $\|Df_l^{-1}\|_\infty \leq K$ . We then define  $W_h^{(m)}$  on  $C_l$  by

$$W_h^{(m)}(z) := V_h^{(m)} \left[ f_l^{-1} \left( \frac{f_l(z)}{2m \|f_l(z)\|_{n+1}} \right) \right], \quad (2.14)$$

so that

$$\mathcal{E}_p(W_h^{(m)}, C_l) \leq \frac{c}{m} \mathcal{E}_p(V_h^{(m)}, \partial C_l)$$

for every  $l$  and hence, by (2.13),

$$\mathcal{E}_p(W_h^{(m)}, \cup \mathcal{F}_m) \leq C \mathcal{E}_p(U, G_m). \quad (2.15)$$

Setting

$$W_h^{(m)}(z) = V_h^{(m)}(z) \quad \forall z \in (\mathcal{Q}_m^n \times I) \setminus \cup \mathcal{F}_m,$$

the function  $W_h^{(m)}$  is continuous on  $\mathcal{Q}_m^n \times I$  except at one singular point on each  $C_l$ , which lies on  $\mathcal{Q}_m^n \times \{0\}$ . Moreover,  $\{W_h^{(m)}\}$  is a sequence in  $W^{1,p}(\mathcal{Q}_m^n \times I, \mathbb{R}^N)$  such that for  $h$  large enough

$$\mathcal{E}_p(W_h^{(m)} - V_h^{(m)}, \mathcal{Q}_m^n \times I) \leq C \mathcal{E}_p(U, G_m)$$

and therefore, by Proposition 2.4,

$$\limsup_{h \rightarrow \infty} \mathcal{E}_p(W_h^{(m)}, \mathcal{Q}_m^n \times I) \leq \mathcal{E}_p(U, \mathcal{Q}_m^n \times I) + C \mathcal{E}_p(U, G_m).$$

**Remark 2.5** For every  $(n+1)$ -cube  $C_l$  in  $\mathcal{F}_m$  we have that  $W_h^{(m)}|_{\partial C_l} = V_h^{(m)}|_{\partial C_l}$ , where the traces  $\mathbf{T}(V_h^{(m)})|_{\Sigma_m^{(n-1)}}$  belong to  $W^{1/p}(\Sigma_m^{(n-1)}, \mathcal{Y}_{\varepsilon_0})$ , see Proposition 2.4. As a consequence, by the definition (2.14) we infer that the traces  $\mathbf{T}(W_h^{(m)})$  are functions in  $W^{1/p}(\mathcal{Q}_m^n, \mathcal{Y}_{\varepsilon_0})$  for every  $h$ .

Now, let  $\psi_m : \mathcal{Q}^n \rightarrow \mathcal{Q}_m^n$  be an affine bijective function such that  $\text{Lip } \psi_m = (m-1)/m$  and  $\psi_m \rightarrow \text{Id}_{\mathcal{Q}^n}$  uniformly as  $m \rightarrow \infty$ . Setting  $U_m(x, t) := W_{h_m}^{(m)}(\psi_m(x), t)$  for some increasing sequence  $h_m \nearrow \infty$ , since  $\text{meas}(G_m) \rightarrow 0$  as  $m \rightarrow \infty$  we easily infer that  $\{U_m\}_m$  is a sequence of maps in  $W^{1,p}(\mathcal{Q}^n \times I, \mathbb{R}^N)$ , continuous out of a finite number of points, such that  $U_m \rightarrow U$  strongly in  $W^{1,p}$ . Moreover by Remark 2.5 it follows that the traces  $\mathbf{T}(U_m) \in W^{1/p}(\mathcal{Q}^n, \mathcal{Y}_{\varepsilon_0})$  for every  $m$ . Therefore, taking  $u_m(x) := \Pi_{\varepsilon_0} \circ \mathbf{T}(U_m)(x)$ , compare Remark 2.1, clearly  $\{u_m\} \subset W^{1/p}(\mathcal{Q}^n, \mathcal{Y})$  is continuous out of a discrete set of points and  $u_m \rightarrow u$

in  $W^{1/p}$ . Finally, e.g. as in [2, Appendix], every function  $u_m$  can be approximated by maps in  $R_{1/p}^\infty(\mathcal{Q}^n, \mathcal{Y})$ .

*The case  $n-1 \geq d = [p]$ .* By applying iteratively the Fubini theorem, we first observe that for a.e.  $a = a(m)$  as above, the restriction of  $U$  to each  $k$ -face  $F$  of  $C_m^{(k)}$  belongs to  $W^{1,p}(F, \mathbb{R}^N)$ , for every  $k = d-1, \dots, n$ . We then may and do apply Propositions 2.2 and 2.4 with  $a = a(m)$ .

Let  $\mathcal{F}_m^{(k)}$  be the  $k$ -dimensional skeleton of  $\mathcal{F}_m$ , i.e. the union of the  $k$ -faces of the  $(n+1)$ -cubes  $C_l$  of  $\mathcal{F}_m$ . Since  $V_h^{(m)} \rightarrow U$  in  $W^{1,p}(\mathcal{Q}_m^n \times I, \mathbb{R}^N)$ , by using a more refined slicing argument as e.g. in [13, Sec. 4], we may and do choose  $(a_1, \dots, a_{n+1}) \in [1/(4m), 3/(4m)]^{n+1}$  so that for every  $h$  sufficiently large the following holds:

- (i) for every  $k = d, \dots, n$  the restriction of  $V_h^{(m)}$  to any  $k$ -face  $Q$  of  $\mathcal{F}_m^{(k)}$  is a function in  $W^{1,p}(Q, \mathbb{R}^N)$ ;
- (ii) there exists some absolute constant  $c > 0$ , not depending on  $h$ , such that for every  $k = d, \dots, n$

$$\mathcal{E}_p(V_h^{(m)}, \mathcal{F}_m^{(k)}) \leq c m^{n+1-k} \mathcal{E}_p(U, G_m). \quad (2.16)$$

First we let  $W_h^{(m)} \equiv V_h^{(m)}$  on  $\mathcal{F}_m^{(d)}$ . Arguing by induction on  $k = d, \dots, n$ , we now extend  $W_h^{(m)}$  to  $\mathcal{F}_m^{(k+1)}$ . To this aim, for every  $(k+1)$ -face  $Q$  in  $\mathcal{F}_m^{(k+1)}$  we distinguish two cases.

If  $Q$  is "horizontal", i.e. the direction  $e_{n+1}$  is not spanned by the vector space underlying  $Q$ , we let

$$W_h^{(m)} \equiv V_h^{(m)} \quad \text{on } Q. \quad (2.17)$$

If  $Q$  is not "horizontal", as in the case  $n = d = [p]$  we let  $f_Q$  be a bilipschitz homeomorphism between  $Q$  and  $[-1/(2m), 1/(2m)]^{k+1}$  such that

$$\begin{aligned} f_Q(Q \cap (\mathcal{Q}^n \times \{0\})) &= [-1/(2m), 1/(2m)]^k \times \{0\} \\ f_Q(\partial Q \cap (\mathcal{Q}^n \times \{0\})) &= \partial[-1/(2m), 1/(2m)]^k \times \{0\} \end{aligned}$$

and  $\|Df_Q\|_\infty \leq K$ ,  $\|Df_Q^{-1}\|_\infty \leq K$ . Since we have already defined  $W_h^{(m)}$  on  $\partial Q$ , we extend  $W_h^{(m)}$  to  $Q$  by setting

$$W_h^{(m)}(z) = W_h^{(m)} \left[ f_Q^{-1} \left( \frac{f_Q(z)}{2m \|f_Q(z)\|_{k+1}} \right) \right], \quad (2.18)$$

so that

$$\mathcal{E}_p(W_h^{(m)}, Q) \leq \frac{c}{m} \mathcal{E}_p(W_h^{(m)}, \partial Q). \quad (2.19)$$

Repeating the argument for  $k = d, \dots, n$ , we then easily estimate

$$\mathcal{E}_p(W_h^{(m)}, \cup \mathcal{F}_m) \leq C(n, p) \sum_{k=d}^n \frac{1}{m^{n+1-k}} \mathcal{E}_p(V_h^{(m)}, \mathcal{F}_m^{(k)}) \quad (2.20)$$

and hence, by (2.16), we obtain again (2.15). Setting then  $W_h^{(m)}(z) = V_h^{(m)}(z)$  for every  $z \in (\mathcal{Q}_m^n \times I) \setminus \cup \mathcal{F}_m$ , this way  $W_h^{(m)}$  is continuous on  $\mathcal{Q}_m^n \times I$  outside an  $(n-d)$ -dimensional singular set, which lies on  $\mathcal{Q}_m^n \times \{0\}$ , given by the union of a finite number (depending on  $n, d$ , and  $m$ ) of smooth subsets of affine  $(n-d)$ -planes parallel to the coordinate directions in  $\mathbb{R}^n \times \{0\}$ . Moreover, by the construction we infer that the traces  $\mathbf{T}(W_h^{(m)}) \in W^{1/p}(\mathcal{Q}_m^n, \mathcal{Y}_{\varepsilon_0})$  for every  $m$ . The rest of the proof follows as in the case  $n = d = [p]$ .  $\square$

**PROOF OF THEOREM 1.2:** We have to show that  $H_S^{1/p}(\mathcal{X}, \mathcal{Y}) = W^{1/p}(\mathcal{X}, \mathcal{Y})$  provided that  $\pi_{n-1}(\mathcal{Y}) = 0$ . On account of Theorem 1.1, it suffices to prove that  $R_{1/p}^\infty(\mathcal{X}, \mathcal{Y}) \subset H_S^{1/p}(\mathcal{X}, \mathcal{Y})$ . Moreover, since the argument is local, without loss of generality we assume that  $\mathcal{X} = \mathcal{Q}^n$  and  $u \in R_{1/p}^\infty(\mathcal{Q}^n, \mathcal{Y})$  is smooth outside the origin. For  $0 < r < 1$  we denote

$$Q_r := [-r, r]^{n+1}, \quad F_r := Q_r \cap (\mathbb{R}^n \times \{0\}).$$

Let  $U = \text{Ext}(u) \in W^{1,p}(\mathcal{Q}^n \times I, \mathbb{R}^N)$  be the extension of  $u$ . For every fixed  $\varepsilon > 0$  let  $0 < R = R(\varepsilon) \ll 1$  be such that  $\mathcal{E}_p(U, Q_R) \leq \varepsilon$ . Since

$$\mathcal{E}_p(U, Q_R \setminus Q_{R/2}) = \frac{1}{p^{p/2}} \int_{R/2}^R dr \int_{\partial Q_r} |DU|^p d\mathcal{H}^n,$$

there exists  $r = r(\varepsilon) \in [R/2, R]$  such that

$$\mathcal{E}_p(U, \partial Q_r) := \frac{1}{p^{p/2}} \int_{\partial Q_r} |DU|^p d\mathcal{H}^n \leq \frac{2}{R} \mathcal{E}_p(U, Q_R \setminus Q_{R/2}) \leq \frac{2\varepsilon}{R}. \quad (2.21)$$

Since  $u|_{\partial F_r} : \partial F_r \rightarrow \mathcal{Y}$  is a smooth map in  $W^{1/p}(\partial F_r, \mathcal{Y})$  and  $\pi_{n-1}(\mathcal{Y}) = 0$ , there exists a smooth extension  $u_r : F_r \rightarrow \mathcal{Y}$  of  $u$  with finite  $W^{1,p}$ -norm.

Let now  $Q_r^\pm := \{z = (x, t) \in Q_r \mid \pm t \geq 0\}$  be the upper and lower half  $(n+1)$ -cubes of  $Q_r$ . Moreover, let  $V_r^\pm : Q_r^\pm \rightarrow \mathbb{R}^N$  be a function that minimizes the  $p$ -energy on  $Q_r^\pm$  among all maps in  $W^{1,p}(Q_r^\pm, \mathbb{R}^N)$  satisfying the boundary condition

$$\begin{cases} V_r^\pm = U & \text{on } \partial Q_r^\pm \cap \{(x, t) \mid \pm t > 0\} \\ V_r^\pm = u_r & \text{on } F_r \end{cases}$$

and let  $V_r : Q_r \rightarrow \mathbb{R}^N$  be given by  $V_r(z) = V_r^\pm(z)$  if  $z \in Q_r^\pm$ . Define then  $W_r : \mathcal{Q}^n \times I \rightarrow \mathbb{R}^N$  by

$$W_r(z) := \begin{cases} V_r\left(\frac{r}{\delta}z\right) & \text{if } \|z\|_{n+1} \leq \delta \\ U\left(\frac{rz}{\|z\|_{n+1}}\right) & \text{if } \delta \leq \|z\|_{n+1} \leq r \\ U(z) & \text{if } \|z\|_{n+1} \geq r \end{cases}$$

for a suitable  $0 < \delta < r$ . Since  $V_r^\pm$  is continuous,  $W_r \in W^{1,p}(\mathcal{Q}^n \times I, \mathbb{R}^N)$  is continuous and with trace  $\mathbf{T}(W_r) \in W^{1/p}(\mathcal{Q}^n, \mathcal{Y})$ . We easily estimate

$$\mathcal{E}_p(W_r, \mathcal{Q}^n \times I) \leq \mathcal{E}_p(U, \mathcal{Q}^n \times I) + cr \mathcal{E}_p(U, \partial Q_r) + \left(\frac{\delta}{r}\right)^{n+1-p} \mathcal{E}_p(V_r, Q_r)$$

for some absolute constant  $c > 0$ , depending on  $n$  and  $p$ , so that by (2.21), and since  $r < R$ ,

$$\begin{aligned} \mathcal{E}_p(W_r, \mathcal{Q}^n \times I) &\leq \mathcal{E}_p(U, \mathcal{Q}^n \times I) + 2c\varepsilon + \left(\frac{\delta}{r}\right)^{n+1-p} \mathcal{E}_p(V_r, Q_r) \\ &\leq \mathcal{E}_p(U, \mathcal{Q}^n \times I) + (2c+1)\varepsilon, \end{aligned}$$

taking  $\delta = \delta(r, \varepsilon)$  sufficiently small. Letting  $\varepsilon \rightarrow 0$  we infer that  $W_{r(\varepsilon)} \rightarrow U$  in  $W^{1,p}(\mathcal{Q}^n \times I, \mathbb{R}^N)$  and hence that  $\mathbf{T}(W_{r(\varepsilon)}) \rightarrow u$  in  $W^{1/p}(\mathcal{Q}^n, \mathcal{Y})$ . Since the trace  $\mathbf{T}(W_r) \in W^{1/p}(\mathcal{Q}^n, \mathcal{Y})$  is continuous, then in a standard way it can be approximated by smooth maps, as required.  $\square$

### 3 Homotopy type of $W^{1/p}$ -maps

In this section we let  $n+1 > p \geq 2$  and  $d = [p]$ . We shall prove the following

**Proposition 3.1** *Let  $u \in W^{1/p}(\mathcal{X}, \mathcal{Y})$  and  $X$  be a finite cubeulation of  $\mathcal{X}$  in generic position with respect to  $u$ . For any smooth sequence  $\{u_i\} \subset W^{1/p}(X^{d-1}, \mathcal{Y}) \cap C^\infty$  strongly converging to  $u|_{X^{d-1}}$  in  $W^{1/p}$ , we find  $k_0 \in \mathbb{N}^+$  such that for every  $i, j \geq k_0$  the maps  $u_i$  and  $u_j$  are homotopic as maps from  $X^{d-1}$  to  $\mathcal{Y}$ .*

By the argument of Proposition 3.1 we shall then obtain Proposition 1.3.

**PROOF OF PROPOSITION 3.1:** Following the notation from Sec. 2, we shall give the proof in the case  $\mathcal{X} = \mathcal{Q}^n$  and  $X^k := \Sigma_m^{(k)}$ , see (2.2), making use of the argument from [3, Lemma 1], that goes back to [16].

The case of general  $X$  is obtained by means of an easy adaptation of the argument below. In fact, the manifold  $\mathcal{X}$  being smooth and compact, for any given finite cubeulation  $X$ , taking local coordinate charts, we find a bilipschitz homeomorphism  $\psi$ , with Lipschitz constants  $\text{Lip } \psi$  and  $\text{Lip } \psi^{-1}$  bounded by a constant not depending on the local chart, and a number  $m \in \mathbb{N}^+$ , such that in each coordinate chart  $\psi(X^k) = \Sigma_m^{(k)}$  for every dimension  $k$ .

We now let  $\mathcal{X} = \mathcal{Q}^n$  and  $X^k := \Sigma_m^{(k)}$ . Let  $U_i \in W^{1,p}(\Sigma_m^{(d-1)} \times I, \mathbb{R}^N)$  be such that  $\mathbf{T}(U_i) = u_i$  and  $U_i$  minimizes the  $p$ -energy among all maps  $V \in W^{1,p}(\Sigma_m^{(d-1)} \times I, \mathbb{R}^N)$  such that  $\mathbf{T}(V) = u_i$ . Let  $\sigma_0 > 0$  to be chosen. By the strong convergence of  $u_i$  to  $u$ , we can find  $k_0 \in \mathbb{N}$  such that

$$\|U_i - U_j\|_{W^{1,p}(\Sigma_m^{(d-1)} \times I)} < \sigma_0 \quad \forall i, j \geq k_0. \quad (3.1)$$

If  $z = (x, t) \in \Sigma_m^{(d-1)} \times I$  and  $0 < h < 1/(4m)$ , we let

$$U_i(h, z) := \int_{\Sigma(z, h)} U_i(y) d\mathcal{H}^d(y) := \frac{1}{\mathcal{H}^d(\Sigma(z, h))} \int_{\Sigma(z, h)} U_i(y) d\mathcal{H}^d(y),$$

where the  $d$ -dimensional set  $\Sigma(z, h)$  is defined as in the proof of Proposition 2.2 from Sec. 2. Moreover, let  $u_i(h, \cdot) := \mathbf{T}(U_i(h, \cdot)) \in W^{1/p}(\Sigma_m^{(d-1)}, \mathbb{R}^N)$ . For every  $i$ , we infer that  $U_i(h, z)$  is continuous, whereas  $U_i(h, \cdot)$  tends to  $U_i$  and  $u_i(h, \cdot)$  tends to  $u_i$  uniformly as  $h \rightarrow 0$ . Let  $\varepsilon_1 > 0$  to be chosen. By the strong convergence of  $u_i$  to  $u$ , we also may and do fix a positive number  $h_0 < 1/(4m)$  such that for every  $z \in \Sigma_m^{(d-1)} \times I$ , and for any  $0 < h \leq h_0$ , we have

$$\mathcal{E}_p(U_i, \Sigma(z, h)) \leq \varepsilon_1 \quad \forall i. \quad (3.2)$$

If  $\xi := (x, 0) \in \Sigma_m^{(d-1)} \times \{0\}$ , for  $i \neq j$  we estimate

$$\begin{aligned} |u_i(h_0, x) - u_j(h_0, x)| &= |U_i(h_0, \xi) - U_j(h_0, \xi)| \\ &= \left( \int_{\Sigma(\xi, h_0)} |U_i(h_0, \xi) - U_j(h_0, \xi)|^p d\mathcal{H}^d(y) \right)^{1/p} \\ &\leq \left( \int_{\Sigma(\xi, h_0)} |U_i(h_0, \xi) - U_i(y)|^p d\mathcal{H}^d(y) \right)^{1/p} \\ &\quad + \left( \int_{\Sigma(\xi, h_0)} |U_j(h_0, \xi) - U_j(y)|^p d\mathcal{H}^d(y) \right)^{1/p} \\ &\quad + \left( \int_{\Sigma(\xi, h_0)} |U_i(y) - U_j(y)|^p d\mathcal{H}^d(y) \right)^{1/p} \\ &=: I_1 + I_2 + I_3. \end{aligned}$$

Using (3.2) and the Poincaré inequality, we have

$$I_1 + I_2 \leq c h_0^{(p-d)/p} \varepsilon_1^{1/p},$$

whereas by (3.1), using that  $\mathcal{H}^d(\Sigma(\xi, h_0)) \geq h_0^d$ , we infer that if  $i, j \geq k_0$

$$I_3 \leq h_0^{-d/p} \|U_i - U_j\|_{W^{1,p}(\Sigma_m^{(d-1)} \times I)} \leq C h_0^{-d/p} \sigma_0.$$

Since  $d \leq p$  and  $h_0 < 1$ , we then obtain for every  $x \in \Sigma_m^{(d-1)}$ , and for  $i, j \geq k_0$ ,

$$|u_i(h_0, x) - u_j(h_0, x)| \leq c_3 \varepsilon_1^{1/p} + c_4 h_0^{-d/p} \sigma_0. \quad (3.3)$$

Let now  $\varepsilon_0 > 0$  be given by Remark 2.1. As in the proof of Proposition 2.2, see (2.8), using that  $d = [p]$ , taking first  $\eta$  large so that  $c_1 K_\infty / \eta < \varepsilon_0/2$ , we infer that if  $\varepsilon_1$  satisfies

$$c_2 (\eta^{1/p} + 1) \varepsilon_1^{1/p} < \varepsilon_0/2, \quad (3.4)$$

by (3.2) we obtain that for  $0 < h \leq h_0$  and for every  $i$

$$\text{dist}(u_i(h, x), \mathcal{Y}) < \varepsilon_0 \quad \forall x \in \Sigma_m^{(d-1)}. \quad (3.5)$$

We then fix  $\varepsilon_1$  so that both (3.4) and  $c_3 \varepsilon_1^{1/p} \leq \varepsilon_0/2$  hold true, and determine  $h_0$  by condition (3.2). We then choose  $\sigma_0 > 0$  small in such a way that  $c_4 h_0^{-d/p} \sigma_0 \leq \varepsilon_0/2$ , and select  $k_0$ . By (3.3) we obtain

$$|u_i(h_0, x) - u_j(h_0, x)| < \varepsilon_0 \quad \forall x \in \Sigma_m^{(d-1)}, \quad \forall i, j \geq k_0. \quad (3.6)$$

Setting  $u_i(\cdot, 0) = u_i$ , on account of (3.5) for every  $i \geq k_0$  the homotopy maps

$$H_i : [0, h_0] \times \Sigma_m^{(d-1)} \rightarrow \mathcal{Y}_{\varepsilon_0}, \quad H_i(h, x) := u_i(h, x)$$

are well defined. Therefore, the functions  $u_i$  and  $u_i(h_0, \cdot)$  are homotopic, as maps from  $\Sigma_m^{(d-1)}$  into  $\mathcal{Y}_{\varepsilon_0}$ . Moreover, (3.6) says that  $u_i(h_0, \cdot)$  and  $u_j(h_0, \cdot)$  are homotopic in the same sense, for  $i, j \geq k_0$ . This yields that  $u_i$  and  $u_j$  are homotopic, too, for  $i, j \geq k_0$ , and hence the assertion, by projecting  $\mathcal{Y}_{\varepsilon_0}$  onto  $\mathcal{Y}$ .  $\square$

PROOF OF PROPOSITION 1.3: Let  $U_\infty$ ,  $U_\infty(h, z)$  and  $u_\infty(h, \cdot)$  be defined as in the proof of Proposition 3.1, but for  $u = u_\infty$ . With our hypotheses, it turns out that  $U_\infty(h, z)$  is continuous, whereas  $U_\infty(h, \cdot)$  tends to  $U_\infty$  and  $u_\infty(h, \cdot)$  tends to  $u_\infty$  uniformly as  $h \rightarrow 0$ . Moreover, we can assume that both (3.1) and (3.2) hold true also for  $i = \infty$ . The assertion readily follows.  $\square$

## 4 A characterization of approximable $W^{1/p}$ -maps

In this section we shall prove Theorem 1.4 and its consequences, Theorem 1.5 and Corollaries 1.6 and 1.7.

PROOF OF THEOREM 1.4: Let  $d = [p]$ . Assume that  $u \in R_{1/p}^0(\mathcal{X}, \mathcal{Y})$  is the strong  $W^{1/p}$ -limit of a sequence of smooth maps  $\{u_i\}$  in  $C^\infty(\mathcal{X}, \mathcal{Y})$ . Let  $X$  be a finite cubeulation of  $\mathcal{X}$  in dual position with respect to  $u$ . Then, denoting by  $\{\tilde{u}_i\} \subset W^{1/p}(X^{d-1}, \mathcal{Y})$  the restriction of  $u_i$  to  $X^{d-1}$ , possibly slightly moving the faces of  $X$ , by Fubini theorem we have that  $\tilde{u}_i$  strongly converges to  $\tilde{u} := u|_{X^{(d-1)}}$  in  $W^{1/p}$ . If  $d \geq 2$ , by Proposition 1.3 we infer that for  $i$  sufficiently large  $\tilde{u}_i$  is homotopically equivalent to  $\tilde{u}$ , as maps from  $X^{d-1}$  to  $\mathcal{Y}$ . Since each  $\tilde{u}_i$  is the restriction of a smooth map from  $\mathcal{X}$  to  $\mathcal{Y}$ , and  $(\mathcal{X}, X^{d-1})$  satisfies the so called *homotopy extension property*, see e.g. [11, Prop. 2.1], this yields that  $\tilde{u}$  can be extended to a continuous map from  $\mathcal{X}$  into  $\mathcal{Y}$ . The same conclusion holds for any cubeulation  $X$  in dual position with respect to  $u$ . Finally, if  $d = 1$  the conclusion trivially follows.

We now prove the converse, and assume that the restriction  $\tilde{u} := u|_{X^{(d-1)}}$  can be extended to a continuous map from  $\mathcal{X}$  into  $\mathcal{Y}$ . We distinguish two cases.

*The case  $n = d = [p]$ .* The map  $u \in R_{1/p}^0(\mathcal{X}, \mathcal{Y})$  is continuous outside a discrete set  $\Sigma(u)$ . Since the argument is local, without loss of generality we assume that  $u \in R_{1/p}^0(\mathcal{Q}^n, \mathcal{Y})$  and  $u$  is smooth outside the origin. We then argue as in the proof of Theorem 1.2 from Sec. 2. In fact, this time we infer that  $u|_{\partial F_r} : \partial F_r \rightarrow \mathcal{Y}$  is a continuous map in  $W^{1/p}(\partial F_r, \mathcal{Y})$  for which we can find a continuous extension  $u_r : F_r \rightarrow \mathcal{Y}$  with finite  $W^{1,p}$ -norm, as required.

*The case  $n - 1 \geq d = [p]$ .* We use a local argument and return to the proof of Theorem 1.1 from Sec. 2. Recall that the singular set of the approximating maps  $W_h^{(m)}$  is contained in  $\mathcal{Q}_m^n \times \{0\}$  and intersects every not "horizontal"  $(k+1)$ -cube  $Q$  in  $\mathcal{F}_m^{(k+1)}$ , for  $k = d, \dots, n$ , on a  $(k-d)$ -dimensional set obtained by the "homogeneous" extension (2.18) of the restriction of  $W_h^{(m)}$  to the boundary of  $Q$ . To remove the singular set, working by induction on  $k = d, \dots, n$ , it then suffices to modify the definition (2.18) to (4.1) below, where  $V_Q : Q \rightarrow \mathbb{R}^N$  is a suitable smooth extension of the boundary datum.

To this aim, we now recall that  $V_h^{(m)}|_{\Sigma_m^{(d-1)} \times I} = U_h^{(m)}$ , where  $\{U_h^{(m)}\} \subset W^{1,p}(\Sigma_m^{(d-1)} \times I, \mathbb{R}^N) \cap C^\infty$  is such that  $U_h^{(m)} \rightarrow U^{(m)}$  strongly in  $W^{1,p}$ , see Propositions 2.2 and 2.4, and the traces  $\mathbf{T}(U_h^{(m)}) \in$

$W^{1/p}(\Sigma_m^{(d-1)}, \mathcal{Y}_{\varepsilon_0}) \cap C^0$ . Since the cubeulation given by  $C_m^{(k)}$  is in dual position with respect to  $u$ , by Proposition 1.3, applied this time with  $\mathcal{Y}_{\varepsilon_0}$  instead of  $\mathcal{Y}$ , see Remark 2.1, we infer that for  $h$  large enough  $\mathbf{T}(U_h^{(m)})$  is homotopically equivalent to the restriction  $u|_{\Sigma_m^{(d-1)}}$  of  $u$  to  $\Sigma_m^{(d-1)}$ , as maps from  $\Sigma_m^{(d-1)}$  into  $\mathcal{Y}_{\varepsilon_0}$ . Moreover, by the hypothesis  $u|_{\Sigma_m^{(d-1)}}$  can be extended to a continuous map from  $\mathcal{Q}^n$  into  $\mathcal{Y}$ . As a consequence, the trace  $\mathbf{T}(U_h^{(m)})|_{\Sigma_m^{(d-1)}}$  of  $U_h^{(m)}$  on  $\Sigma_m^{(d-1)}$  can be extended to a continuous map  $v_h : \mathcal{Q}^n \rightarrow \mathcal{Y}_{\varepsilon_0}$  such that the restriction of  $v_h$  to every  $k$ -face of  $\Sigma_m^{(k)}$  has finite  $W^{1/p}$ -norm, for every  $k = d, \dots, n$ .

First we let  $W_h^{(m)} \equiv V_h^{(m)}$  on  $\mathcal{F}_m^{(d)}$ . Arguing by induction on  $k = d, \dots, n$ , we now extend  $W_h^{(m)}$  to  $\mathcal{F}_m^{(k+1)}$  as follows.

If  $Q$  is a "horizontal"  $(k+1)$ -cube in  $\mathcal{F}_m^{(k+1)}$  define  $W_h^{(m)}$  as in (2.17).

If  $Q$  is not "horizontal", we let

$$F := Q \cap (\mathbb{R}^n \times \{0\})$$

be the  $k$ -face in  $\Sigma_m^{(k)}$  given by the intersection of  $Q$  with  $\mathcal{Q}^n \times \{0\}$ , see (2.2). Moreover, let  $u_{h,F} : F \rightarrow \mathcal{Y}_{\varepsilon_0}$  be given by the restriction of  $v_h$  to  $F$ , so that  $u_{h,F} \in W^{1/p}(F, \mathcal{Y}_{\varepsilon_0}) \cap C^0$ .

Let  $Q^\pm := \{z = (x, t) \in Q \mid \pm t \geq 0\}$  be the upper and lower half  $(k+1)$ -cubes of  $Q$ . Moreover, let  $V_Q^\pm : Q^\pm \rightarrow \mathbb{R}^N$  be the function that minimizes the  $p$ -energy on  $Q^\pm$  among all maps in  $W^{1,p}(Q^\pm, \mathbb{R}^N)$  satisfying the boundary condition

$$\begin{cases} V_Q^\pm = W_h^{(m)} & \text{on } \partial Q^\pm \cap \{(x, t) \mid \pm t > 0\} \\ V_Q^\pm = u_{h,F} & \text{on } F \end{cases}$$

and let  $V_Q : Q \rightarrow \mathbb{R}^N$  be given by  $V_Q(z) = V_Q^\pm(z)$  if  $z \in Q^\pm$ . If  $f_Q$  is the bilipschitz homeomorphism between  $Q$  and  $[-1/(2m), 1/(2m)]^{k+1}$  defined in the proof of Theorem 1.1, we modify the definition (2.18) of  $W_h^{(m)}$  on  $Q$  by setting for every  $z \in Q$

$$W_h^{(m)} := \begin{cases} V_Q \left[ f_Q^{-1} \left( \frac{f_Q(z)}{2m\delta} \right) \right] & \text{if } \|f_Q(z)\|_{k+1} \leq \delta \\ W_h^{(m)} \left[ f_Q^{-1} \left( \frac{f_Q(z)}{2m\|f_Q(z)\|_{k+1}} \right) \right] & \text{if } \delta \leq \|f_Q(z)\|_{k+1} \leq \frac{1}{2m}. \end{cases} \quad (4.1)$$

Similarly to the proof of Theorem 1.2, we easily infer that (2.19) holds again if  $0 < \delta < 1/(2m)$  is sufficiently small, whereas this time  $W_h^{(m)}$  is continuous on  $Q$  and with trace  $\mathbf{T}(U_h^{(m)})$  in  $W^{1/p}(F, \mathcal{Y}_{\varepsilon_0})$ .

We then obtain again (2.20) and hence, by (2.16), we conclude again with (2.15). The rest of the proof is similar to the one of Theorem 1.1 from Sec. 2.  $\square$

**PROOF OF THEOREM 1.5:** Let  $d = [p]$ . Similarly to the proof of [11, Thm. 6.3], if  $f \in \text{Lip}(X^{d-1}, \mathcal{Y})$ , for some cubeulation  $X$  of  $\mathcal{X}$ , by means of homogeneous extensions on the  $k$ -faces of  $X^k$ , for  $k = d, \dots, n$ , we find a map  $u \in R_{1/p}^0(\mathcal{X}, \mathcal{Y})$  such that the restriction  $u|_{X^{d-1}}$  agrees with  $f$  and  $X$  is in dual position with respect to  $u$ . If smooth maps in  $C^\infty(\mathcal{X}, \mathcal{Y})$  are sequentially dense in  $W^{1/p}(\mathcal{X}, \mathcal{Y})$ , by Theorem 1.4 we infer that  $u|_{X^{d-1}} = f$  has a continuous (and hence Lipschitz) extension to a map from  $\mathcal{X}$  to  $\mathcal{Y}$ . This implies that  $\pi_{d-1}(\mathcal{Y}) = 0$  and that  $\mathcal{X}$  has the  $(d-1)$ -extension property with respect to  $\mathcal{Y}$ .

Conversely, let  $u \in R_{1/p}^\infty(\mathcal{X}, \mathcal{Y})$  and  $X$  be in dual position with respect to  $u$ . Condition  $\pi_{d-1}(\mathcal{Y}) = 0$  yields that the restriction  $u|_{X^{d-1}}$  has a continuous extension  $g : X^d \rightarrow \mathcal{Y}$ . Therefore, by the  $(d-1)$ -extension property,  $u|_{X^{d-1}}$  can be extended to a continuous map from  $\mathcal{X}$  into  $\mathcal{Y}$ . By Theorem 1.4 we then obtain that  $u$  is the strong  $W^{1/p}$ -limit of a smooth sequence in  $W^{1/p}(\mathcal{X}, \mathcal{Y}) \cap C^\infty$ . Theorem 1.1 and a diagonal argument yield the assertion.  $\square$

**PROOF OF COROLLARY 1.6.** Taking  $d = [p]$ , the hypotheses on  $\mathcal{Y}$  yield that  $\pi_{d-1}(\mathcal{Y}) = 0$  and that  $\mathcal{X}$  has the  $(d-1)$ -extension property with respect to  $\mathcal{Y}$ .  $\square$

**PROOF OF COROLLARY 1.7:** Using the argument from [16, Sec. 6], we recall the following

**Lemma 4.1** *Let  $i \in \mathbb{N}^+$ . If  $M, N$  are compact and connected Riemannian manifolds,  $\pi_i(N) = 0$ , and  $g : M \rightarrow N$  is a continuous map  $(i - 1)$ -homotopic to a constant map, then  $g$  is  $i$ -homotopic to a constant map.*

Applying first Lemma 4.1 with  $M = N = \mathcal{X}$  and  $i = 0, \dots, k - 1$ , we infer that there exists a continuous map  $\phi : \mathcal{X} \rightarrow \mathcal{X}$  homotopic to the identity map and such that the restriction  $\phi|_{X^{k-1}}$  is constant. Let  $d = [p]$  and  $f \in C(X^d, \mathcal{Y})$ . Then  $f \circ \phi$  is homotopic to  $f$  and  $f \circ \phi|_{X^{k-1}}$  is constant. Applying then Lemma 4.1 with  $M = \mathcal{X}$ ,  $N = \mathcal{Y}$ , and  $i = k, \dots, d - 1$ , we infer that  $f \circ \phi|_{X^{d-1}}$  is homotopic to a constant map. This yields that  $f|_{X^{d-1}}$  can be extended to a continuous map. In conclusion,  $\mathcal{X}$  has the  $(d - 1)$ -extension property with respect to  $\mathcal{Y}$ , whereas  $\pi_{d-1}(\mathcal{Y}) = 0$  holds true by the hypothesis.  $\square$

## References

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